

List of Muscles by Region

Head and Forehead

- 1 Occipitofrontalis
- 2 Temporoparietalis

Eyelids

- 3 Levator palpebrae superioris
- 4 Orbicularis oculi
- 5 Corrugator supercilii

Ocular Muscles

- 6 Rectus superior
- 7 Rectus inferior
- 8 Rectus medialis
- 9 Rectus lateralis
- 10 Obliquus superior oculi
- 11 Obliquus inferior oculi

Nose

12 Procerus

13 Nasalis

14 Depressor septi

Mouth

- 15 Levator labii superioris
- 16 Levator labii superioris alaeque nasi
- 17 Levator anguli oris
- 18 Zygomaticus major
- 19 Zygomaticus minor
- 20 Risorius
- 21 Mentalis
- 22 Transversus menti
- 23 Depressor anguli oris
- 24 Depressor labii inferioris
- 25 Orbicularis oris
- 26 Buccinator

Ear

27 Auriculares

Jaw (Mastication)

28 Masseter

29 Temporalis

30 Lateral pterygoid

31 Medial pterygoid

Tongue

- 32 Genioglossus
- 33 Hyoglossus
- 34 Chondroglossus
- 35 Styloglossus
- 36 Palatoglossus
- 37 Superior longitudinal
- 38 Inferior longitudinal
- 39 Transverse lingual
- 40 Vertical lingual

Pharynx

- 41 Inferior pharyngeal constrictor
- 42 Middle pharyngeal constrictor
- 43 Superior pharyngeal constrictor
- 44 Stylopharyngeus
- 45 Salpingopharyngeus
- 49 Palatopharyngeus (see under *Palate*)

Palate

- 46 Levator veli palatini
- 47 Tensor veli palatini
- 48 Musculus uvulae
- 36 Palatoglossus (see under *Tongue*)
- 49 Palatopharyngeus

Larynx

- 50 Cricothyroid
- 51 Posterior cricoarytenoid
- 52 Lateral cricoarytenoid
- 53 Arytenoid
 - Oblique
 - Transverse
- 55 Thyroarytenoid

Neck

- 56 Rectus capitis posterior major
- 57 Rectus capitis posterior minor
- 58 Obliquus capitis superior
- 59 Obliquus capitis inferior
- 60 Longissimus capitis
- 61 Splenius capitis
- 62 Semispinalis capitis
- 63 Spinalis capitis
- 64 Longissimus cervicis
- 65 Semispinalis cervicis
- 66 Iliocostalis cervicis
- 67 Splenius cervicis
- 68 Spinalis cervicis
- 69 Interspinales cervicis
- 70 Intertransversarii cervicis
- 71 Rotatores cervicis
- 72 Rectus capitis anterior
- 73 Rectus capitis lateralis
- 74 Longus capitis
- 75 Mylohyoid
- 76 Stylohyoid
- 77 Geniohyoid
- 78 Digastricus
- 79 Longus colli
- 80 Scalenus anterior
- 81 Scalenus medius
- 82 Scalenus posterior
- 83 Sternocleidomastoid
- 84 Sternothyroid
- 85 Thyrohyoid
- 86 Sternohyoid
- 87 Omohyoid
- 88 Platysma

Back

- 61 Splenius capitis (see under *Neck*)
- 67 Splenius cervicis (see under *Neck*)
- 66 Iliocostalis cervicis (see under *Neck*)
- 89 Iliocostalis thoracis
- 90 Iliocostalis lumborum
- 60 Longissimus capitis (see under *Neck*)
- 64 Longissimus cervicis (see under *Neck*)
- 91 Longissimus thoracis
- 63 Spinalis capitis
- 68 Spinalis cervicis
- 92 Spinalis thoracis
- 62 Semispinalis capitis (see under *Neck*)
- 65 Semispinalis cervicis (see under *Neck*)
- 93 Semispinalis thoracis
- 94 Multifidi
- 71 Rotatores cervicis
- 95 Rotatores thoracis
- 96 Rotatores lumborum
- 69 Interspinales cervicis
- 97 Interspinales thoracis
- 98 Interspinales lumborum
- 70 Intertransversarii cervicis
- 99 Intertransversarii thoracis and lumborum
- 100 Quadratus lumborum

Thorax (Respiration)

- 101 Diaphragm
- 102 Intercostales externi
- 103 Intercostales interni
- 104 Intercostales intimi
- 105 Subcostales
- 106 Transversus thoracis
- 107 Levatores costarum
- 108 Serratus posterior superior
- 109 Serratus posterior inferior

