

## Guided Ski Tour in Tien Shan Mountains, 15 days



**Kyrgyzstan** is 94% mountainous, so just about everywhere you look, You face a new breathtaking alpine vista. The climate continental, warm summers, cold winters, lots of sun, and huge temperature gradients. The snowpack is most volatile in March, and shallowest in December/early January. Late January-February and April are the ideal months for hitting the backcountry

**Trip season:** January - April

**Duration:** 15 days

**Type:** Ski Touring

**Difficulty:** Medium - Hard

**Accommodation:** Guesthouses, Yurt Camp, Base Camp

**Route:** Airport Manas – Bishkek – Suusamyr – Bishkek – Tokmok – Karakol – Ak Suu – Boz Uchuk – Djergalan – Karakol Ski Base – Bishkek - Airport

### **Brief description:**

This 15 days-long Ski Tour takes in some of the most beautiful scenery in Kyrgyzstan -the world's second largest alpine Lake Issyk-Kul, mountain ranges and alpine peaks. You will have the opportunity to discover the natural areas of Terskey Ala-Too, to get an epic view of the highest points in the Terskey Ala Too range, combining with horseback riding, hot springs, snow mobile and an epic Yurt staying. The tour begins and ends with the opportunity to visit some of Kyrgyzstan's finest cultural and historical sights.

Our Kyrgyzstan Destinations Team Pro Riders combined all this activities in the best places of Kyrgyzstan, so our customer's can enjoy the Epic Skiing and the Kyrgyz Culture.

## **Program**

<b>Days</b>	<b>Itinerary</b>	<b>Accommodation</b>
<b>Day 1</b>	<b><u>Airport Manas – Bishkek (35km)</u></b> Upon arrival the group will be met by guide in a comfortable transport from and to Bishkek/Manas International Airport, transfer to Bishkek (35km), check in the Guest House. Dinner at local restaurant, overnight in a guest house.	<b>Hotel 3*</b>
<b>Day 2</b>	<b><u>Bishkek – Suusamy, (120km), 1,5 hours</u></b> Breakfast. Shopping in local super market, transfer to Suusamy Valley. Lunch box. Dinner and lodging at Suusamy Ski Lodge.	<b>Ski Lodge</b>
<b>Day 3,4</b>	<b><u>Suusamy Ski Base</u></b> Breakfast at base camp. These days we will do Ski Touring and exploring local mountain areas. Lunch boxes with us. Dinner & lodging at base camp.	<b>Ski Lodge</b>
<b>Day 5</b>	<b><u>Suusamy – Bishkek (120km), 1,5 hours</u></b> Breakfast. Transfer to Bishkek, lunch en-route café, Russian bania (sauna), Dinner at local restaurant. Overnight at Hotel.	<b>Hotel 3*</b>
<b>Day 6</b>	<b><u>Bishkek – Tokmok – Karakol (400km), 5-6 hours</u></b> Breakfast. Transfer to Karakol Town, on the way visit 12 <sup>th</sup> century Tower Burana. Lunch en-route café, check in Karakols guest house. Dinner at local restaurant, overnight in a guest house.	<b>Guest House</b>
<b>Day 7</b>	<b><u>Karakol – Boz Uchuk Village (50km), 1 hour.</u></b> Breakfast. Transfer to Boz Uchuk village for horseback riding, meet with the horse man and start to lift on a horses to the skiing point. Lunch box. Drop down to the starting point, dinner at local family's house. Transfer back to Karakol, overnight in a guest house.	<b>Guest House</b>
<b>Day 8</b>	<b><u>Karakol – Ak Suu (20km)</u></b> Breakfast. Transfer to Ak Suu village, start lifting to the Yurt Camp on snow mobiles. Lunch box. Dinner and overnight at Yurt Camp. Enjoy time in an open air Sauna.	<b>Yurt Camp</b>
<b>Day 9 -10</b>	<b><u>Yurt Camp – Ski Touring</u></b> These days we will be ski touring in these areas, including full catering and Russian Bania. Overnight in a Yurt Camp.	<b>Yurt Camp</b>

<b>Day 11</b>	<b><u>Ak Suu – Jyrgalan (60km), 1 hour.</u></b> Breakfast. Ski down the valley and meet with the driver and transfer to Jyrgalan Mountain Hut. Lunch box. Dinner and overnight in a Mountain Hut.	<b>Mountain Hut</b>
<b>Day 12</b>	<b><u>Base camp Jyrgalan – Ski Touring</u></b> These days we will be ski touring in these areas, lunch boxes. Dinner and accommodation in a Mountain Hut.	<b>Mountain Hut</b>
<b>Day 13</b>	<b><u>Jyrgalan – Karakol – Oruktu Hot Springs (170km), 2 hours.</u></b> Breakfast. Transfer to Karakol town, lunch at café. Then drive to Oruktu hot springs (100km). Transfer to Cholpon Ata Town. Dinner & overnight in a Guest House	<b>Guest House</b>
<b>Day 14</b>	<b><u>Cholpon Ata – Bishkek, 280km, 3-4 hours.</u></b> Breakfast. Transfer to Bishkek, check in the Hotel. Shopping in the ZUM Mall. Free time. Dinner at local restaurant with local folk instrumental music & Alcohol drinks, overnight at Hotel.	<b>Hotel 3*</b>
<b>Day 15</b>	<b><u>Airport.</u></b> Early morning flight. Packed Breakfast	

#### **Conditions of the program:**

**Equipment:** Participants must have their equipment such as backpacks, desirable to have a personal sleeping bag, warm clothes, skis (fat skis), skins, beacons, shovel etc. (The whole structure of personal equipment)

**Physical requirements:** Participants must be in good physical condition, at least AST 1,2 level. The differences of heights range from 600 m to 1000 m in vertical elevation. The maximum elevation is 4000 m.

