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Elevated temperatures shift flower head height distributions and seed dispersal patterns in two invasive thistle species

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**Data accessibility**

Data and code (Drees 2023) are archived on Zenodo at <https://doi.org/10.5281/zenodo.8404558> and are on GitHub at <https://github.com/TrevorHD/FlowerHeightShifts>.

**Key words**

*Carduus acanthoides*; *Carduus nutans*; climate change; dispersal kernel; invasive species; weed; wind dispersal

**Abstract**

Climate change may significantly alter how organisms disperse, with implications for population spread and species management. Wind dispersed plants have emerged as a useful study system for investigating how climate change affects dispersal, though studies modeling wind dispersal often assume propagules are released from a single point on an individual. This simplifying assumption, while useful, may misestimate dispersal. Here, we investigate effects of climate change on dispersal distances and spread rates, examining how these quantities shift when accounting for all points of seed release on an individual. Using the wind-dispersed invasive thistles *Carduus nutans* and *Carduus acanthoides*, we quantify temperature-driven shifts in the distribution of flower head heights using a passive warming field experiment, and estimate how these shifts affect dispersal using the Wald analytical long distance (WALD) model; for *C. nutans*, we use existing demographic data to simulate how these shifts affect population spread rates. We also compare dispersal distances for both warmed and ambient temperature plants, considering the entire distribution of flower head heights versus the common assumption of point-source seed release at the maximum height. For experimentally-grown individuals, an approximately 0.6 °C higher growing temperature increased mean and maximum flower head height by 14.1 cm (15.0%) and 14.0 cm (13.2%), respectively, in *C. nutans* and by 21.2 cm (26.6%) and 31.8 cm (36.7%), respectively, in *C. acanthoides*. Seeds from warmed individuals were more likely to exceed a given dispersal distance than those from their unwarmed counterparts; warmed *C. nutans* and *C. acanthoides* seeds were on average 1.36 and 1.71 times as likely, respectively, to travel 10 m or more in dispersal simulations, with this disparity becoming higher at longer dispersal distances. For *C. nutans*, increased growing temperatures boosted simulated rates of population spread by 42.2%, while assuming dispersal from a maximum-height point source rather than the true distribution of flower head heights increased simulated spread by up to 28.5%. Our results not only demonstrate faster population spread under increased temperatures, but also have substantial implications for modeling such spread, as the common simplifying assumption of dispersal from a single maximum-height source may substantially overestimate spread rates.

**Introduction**

For sessile organisms, the short window of time in which seed or propagule dispersal occurs is typically the only part of their life cycle where movement is possible, with the remainder of that life cycle characterized by immobility. These sessile organisms, including fungi, plants, and marine organisms such as corals and sponges, all rely heavily upon their environment for dispersal. Here, environmental conditions play a key role in dispersal outcomes (Richmond 1990, Willocquet and Clerjeau 1998, Ozinga *et al*. 2004), with variation in individual characteristics also affecting dispersal patterns (Nanninga and Berumen 2014, Schupp *et al*. 2019, Snell *et al*. 2019). Dispersal patterns of these sessile organisms are a crucial factor in determining the spatial distribution of the next generation of individuals (Nathan and Muller-Landau 2000). Such spatial distributions may shift as a result of climate change, which may alter dispersal patterns by affecting factors that directly or indirectly control dispersal; examples include structure or fecundity of the maternal organism from which propagules come, the number of propagules produced, the shape and size of the propagules themselves, and the efficacy of dispersal vectors such as wind or water (Johnson *et al*. 2019, Snell *et al*. 2019).

In recent years, wind-dispersed plants have emerged as a study system for investigating how climate change may affect dispersal of sessile organisms, with experiments and modeling helping to illuminate possible shifts in dispersal patterns. For example, Kuparinen *et al*. (2009) use micrometeorological data to show that increased air temperatures can lead to higher rates of long-distance dispersal for a variety of plant types in a southern Finland boreal forest; Zhang *et al*. (2011) use a combination of field experiments and models to examine how increases in temperature affect reproduction and dispersal distances in the invasive thistle *Carduus nutans*, and the resulting increased rates of population spread in the northeastern United States; and Bullock *et al*. (2012) model how predicted changes in wind speed later this century would affect the spread of various wind-dispersed flora in the British Isles. Such combinations of models and experiments illustrate that climate change can impact wind-driven dispersal by affecting factors central to this process such as seed release height, wind speed, and air turbulence.

