



19-10-2025

# WESR-COHE



Martin Nielsen  
COPYRIGHT TRIQUEST



# Control of Hazardous Energy (COHE) — WESR

**Document ID:** WESR-COHE-ADD v1.0.0

**Effective Date:** TBD

**Owner:** PREI

**Applies to:** All hazardous energies (electrical, mechanical, hydraulic, pneumatic, chemical, thermal, gravitational, stored/latent)

## Table of content

Control of Hazardous Energy (COHE) — WESR .....	0
Table of Contents.....	<b>Fejl! Bogmærke er ikke defineret.</b>
1. Purpose and Scope .....	2
2. Principles & Accountability .....	2
3. COHE Program Under WESR (Governance & Roles) .....	2
4. Competence, Training & Authorisation.....	3
5. Energised/Active Systems Work (Exceptional Cases) .....	3
6. Lockout/Tagout Program (All Energies).....	4
7. Interlock/Safeguard Bypass (Authorised Temporary Measures) .....	5
8. Equipment Design & Labelling (COHE-by-Design).....	5
9. Status Model & Communications .....	6
10. Change Control & Records .....	6
Annexes (Forms & Checklists) .....	6
Annex A — Lockout Instruction (LI-HE-001) .....	6
Annex B — Isolation & Lockout Record (ILOR-HE-001) .....	6
Annex C — Group Lock Sign-On Sheet (GLSS-HE-001) .....	6
Annex D — Safeguard/Interlock Bypass Authorisation (SIBA-HE-001) .....	6
Annex E — Absent-Person Lock Removal (APLR-HE-001) .....	7
Annex F — On-Site Risk Review (RISK-W-HE-001) .....	7
Annex G — Test & Energisation Plan (TEP-HE-001).....	7
Annex H — Equipment Design Checklist (EDC-HE-001) .....	7



## 1. Purpose and Scope

This add-on defines minimum requirements to control hazardous energy during installation, commissioning, operation, service, maintenance and dismantling of plant and equipment. It integrates with WESR roles, processes and safety documents and **supersedes baseline WESR where this add-on is more stringent**. Local law and site rules that are more stringent take precedence.

**Applicability:** - All personnel performing tasks where unexpected energisation, start-up, movement or release of hazardous energy could cause harm.  
- All sites and facilities operating under WESR, including customer and contractor activities within the WESR-controlled boundary.  
- Interfaces with non-electrical trades and external parties where COHE risk exists.

### **Written Program:**

Each site must maintain a written COHE program aligned with this add-on and local law. Map any regional/international standard used to the roles/competence in this add-on; identify and close gaps.

## 2. Principles & Accountability

- **Zero-energy is the default.** Isolate, dissipate, verify, and lockout before work.
- **Competence & equipment:** Only competent persons with suitable tools/PPE may perform COHE activities; required hardware is provided and maintained.
- **Management accountability:** PREI and delegates ensure implementation, competence, equipment provision and audit.
- **Stop-work authority:** Any person may refuse/stop work if controls are inadequate.

## 3. COHE Program Under WESR (Governance & Roles)

**Roles (mapped to WESR):** - **PREI** — Owns the site COHE program; appoints the **PCEI**; approves local procedures and deviations.

- **PCEI** — Controls the installation; plans/approves isolations; issues Safety Documents (e.g., PTW) and retains control until restoration.

- **D-PCEI** — Delegated control for a defined area/time; acts under PCEI governance.

- **PCWA** — Controls the work activity; performs on-site risk review (**RISK-W**); sets supplementary measures; briefs team; clears Safety Document.



- **Isolation Lead (IL)** — Person in charge of the lockout for the task; executes the isolation plan; applies primary locks/tags; completes the Isolation & Lockout Record; coordinates group lockout.
- **Isolation Verifier (IV)** — Independent verifier performing the **four-eyes** check on isolation points, tag/lock IDs, and **zero-energy verification**. IL and IV **must be different** people.
- **Lock User (LU)** — Worker applying a personal lock at the group lock station; signs on/off; works under PCWA control.

