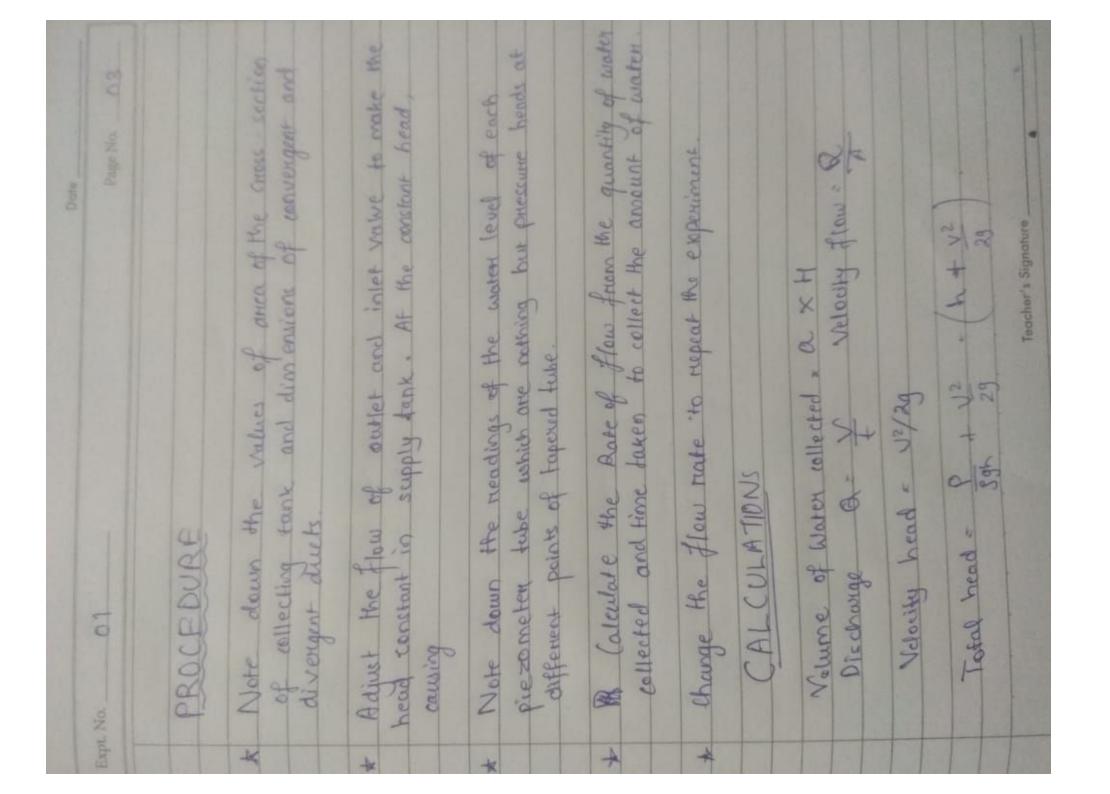
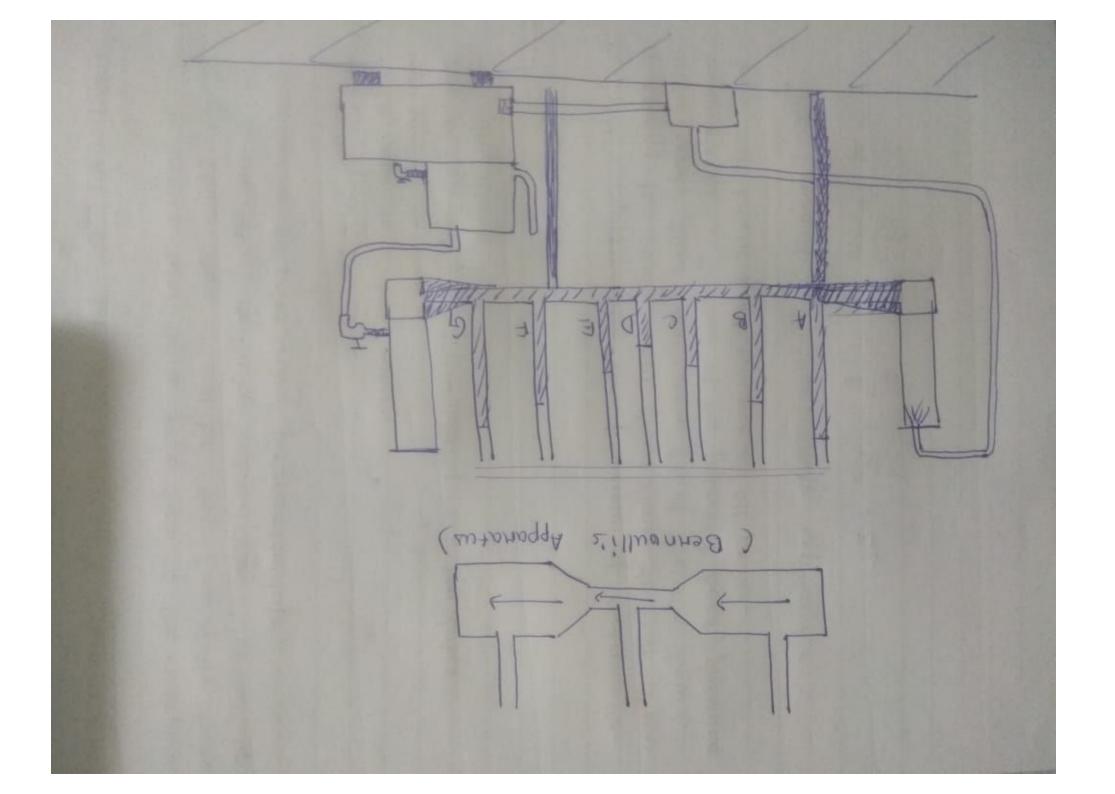
Teacher's Signature _





