



PYC1512 ASS 2 MCQ - MCQ

Foundations of sub-discipline of Psychology (University of South Africa)



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Which stage of the psychosocial development theory focuses on the strive for individuals to discover who they are?

- a. Autonomy versus shame and doubt
- b. Generativity versus stagnation
- c. Trust versus mistrust
- d. Identity versus role confusion

Question 2

Why was the TRC counter-intuitive to individual healing according to Seedat and Lazarus (2011)?

- a. victims of human rights violations could tell their stories publicly.
- b. giving testimony in a public setting would help promote their wellbeing.
- c. the victims' need to grieve and make meaning of personal losses was restricted by the public testimonies.
- d. public testimonies placed a strong emphasis on forgiveness and reconciliation at a societal level.

Question 3

..... comprises all the knowledge and ways of application which communities require for their harmonious survival

- a. ubuntu
- b. Isintu/setho
- c. Umuntu/motho
- d. Impilo/bophelo

Question 4

Trait-comparison bias refers to

- a. whether a person has certain predispositions from birth or whether it is because of their environment.
- b. individualistic experiences of reality
- c. research findings on black people were often negative or opposing compared to those on white people.
- d. the notion of an inferiority complex

Question 5

Jabu is so excited that he can finally tie his shoelaces. Which area of development has improved for Jabu?

- a. Reflexes
- b. Motor coordination
- c. Neuron connections
- d. Experience

Question 6

Which of the following statements is incorrect about the role of community psychologists post-1994?

- a. Community psychologists contributed to policy development in a range of sectors.
- b. Community psychologists developed curricula and texts for training psychologists from all contexts.
- c. Community psychologists engaged in research addressing priority issues that threatened democracy, including violence, injuries, HIV/Aids and racism.
- d. Community psychologists developed training material to redress the gendered and racially distorted system of knowledge production.

Question 7

Which of the following terms characterises African communities and a way of life in communal settings?

- a. Independent
- b. Interdependence
- c. Individualism
- d. Uniqueness

Question 8

Which of the following best describes how learning takes place in accordance with communal living?

- I. Education is an interactive process among peers, elders and nature
- II. Communal life involves learning from everyone and every organism around you.
- III. The concept of hard work is learnt from ants, patience from tortoises, and loyalty from dogs.
- IV. Creatures are also perceived as spiritual messengers. Wellness is not only the absence of disease but also the presence of factors that might make it likely for diseases to occur.
- V. Harmony is maintained by separating people from the spiritual world, allowing the current generation to choose their own path.

The correct answer is:

- a. I, II, III and IV
- b. I, II, and V
- c. II, III, IV and V
- d. I, II, III, IV and V

Question 9

The processes of thinking, remembering, reasoning, and problem-solving are all functions of the development.

- a. social
- b. biological
- c. human
- d. cognitive

Question 10

Ontology refers to.....

- a. An individual's worldview
- b. Someone's ways of being
- c. Experiences and feelings on a spiritual level
- d. The kind of person a person is

Question 11

Which theory of human development focuses on social interaction and conflicts that may arise during different stages of development?

- a. Psychoanalytic theory
- b. Sociocultural theory
- c. Psychosocial developmental theory
- d. Bioecological systems theory

Question 12

..... is a way of life, a frame of understanding reality, as well as an essential concept that guides our moral compass and conscience in African communities.

- a. isintu
- b. ubuntu
- c. culture
- d. umuntu

Question 13

According to Maseko (2017), the role of idioms, proverbs, and songs in African communities is to

- a. preserve and disseminate knowledge.
- b. teach children to be independent.
- c. build communities to be independent.
- d. promote wellness.

Question 14

Lerato is described by her colleagues as someone who is indecisive, not self-reliant, and struggling to make decisions when required. Instead of making a decision, Lerato always seeks approval from her co-workers. According to Erikson (1968), which stage of psychosocial development has Lerato likely not successfully resolved during her childhood?