#### **Safety Documents used for COHE:**

- **PTW** — Permit-to-Work (default for dead/zero-energy work).
- **TEP** — Test & Energisation Plan (used with a **Sanction for Test** where primary precautions vary).
- **AA** — Access Agreement (for non-electrical tasks with residual energy risk near safeguarded areas).
- **Lockout Instruction (LI-HE-001)** — Written isolation plan listing every isolation point and verification method (mandatory for multi-point lockout or stored energy).

## 4. Competence, Training & Authorisation

- **IL & IV:** Skilled/competent for the energy type(s) involved; practically assessed to isolate, dissipate and verify zero energy.
- **PCWA:** Competent to set work boundaries, adjacent-hazard controls, and manage team briefings and suspensions.
- **PCEI/D-PCEI:** Appointed in writing with defined control areas.
- **LU:** Instructed and briefed; applies/removes own personal lock only.
- **Retraining & re-authorisation:** Periodic refreshers; event-driven re-authorisation after incidents, long absence, equipment upgrades, or procedure changes. Practical assessment must include complex/group lockout and zero-energy verification.

## 5. Energised/Active Systems Work (Exceptional Cases)

- **Default:** dead/zero-energy with verified absence of energy.
- If a task **cannot** be performed de-energised (e.g., functional measurement/setting), it must be justified in RAMS and authorised.



- **Requirements:** written instruction; formal risk assessment comparing de-energised vs energised approach; suitable PPE/tools; defined safe boundaries; explicit authorisation by the appointed authority; use of **TEP/SfT** where primary precautions vary.
- **Partial energy reduction** (e.g., hydraulic reduced pressure, arc-energy reduction mode) must provide **equivalent protection** and be documented in TEP.

## 6. Lockout/Tagout Program (All Energies)

**Compliance rules:** - No person may operate an energy-isolating device with a lock/tag attached, or remove another person's lock/tag, except under the authorised **absent-person** process.  
- Communications do **not** replace physical isolation/locks/tags and verification.

**Basic model:** 1) **Shut down & isolate** all energy sources (positive isolations only; **emergency-stops are not isolations**).

2) **Secure against reconnection** at each isolation point using locks/tags per method selected.

3) **Release/dissipate stored energy** (mechanical, hydraulic, pneumatic, electrical, thermal, gravitational, chemical).

4) **Verify zero-energy** at appropriate test points (ensure no components between isolation and test point can re-energise).

5) **Define/mark the Lockout Boundary;** control adjacent systems as required.

6) **Group lockout:** use lockbox/hasps; each **LU** applies a personal lock to the group point; **IL** controls primary keys.

**Methods:** - **Individual control** — permitted only where a single easily controlled source remains under the worker's direct sight/arm's reach; otherwise **lockout**.

- **Single-point lockout** — allowed only if one isolation point and **no stored energy**; otherwise a **Lockout Instruction** is required.

- **Complex/group lockout** — requires a **Lockout Instruction (LI-HE-001)** listing every isolation point; **IL** applies control locks; **LUs** apply personal locks to the lockbox or all points.

- **Tagout** — used **only** where locking is physically impossible; must be approved; tags placed at the isolation point with wording "**DANGER — DO NOT OPERATE**"; equivalent controls in place.

**Verification of zero-energy:** - Test at each isolation in suitable position relative to the device; verify at the point of work and surrounding hazard zone.

- For rotating/moving systems: verify **no start on command**; apply **mechanical blocks/pins** as needed.

- Record instrument/tool IDs and self-checks where applicable (e.g., electrical **test-measure-test**).

**Extended shutdowns & suspensions:** - For holds and multi-shift outages, **maintain** the lockout; **IL** re-verifies before resuming work; keep primary keys controlled.



- **Suspensions:** leave the installation **“Made Safe”**; re-start requires re-confirmation and team re-brief.

