



Assessment 3 Answers

Introduction to Psychological intervention perspectives (University of South Africa)



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1. What is meant by a monocultural view in psychology?

d. A view that makes Euro-American assumptions about the nature of reality.

2. What would a decolonial African psychological approach to psychological intervention look like?

c. A Psychology that is responsive to the issues in the Global South.

3. What is meant by the Global South?

b. Previously colonized areas in Latin America, Africa, Asia, and Oceania.

4. Which statement best reflects the history of psychology in Africa?

a. Psychology was predominantly used to perpetuate colonialism.

5. Which of the following is a limit of a Euro-American psychology?

a. The acceptance it gives to invisible and supernatural forces.

6. Which of the following is proposed as a means to understand African life-worlds?

b. Supernatural forces shape African meaning-making.

7. When faced with unexplainable events, which of the following modalities do Africans explore?

d. None of the above

8. When it comes to sources of knowledge, which of the following do Africans mostly rely on?

a. Oral traditions and storytelling

9. When it comes to other ways of knowing, which of the following does African psychology regard as relevant for Africans? (Choose the option that is most correct).

d. All of the above.

10. Which concept did Pierre Bourdieu (1986) use to explain the complexities of power dynamics in society?

a. Economic capital

11. What do most decoloniality theories share in their critique(s)? (Choose the answer that is most correct).

a. Decoloniality theories are interested in the complexity of power entanglements between who produces knowledge and for whom.

12. Which of the following notions about power is true?

a. A. Power can be collective and can be shared.

13. Which of the following statements best describes patriarchy? (Choose the answer that is most correct).

a. Patriarchy is the need for men to maintain power over women and children.

14. Which of the following statements is true with regard to the waves of feminism?

c. The second wave resulted in women getting involved in politics and pushing for greater social change and justice.

15. Which of the following statements is true?

b. Howitt and Owusu-Bempah (1994) problematized the role of the white supremacist, capitalist, patriarchal class structure in the feminist movement.

16. What is the main aim of African psychology?

b. To promote a rethinking of colonial epistemologies.

17. Which form of racism does the following statement fit into: 'Black and brown people are lazy?'

b. Symbolic racism

18. Which of the following is an example of biological racism?

b. The belief that certain racial groups are genetically superior or inferior to others in terms of intelligence or physical abilities.

19. Which is true about epistemic justice in psychology?

a. Psychological knowledge and theory should not only be based on Western experience and then extrapolated to non-Western contexts.

20. Which is true regarding Indigenous psychologies?

b. Indigenous psychologies encompass a diverse range of cultural and regional perspectives on the human mind and behaviour.

21. When it comes to understanding African culture, which statement is true?

b. African culture is highly diverse and varies significantly between different regions and countries.

22. Which dimension of an African worldview emphasises the relationship with a spiritually divine force in the universe?

d. Cosmological dimension

23. Which dimension of an African worldview states that everything in the universe is interconnected?

b. Ontological dimension.

24. Which statement is true about the origin of liberation psychology?

a. The liberation psychology movement emerged in Latin America during the struggle for emancipation.

25. When it comes to an African decolonial psychology, which statement is true about its goal?

b. African theorists should be critical of the power of, and the oppression brought about by colonial systems.