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# High-birefringence, low-loss porous fiber for single-mode terahertz-wave guidance

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A new kind of polymer porous fiber with elliptical air-holes is designed for obtaining high birefringence in the terahertz (THz) frequency range in this paper. Using the finite element method, the properties of this kind of fiber are simulated in detail including the single-mode propagation condition, the birefringence, and the loss. Theoretical results indicate that the single-mode THz wave in the frequency range from 0.73 to 1.22 THz can be guided in the fiber; the birefringence can be enhanced by rotating the major axis of the elliptical air-hole and there exists an optimal rotating angle at 30°. At this optimal angle a birefringence as high as 0.0445 can be obtained in a wide frequency range. Low-loss THz guidance can be achieved owing to the effective reduction of the material absorption in such a porous fiber. This research is useful for polarization-maintaining THz-wave guidance. © 2013 Optical Society of America

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## 1. Introduction

In past decades, a special and narrow segment [covering the frequency range of 0.1–10 THz (1 THz =  $10^{12}$  Hz)] of the whole electromagnetic-spectrum family, so-called terahertz (THz), has been a durative hot topic due to its increasing number of promising and potential application fields. These include sensing [1], imaging [2], biotechnology [3], security [4], astronomy [5], spectroscopy [6], etc. Generally speaking, THz technology involves three major parts: the THz source, the THz waveguide, and the THz detector. Among them, the THz source has been generally commercial, and the THz detector such as the spectrum and/or imaging facilities have also been put on the market. Relatively, the waveguide available for effectively transmitting THz waves is not enough so far. Therefore, the research of the low-loss THz

waveguide for finely connecting the other two parts becomes indispensable.

However, there exists great challenges in the study of THz transmission. On one hand, almost all of the materials show high absorption coefficients in the THz frequency range except dry air. On the other hand, in most of the THz systems the THz beam is usually coupled, transported, and/or managed in free space, which requires precision alignment and maintenance. Thus, uncertain loss influenced by the surroundings would be inevitably brought in. To overcome these obstacles, lots of effort has been put into developing various forms of THz waveguides. For instance, metal wires [7,8] and metal coating medium tube waveguides [9,10] were proposed in the early stages. However, metal waveguides usually have the disadvantages of high bending loss, low coupling efficiency, and unstable guidance in complex surroundings [11,12]. Recently, hotspot have been turning toward polymer fibers, such as Bragg band-gap fibers [13], plastic photonic band-gap fibers [14–16], subwavelength porous fibers

[11,12,17–19], hollow core fibers [20] and so on. Among them, the subwavelength porous fibers have been proven to exhibit some merits, such as extremely low loss, flexibleness in fabrication, and small fiber diameter [11,12,17,19].

Besides the low-loss property, highly birefringent porous THz fibers demonstrate a positive function in polarization maintaining, which exhibits many potential applications in polarized THz filters and sensors. It is known from traditional photonic crystal fibers (PCFs) that high birefringence can be achieved by mainly using two methods. One method is to introduce the asymmetry to the fiber core [21,22]; the other is to break the symmetry of the fiber cladding [23]. Unlike the structure of PCFs, the core of the porous fiber is full of holes which are much larger in size, and the cladding is the air background. Therefore, one can realize the high birefringence in the porous core by modifying the geometric parameters of the air holes in the core.

For the first time, Atakaramians *et al.* [24,25] designed and fabricated a rectangular porous fiber with high birefringence of 0.012 at  $f = 0.65$  THz. Later, Chen *et al.* [18] proposed a squeezed lattice elliptical-hole THz fiber with high birefringence, whose results show that with a moderate amount of deformation, the fiber exhibits high birefringence on a level of  $10^{-2}$ . However, this kind of porous fiber is hard to fabricate; besides, the elliptical-shape head face inevitably increases the difficulty in coupling, which makes it inconvenient for practical applications. Trying to settle these problems and maintaining the high birefringence simultaneously, we present a design of porous THz fiber containing a hexagonal array of subwavelength elliptical holes. And by rotating the major axis' direction of the elliptical hole, we find that the birefringence can be enhanced. Numerical simulations indicate that there exists an optimal rotation angle at  $30^\circ$  and at this angle the fiber usually possesses good properties of high birefringence and low loss. What's worth mentioning is that, for all the simulations presented in this paper, the parameters of the porous fiber are chosen to ensure the THz wave can only be guided in the fundamental-mode fashion. Please note that this point is very important and is usually neglected by many other researchers.