Currently, the majority of dispersal studies on wind-dispersed plants model the process as occurring from just one height, often a maximum observed seed release height that is easy to measure in the field. Thus, when estimating dispersal distances, all seeds are assumed to be released from a single point, usually at or near the top of the plant. However, wind-dispersed plants usually have multiple reproductive structures and thus multiple points of seed release that may not be the same height above the ground. Seed release height is an important factor in modeling dispersal distances (e.g., Katul *et al*. 2005, Kuparinen *et al*. 2006, Nathan *et al*. 2011) because it will determine how long a seed is suspended in the air and thus how far it is carried by wind. By accounting for the entire distribution of seed release heights within individuals instead of using a point source at the maximum release height, more representative dispersal estimates can be constructed. However, using the distribution of seed release heights in dispersal models may or may not be necessary depending on plant morphology and variation in these seed release heights (Cousens and Rawlinson 2001). On one hand, for plants with inflorescences at approximately the same height, estimation of seed release from a single point source may be appropriate; on the other hand, for plants where inflorescence height varies dramatically, using the distribution of flower heights may lead to more accurate results.

Here, we combine field experiments and dispersal models to assess the effects of climate change on dispersal when accounting for multiple release heights within individuals where seed release heights vary extensively. We focus our investigation on climate change in the form of increases in mean temperature, and seek to examine effects of increased growing temperature on dispersal and spread rates while accounting for the entire distribution of seed release heights rather than using a maximum-height point source. Here, we address three questions of interest. First, how does increased growing temperature affect the distribution of flower head heights (and thus seed release heights)? Second, how does increased growing temperature affect dispersal distances and spread rates when considering the distribution of flower head heights? And third, are there differences in dispersal distances and spread rates when using the distribution of flower head heights rather than a maximum-height point source?

**Methods and materials**

***Study******species***

*Carduus nutans* L. (“musk thistle” or “nodding thistle”) and *Carduus acanthoides* L. (“plumeless thistle”) are closely related invasive thistles in the Asteraceae family. Both species germinate in autumn or spring and bolt in the early summer (Zhang *et al*. 2012), reproduce exclusively by seed, and have monocarpic perennial life cycles that have been demonstrated (for *C. nutans*) to shift from biennial towards annual under warming conditions (Keller and Shea 2021). While sharing similar life histories, the two species display significant morphological differences in dispersal-related characteristics such as number of flower heads, flower head size, seed count per flower head, and distribution of flower heads across an individual (Desrochers *et al*. 1988). These thistles have high reproductive potential and are a considerable agricultural pest since they thrive in pastures, are unpalatable to most grazers, and decrease pasture productivity (Trumble and Kok 1982). In addition to pastures, these thistles occur in other highly disturbed areas such as drainages and roadsides. Both species can be found across the U.S. (Allen and Shea 2006), and are listed as noxious weeds in several states (Skinner *et al.* 2000).

Wind serves as the primary dispersal vector in both *C. nutans* and *C. acanthoides*. Seeds of both species display a prominent pappus that, when remaining attached to the achene, decreases falling velocity and makes it possible for seeds to be carried long distances. For example, Skarpaas and Shea (2007) detected seeds traveling away from their parent plants at distances up to 96 m for *C. nutans* and 16 m for *C. acanthoides*, though longer distances are likely possible in extreme wind events. The achenes and pappi of both species differ in size; *C. nutans* seedsare on average larger than those of *C. acanthoides* (Skarpaas *et al*. 2011), and there is between- and within-species variation in plume loading and plume density that generates variation in seed terminal velocity. Here, we focus on wind-driven primary dispersal that may be affected by an additional potential source of variation: seed release height.

***Experimental design***

Experiments measuring the effects of warming on the distribution of *C. nutans* and *C. acanthoides* flower head heights were conducted at the Russell E. Larson Agricultural Research Farm in Rock Springs, Pennsylvania. The field site was previously a rocky-soiled pasture at the base of a mountain ridge dominated by deciduous forest. To simulate the disturbed habitats in which these thistles are often found, aboveground vegetation at the site was killed using an offset disk, and the soil surface was leveled using a roller harrow before any planting occurred.