					65.0	+		€.95		
				19.0		2		1-36		
		35-0	8.0 3	. P8-8 P	01.0	5		25		
	45-2-2	525-0	86-0	66-0 31	1013	14	09	2.32	mod	3
		0.540	8 .0	685.0	001.0	5		F.C.		
		445-0	910.0	95.0	761-0	2		大学な		
2-6	10 P	9:2.0	2.800.0		HEE D	1		5-28		
	291-0	51.0	210.0	9-0	D.SH	+		51		
		9 51 -0	1190.0	51-1	941.0	9		7.81		
	T42.0	080.0	\$91.9	18.1	601-0	9		8		
	202.0	680.0	0.203	5	1800.0	14		9-8	Migh	T
	E 28 . D	991-9	1091 ·0	181	1601.0	8	09	3 -31		V
	8.379	0.216	1490.0	1-15	かというという	3	1 4 3 6	3.15		
	0.520	522.0	\$50 -0	A CONTRACTOR	H 15.0	-	(300)	8.28		
		w	- (w)	# (s/w)	A A South		ANDT AT MOUSE O	cm	(193)	

[120BM0014] Page No. _ 01

DETERMINATION OF MOMENT OF FORCE AT VARIOUS ANGLES OF BICEP MUSCLE AND TO CALCULATE ITS MECHANICAL ADVANTAGE.

Aim: To determine the moment of fonce at various angles of bicep muscle and to calculate its mechanical advantage.

Apparatus required:
i) A set of free weights

ii) Priotacton

iii) Scale.

THEORY

The equation related to finding the moment of force

- M×MA = R×RA

M= moment of force (or) largue

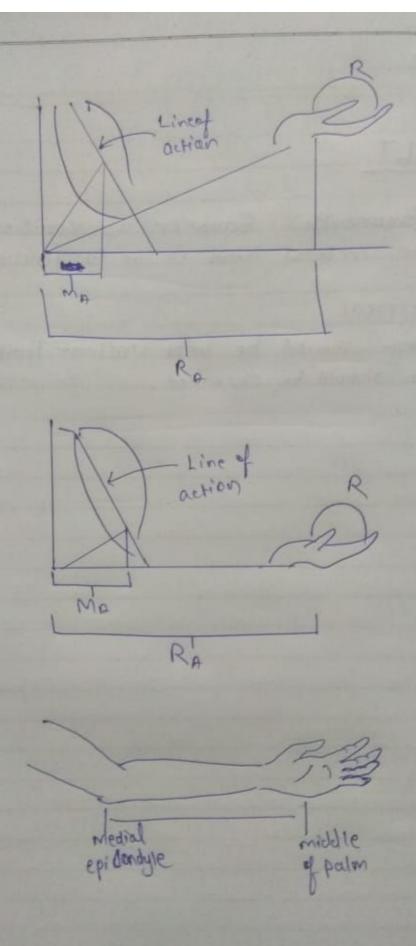
Mp = its the movement arm on the perpendicular

distance from line of action.