## 2. Model Design

We choose Topas cyclic-olefin copolymer (COC) as the fiber material. This choice is based on the following considerations: (1) owing to the amorphous structure of the nonpolar COC, the bulk material loss of it is approximately 100 times lower than that of polymethylmethacrylate (PMMA); (2) the refractive index of it is nearly a constant of 1.5258 in the frequency range of 0.1–1.5 THz [26], which is beneficial for ultra-low material dispersion; (3) it hardly absorbs water vapor, which is an absolute advantage in making THz waveguides. The schematic diagram of the porous fiber we proposed is indicated in Fig. 1.

The air holes are arranged in the triangular lattices.  $\Lambda$  is the pitch between the center to center lattice and  $\rho$  is the ellipticity of the air hole defined by the length ratio of the minor axis to the major one. In all the simulations of this paper, we choose  $\Lambda$  as  $40\text{ }\mu\text{m}$ , the major axis ( $2b$ ) and the minor axis ( $2a$ ) as  $36$  and  $21.6\text{ }\mu\text{m}$ , respectively, thus leading  $\rho = 0.6$ . These parameters ensure that the guided mode works at the frequency around 1 THz.

The single mode condition is determined by the normalized frequency (i.e.,  $V$ -parameter) expressed by

$$V = \frac{2\pi r f}{c} \sqrt{n_{co}^2 - n_{cl}^2} \leq 2.405, \quad (1)$$

where  $r$  is the radius of the fiber core,  $f$  is the frequency,  $c$  is the speed of light in vacuum, and  $n_{co}$  and  $n_{cl}$  are the effective indices of the fiber core and cladding, respectively. Since the cladding for this microstructure fiber is air background,  $n_{cl}$  can be regarded as 1. Besides, we regard  $n_{co}$  to be  $n_{eff}$  due to the porous structure in the core region. It's easy to find that parameters which might affect the value of  $V$  are the  $r$ ,  $f$  and  $n_{eff}$ . Take the operating frequency at 1 THz as an example,  $r$  and  $n_{eff}$  of the fiber in the single mode propagation condition are limited by the relation of  $r\sqrt{n_{eff}^2 - 1} < 114.89$  (here the unit of  $r$  is  $\mu\text{m}$ ). Considering the fact that  $n_{eff}$  increases as  $r$ , there exists a restriction in the value of  $r$  for keeping the single mode guidance. In our simulations,  $r = 3.5\Lambda$  is selected to guarantee the fiber working only under the fundamental mode. In this case, the fiber core contains 3 rings of air holes.

It is easy to know from Eq. (1) and the physical meaning of  $n_{eff}$  that this kind of porous fiber can keep just the single-mode working status within a specific frequency region determined by the geometrical parameters of the fiber. In what follows, we apply the full vector finite element method [27] to investigate the mode loss, the birefringence of this fiber and the corresponding frequency region for single-mode THz propagation.