After being started in a greenhouse for approximately one month, thistle rosettes for each species were planted in groups of four, each in a 2m x 2m plot. To simulate increased ambient temperatures, 100 *C. nutans* and 48 *C. acanthoides* were randomly chosen to be passively warmed using fiberglass open-top chambers (OTCs) shortly after being planted. A total of 272 *C. nutans* and 136 *C. acanthoides* were planted in 17 blocks, with each block consisting of 16 *C. nutans* and 8 *C. acanthoides*. The OTCs used in this experiment simulate an approximately 0.6 °C increase in temperature while not affecting soil moisture or snow depth (Zhang *et al*. 2011) and are built to the specifications listed in the International Tundra Experiment Manual (Molau and Mølgaard 1996). Each OTC had an approximately 1.5m basal diameter and 0.4m height. All OTCs were held into the ground with rebar and remained in place for the remainder of the thistle life cycle. Over the course of the experiment, plot vegetation was trimmed to prevent confounding with different vegetation interactions while simulating growth after invasion into newly disturbed ground; however, vegetation was not trimmed in winter due to snow cover.

As flowers began to set seed, mesh pollen bags were used to keep seeds from escaping into the environment while still allowing the flowers access to air, water, and sunlight. Once any particular individual either a) desiccated, b) collapsed under its own weight, or c) stopped producing new flower buds, the heights of all flower heads on the individual were measured before cutting the plant down. In instances where pollen bags caused flower heads to droop, the erect height of the flower head was measured. All flower head height measurements were taken over the course of three weeks, starting in mid-July and terminating in early August.

***Dispersal and spread models***

Dispersal was modeled using the Wald analytical long-distance dispersal (WALD) model (Katul *et al*. 2005). This mechanistic model, based in fluid dynamics, predicts the distribution of propagule dispersal distances by wind and has been shown to be a suitable approximation of empirically determined kernels for wind-dispersed plants (Katul *et al*. 2005, Skarpaas and Shea 2007, Bullock *et al*. 2012). The WALD kernel is an inverse Gaussian distribution of the form

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|  |  | [1] |

where denotes a given dispersal distance. The location parameter and scale parameter are functions of a fixed seed release height , mean wind speed , a fixed seed terminal velocity , and turbulent flow parameter .

To correct wind speed measurements for use at any seed release height rather than at measurement height, we used the same procedure as Skarpaas and Shea (2007) and Bullock *et al*. (2012) and integrate wind speed over the logarithmic wind profile

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|  |  | [2] |

where is the friction velocity, is the height above the ground, is the zero-plane displacement, is the roughness length, and is the von Karman constant. Methods for calculating zero-plane displacement and roughness length can be found in Raupach (1994); suitable approximations of these values for grasslands can be found in Wiernga (1993). Calculations for and were performed using the methods in Skarpaas and Shea (2007).

While the WALD model can use fixed or mean values of wind speed and terminal velocity, as is often done when calculating and in Equation 1, failure to account for variation in these parameters may over- or under- estimate dispersal. To better account for effects of this variation, we integrate over these parameters using the same methods as Skarpaas and Shea (2007), who have applied this technique to both *C. nutans* and *C. acanthoides*. This yields the kernel

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where and are the probability density functions for seed terminal velocity and wind speed, and is the dispersal kernel in Equation 1 using variable wind speeds and terminal velocities rather than fixed values. Wind speed data were obtained from a local weather station, and the distribution of terminal velocities from seed drop experiments in a laboratory setting. To incorporate the entire distribution of flower head heights, we build upon this by integrating across the distribution of heights from the field experiment such that

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so the new dispersal kernel now also accounts for the different flower head heights from which seeds can be released rather than just using a fixed release height (Skarpaas *et al*. 2011). Note that here, represents the distribution of all flower head heights, not just the maxima. Dispersal was then simulated for the various combinations of species, warmed/unwarmed treatment, and maximum/distributed flower head heights so that dispersal kernels between these various combinations could be compared.

