



# Regularization

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# Objectives

- Define and describe regularization for regression models
- Write the regularized loss function
- Describe how regularization affects regression coefficients
- Describe the differences between the Lasso, Ridge, and ElasticNet models
- Implement and visualize the penalties using sklearn

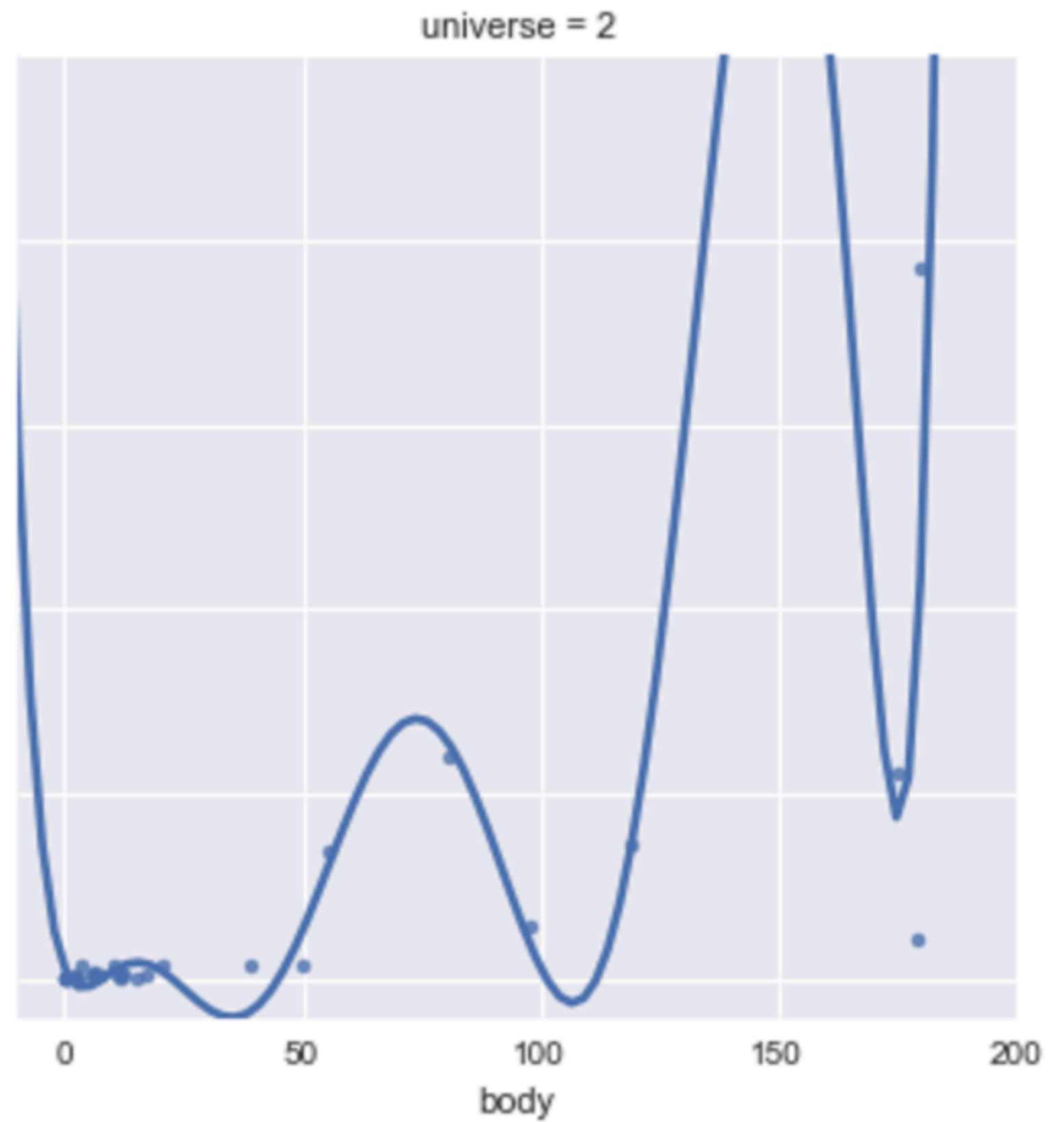
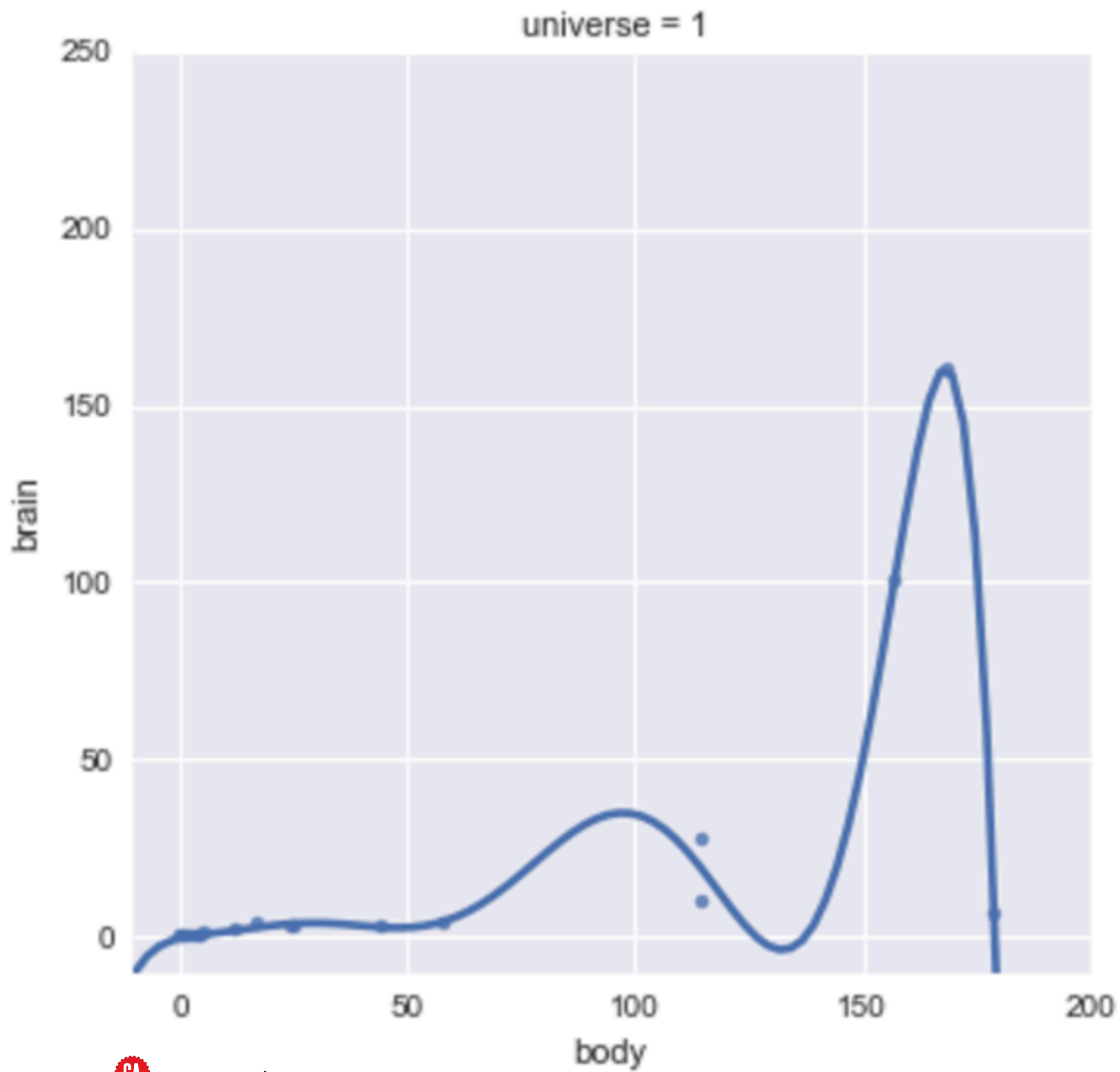
# Warmup