## 3. Analysis and Discussion

As shown in Fig. 1, it is seen that the major axis' direction of elliptical hole might play an important role

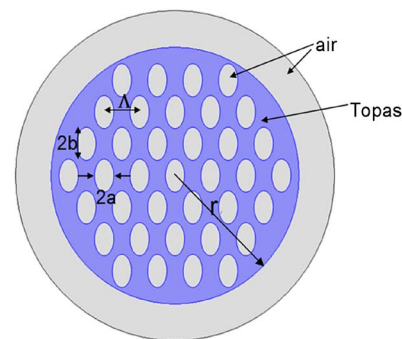


Fig. 1. Cross section of microstructure Topas fiber.

in this porous fiber since it inherently affects the geometric symmetry of the fiber. And the birefringence might be varied when one rotates the major axis. In order to check this point, let us investigate the dependence of the birefringence,  $B = |n_x - n_y|$ , on the rotation angle  $\theta$ . Here we have defined the directions of the minor and the major axes of the air holes as the  $x$ - and  $y$ -polarization axes, respectively, and  $n_x$  and  $n_y$  are the refractive indices accordingly. Please note that  $\theta = 0^\circ$  corresponds to the case of the major-axis direction shown in Fig. 1. The simulation result is shown in Fig. 2. Note that we set the frequency at 1.1 THz as an example. It is seen from Fig. 2 that, during increasing the rotation angle  $\theta$ , the birefringence increases gradually until its first maximum at  $\theta = 30^\circ$  and then decreases to the first minimum at  $\theta = 60^\circ$ , and this pattern is repeated thereafter. This angle-dependent oscillatory phenomenon can be explained from the structure and layout of air holes in the fiber. When the angle is rotated to  $30^\circ$ , there exists the most difference of the porosity between the two orthogonal polarization directions, which will lead to the maximal birefringence. It should be pointed out that, when being rotated to  $60^\circ$ , the geometric configuration of the fiber is just the same as that without being rotated. This is owing to the six-fold symmetry of the hexagonal porous fiber. Therefore, the curve repeats itself three times when rotating the major axis of the elliptical hole from  $0^\circ$  to  $180^\circ$ .

Let us take the rotation angle of  $15^\circ$ ,  $30^\circ$ , and  $45^\circ$  as examples to investigate the dependence of the birefringence on the frequency. The corresponding cross sections of the fibers are shown in Figs. 3(a)–3(c) and the simulation result is shown in Fig. 3(d). Note that the result for the nonrotation case ( $\theta = 0^\circ$ ) is also plotted in Fig. 3(d) for comparison. It is seen that rotating the major axis of the elliptical hole can significantly influence the birefringence. Indeed, owing to the identical symmetry relative to the case for  $\theta = 30^\circ$ , the birefringence under the rotation angle of  $15^\circ$  is quite close to that of  $45^\circ$ . To clearly see this point, a small segment of the curves for  $15^\circ$  and  $45^\circ$  is also plotted in Fig. 3(d) (see the inset).

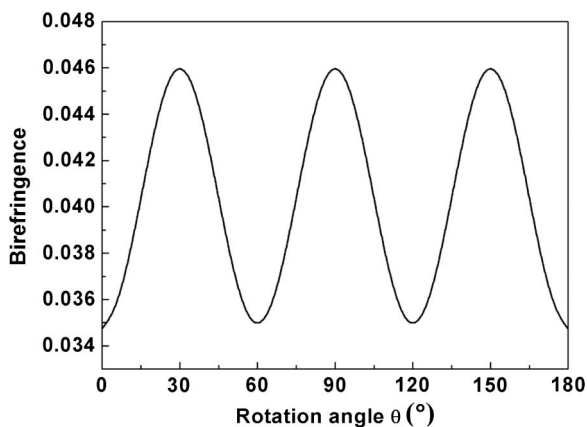


Fig. 2. Birefringence versus different rotation angles.