R = Resistance force / Load to be lifted.

Rp = it is the perpendicular distance from the load.

MA is 2.64 cm from the elbow to the insention and 5 cm from elbow for females and males respectively at 0° angle.



-				
Dertin				
Date				

xpt. No.

Page No. 02

Re at an angle of 0° is the length of the foreaum.

At other angles both Re & Ma changer.

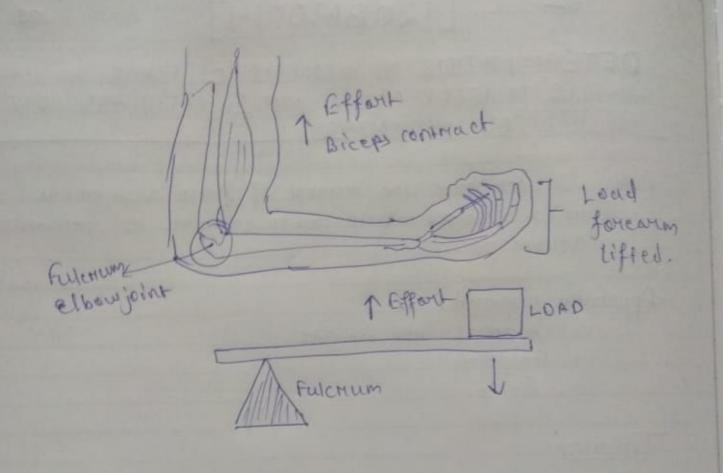
The movement of the elbow joint is uni-directional and provide mone stable force and less injury.

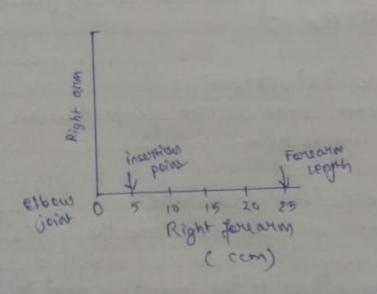
Where as due to multiple notation quality of shoulders it can easily get injured.

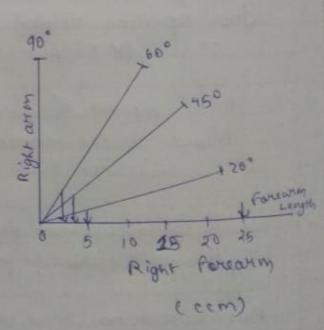
PROCEDURE

- Deasure the length of the forecarm from the bony joint of the elbour to the centre of the palm as to calculate the resistance arm that is needed for Calculation. To find where the joint is, please flex your shoulders elbour and with the help of thumbs and forefingers that is the feel the joint and where you feel the bones moving that is the medial epicondyle.
- > Plot this Might forearm length (RD) on x-axis and hight arm so the y-axis.
- -> Plot the graph of Mp of by calculating its distance from the elbow joint to the bicep insertion on x-axis.

 It is 2.54 cm for females and 5 cm for males.
- > Use a prioractor to mark the 0, 30, 45, 60% 90° align the prioractors with x-y axis and then draw lines to the following degrees of equal length.