**With a partner, describe what overfitting is and how it occurs. What is the impact of overfitting?**

# Overfitting

Overfitting means building a model that matches the training data "too closely." The model ends up training on noise rather than signal.

- Usually cause by model that is too complex
- Overfit model does not generalize
- Low bias/high variance models



# **Do I need to worry about overfitting with** Linear Regression?

## **"Good" properties**

- Low complexity
- High bias/low variance
- Does not tend to overfit

# Do I need to worry about overfitting with Linear Regression?

## Danger zone

- Including irrelevant features (signal v noise)
- $p$  (number of features) is close to  $n$  (number of observations)
- Correlated inputs
- Numerically large coefficients

What  
Do I Do  
Now



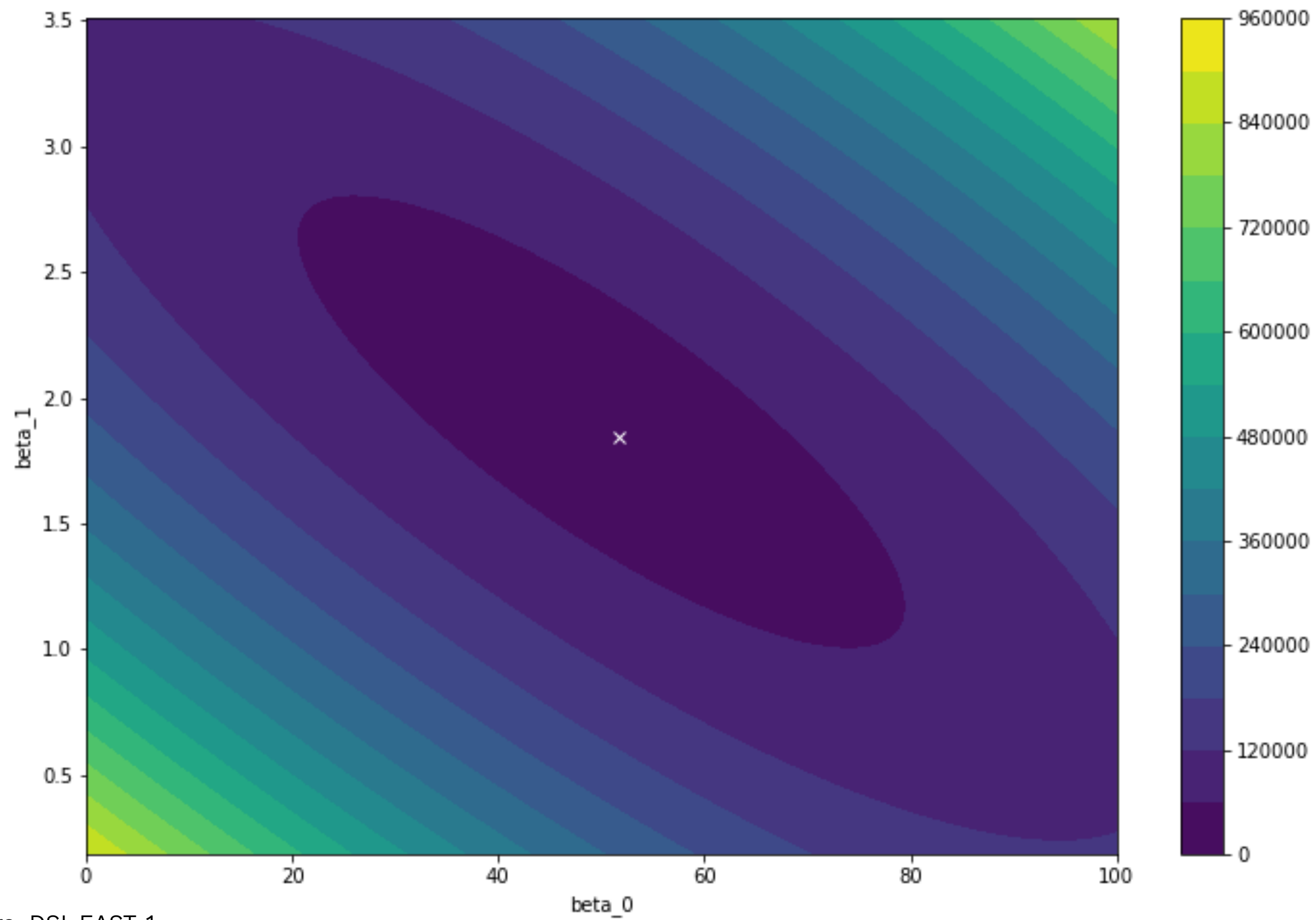


# Error and the Loss Function

$$\begin{aligned} RSS(\beta_0, \beta_1) &= \sum_{i=1}^n (y_i - \hat{y}_i)^2 \\ &= \sum_{i=1}^n (\hat{y}_i - \beta_0 - \beta_1 x_i)^2 \end{aligned}$$