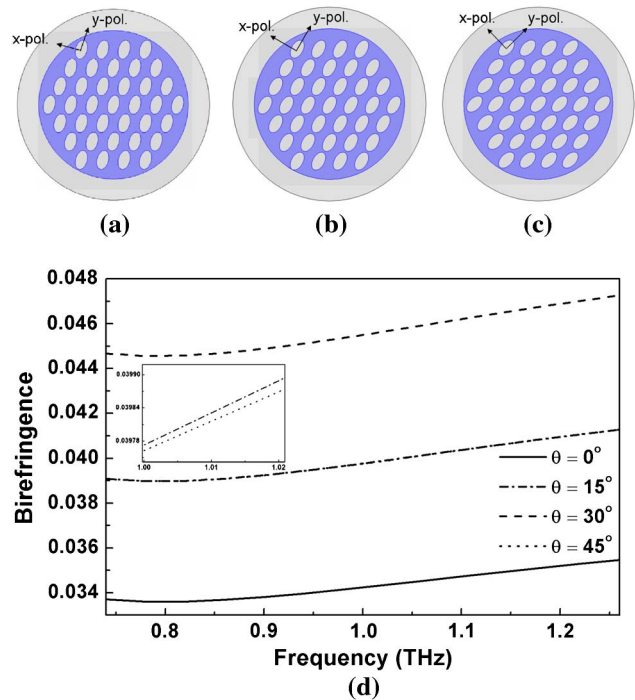


Fig. 3. (a)–(c) are the cross sections of microstructure Topas fibers. Clockwise rotate the elliptical holes' major axis by (a)  $15^\circ$ , (b)  $30^\circ$ , and (c)  $45^\circ$ . (d) is the birefringence as a function of the frequency for different rotating angles in the condition of single mode. The solid line indicates the birefringence without rotating; the dashed-dotted line, dashed line, and dotted line indicate the birefringence corresponding to (a), (b), and (c), respectively. Inset: magnified birefringence segment for the rotation angles of  $15^\circ$  and  $45^\circ$ .

In addition, we take several frequencies as examples to see whether such rotating would influence the single-mode property or not. It is well known that in a birefringent fiber the refractive indices in two orthogonal polarization directions are different. In our porous fiber, the porosity along the  $y$  axis is always larger than that along the  $x$  axis, meaning that the  $n_{\text{eff}}$  and thus the  $V$ -parameter of the  $y$ -polarization mode are smaller than that of the  $x$ -polarization mode. Therefore, for completely guaranteeing that both the  $x$ - and  $y$ -polarization modes are single polarization modes, we should select the larger  $V$ -parameter, i.e., the  $V$ -parameter in the  $x$ -polarization mode. Table 1 shows the  $V$ -parameters of the  $x$ -polarization mode under the rotating angles of  $0^\circ$ ,  $15^\circ$ ,  $30^\circ$ , and  $45^\circ$ . The frequency is selected from 1.10 to 1.26 THz, with a step of 0.04 THz. It is seen from Table 1 that rotating to different angles just

Table 1.  $V$ -Parameter of Different Rotation Angles at Different Frequencies

Frequency (THz)	$V_{\text{rotate}0^\circ}$	$V_{\text{rotate}15^\circ}$	$V_{\text{rotate}30^\circ}$	$V_{\text{rotate}45^\circ}$
1.10	2.00	2.01	2.02	2.01
1.14	2.12	2.13	2.15	2.13
1.18	2.23	2.25	2.26	2.25
1.22	2.35	2.37	2.38	2.37
1.26	2.47	2.49	2.50	2.48



arises little change in the  $V$ -parameter. This means that it provides us a good benefit to enhance the birefringence while not worrying about decreasing the single-mode propagation bandwidth. Also, please note that this is simply realized by only rotating the major axis of air hole.

Based on the discussion above, in the following simulations we focus on the fiber with the rotation angle of  $30^\circ$ . First, let us investigate the dependences of the  $n_{\text{eff}}$ , the  $V$ -parameter, and the birefringence on the frequency. The corresponding results are shown in Figs. 4(a)–4(c), respectively. It is seen from Fig. 4(a) that the  $n_{\text{eff}}$  of the  $y$ -polarization mode drops under 1 at the frequency of 0.73 THz, thus leading to