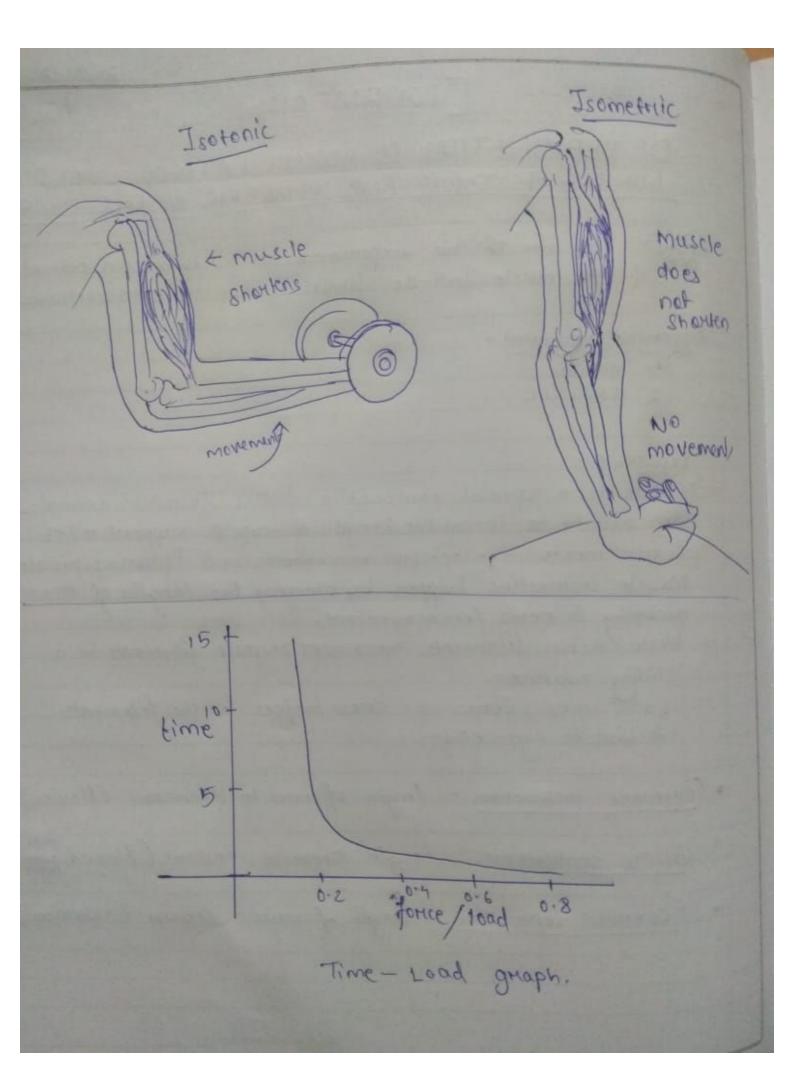
OBSERVATION -

_	-	
force.	ave	18 19 14 14 14 15 45
Moment of Force.	My Right and	18.50 18.00 18 16.66 16.66 16.66 17.14 17.14 15.00 15.00 13.75
Mor	幸	18.80 16.66 17.14 15.00
a esistane arm	154	30 20 12.5
A esista	Right (RA)	5 2 8 2 2
+ Bim	Left.	4:5
Moment Bim	Right (cm)	0.4°5 w
Mox	et s	
No.X	Fight left of the	
Argle	Henizontal	300
SNS		- UW10

		Date
expt. No.		
011 1115 1111	en to make the point is at each angle, the me Memaine same that	distance from the
the distr	ance from the joint to ance from (MA) ent our (MA) e all the data at ea	the intersection is
the.	Mechanical Advantage	
RESULT		
The nome muscle 2	ent of fonce at va	ntage.

Date _ 26/61/2022
Page No. 01
TIGUE LIMIT
make an estimate separate methods.
found in animals, e support a lot al Aphysia penistattic e lengths of toruscle
n filaments in a
on the filaments
decreases. (flexion)
onstant (flexed form)
increases (extension)

	Date _ 26/61/2022
Expt. 1	No. 03 [120BM0014] Page No. 01
	DETERMINATION OF MUSCLE FATIGUE LIMIT DURING ISOTONIC AND ISOMETRIC MUSCLE CONTRA"
+	of the much fatigue limit by two separate methods.
	Appanatus required:- 2. Stopwatch
	THEORY - Muscle is a special contractile dissue found in animale. The ability to change the lengths of muscle support a lot of movements like octopus movements and Aplysia penistaltic Muscle contraction happen by changing the lengths of truscle according to needs for movement. Here action filaments move over myosin filaments in a sliding manner. Cast ions form as choss bridges for the filaments to bind to each other.
	· Static contraction - length of muscle decreases. (flexion) · Static contraction - length remains constant (flexed form) · Eccentric Contraction - length of muscle inevases (extension)
	Teacher's Signature



BA						
3mhn						
Pule.						
	_	_	_	 	_	-

Expt. No.

Page No. 02

A muscle can show move ment only when shortened. The muscle increases length when it has to control the movement of a part attached to it. It has no motion when the muscle tencion overcomes any external force.

has to shorten . This is achieved through concentric contraction and muscle is called agonist.

It is known as antagonist muscle.