To examine the effects of shifts in flower head height and dispersal kernels on rates of spread, we modeled population spread as a moving wave by combining these shifts with a four-stage demographic model for *C. nutans* similar to that used in previous studies (Zhang *et al*. 2011, Teller *et al*. 2016). This model estimates reproductive output for each stage and then uses the moment-generating function of the simulated dispersal kernels to estimate wave speeds. Due to limited demographic information on *C. acanthoides*, spread rates were only estimated for *C. nutans*. The methods used to model these spread rates are described in greater detail in Appendix S1, including warming-induced shifts in key demographic parameters (Appendix S1, Table S1).

***Statistical analyses***

All modeling and statistical analyses were performed in R version 4.0.3 (R Development Core Team, 2020). For each thistle species, effects of warming treatment on mean flower head height were assessed using a linear mixed-effects model with the **lmer** function from the package **lme4** version 1.1-26 (Bates *et al*. 2020). Within each model, warming treatment or lack thereof was treated as a fixed effect, initial rosette diameter shortly after planting as a covariate, and treatment block as a random effect. Response variables and rosette diameter covariates for both models were plot-averaged, as has been done for previous analyses in this system where multiple individuals are located within a single experimental unit (Zhang *et al*. 2011). Backward stepwise selection was subsequently applied after models were fit, eliminating fixed effects until Akaike’s information criterion (AIC) was minimized. A combination of Shapiro-Wilk tests and quantile-quantile (Q-Q) plots was used to assess normality of data and model residuals, ensuring model assumptions were not violated; Kolmogorov-Smirnov tests were used to assess significance of differences between flower head height distributions for warmed/unwarmed groups, as well as differences between warmed/unwarmed and maximum/distributed height dispersal kernels.

**Results**

***Flower heights***

In both species, individuals that received warming treatments in the field experiment had taller flower heads on average; a 15.0% increase (14.1 3.9 cm; 108.2 cm vs. 94.1 cm) in mean flower head height was observed in *C. nutans* (d.f. = 55, *t* = 3.613, *n* = 57, *p* < 0.001), while a 26.6% increase (21.2 4.6 cm; 101.0 cm vs. 79.8 cm) increase in mean flower head height was observed in *C. acanthoides* (d.f. = 20, *t* = 4.592, *n* = 24, *p* < 0.001). The resulting increases in mean flower head height were associated with rightward shifts in the overall distributions of flower head height (Figure 1; see Appendix S2, Figure S1 for an alternative representation); this resulted in significant differences between the warmed and unwarmed flower head height distributions for *C. nutans* (*D* = 0.272, *n*1 = 310, *n*2 = 1094, *p* < 0.001) and *C. acanthoides* (*D* = 0.461, *n*1 = 588, *n*2 = 931, *p* < 0.001). Individuals that received warming treatments also generally displayed greater maximum flower head heights; a 13.2% increase (14.0 4.4 cm; 120.0 cm vs. 106.0 cm) in mean maximum height was observed in *C. nutans* (d.f. = 54, *t* = 3.186, *n* = 57, *p* = 0.002), while a 36.7% increase (31.8 6.1 cm; 118.5 cm vs. 86.7 cm) in mean maximum height was observed in *C. acanthoides* (d.f. = 19, *t* = 5.206, *n* = 24, *p* < 0.001). Plus/minus terms on the increases reported above indicate one standard error on the mean.

***Dispersal: warmed vs. unwarmed***

Shifts in the distributions of flower head height also resulted in different dispersal kernels for warmed and unwarmed individuals of each species (Figure 2). For ten million simulated dispersal events per combination of species and warmed/unwarmed treatment, dispersal kernels for warmed individuals displayed notably lower peaks and fatter tails compared to those of unwarmed individuals, with markedly different dispersal kernels in both *C. nutans* (*D* = 0.068, *p* < 0.001) and *C. acanthoides* (*D* = 0.116, *p* < 0.001). The projected mean *C. nutans* dispersal distance increased 21.3% from 3.05 m to 3.70 m, while the mean *C. acanthoides* dispersal distance increased 37.8% from 2.46 m to 3.39 m (Appendix S2, Table S1).

