



Cauchy Sequences

Definition 1

A sequence $(a_n)_{n \in \mathbb{N}}$ in \mathbb{R} is *Cauchy* or is a *Cauchy sequence* in \mathbb{R} if for any $\varepsilon > 0$, there exists $N \in \mathbb{N}$ such that for any $m, n \geq N$, we have $|a_m - a_n| < \varepsilon$.

Theorem 2

Every convergent sequence in \mathbb{R} is Cauchy.



Proof.

We encounter in here another 'epsilon-over-two' technique. Suppose $(a_n)_{n \in \mathbb{N}}$ converges to $a \in \mathbb{R}$, and let $\varepsilon > 0$. Then there exists $N \in \mathbb{N}$ such that

$$n \geq N \implies |a_n - a| < \frac{\varepsilon}{2}. \quad (1)$$

In particular, for any two indices $m, n \geq N$ that satisfy the hypothesis of (1), we have $|a_m - a| < \frac{\varepsilon}{2}$ and $|a_n - a| = |a - a_n| < \frac{\varepsilon}{2}$. By the triangle inequality,

$$|a_m - a_n| = |(a_m - a) + (a - a_n)| \leq |a_m - a| + |a - a_n| < \frac{\varepsilon}{2} + \frac{\varepsilon}{2} = \varepsilon.$$

Therefore, $(a_n)_{n \in \mathbb{N}}$ is Cauchy. □

Cauchy Sequences

Proving the converse of Theorem 2 shall take us into some longer argumentation. First, we need the sort of dual of the notion of limit superior. The *limit inferior* or *lower limit* of a sequence $(a_n)_{n \in \mathbb{N}}$ in \mathbb{R} is defined as $\liminf_{n \rightarrow \infty} a_n := \sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k$, which is analogously defined as how we defined $\inf_{n \in \mathbb{N}} \sup_{k \geq n} a_k$ in the previous lecture.

Lemma 3

For any sequence $(a_n)_{n \in \mathbb{N}}$ in \mathbb{R} ,

- (i) $\liminf_{n \rightarrow \infty} a_n = -\limsup_{n \rightarrow \infty} (-a_n)$;
- (ii) $\liminf_{n \rightarrow \infty} a_n \leq \limsup_{n \rightarrow \infty} a_n$;
- (iii) if M is a real number such that $M \leq a_n$ for any $n \in \mathbb{N}$, then $M \leq \liminf_{n \rightarrow \infty} a_n$;
- (iv) the condition $\liminf_{n \rightarrow \infty} a_n \geq \limsup_{n \rightarrow \infty} a_n$ holds if and only if $(a_n)_{n \in \mathbb{N}}$ is convergent;
- (v) if $(a_n)_{n \in \mathbb{N}}$ is indeed convergent, then $(a_n)_{n \in \mathbb{N}}$ converges to the common value of $\liminf_{n \rightarrow \infty} a_n$ and $\limsup_{n \rightarrow \infty} a_n$.

Proof of (i)

The proof starts with two ideas: first is that $\sup_{k \geq n}(-a_k)$ is an upper bound of $\{-a_k : k \geq n\}$, and second is that $\inf_{k \geq n} a_k$ is a lower bound of $\{a_k : k \geq n\}$. From these, we have

$$h \geq n \implies \sup_{k \geq n}(-a_k) \geq -a_h, \quad (2)$$

$$h \geq n \implies \inf_{k \geq n} a_k \leq a_h. \quad (3)$$

We do not want to mislead the student that the index used in coming up with the supremum $\sup_{k \geq n}(-a_k)$ is dependent to the rest of the statement (2), hence we used a second index h . We did the same for (3). Multiplying both sides of each inequality in (2),(3) by -1 , we have

$$h \geq n \implies -\sup_{k \geq n}(-a_k) \leq a_h, \quad (4)$$

$$h \geq n \implies -\inf_{k \geq n} a_k \geq -a_h. \quad (5)$$

Proof of (i)

We find from (22) that $-\sup_{k \geq n}(-a_k)$ is a lower bound of $\{a_h : h \geq n\}$, and should be less than or equal to the infimum of $\{a_h : h \geq n\}$. Similarly, (5) tells us that $-\inf_{k \geq n} a_k$ is an upper bound of $\{-a_h : h \geq n\}$, and should be greater than or equal to the supremum of $\{-a_h : h \geq n\}$. That is,

$$-\sup_{k \geq n}(-a_k) \leq \inf_{h \geq n} a_h, \quad (6)$$

$$-\inf_{k \geq n} a_k \geq \sup_{h \geq n}(-a_h). \quad (7)$$

The right-hand side of (6) is less than or equal to an upper bound $\left\{ \inf_{h \geq n} a_h : n \in \mathbb{N} \right\}$, in particular by the supremum. Similarly, the right-hand side of (6) is greater than or equal to any lower bound of $\left\{ \sup_{h \geq n} -a_h : n \in \mathbb{N} \right\}$, such as the infimum. This gives us