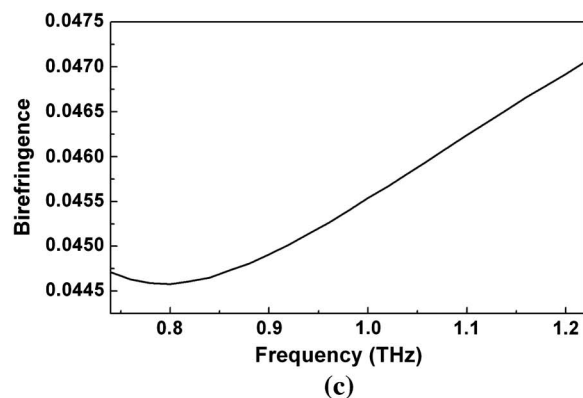
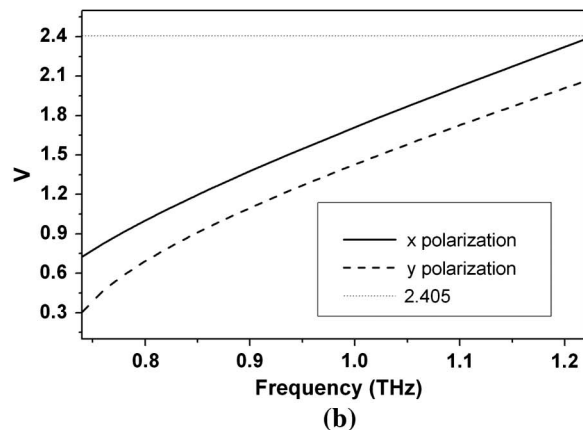
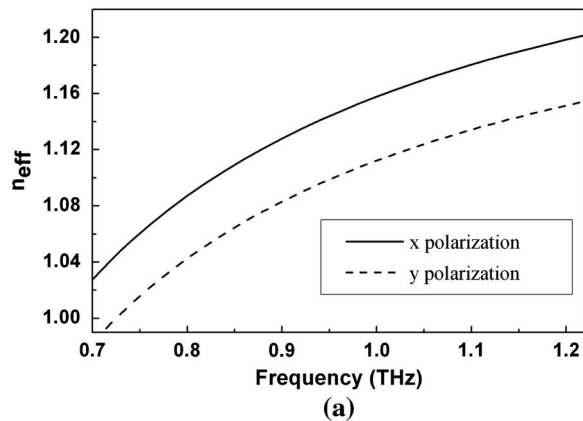


Fig. 4. (a)  $n_{\text{eff}}$ , (b) the  $V$ -parameter, and (c) the birefringence properties of the fiber proposed in Fig. 3(b) versus the frequency.

a long-wavelength cutoff for wave guidance. On the other hand, it is seen from Fig. 4(b) for the  $V$ -parameter that the single-mode cutoff frequency is approximately 1.22 THz. After knowing these two points, we calculate the birefringence of the fiber, as shown in Fig. 4(c), in the frequency range from 0.73 to 1.22 THz. Note that in such a frequency range the fiber guides only the fundamental mode and at the same time the high birefringence is obtained. The birefringence as high as  $\sim 0.047$  is obtained at 1.22 THz, which is much higher compared with Ref. [18] where the birefringence is 0.03 for the same  $\rho$  and the same frequency.

Second, let us discuss the loss property of this kind of fiber. The major loss mechanism of this porous microstructure fiber is the material absorption. For a given mode, the material absorption loss usually causes effective mode loss, defined by [28]

$$\alpha_{\text{mod}} = \frac{(\varepsilon_0/\mu_0)^{1/2} n \alpha_{\text{mat}} \int_{\text{material}} |\mathbf{E}|^2 dA}{\text{Re} \left\{ \hat{\mathbf{z}} \cdot \int_{\text{all}} \mathbf{E} \times \mathbf{H}^* dA \right\}}, \quad (2)$$