The frequency of longer-distance dispersal events was also affected by the warming-induced shift in flower head height distribution. The mean 95th and 99th percentile dispersal distances for *C. nutans* were 10.53 m and 25.15 m respectively for unwarmed individuals, with a shift to 12.76 and 30.37 m respectively for warmed individuals; for *C. acanthoides*, the mean 95th and 99th percentile dispersal distances were 8.48 m and 19.97 m respectively for unwarmed individuals, with a shift to 11.69 m and 27.58 m for warmed individuals (Appendix S2, Table S1). Warming also increased the probability that a seed would exceed a given distance, with this effect becoming more pronounced at higher dispersal distances (Figure 3); seeds from warmed *C. nutans* and *C. acanthoides* were on average 1.36 and 1.71 times as likely to travel 10 m or more as their respective unwarmed counterparts, and on average 1.66 and 2.44 times as likely to travel 50 m or more as their respective unwarmed counterparts. In all these dispersal simulations, uncertainty in these relative frequencies of dispersal events increased and became quite large at high dispersal distances. This echoes the fact that long-distance dispersal events are relatively rare and difficult to capture not only empirically, but in dispersal simulations as well.

***Dispersal: maximum height vs. height distribution***

Using the maximum flower head height as a point source instead of the distribution of flower head heights in the WALD dispersal model resulted in a significantly different dispersal kernel (Figure S2). For ten million simulated dispersal events per combination of species, warmed/unwarmed treatment, and maximum/distributed height, Kolmogorov-Smirnov tests indicate this was evident for warmed *C. nutans* (*D* = 0.033, *p* < 0.001), unwarmed *C. nutans* (*D* = 0.036, *p* < 0.001), warmed *C. acanthoides* (*D* = 0.058, *p* < 0.001), and unwarmed *C. acanthoides* (*D* = 0.024, *p* < 0.001). Effects on the shape of the dispersal kernel when using the maximum height instead of the distribution of heights were similar to the effects of the warming treatment, as lower peaks and fatter tails were present when running simulations with the maximum height. However, though Kolmogorov-Smirnov tests indicated that dispersal kernels constructed using the height distribution and dispersal kernels constructed using only the maximum height as a point source are distinct, visual inspection of the kernels in Figure S2 suggest that the change in kernel shape is not as obvious as that observed when comparing warmed and unwarmed treatments in Figure 2.

The frequency of longer-distance dispersal events was also affected when using the maximum flower head height as a point source instead of the flower head height distribution. Using maximum height increased mean 95th and 99th percentile dispersal distances across the four combinations of species and warming treatment (Appendix S2, Table S2). The probability of seeds exceeding a given dispersal distance was higher when using the maximum height than when using the entire distribution of flower head heights (Figure 4) at lower distances, but the uncertainty levels increased dramatically at higher distances; here, the bootstrap intervals sometimes even enveloped the null risk ratio of 1 associated with no significant difference.

***Spread rates***

Warming-induced shifts in the distributions of *C. nutans* flower head height and subsequent dispersal increased simulated rates of population spread, with the median spread rate increasing approximately 20.9% from 55.17 m/yr to 66.71 m/yr. When also accounting for warming-induced shifts in survival, seed production, and seed release probability in addition to the height increases, we observed an even larger increase in median spread rate of approximately 42.2% to 78.46 m/yr. Warming-induced increases were similar when using the mean maximum flower head height as a point source, at 19.4% and 40.2%, respectively. Using the maximum height rather than the distribution resulted in median spread rates that were 28.5% higher for unwarmed populations, 26.9% higher for warmed populations accounting for flower head height shifts only, and 26.8% higher when accounting for the height shifts in tandem with warming-induced demographic shifts. Additional details on spread rate simulation results can be found in Appendix S1, Table S2. Note that we report median spread rates here to facilitate direct comparisons to previous studies that reported median spread rate increases (e.g. Zhang *et al*. 2011, Teller *et al*. 2016).