Proof of (i)

$$\begin{aligned} -\sup_{k \geq n}(-a_k) &\leq \inf_{h \geq n} a_h \leq \sup_{n \in \mathbb{N}} \inf_{h \geq n} a_h = \liminf_{n \rightarrow \infty} a_n, \\ -\inf_{k \geq n} a_k &\geq \sup_{h \geq n}(-a_h) \geq \inf_{n \in \mathbb{N}} \sup_{h \geq n}(-a_h) = \limsup_{n \rightarrow \infty}(-a_n), \end{aligned}$$

which simplify into

$$\begin{aligned} -\sup_{k \geq n}(-a_k) &\leq \liminf_{n \rightarrow \infty} a_n, \\ -\inf_{k \geq n} a_k &\geq \limsup_{n \rightarrow \infty}(-a_n). \end{aligned}$$

Multiplying both sides of each inequality by -1 , we have

$$\begin{aligned} \sup_{k \geq n}(-a_k) &\geq -\liminf_{n \rightarrow \infty} a_n, \\ \inf_{k \geq n} a_k &\leq -\limsup_{n \rightarrow \infty}(-a_n), \end{aligned}$$

which imply that $-\liminf_{n \rightarrow \infty} a_n$ is a lower bound of

Proof of (i)

$\left\{ \sup_{k \geq n} (-a_k) : n \in \mathbb{N} \right\}$, and is less than or equal to the infimum.

Analogously, $-\limsup_{n \rightarrow \infty} (-a_n)$ is an upper bound of

$\left\{ \inf_{k \geq n} a_k : n \in \mathbb{N} \right\}$, and is greater than or equal to the supremum.

That is,

$$\inf_{n \in \mathbb{N}} \sup_{k \geq n} (-a_k) \geq -\liminf_{n \rightarrow \infty} a_n,$$

$$\sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k \leq -\limsup_{n \rightarrow \infty} (-a_n),$$

where the left-hand sides may be simplified so that

$$\limsup_{n \rightarrow \infty} (-a_n) \geq -\liminf_{n \rightarrow \infty} a_n,$$

$$\liminf_{n \rightarrow \infty} a_n \leq -\limsup_{n \rightarrow \infty} (-a_n),$$

from which we get

Proof of (i)

$$\liminf_{n \rightarrow \infty} a_n \geq -\limsup_{n \rightarrow \infty} (-a_n),$$

$$\liminf_{n \rightarrow \infty} a_n \leq -\limsup_{n \rightarrow \infty} (-a_n),$$

and finally we get (i).

Proof of (ii)

Let $n \in \mathbb{N}$. Since the set $\{a_h : h \geq n\}$ has $\sup_{k \geq n} a_k$ as an upperbound and $\inf_{k \geq n} a_k$ as a lower bound, we have, for any $h \geq n$,

$$\inf_{k \geq n} a_k \leq a_h \leq \sup_{k \geq n} a_k,$$
$$\inf_{k \geq n} a_k \leq \sup_{k \geq n} a_k,$$

which implies that the number $\sup_{k \geq n} a_k$ is an upper bound of

$\left\{ \inf_{k \geq n} a_k : n \in \mathbb{N} \right\}$, and so the supremum of the said set must be less than or equal to $\sup_{k \geq n} a_k$, that is

$$\sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k \leq \sup_{k \geq n} a_k,$$

which now tells us that the number $\sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k$ is a lower bound of

Proof of (ii)

$\left\{ \sup_{k \geq n} a_k : n \in \mathbb{N} \right\}$, and so this lower bound must be less than or equal to the infimum of the said set. Thus,

$$\sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k \leq \inf_{n \in \mathbb{N}} \sup_{k \geq n} a_k,$$

from which we get (ii).



Proof of (iii)

If $M \leq a_n$ for any $n \in \mathbb{N}$, then $-a_n \leq -M$ for any $n \in \mathbb{N}$, and by a lemma from the previous lecture, we have $\limsup_{n \rightarrow \infty} (-a_n) \leq -M$, or equivalently, $M \leq -\limsup_{n \rightarrow \infty} (-a_n)$. By (i), we have $M \leq \liminf_{n \rightarrow \infty} a_n$.