Abdomen

- 110 Obliquus externus abdominis
- 111 Obliquus internus abdominis
- 112 Transversus abdominis
- 113 Rectus abdominis
- 114 Pyramidalis

Perineum

115 Levator ani

- Iliococcygeus
- Pubococcygeus
- Puborectalis

116 Coccygeus

117 Cremaster

118 Transversus perinei superficialis

119 Transversus perinei profundus

120 Bulbospongiosus

121 Ischiocavernosus

122 Sphincter urethrae

123 Sphincter ani externus

Upper Extremity

Shoulder Girdle

- 124 Trapezius
- 125 Rhomboid major
- 126 Rhomboid minor
- 127 Levator scapulae
- 128 Serratus anterior
- 129 Pectoralis minor

Vertebrohumeral

- 130 Latissimus dorsi
- 131 Pectoralis major

Shoulder

- 132 Subclavius
- 133 Deltoid
- 134 Subscapularis
- 135 Supraspinatus
- 136 Infraspinatus
- 137 Teres minor
- 138 Teres major
- 139 Coracobrachialis

Elbow

- 140 Biceps brachii
- 141 Brachialis
- 142 Triceps brachii
- 143 Brachioradialis
- 144 Anconeus

Forearm

- 145 Supinator
- 146 Pronator teres
- 147 Pronator quadratus
- 140 Biceps brachii (see under *Elbow*)

Wrist

- 148 Extensor carpi radialis longus
- 149 Extensor carpi radialis brevis
- 150 Extensor carpi ulnaris
- 151 Flexor carpi radialis
- 152 Palmaris longus
- 153 Flexor carpi ulnaris

Fingers

- 154 Extensor digitorum
- 155 Extensor indicis
- 156 Flexor digitorum superficialis
- 157 Flexor digitorum profundus
- 163 Lumbricales
- 164 Interossei, dorsal
- 165 Interossei, palmar

Little Finger and Hypothenar Muscles

- 158 Extensor digiti minimi
- 159 Abductor digiti minimi
- 160 Flexor digiti minimi brevis
- 161 Opponens digiti minimi
- 162 Palmaris brevis

Thumb and Thenar Muscles

- 166 Abductor pollicis longus
- 167 Extensor pollicis longus
- 168 Extensor pollicis brevis
- 169 Flexor pollicis longus
- 170 Flexor pollicis brevis
- 171 Abductor pollicis brevis
- 172 Opponens pollicis
- 173 Adductor pollicis

Lower Extremity

Hip and Thigh

- 174 Psoas major
- 175 Psoas minor
- 176 Iliacus
- 177 Pectineus
- 178 Gracilis
- 179 Adductor longus
- 180 Adductor brevis
- 181 Adductor magnus
- 182 Gluteus maximus
- 183 Gluteus medius
- 184 Gluteus minimus
- 185 Tensor fasciae latae
- 186 Piriformis
- 187 Obturator internus
- 188 Obturator externus
- 189 Gemellus superior
- 190 Gemellus inferior
- 191 Quadratus femoris
- 192 Biceps femoris
- 193 Semitendinosus
- 194 Semimembranosus
- 195 Sartorius

Knee

- 196–200 Quadriceps femoris
 - 196 Rectus femoris
 - 197 Vastus lateralis
 - 198 Vastus intermedius
 - 199 Vastus medialis longus
- 200 Vastus medialis oblique
- 192 Biceps femoris
- 193 Semitendinosus
- 194 Semimembranosus

Ankle

- 203 Tibialis anterior
- 204 Tibialis posterior
- 205 Gastrocnemius
- 206 Soleus
- 207 Plantaris
- 208 Fibularis longus
- 209 Fibularis brevis
- 210 Fibularis tertius

Lesser Toes

- 211 Extensor digitorum longus
- 212 Extensor digitorum brevis
- 213 Flexor digitorum longus
- 214 Flexor digitorum brevis
- 215 Abductor digiti minimi
- 216 Flexor digiti minimi brevis
- 217 Quadratus plantae
- 218 Lumbricales
- 219 Interossei, dorsal
- 220 Interossei, plantar

Great Toe (Hallux)

- 221 Extensor hallucis longus
- 222 Flexor hallucis longus
- 223 Flexor hallucis brevis
- 224 Abductor hallucis
- 225 Adductor hallucis