**Discussion**

Our results demonstrate that increases in temperature, which are expected in the wake of climate change across much of the geographical range of *C. nutans* and *C. acanthoides*, can dramatically increase mean flower head height and also significantly shift the distribution of flower head heights in these non-native, invasive thistles. Changes in flower head heights and distributions for *C.* *acanthoides* have not been previously studied; here, we show that even mild increases in average ambient temperatures have striking effects on *C.* *acanthoides* plant height and flower head distributions. For *C. nutans*, the approximately 13% increase in mean maximum flower head height we observed was close to the 9% increase observed by Zhang *et al*. (2011), and *C. nutans* also displayed previously undescribed shifts in flower head height distributions.

These warming-induced changes in flower head height and distribution have important ramifications for dispersal, including altering dispersal kernel shape and increasing dispersal distances along the right tail of the kernels. However, though the differences between kernel tails in Figures 2 and S2 may seem small, Figures 3 and 4 demonstrate that these differences are substantial. At long distances, seeds from warmed thistles had a higher probability of exceeding a given dispersal distance than those from their unwarmed counterparts; warmed *C. nutans* and *C. acanthoides* seeds were on average 1.66 and 2.44 times as likely, respectively, to travel 50 m or more. This disparity grows as dispersal distances increase, and in a patchy landscape, such differences can differentiate success or failure to reach suitable habitat. However, quantifying these long-distance dispersal events can be quite challenging and comes with a large degree of uncertainty (Cain *et al*. 2000, Nathan *et al*. 2003, Nathan 2006). This is quite evident in Figures 3 and 4, where as dispersal distance increases, the uncertainty greatly increases because long-distance dispersal events are inherently rare. Even with the approximately ten million dispersal events simulated for each dispersal kernel, extremely rare long-distance dispersal events may not even show up in the simulations; this same problem occurs in real dispersal as well, as propagule trapping or tracking may fail to detect such long-distance dispersal.

Dispersal kernels like the ones in this study are often used to estimate the rate at which species spread, and are often included in integrodifference and integral projection models of population spread (e.g., Kot *et al*. 1996, Neubert and Caswell 2000, Ellner and Rees 2006, Jongejans et al. 2011). These models can be highly sensitive to the right tails of dispersal kernels used in the model framework, where population movement can often be driven by a small handful of long-distance dispersal events (Kot *et al*. 1996, Clark *et al*. 1998, 2001). Here, we see these effects play out in our spread rate simulations, where the seemingly subtle shift in the dispersal kernel tails in Figure 2 results in an approximately 21% increase in spread rate; this grows to approximately 42% when factoring in other warming-induced increases in survival, seed production, and seed release probability, mirroring the shifts observed by Teller *et al*. (2016). Note that warming-induced height increases are only one response that may affect dispersal patterns in wind-dispersed plants under climate change: shifts in air turbulence, wind speeds, and frequency of extreme events may also alter dispersal patterns (Kuparinen *et al*. 2009, Soons *et al*. 2004, Bullock *et al*. 2012).

We also demonstrate that using maximum-height point sources rather than the distribution of flower head heights has implications for spread rates, where this simplifying assumption increased spread by up to 28.5%. Thus, neglecting the distribution of propagule release heights in favor of the maximum height will overestimate dispersal distances, likely resulting in inflated rates of projected population spread. Furthermore, these overestimates may be even larger at high thistle densities, as higher thistle densities may cause lower flower heads to be blocked from the wind, leading to lower dispersal and spread (Marchetto *et al*. 2010) when using the full distribution of flower head heights. Alternatively, overestimation would likely be reduced if taller flower heads are also larger or contain more seed, or seeds with lower terminal velocities.