Proof of (iv)

We first prove necessity. Let $\varepsilon > 0$. The condition $\liminf_{n \rightarrow \infty} a_n \geq \limsup_{n \rightarrow \infty} a_n$ can be written in two equivalent ways

$$\sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k \geq \limsup_{n \rightarrow \infty} a_n, \quad (8)$$

$$\liminf_{n \rightarrow \infty} a_n \geq \inf_{n \in \mathbb{N}} \sup_{k \geq n} a_k. \quad (9)$$

To the right-hand side of (8), we subtract ε , and to the left-hand side of (9), we add ε to obtain the strict inequalities

$$\sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k > \limsup_{n \rightarrow \infty} a_n - \varepsilon, \quad (10)$$

$$\varepsilon + \liminf_{n \rightarrow \infty} a_n > \inf_{n \in \mathbb{N}} \sup_{k \geq n} a_k. \quad (11)$$

The inequality (10) tells us that the number $\limsup_{n \rightarrow \infty} a_n - \varepsilon$ is already lower than the supremum of the set $\left\{ \inf_{k \geq n} a_k : n \in \mathbb{N} \right\}$, so

Proof of (iv)

$\limsup_{n \rightarrow \infty} a_n - \varepsilon$ is not a lower bound of $\left\{ \inf_{k \geq n} a_k : n \in \mathbb{N} \right\}$. This means that $\left\{ \inf_{k \geq n} a_k : n \in \mathbb{N} \right\}$ has an element not bounded above by $\limsup_{n \rightarrow \infty} a_n - \varepsilon$. Similarly, (11) means that the set $\left\{ \sup_{k \geq n} a_k : n \in \mathbb{N} \right\}$ has an element not bounded below by $\varepsilon + \liminf_{n \rightarrow \infty} a_n$. In terms of indices, we find that there exist $N_1, N_2 \in \mathbb{N}$ such that

$$\inf_{k \geq N_1} a_k > \limsup_{n \rightarrow \infty} a_n - \varepsilon, \quad (12)$$

$$\varepsilon + \liminf_{n \rightarrow \infty} a_n > \sup_{k \geq N_2} a_k. \quad (13)$$

Since $\inf_{k \geq N_1} a_k$ is a lower bound of $\{a_k : k \geq N_1\}$, the inequality (12) means that every element of $\{a_k : k \geq N_1\}$ is strictly greater than $\limsup_{n \rightarrow \infty} a_n - \varepsilon$. Similarly, (13) tells us that every element of $\{a_k : k \geq N_2\}$ is strictly less than $\varepsilon + \liminf_{n \rightarrow \infty} a_n$.

Proof of (iv)

$\{a_k : k \geq N_2\}$ is strictly less than $\varepsilon + \liminf_{n \rightarrow \infty} a_n$. That is, we have the conditions

$$k \geq N_1 \implies a_k > \limsup_{n \rightarrow \infty} a_n - \varepsilon, \quad (14)$$

$$k \geq N_2 \implies a_k < \liminf_{n \rightarrow \infty} a_n + \varepsilon. \quad (15)$$

Thus, if a term of the sequence $(a_n)_{n \in \mathbb{N}}$ has an index $n \geq N := \max\{N_1, N_2\}$, then both hypotheses of (14),(15) are true for $k = n$, and we further have

$$a_n - \limsup_{n \rightarrow \infty} a_n > -\varepsilon, \quad (16)$$

$$a_n - \liminf_{n \rightarrow \infty} a_n < \varepsilon. \quad (17)$$

However, the assumption $\liminf_{n \rightarrow \infty} a_n \geq \limsup_{n \rightarrow \infty} a_n$ combined with 2 gives us

$$\liminf_{n \rightarrow \infty} a_n = \limsup_{n \rightarrow \infty} a_n, \quad (18)$$

Proof of (iv)

and so (16),(17) may be simplified into

$$-\varepsilon < a_n - \limsup_{n \rightarrow \infty} a_n < \varepsilon,$$
$$\left| a_n - \limsup_{n \rightarrow \infty} a_n \right| < \varepsilon.$$

In summary, we have shown

$$\forall \varepsilon > 0 \quad \exists N \in \mathbb{N} \quad \forall n \geq N \quad \left[\left| a_n - \limsup_{n \rightarrow \infty} a_n \right| < \varepsilon \right].$$

Therefore,

$$\lim_{n \rightarrow \infty} a_n = \limsup_{n \rightarrow \infty} a_n. \quad (19)$$

Proof of (iv)