- a. Trust versus mistrust
- b. Autonomy versus shame and doubt
- c. Industry (competence) versus inferiority
- d. Generativity versus stagnation

Question 15

During the stage, children tend to view the world from their perspective while having difficulty recognising the viewpoint of others.

- a. concrete operational
- b. pre-operational
- c. formal operational
- d. sensorimotor

Question 16

Which of the following characteristics is incorrect about social development in children?

- a. Self-awareness, attachment to caregivers, and relationships with other people
- b. Parents play a significant role in influencing a child's early social development
- c. Infants younger than one-year-old begin playing with other babies more frequently.
- d. Emotional attachment and the need for physical interaction are the foundations of social development.

Question 17

During which stage can children use abstract thinking and use symbols to refer to real objects in the world?

- a. Formal operational
- b. Pre-operational
- c. Initiative versus guilt
- d. Industry (competence) versus inferiority

Question 18

Themba, a 17-year-old teenage boy, is grown and mature enough to understand that he is unique in terms of his social identity and that his personality is different from that of his friends. Themba also understands that people do not possess the same characteristics and that one's identity may be defined in terms of their role in society. The scenario above refers to the concept of.....

- a. integration
- b. differentiation
- c. social development
- d. community psychology

Question 19

According to Erikson (1968), a psychosocial crisis must be managed successfully for a healthy development of the individual. However, a failure to manage the crisis successfully may have negative consequences on the development of the individual.is a negative consequence that may arise as a result of failing to manageof the psychosocial development theory successfully and is characterised by feeling unproductive, uninvolved and not having meaningful accomplishments.

- a. Despair; stage 8
- b. Stagnation; stage 7
- c. Confusion; stage 5
- d. Inferiority; stage 4

Question 20

The Carnegie Commission study represents one of the earliest large-scale social community interventions, aimed at alleviating the poverty faced by a political minority group. According to Seedat and Lazarus (2014), which of the following recommendations are mentioned in the Carnegie Commission study report?

- a. introducing policies that enforce social integration; minimising job competition between Africans and whites.
- b. the reservation of jobs and training for unskilled whites; minimising job competition between Africans and whites.
- c. alleviating the poverty faced by a political minority group; the reservation of jobs and training for unskilled whites.
- d. creating class distinctions in the white Afrikaner social order; minimising job competition between Africans and whites.

Question 21

Which of the following social psychology theories refers to how our minds have trouble processing conflicting information?

- a. social identity theory
- b. attribution theory
- c. cognitive dissonance theory
- d. evolutionary theory

Question 22

Which of the following option is correct in depicting the differences between African and Western community psychology?

- a. Both African and Western community psychology are informed by a shared understanding that by virtue of living as neighbours, people become part of intervention strategies
- b. African community psychology refers to services that are acquired externally to intervene in communities, whereas Western community psychology relies on interventions that are interwoven in people's way of life.
- c. African people's psychology is embedded in the culture, whereas Western community psychology has specific community-based psychological services to deal with communal problems.
- d. Western community psychology relies on language to understand communities and their practices. African people's psychology is embedded in culture for healthy survival.

Question 23

Which of the following is incorrect about the conceptual definition of community psychology? Community psychology serves to.....

- a. provide a contextual analysis that takes cognisance of social issues and addresses environmental stressors.
- b. transform the way in which the genesis and development of psychosocial problems are conceptualised and understood.
- c. extend mental health services to some citizens, in particular the historically unserved, underserved, and oppressed.
- d. radicalise the praxis of psychological service delivery to include prevention initiatives.

Question 24

Which of the following statements about "African families live communal lives" is incorrect?

- a. they have family structures that are limited only to the nuclear family (mom, dad and children)
- b. family involves various next of kin.
- c. life is defined in relation to community, not the self.
- d. community members are responsible for each other's well-being.

Question 25

Which of the following characteristics is incorrect about biological development?

- a. Newborns are born with genetically wired reflexes.
- b. Newborns have reflexes such as sucking and blinking which promote their survival.
- c. Infants start by crawling by six months and then progress to walk by 13 months.
- d. An infant's reflexes develop through maturation and learning.