The goal of training is to minimize  $RSS(\beta_0, \beta_1)$ , i.e.

$$\beta_0, \beta_1 = \arg \min RSS(\beta_0, \beta_1)$$



# Ridge Regression

**(a.k.a. Tikhonov regularization, weight decay,  $L_2$  regularization)**

$$J(\beta_0, \beta_1) = RSS(\beta_0, \beta_1) + \alpha\beta_1^2$$

Ridge regression **penalizes** the model for having large coefficients. As  $\alpha$  increases,  $\beta_1$  will decay.

**$\alpha$  acts as a "tuning" parameter.**

# Ridge Regression (general case)

$$J(\beta_0, \beta_1, \dots, \beta_p) = RSS(\beta_0, \beta_1, \dots, \beta_p) + \alpha \sum_{i=1}^p \beta_i^2$$

Ridge **shrinks** the regression coefficients.

# Ridge Regression

**Get ready to roll (down the loss function!)**

**Check:** Find the sklearn documentation on Ridge Regression. Locate the **model description** (inputs, outputs, parameters, methods), and the **discussion of the theory** with examples.

1. How do you set the regularization strength?
2. How can you get the values of the regularized regression coefficients?

# Lasso Regression

**a.k.a.  $L_1$  regularization**

$$J(\beta_0, \beta_1) = RSS(\beta_0, \beta_1) + \alpha |\beta_1|$$

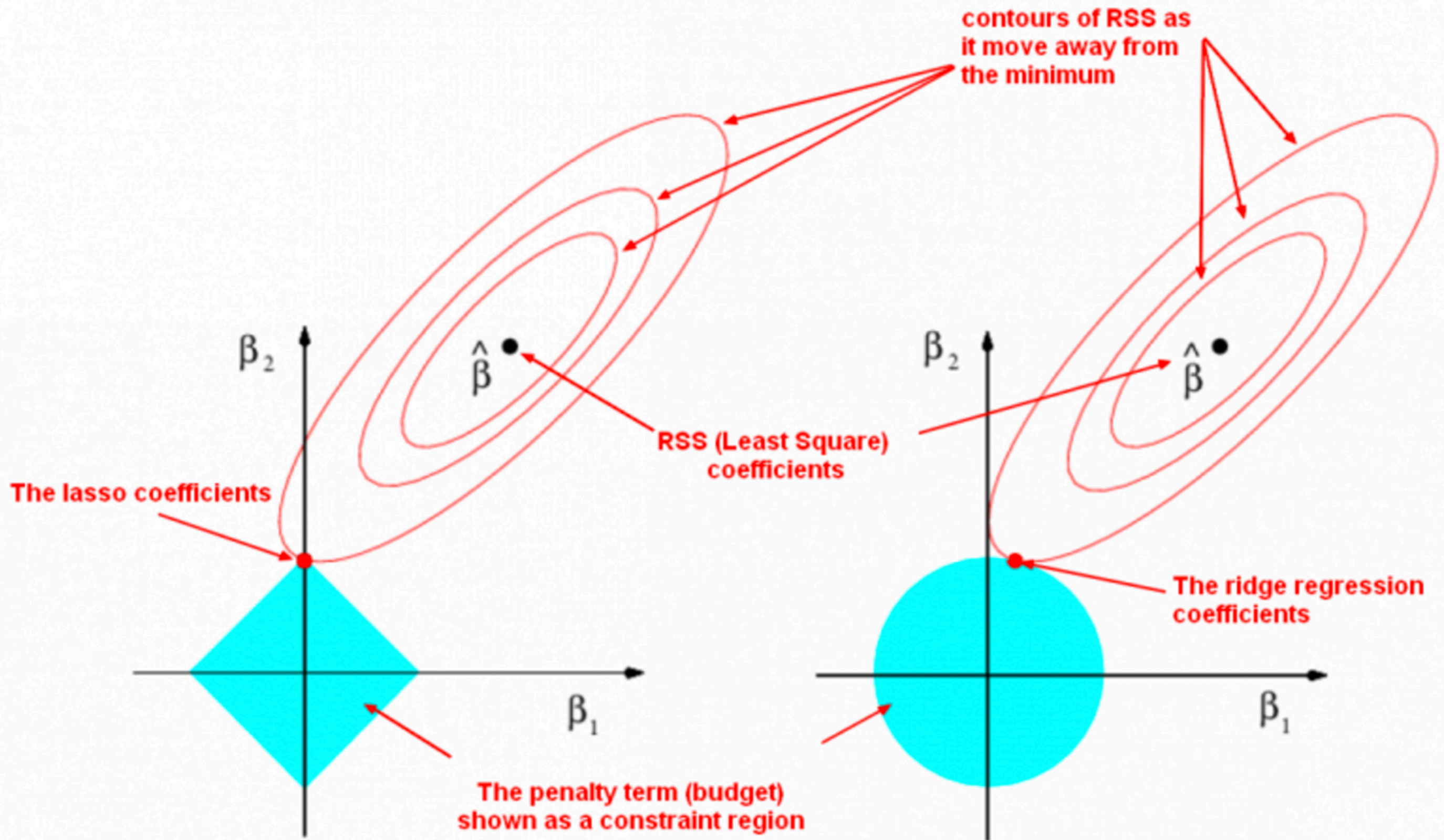
Lasso regression **penalizes** the model for having large coefficients. As  $\alpha$  increases,  $\beta_1$  will decrease, even to the point of zero.