CONTRACTIONS

- I sotonic Contractions These type of contraction happens only when the tension of the much is maintained innespective of the change in lengths of muche. This happens when maximal force of contraction exceeds the total load. It can be concentrated/ercentric concentration.
- Unlike isotonic contraction, here the length Hemains came but the fonce is applied. These are found in hands and forearm. This happens when you hold an object to your hand on graph it. The joint and muster are immovable but generates anti- gravity fonce.

OBSERVATION AND CALCULATION

(1) For isotonic contraction

81. NO.	Load Applied (kg)	Number of flerion-extension
1	6	10
2	4	19
3	2	62
9	1	140

(11) For Isomethic Contraction

SL-NO	Load Applied	(kg) Time taken to neach muscle fatigue (s)
1	-1	35
2	2	26
3	4	9
	6	2

Date
rpt. No Page No
PROCEDURE
Isotonic
-> Ask a subject to hold a weight with fully extended arm. -> Then ask him to glex his arm and complete flexion. -> Repeat this flexion - extension until the hand is unable
to lift load on Heach muscle fatigue.
-> Ask the subject to keep arm at 90° to horizontal
and hold a weight. I said the own with the weight & simultaneously start
the stop watch.
-> Measure the time internal till which he is able
to bold the weight.
-> Grive him suitable break and then repeat it.
-> Plat the Aloof eyeles - Loading data graph.
RESULT
The muscle fatigue climit was evaluated and suited by isotonic and isometric muscle contraction techniques.
Teacher's Signature

120BM 00147

Page No. ____O/

A GIVEN PIPE

Dim: To observe the head loss that acrows in a pipe due to frictional medictance, hydraulic gradient due to mencuny manometer, flow mate and velocity of the water through the apparatus.

APPARATUS REQUIRED

- i) Fluid fruition apparatus
- 2) Water Supply
- 3) Scale
- a) Set up for measuring the actual flow make.

THEORY

Frictional Resistance to flow.

- The resistance depends on the sunface of the conduit on the pipe through its flow.

frictional presistance in laminan flow - this happens due to wiscous receistance.

Eniction resistance in twobulent flow - we need two fonces for this which are the surface noughness as well as viscosity.

Enletional Resistance Varies.

- to degree of noughness of sunface.
- & the contact of anea with the fluid.
- to funbulent flow
- * Directly to density of fluid

PROCEDURE

- 1) Connect the U-tube marameter tube to gauge points
- 2) measure the diameter and the length of pipeline between manametric couplings.
- 3) Open the inlet valve keeping outlet valve closed
- 41) Remove the air bubble in manameter tube if any.
- inlet value fully open.
- () Allow the flow to get stable and take the manameter reading
 - 2) Report the steps 5 to 7 fordifferent discharge.

FORMULA

1) Hydraulic Gradient (1)

2 - Mar leight

Teocher's Signature

		200 2	
	dlameter	Manuela	
Avenage +		0.035	
- 4 - 14 - 29 A	0.306	0.034	1
Goodwal Velk	6.504x16 9	x10 3 0.606 x103 x 10 3	
Vetume (Bruco X Hice)	6.1 × 10 3	6.1x103	4
Paine in the of	80.00	0.00	
has of bead due to fine	0.0848	0.3402	
Deflection h. h.	13 × 10 3 7 × 163 3×10-3	27 ×103 20 ×103 13 ×103	
580	-	~	

	Page No0.3
2) Flowmate (Q)	
Q = \	Volume filled to the tank the tank to reach some required to reach some revel.
3) Velocity of water v = Q A	
4) Frictional facts = i	
CALCULATION	
for 20ma	for 30mm
i = 4h x (13.6-1	j: sh x (13.6~1) 2 9-0.112

Aim - To analyze goit putteren of normal walking vering force plotform.

Apparatus Required - 1) Multiarial Fonce plasform (Kietlen) Riowane softwenc.