#### **Price includes:**

- All transfers Manas Airport - Bishkek, Karakol – Manas Airport
- All transfers inside of Kyrgyzstan Tour
- National park fees, museum, hot springs
- Local Guide - (English speaking, Pro rider)
- Meal – Full board
- Accommodation according the program
- Folk Music

#### **Price doesn't include:**

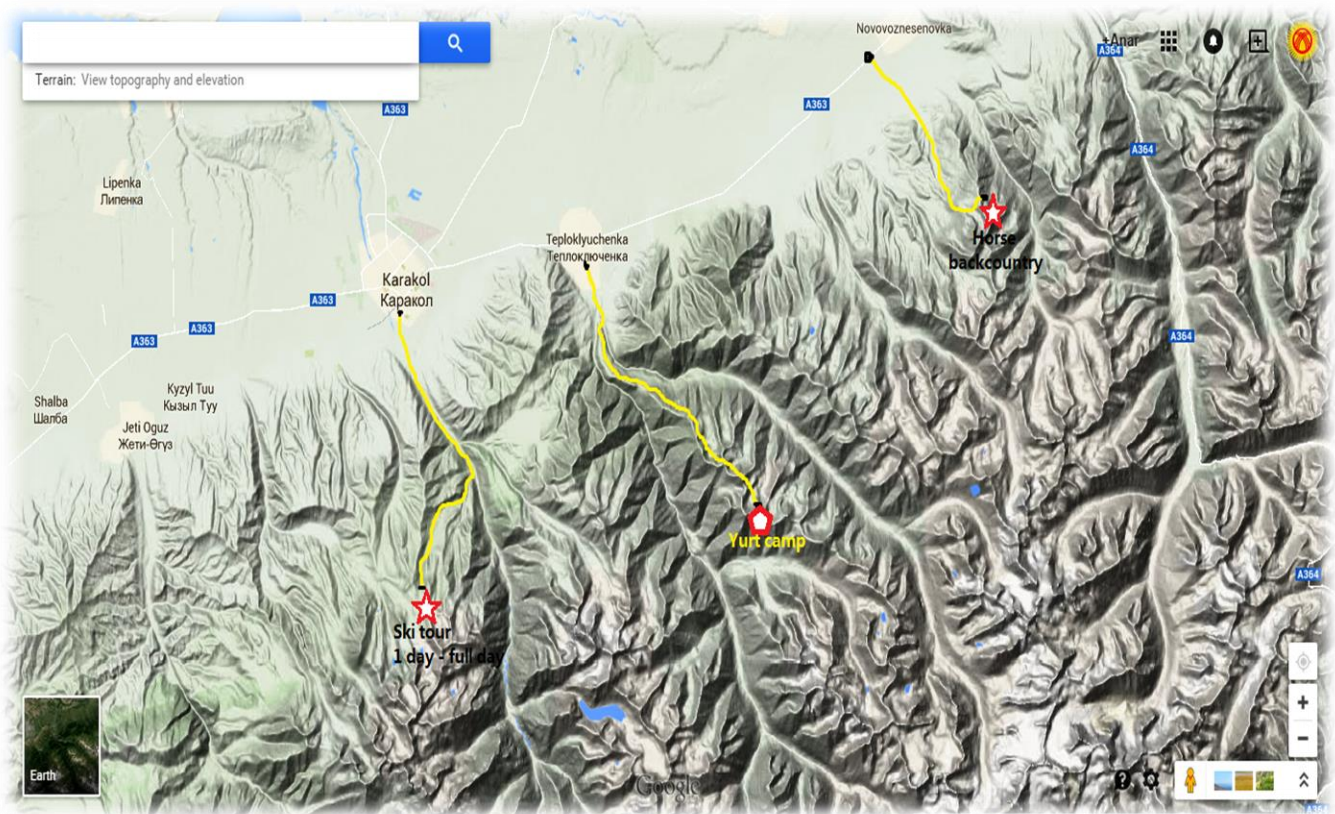
- Visa support (if needed)

- International flights to and from Bishkek
- Medical/evacuation insurance

**Notes:**

- Accommodation in the hotels are – on a twin basis
- Accommodation in a Yurt Camp – on sharing basis / 6-7 persons in one Yurt.
- Accommodation in a Mountain Hut – on a sharing basis / 4 persons I one room

### Ski Touring Map





## Yurt Camp Ak Suu





## Suusamyр



## Ski Touring Map

