

Silk Road & Kyrgyz Guided Trips LLC

E-mail:

56 Kaindy street, Uchkun, Bishkek, Kyrgyzstan, 720000 Tel: +996 701 799983, +996 312 891583

asel2310@gmail.com

www.silkroad-trip.com

Art & Nomad's Ethnography Tour, 10 days







Type: Cultural tour

Season: Early June – late September

Duration: 10 days, 9 nights

Itinerary: Bishkek – Kochkor – Son-Kul lake - Naryn – Issyk-Kul lake – Karakol – Chon-Kemin –Bishkek

Description: During this tour you will enjoy the beauty of Central Tien-Shan Mountains, see and learn about Kyrgyz Arts and Nomad's Ethnography. Moreover, you can visit one of the most magnificent mountain lakes, see how nowadays Kyrgyz people live in the villages and how they saved and keep the ancient culture of Kyrgyz nomads, that is still alive today in their Djailoos (summer alpine pastures) where you will be welcomed with warmest hospitality and invited for everything they have in their yurts (Kyrgyz national dwelling).

Program:

Day	Itinerary:	Meals
1	<u>Bishkek</u>	-L, D
	Arrival in Bishkek. Meeting at the airport "Manas", transfer to the hotel 3*. Rest.	
	Sightseeing tour: visit Ala-Too square, Osh market Opera and Ballet Theatre, Fine	
	Art Museum, World National Library and etc. Lunch and dinner in local	
	restaurant. Accommodation in the hotel 3*. Meals: lunch, dinner	
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2	Bishkek – Kochkor	
	After breakfast transfer to Kochkor village, 250 km, 3 hours, where you will visit the Altyn-Kol Women's Handicraft Co-operation. At Felt Master's you will learn how nomadic Kyrgyz women made felt rags Shyrdak, Ala-Kiyiz (Kyrgyz felt hand make carpet). Lunch at the Felt Master house with traditional meals in Kochkor. After lunch excursion to Salt Mine resort "Chon-Tuz" for providing asthma and	B,L,D

	allergy treatment. Dinner and accommodation in Local Traditional Family Guest House. <i>Meals: breakfast, lunch, dinner</i> .	
3	Kochkor – Son-Kul lake Breakfast. Transfer to second large alpine lake Son-Kul (120 km, 3,5 hrs), at the altitude of 3016m. One of the famous Tien-Shan mountain lake for summer pastures, where you can see nomad traditions, customs, lifestyle which is alive nowadays. It is the best place for nature lovers and can get an experience nomad's life, horse riding and relaxation without civilization and town noisy, WI-FI, mobile service. Lunch and dinner. Accommodation in Yurt Inn. <i>Meals: breakfast, lunch, dinner</i>	B,L,D
4	Son-Kul Lake – Naryn Breakfast. Rest & enjoy nature. After lunch transfer to Naryn town (145 km, 3-4 hours). Naryn town is situated at the heart of Tien-Shan and on the banks of the Naryn river, one of the main tributaries of the Syr-Darya river that flows to Aral Sea. Arrival to Naryn town. Take bath in Russian sauna. Dinner and accommodation in Family run home stay to be learn local customs and lifestyle. <i>Meals: breakfast, lunch, dinner</i> .	B,L,D
5	Naryn – Eki-Naryn – Kyzyl Tuu (Issyk-Kul Lake) Breakfast. Transfer to Kyzyl-tuu village, southern side of Issyk-Kul Lake via Eki-Naryn (370 km, 6 hours). Excursion to Naryn State Natural Reserve where you can see Deers Farm that comes for the nutrition. On the way you will see the German Swastika planted with coniferous trees on the mountain slope. Visit Kyrgyz nomad family for lunch who keepers of the Yaks and Horses in Eki-Naryn and enjoy amazing scenery of the local nature. Arrival to Kyzyl-Tuu village, village of Yurt makers. Dinner and accommodation in Family run Home stay. <i>Meals: breakfast, lunch, dinner</i> .	B,L,D
6	Kyzyl-Suu – Karakol Breakfast. Transfer to Karakol (140 km, 3 hrs) along southern side of Issyk-Kul Lake. Visit Eagle hunter's house to learn about Eagle Hunting and training of the Eagles. See Kyrgyz national traditions "Kyz Kuumai", Kyz Uzatuu" (marriage ceremony). Afternoon excursion to Jety-Oguz Gorge, see seven red stone mountains and Broken Heart mountains. Walking to waterfall in the Kok-Jaiyk summer pasture which is surrounded by coniferous forests. Lunch in Yurt Inn. Dinner and accommodation in the Family Guest House. <i>Meals: breakfast, lunch, dinner</i> .	B,L,D
7	Altyn Arashan Breakfast. Excursion to Altyn-Arashan Gorge (Hot Springs) by Russian jeep UAZ, 4 WD (45 km, 2,5 hrs). On the way visit Issyk-Kul reserve in Ak-Suu Gorge. Lunch-box. See different size of hot springs in the Altyn-Arashan Gorge, walking through the fir-trees forest and enjoy magnificent view of local nature. Back to Karakol. Dinner in local restaurant. Accommodation in the Family Guest House. Meals: breakfast, lunch, dinner	B,L,D
8	Karakol – Cholpon Ata Resort (Issyk-Kul Lake) After breakfast excursion to Prejevalskiy Museum, Dungan mosque (built in 1910 years), Cathedral of the Holy Trinity (XVIIII cen.) in Karakol. Transfer to Cholpon-Ata Resort area (140 km, 5-6 hrs) along northern side of Issyk-Kul Lake.	B,L,D