where  $\varepsilon_0$  and  $\mu_0$  are the permittivity and the permeability in vacuum, respectively.  $n$  is the refractive index of the material and  $\alpha_{\text{mat}}$  is the absorption loss of the bulk material.  $\mathbf{E}$  is the electric field component,  $\mathbf{H}^*$  is the complex conjugated magnetic field component and  $\hat{\mathbf{z}}$  is the unit vector in the  $z$  direction. The word “all” means that the integral covers the entire regions of the air holes, Topas, and air cladding. As for Topas,  $\alpha_{\text{mat}}$  is linearly proportional to the frequency in the range from 0.2 to 1.6 THz, and it is  $0.06 \text{ cm}^{-1}$  at 0.4 THz and increases at a rate of  $0.36 \text{ cm}^{-1}/\text{THz}$  [25]. For the same single mode range from 0.73 to 1.22 THz, we calculate the dependences of the  $\alpha_{\text{mod}}$ s of the two polarized modes on the frequency and plot the result in Fig. 5(a). It is seen that  $\alpha_{\text{mod}}$  increases as the frequency for each polarization mode. This is mainly determined by the intrinsic bulk material absorption. Moreover, the  $\alpha_{\text{mod}}$  of the  $x$ -polarization mode is larger than that of the  $y$ -polarization mode. Please note that the  $n_{\text{eff}}$  of the former is larger, meaning that more electromagnetic fields exist in the Topas and are being dissipated gradually in it. Let us compare the loss of our fiber with other fibers for THz-wave guiding. Since the bulk material loss of Topas is much lower than that of other polymer materials, it is easy to think that a lower loss can be obtained in such a Topas-based porous fiber we designed. This is really a fact if one consults the Teflon-based porous fiber [18] and the PMMA-based one [24]. In addition, it is seen from Fig. 5(a) that the  $y$ -polarization mode has the mode loss lower than 0.1 dB/cm at the frequency around 0.8 THz, while at nearly the same frequency a loss of 0.43 dB/cm was reported in a kind of Topas-based porous fiber [25].

To further see the loss property, we introduce another parameter: the relative mode loss, which is defined by  $\eta = \alpha_{\text{mod}}/\alpha_{\text{mat}}$ . The relative mode loss

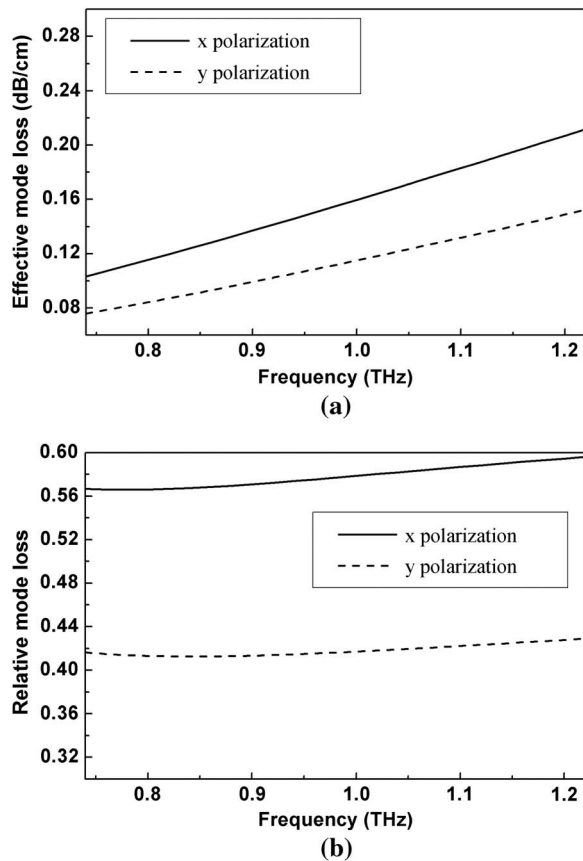


Fig. 5. (a) Effective mode loss and (b) relative mode loss versus the frequency.

property as a function of the frequency is shown in Fig. 5(b). It can be seen that the  $\eta$ s of  $x$ - and  $y$ -polarization modes are around 0.55 and 0.4, respectively. Therefore, the loss of  $y$ -polarization mode is decreased to only 40% compared with the bulk material absorption, which is quite acceptable.