Both warming and simplifying assumptions about seed release height, as well as their resulting effects on dispersal and spread, have important management implications. For invaders like *C. nutans* and *C. acanthoides,* climate change poses a significant challenge to managementby possibly altering demography and dispersal (Mainka and Howard 2010, Ziska *et al.* 2011, Beaury et al. 2020), and current management strategies may thus no longer match the phenology of their target species and become less effective or unsuitable in future climates (Hellmann *et al.* 2008, Keller and Shea 2021, 2022). Thus, knowledge of how climate change may alter movement and dispersal patterns would be useful in helping invasive species managers improve predictions of spread speeds and make more informed management decisions (Caplat *et al*. 2013). Here, we demonstrate that climate change may cause shifts in demographic and dispersal characteristics that increase dispersal distances, subsequently increasing spread rates, and that accounting for a combination of these shifts may paint a more realistic picture of spread than when considering shifts in an individual factor alone. Furthermore, we demonstrate that *how* managers measure a dispersal trait, in this case using maximum flower head height rather than the distribution of heights, can have notable implications for how accurately they quantify population spread in their systems. Depending on the system being managed, this may or may not matter. If the amount of effort necessary for data collection is too high (collecting height data on multiple heads per individual *versus* only for the single highest head), minor overestimates in population spread resulting from assuming the maximum might be worth foregoing the need to gather data on the entire distribution of propagule release heights; an example of this might be an established invader with a low ecological impact. For a novel invader or an invader with a high ecological impact, however, it may be worth the extra effort to get accurate dispersal and spread estimates, or researchers could acknowledge that results may be an overestimate, as demonstrated in this study. We also note that using the distribution of maximum heights rather than a single point source at maximum height reduces overestimation of dispersal (Appendix S2, Table S3), and while less accurate than using all flower head heights, requires much less data.

Overall, accurately quantifying dispersal is crucial for understanding how organisms move across a landscape, as the dispersal process drives this movement. This is especially true for otherwise sessile organisms where environmental factors play a critical role in governing dispersal patterns, with these factors subject to effects of climate change. Here, we demonstrate that the common simplifying assumption of representing seed release as a point source from a single flower head at the maximum height, while empirically simple to obtain, can result in markedly different dispersal patterns and higher spread rates than when seed release is represented as a distribution of point sources within an individual. This risk of overestimating dispersal will almost certainly be present in various study systems beyond *C. nutans* and *C. acanthoides*, and our work opens up potential avenues of exploration to better understand for which types of species our approach might be needed and how severe such overestimation may be. We also show that even minor increases in growing temperature can drastically increase seed release heights, where both the maximum head height and the distribution of head heights are affected by climate warming. This change in morphology results in greater dispersal distances and spread rates. Such changes in dispersal and spread in response to warming effects on seed source height distributions will likely affect myriad natural systems, and will have implications for our understanding of both basic ecology (e.g., metapopulation and metacommunity dynamics, range shifts) and applied ecology (including in conservation, harvested systems, disease ecology and invasive species) in terrestrial and aquatic systems worldwide. Ultimately, developing a better understanding of how climate change affects these dispersal patterns will be important for better modeling and managing the spread of invasive plant species, as well as the movement of other sessile species, and for better predicting how their populations will shift over the coming decades.

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**Conflict of interest statement**

The authors have no conflicts of interest to declare.

**Author contributions**

T.H.D and K.S. designed the field experiment. T.H.D. conducted the field experiment and associated data and modeling analyses, and led writing of the initial manuscript. T.H.D. and K.S. made contributions to subsequent versions of the manuscript.

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**Figure captions**

**Figure 1.** Distribution of flower head heights for *C. nutans* and *C. acanthoides* under the control and warming treatments. Solid lines indicate bootstrapped mean probability density for a given height, and bars indicate observed frequencies of flower head heights.

**Figure 2.** Dispersal kernels for *C. nutans* and *C. acanthoides* for the control and warming treatments, both using the observed distribution of flower head heights. Solid lines indicate mean probability density for a given distance, and error bands indicate a 95% bootstrap interval.

**Figure 3.** Relative risk of a seed exceeding a given distance when originating from a warmed maternal plant for *C. nutans* and *C. acanthoides*, as measured by the ratio of complementary cumulative distribution functions for the warmed and unwarmed groups. Solid lines indicate the mean relative risk for a given distance, while the dotted lines indicate a relative risk of 1. Error bands indicate a 95% bootstrap interval.

**Figure 4.** Relative risk of a seed exceeding a given distance when modeling dispersal using the mean maximum flower head height rather than the flower head height distribution for warmed and unwarmed *C. nutans*, as well as for warmed and unwarmed *C. acanthoides*. Solid lines indicate the mean relative risk for a given distance, while the dotted line indicate a relative risk of 1. Error bands indicate a 95% bootstrap interval.

A graph of different sizes and colors

Description automatically generated

**Figure 1**



**Figure 2**



**Figure 3**



**Figure 4**