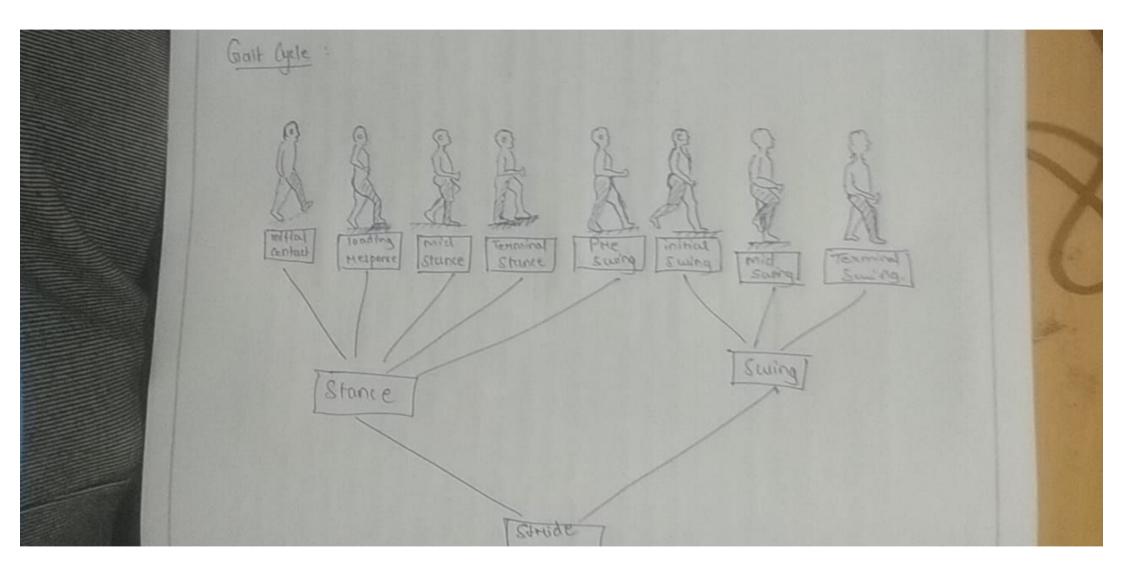
Theony -

Human gait Hefers to locamotion achieved throught the movement of human limbs. Human goit is defined as pipedal, biphosic forward propulsion of center of grawity of the human

There are genden difference in burnon gait patterns: females fand to walk outh smaller steps width and mone pelvic movement Human goil refert to the various witys in which a human

Graft analysis generally takes genden into consideration. The gait cycle begins when one foot contacts the ground. each eycle begins at Initial contact with a stance phase.
and princeeds through a swing phase until the cycle.
ends with the links next initial centure. and ends

stance phase of gait is obvirted into faut periods shoulding these phase is divided into three periods initial samp, into three periods initial samp, intol our ing and defined by opening events. And and ording of each pening



Stance Phase:

1.) Heel Strike - St begins with touching the ground.

2) Loading Heyorce - begins with initial contrast, the leasure the feet centracts the ground.

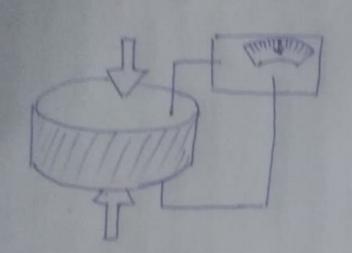
3) Midstance - It is the phase of goil whethe weight bearing one this lient supports the entire bedy weight with the other link makes contast enter after the heet rise until the other link is trapidly off landed and the load is transferred to the other trans.

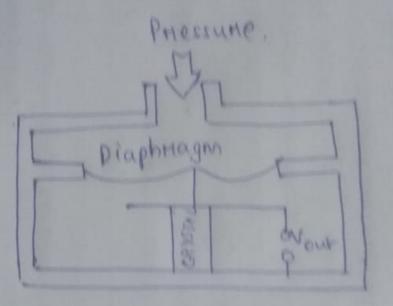
the grand reaction forces generated by a bady standing of an enouing across them.

of fonce transducers which measures the force exerted The Multiparial force platform is a metal plate consisting

50 it.

the piezoeledille offer to occelenation fempenshine , stroin, of four by conventing Mureducen Cpiezaelecteste for press or equeces . Riezartecente enchroitats and thems the fonce platform is having fonce and movesto them the section of it is a device that uses Moderate clearly change from applied mechanical duces. meaning charges in priceinte





(Piezoelectric pressure senson

RECED URF

- of the experiment in ander to neutralize any kind of
- a) Make sume that the force playform is not reading
- A) Now a page will pop-up containing respective icen trolban.