We now prove sufficiency. Suppose there exists $a \in \mathbb{R}$ such that $a = \lim_{n \rightarrow \infty} a_n$. Let $\varepsilon > 0$. [Our trick here is a change of notation: instead of $N \in \mathbb{N}$ and $n \geq N$ in the usual instantiations for the symbolic form of $a = \lim_{n \rightarrow \infty} a_n$, this time we use $n \in \mathbb{N}$ and $k \geq n$.] Then there exists $n \in \mathbb{N}$ such that

$$\begin{aligned} k \geq n &\implies |a_k - a| < \frac{\varepsilon}{2}, \\ -\frac{\varepsilon}{2} &< a_k - a < \frac{\varepsilon}{2}, \\ a - \frac{\varepsilon}{2} &< a_k < a + \frac{\varepsilon}{2}. \end{aligned} \tag{20}$$

The inequalities in (20) tell us that $a - \frac{\varepsilon}{2}$ is a lower bound of $\{a_k : k \geq n\}$, and so $a - \frac{\varepsilon}{2}$ must be at most the infimum of $\{a_k : k \geq n\}$. Similarly, $a + \frac{\varepsilon}{2}$ is at least the supremum of $\{a_k : k \geq n\}$. That is,



Proof of (iv)

$$a - \frac{\varepsilon}{2} \leq \inf_{k \geq n} a_k, \quad (21)$$

$$a + \frac{\varepsilon}{2} \geq \sup_{k \geq n} a_k. \quad (22)$$

The right-hand side of (21) must be less than or equal to any upper bound of the set $\left\{ \inf_{k \geq n} a_k : n \in \mathbb{N} \right\}$, while the right-hand side of (22) must be greater than or equal to any lower bound of $\left\{ \sup_{k \geq n} a_k : n \in \mathbb{N} \right\}$. In particular,

$$a - \frac{\varepsilon}{2} \leq \inf_{k \geq n} a_k \leq \sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k = \liminf_{n \rightarrow \infty} a_n, \quad (23)$$

$$a + \frac{\varepsilon}{2} \geq \sup_{k \geq n} a_k \geq \inf_{n \in \mathbb{N}} \sup_{k \geq n} a_k = \limsup_{n \rightarrow \infty} a_n, \quad (24)$$

which can be simplified into

Proof of (iv)

$$a \leq \liminf_{n \rightarrow \infty} a_n + \frac{\varepsilon}{2}, \quad (25)$$

$$\limsup_{n \rightarrow \infty} a_n - a \leq \frac{\varepsilon}{2}. \quad (26)$$

Adding the left-hand sides and adding the right-hand sides of (25), (26), we obtain the inequality $\limsup_{n \rightarrow \infty} a_n \leq \liminf_{n \rightarrow \infty} a_n + \varepsilon$ where $\varepsilon > 0$ is arbitrary. By a property of inequalities, we get $\limsup_{n \rightarrow \infty} a_n \leq \liminf_{n \rightarrow \infty} a_n$ as desired.

Proof of (v)



This follows from (18),(19) from the proof of (iv). \square

Theorem 4 (Cauchy convergence criterion)

Every Cauchy sequence in \mathbb{R} is convergent.

Proof of the Cauchy Convergence Theorem

Our proof bears much resemblance to the proof of sufficiency for Lemma 3(iv). The few differences lie in the instantiation of quantifiers. If $(a_n)_{n \in \mathbb{N}}$ is Cauchy, then there exists $n \in \mathbb{N}$ such that

$$k, h \geq n \implies |a_k - a_h| < \frac{\varepsilon}{2},$$
$$a_h - \frac{\varepsilon}{2} < a_k < a_h + \frac{\varepsilon}{2}.$$

Taking infima and suprema on all terms a_k with $k \geq n$, similar to the argumentation from (20) to (24) [with a_h instead of a], we obtain

$$a_h - \frac{\varepsilon}{2} \leq \inf_{k \geq n} a_k \leq \sup_{n \in \mathbb{N}} \inf_{k \geq n} a_k = \liminf_{n \rightarrow \infty} a_n,$$
$$a_h + \frac{\varepsilon}{2} \geq \sup_{k \geq n} a_k \geq \inf_{n \in \mathbb{N}} \sup_{k \geq n} a_k = \limsup_{n \rightarrow \infty} a_n,$$

from which we get the inequality $\limsup_{n \rightarrow \infty} a_n \leq \liminf_{n \rightarrow \infty} a_n + \varepsilon$ where $\varepsilon > 0$ is arbitrary. By a property of inequalities,

Proof of the Cauchy Convergence Theorem

we get $\limsup_{n \rightarrow \infty} a_n \leq \liminf_{n \rightarrow \infty} a_n$, and by Lemma 3(iv), the sequence $(a_n)_{n \in \mathbb{N}}$ is convergent. \square