**Temporary release for testing/repositioning:** - Identify the exact isolations to be restored in the TEP/Lockout Instruction.

- Clear personnel and remove personal locks from affected isolations before temporary re-energisation.

- After testing, **re-isolate, dissipate, verify, and re-apply** locks/tags before resuming work.

**Absent-person lock removal:** - Follow a documented process: confirm absence; attempt contact; notify line manager(s); obtain written authorisation; remove via controlled method; record and retain the form (**APLR-HE-001**).

## 7. Interlock/Safeguard Bypass (Authorised Temporary Measures)

- Bypass only with **equal or greater protection** established (e.g., physical prohibition of access/operation, temporary guarding, permit-controlled procedure).
- Use a **Safeguard/Interlock Bypass Authorisation (SIBA-HE-001)** stating reason, devices affected, safety impact, compensatory measures and posting location; remove on restoration.
- Short diagnostic tasks (e.g., voltage/IR inspection) may be managed under defined conditions and authorisation where the worker has sole control and barriers/distances/PPE are adequate.

## 8. Equipment Design & Labelling (COHE-by-Design)

- Specify/design **positive isolation points** for all energy forms; provide **lockable means** and **safe test points** for zero-energy verification.
- Provide drawings/schematics (electrical single-lines, P&IDs, hydraulic schematics, mechanical sketches) that **identify every isolation point** with unique IDs matching labels in the field.
- Include dissipaters/bleed-down/blocks for stored energy; document methods in O&M manuals.
- Label machines and isolation points with **unique designators and function**; maintain consistency between drawings and field labels.



## 9. Status Model & Communications

### Standard statuses:

Isolated → Zero-Energy Verified → Work in Progress → Suspended (Made Safe) → Under Test (Controlled) → Ready for Energisation → Restored / Normal Operation.

**Communication & control: - Order/confirmation protocol** (speak-back/confirm) for critical steps.

- **Four-eyes check** for Lockout Instructions and switching/isolations before issue.
- **Single point of control (PCEI)** throughout; hand-backs documented.

## 10. Change Control & Records

- Use a **Change Log (CJL-HE-001)** for edits to this add-on, local procedures and forms; approvals by **PREI** (or delegate).
- Retain PTWs, Lockout Instructions, ILORs, TEPs, APLRs, SIBAs, audits, calibration certificates and training records per the records matrix (see Annexes).

## Annexes (Forms & Checklists)

### Annex A — Lockout Instruction (LI-HE-001)

**Content:** equipment/task; Lockout Boundary; isolation list (device ID, position, method); stored-energy controls; verification methods; cross-references to drawings; approvals.

### Annex B — Isolation & Lockout Record (ILOR-HE-001)

**Content:** point-by-point confirmation; lock/tag IDs; zero-energy verification entries; barriers/guards; **four-eyes** sign-off; changes log.

### Annex C — Group Lock Sign-On Sheet (GLSS-HE-001)

**Content:** roster of LUs; sign-on/off times and lock IDs; supervisor/PCWA check.

### Annex D — Safeguard/Interlock Bypass Authorisation (SIBA-HE-001)

**Content:** reason; devices; compensatory measures; posting; restoration confirmation; validity window.



## Annex E — Absent-Person Lock Removal (APLR-HE-001)

**Content:** contact attempts; managerial approvals; removal method; notification; record retention.

## Annex F — On-Site Risk Review (RISK-W-HE-001)

**Content:** hazards; adjacent-system controls; PPE/tools; briefing record; SIMOPS coordination; language/communication plan.

## Annex G — Test & Energisation Plan (TEP-HE-001)

**Content:** scope; points; ranges; observers; stop criteria; communications; post-test state; transition back to PTW/restoration.

## Annex H — Equipment Design Checklist (EDC-HE-001)

**Content:** positive lockable isolations; test points; stored-energy dissipaters; labelling; drawings linkage.