 5) Fhom the icon footbar select acquire thial and measure
 the body weight of the subject so that the force applied
 auring gate can be computed with proper onliberation. After this initialize the Biomane softmane by doubte clicking on the Biomane soft were icon on the desktop desktop.
- T options set the time dunation occurrenting to the experiment to be
- Next strat the priocess by clicking the street poston on Den Service dimitarily standardize the compling frequency according
- Heading offset boltage under a filename with any
 12) Save the gait activities under a filename with any
- extension dot. Now study the soved file for ground recuelion force

RESULT : The characteristics graph was obtaine can also be computed by entering connect instant velocity of velocity of velocity acceleration and displacement. 10 and

[120BM0014]

Page No. 01

OBSTRUCTION FLOW METER : VENTURIMETER

Aim: Find the coefficient of dischange for different rules of flow and plot it. Get idea of how these meters work and theory behind apparatus.

APPARATUS

- 1) Ventunimeter set-up
- 2) Water Supply
 - 3) Manometers
 - 4) Stopwatch
 - 5) Setup Joth measuring the actual flow mate.

THEORY
This obstanction flow metern is used to measure internal flow. It is calculated by measuring the drop in pressure with inclusion of the obstanction. There are basically 3 type, i.e. Ottifice meter, Venteuri metern, Pitot tube, Rotatometer is of 2rd

Category.
Venturimeter is bused on the principle of Benouli's equation. There me pressure is created by medicing the cross-sectional area of the flow. Therefore, a U-tube is used to measure that. This pressure difference helps in determination mate of flow on discharge and velocity is increased.

Venturimeters are generally made from Cossings enachine to close toterance to alupticate the pentennance of standard design, so they are heavy bulky to expensive ducide venturimeter, the fluid is accelerated floreign the converging cone of 10 to 20°. The pressure difference by using differential manameter. The conical downstream gives excellent pressure necovery and evenall head loss is low. They are self-cleaning due to smooth internal shape.

The expression for discharge through OFM can be theoretically using continuity & Bernoulli's equation.

Jow Solowity

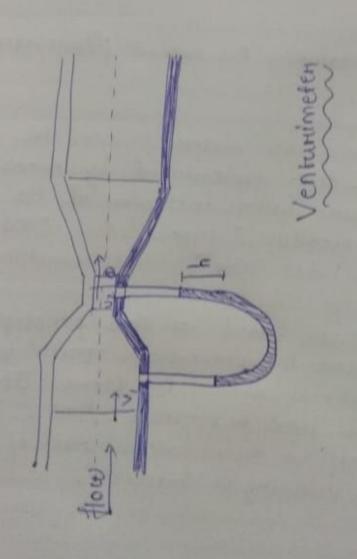
95 = 0.0115 W

B = d2/d, = 0.5

Bernoulli's equil P1 + V12 + Z1 = P2 + V22 + Z2 gwg + 29 + Z1 = fwg 29 29

> V2 = 20P 9w 81-(42)23

AP = P, - P2



Mencuny differential monometers to measure DP

AP = (Sing - Sw)

Ing = density of manometer fluid. (kg/m3)

Tw = density of flowing fluid (kg/m3).

Q1 - A1A2 2 (84/2 -1) 9h (A12 - A22)

Actual discharge QAC: axH (m3/s)

a = orce of collecting tank (m²)

H = height difference (m)

t = time taken.

	Date
, No.	Page No 04
PROCEDURE	
1) Check the experimental sct dimension of collection tank. 2) Open the inlet value fully 3) Make sume the height of a if there is no discharge. 4) Slightly open the outlet val observe the manometer lin 5) Adjust it to get a steady p	new curry colonn in both limbs we of the flow meter and
6) Measure the time to coll	
7) Repeat the above process Hates by changing the ou	tlet value opening.
a) Close the inlet to the a necessary needings. a) Complete he tabulation a of CD.	nd find the average value
0	

RESULT & INFERENCE
The average coefficient of discharge of the given obstruction meters one venturineter Com

Ceefficient of a charge	Se 1-62	1.348
Theoretical discipation of the A. Ho.	m3/3	13.4×10"4 13.4×10"4 13.4×10"4
Final water level	Cons	7.4
Initial water level	5	4:8
Time for Him Hole to the collection	200	30 30
Actual	2/em	8-61×10-3 5-34×10-3
Reading	h, br net	HIGH 7.5 15 0.42 0.61 ×10-3 MEDIUM 7.8 12.5 0.592 6.34 ×10 ⁻³ Low 5.9 11.9 6.315 .0.2 × 10 ⁻³
Jew 1		HIGH MEDIU Low