	Drive by entering Semenovskay Gorge and exiting from Grigorivskay Gorge. Lunch in the café. After check-in rest on the beach side, relax and swim on the lake. Dinner in local restaurant. Accommodation in Resort. <i>Meals: Breakfast, lunch, dinner</i>	
9	<u>Cholpon Ata Resort – Bishkek</u> Breakfast. Rest. Afternoon drive to Bishkek. On the way visit Cultural Complex "Ruh Ordo" after name of Kyrgyz famous writer Chyngyz Aitmatov, Petroglyphs Museum on open air in Cholpon-Ata. Check-in. Dinner in local restaurant. Accommodation in Hotel 3*. <i>Meals: Breakfast, lunch, dinner</i>	B,L,D
10	Breakfast. Transfer to Bishkek (35 km, 30 min). Departure.	B

Package of 10 days / 9 nights	2	4	6	8	10	12	Single supplement
Kyrgyzstan package	\$1 151	\$908	\$785	\$770	\$670	\$635	\$150

Program price includes:

1. Transportation

- For the group up to 4 pax by Minivan Delica 4 WD from day 1 to day 10
- For the group up to 12 pax by Minibus, 18 seats from day 1 to day 10

2. Accommodation:

- Bishkek, Discovery Hotel 3* or equal level 2 nights, private bathroom
- Kochkor: Family run Home stay 1 night, shred bathroom.
- Son-Kul Lake, Yurt Inn, 1 night on sharing basis, full board.
- Naryn: Family run Home stay 1 night, Russian sauna.
- Kyzyl-Tuu: Family run Home stay 1 night, shared bathroom
- Karakol: Altamira Hotel 3* or equal level, private bathroom
- Cholpon-Ata Resort, Issyk-Kul lake: Simiram Resort or equal level on the beach side
- 3. English speaking guide from day 1 to day 10, including salary, meals and accommodation.
- 4. Meals as mentioned in the program
- 5. Excursion + entrance fees according to program
- 6. Folklore and manufacture of felt carpet in Kochkor
- 7. Art and Ethnography shows mentioned in the program
- 8. Bottled water during program 1,5 litre per person per day
- 9. Memorable souvenirs
- 10 All local taxes

Service does not include:

- 1. International air flight
- 2. Early check in Bishkek
- 3. Alcohol beverage in restaurants
- 4. Kyrgyz visa / visa support letter
- 5. Horseback riding in Son-Kul Lake 15 USD / per day/ horse

Notes:

1. In case of early check-in on day 1, extra night for the accommodation is charged

- 2. The offered itinerary can be done from June 10 till September 15
- 3. It is recommended to have warm clothes for mountainous area
- 4. Offered program can be changed or individualized according to the interests of the tourists