**$\alpha$  acts as a "tuning" parameter.**

# Lasso Regression (general case)

$$J(\beta_0, \beta_1, \dots, \beta_p) = RSS(\beta_0, \beta_1, \dots, \beta_p) + \alpha \sum_{i=1}^p |\beta_i|$$

Ridge **shrinks** the regression coefficients, and may "zero-out" unimportant features.





# Tuning Bias vs Variance with Regularization

**Alert!!** Key takeaway!

- Increase  $\alpha$  (turn **up** regularization)
  - Increase bias
  - Decrease variance
- Decrease  $\alpha$  (turn **down** regularization)
  - Decrease bias
  - Increase variance

# Additional Considerations

- Features (inputs) should be **standardized** in regularized models
  - Why?
- Ridge vs Lasso?
  - Maybe have irrelevant features? **Lasso**
  - Just want the best prediction? **Try both**
  - Want to use both? **ElasticNet**

# Elastic Net Regression

$$J(\beta_0, \beta_1) = RSS(\beta_0, \beta_1) + \alpha_1 |\beta_1| + \alpha_2 \beta_1^2$$

Elastic net combines Ridge and Lasso penalties

**$\alpha_1$  and  $\alpha_2$  both act as "tuning" parameters**

# Elastic Net Regression

**A second (equivalent formulation) used by sklearn**

$$J(\beta_0, \beta_1) = RSS(\beta_0, \beta_1) + \alpha\rho |\beta_1| + \frac{\alpha(1-\rho)}{2} \beta_1^2$$

Elastic net combines Ridge and Lasso penalties

- $\alpha$  = penalty strength
- $\rho$  = Lasso ( $L_1$ ) ratio

# Elastic Net Regression

**A second (equivalent formulation) used by sklearn**

$$J(\beta_0, \beta_1) = RSS(\beta_0, \beta_1) + \alpha\rho |\beta_1| + \frac{\alpha(1-\rho)}{2} \beta_1^2$$

Elastic net combines Ridge and Lasso penalties

**Check:** what values of  $\rho$  lead to (a) Ridge and (b) Lasso regression?

# Elastic Net Regression (general case)

$$J(\beta_0, \beta_1, \dots, \beta_p) = RSS(\beta_0, \beta_1, \dots, \beta_p) + \alpha\rho \sum_{i=1}^p |\beta_i| + \frac{\alpha(1-\rho)}{2} \sum_{i=1}^p \beta_i^2$$

[Elastic Net] allows for learning a sparse model where few of the weights are non-zero like Lasso, while still maintaining the regularization properties of Ridge.

— sklearn docs

# Turn and Talk

With a partner, discuss and summarize...

1. What is Ridge regularization?
2. What is Lasso regularization?
3. What is Elastic Net regularization?

After 4 minutes, I will call on volunteers to summarize one of these responses.



# Python Time