

18th Sunday in Ordinary Time – B

- Today's First Reading is a setup for the Gospel – it starts Israel Grumbling in the desert
 - Israel – freed from slavery
 - Israel – saw the parting of the Red Sea
 - Israel – who saw Egypt's army drowned
 - Israel – who had the glory of Lord present as a cloud
 - Now Israel grumbling → looking back at old life (wasn't it great being slaves)
 - And God loves them and is faithful, feeding them manna and quail

NOTE: In the desert – God teaches Israel to trust Him

In the desert – God teaches Israel to have faith in Him

In the desert – they get manna – for 1 day → trust and obedience

GOD CAN TAKE CARE OF US IN OUR DESERT TOO!

No matter what – He did it for Israel, He will do it for us

Watch this:

A few weeks ago He saw them as sheep without a shepherd and TAUGHT THEM

Last week He had pity on them and FED THEM

NOW – they want more and JESUS SAYS “I am the bread of life” *Jesus is new manna*

“Don't seek food that perishes, seek ME”

2nd Reading – Ephesians says “put off your old self”

“be renewed in the spirit of your minds, and put on the new self”

BE A NEW CREATION (you are intended to be)

- but that only happens if fed by Christ

IT DOESN'T COME NATURALLY – We need spiritual food

To get spiritual growth

That is why:

We pray “Give us this day our *daily* bread” like manna – (Israel 40 years – day by day by day)

As Christians we need the new manna – the true bread of life – we need Jesus.

NB

- **If you don't PULL UP TO THE PUMP, TAKE OFF THE GAS CAP, PUMP THE GAS – your car will stop**
- **If you don't SIT DOWN, PUT FOOD IN, CHEW IT, SWALLOW – you won't be filled**
- Same with God – We need to STOP, OPEN OUR MINDS, & HEARTS & WILL TO GOD
 - Power of Prayer is real – we need to Pray
 - Word of God is real – we need to read it
 - Eucharist is real – we need to repent, and be fed – Jesus IS the Bread of Life
 - We need to trust that God will be as faithful to us as He was to Israel
 - Jesus is offering HIMSELF – pure and simple.
 - We are fed with WOG - We are fed with the Eucharist
 - It's up to us to take him at his word, He is the bread of life – & He wants to feed us
 - He will feed us just like He fed Israel
 - Whatever desert you may be experiencing, Come to Jesus and let Him feed us