Finally, we quantify the fraction of mode power propagating in the air (including the air holes and the air cladding) and in the Topas as a function of frequency. Such an investigation might give the details of the energy distribution in the fiber, thus is helpful for us to further design a low-loss fiber. Let us define the Poynting vector along the propagation direction as  $S_z$ , the fraction of mode power  $\eta'$  can be expressed by

$$\eta' = \frac{\int_X S_z dA}{\int_{\text{all}} S_z dA}, \quad (3)$$

where  $X$  represents the integral region which one interests. In our simulation, we choose  $X$  as the entire air holes, the Topas material and the air cladding, respectively. The corresponding  $\eta'$ s as functions of frequencies are shown in Fig. 6. It is seen that most of the mode power are confined in air holes and Topas. It is also easily seen that a higher power fraction in Topas along the  $x$  axis leads to a higher loss, which

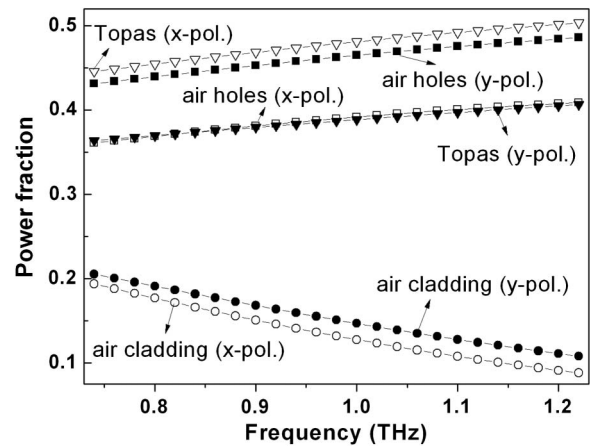


Fig. 6. Power distribution fractions of mode power guided in air holes, air cladding, and Topas for both two fundamental orthogonal polarization modes.

is exactly coincident with the discussion above. Besides, among the three parts of the light energy, only less than 20% of the power fraction is transported outside the fiber core. And as the frequency increases, power fraction in the air cladding monotonically decreases. The power flow distributions of the  $x$ - and  $y$ -polarization fundamental modes at 1 THz are shown in Figs. 7(a) and 7(b), respectively. It indicates that the mode power is well confined in the fiber core.

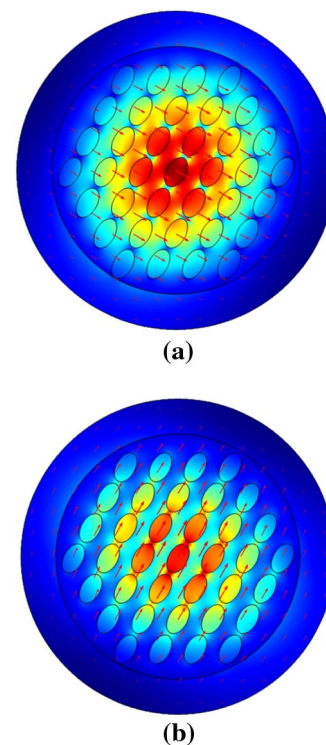


Fig. 7. (a) and (b) indicate the power flow distributions of the  $x$ - and  $y$ -polarization fundamental modes at 1 THz, respectively.

#### 4. Conclusions

A kind of highly birefringent polymer porous fiber with low-loss property is proposed in this paper. It is found that, to guarantee the single mode condition at the THz frequency range, the fiber's radius should be restrained; the birefringence can be enhanced by rotating the major axis of the elliptical air-hole and there exists an optimal rotating angle at  $30^\circ$ . A birefringence of  $\sim 0.047$  can be obtained at the ellipticity of 0.6 under the optimal rotating angle; the effective mode loss in the single mode range from 0.73 to 1.22 THz can be well suppressed no larger than 0.21 and 0.15 dB/cm, respectively for the  $x$ - and the  $y$ -polarization modes.

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