Week —	Monda	Tuesd	Wedn
This week's focus	Today's focus	Today's focus	Today's focus
	6:30	6:30	6:30
	7:00	7:00	7:00
	7:30	7:30	7:30
	8:00	8:00	8:00
	8:30	8:30	8:30
	9:00	9:00	9:00
	9:30	9:30	9:30
	10:00	10:00	10:00
	10:30	10:30	10:30
	11:00	11:00	11:00
Things that	11:30	11:30	11:30

Week —	Monday	Tuesday	Wedn...
This week's focus	Today's focus	Today's focus	Today's focus
	6:30	6:30	6:30
	7:00	7:00	7:00
	7:30	7:30	7:30
	8:00	8:00	8:00
	8:30	8:30	8:30
	9:00	9:00	9:00
	9:30	9:30	9:30
	10:00	10:00	10:00
	10:30	10:30	10:30
Things that	11:00	11:00	11:00
	11:30	11:30	11:30