

Trekking to Mountain Lake “Kol-Tor”, 4 days



Itinerary: Bishkek – Shamshy - Gorge – Tuyuk Kol-Tor lake – Kegety Gorge - Bishkek

Duration: 4 days / 3 nights

Best season: late June – mid September

Description: An adventures trekking tour with tent camping trail through the hidden valley and open meadows in the foothills of Kyrgyz Range Mountains During this tour you will have possibility to ride a horse for few hours from Shamshy Gorge as an extra. For many years’ horses played a great role for nomads as a wing of nomads and shepherd’s people. You will meet local shepherds on the trail to see their local customs and traditions. Can enjoy unique, untouched nature, mountains, lake, Mountain Rivers, forests of fir-trees and etc.

Program:

Day:	Itinerary:	Lodging:
1	<u>Bishkek – Shamshy</u> Breakfast. Transfer to Smashy Gorge (120 km, 2 hrs). On the way excursion to Burana Tower (X-XI cen). Lunch in Yurt Inn. Afternoon walking in the fir-tree forest and enjoy nature. Dinner and accommodation in Yurt Inn.	Mountain Cottage
2	<u>Trekking</u> After breakfast start trekking towards Tuyik Kol-Tor mountain lake (2733 m) along Tuyuk river which forms Shamshy river. Trekking time: 5-6 hrs. Overnight stay in tent at the altitude of 2250 m.	Tent
3	<u>Trekking</u> Hiking up to the Kol-Tor mountain lake (2733 m). Enjoy magnificent mountain lake view and nature. Trekking time: 5 hrs. Overnight in tent.	Tent

4	<u>Trekking – Bishkek</u> Breakfast. Trekking to Kegety Gorge (1350 m) along the Kol-Tor river. Arrival to Kegety Mountain Guest House. Further drive to Bishkek, 100 km, 1,5 hrs	
----------	--	--

Rate pp / USD	1	2	3	4	6	8
Trekking tour 4 days / 3 nights	\$480	\$290	\$223	\$193	\$167	\$152

Program price includes:

1. Transportation:

- Bishkek – Shamshy Gorge
- Kegety Gorge – Bishkek

2. Accommodation:

- - Shamshy Gorge: Yurt Inn on sharing basis or Mountain Cottage
- - Tents on double sharing basis during trek
- 3. 1 Horse for luggage and food (3 days, including return way)
- 4. Horsemen (3 days, including return way)
- 6. English speaking trekking guide from day 1 to day 4 including salary, meals and accommodation
- 7. Full board during trek from lunch on day 1 to lunch on day 4.
- 8. Kitchen and dining utensils
- 9. All local taxes and entrance fees

Extra:

1. Accommodation in Bishkek: 15 USD / night on BB in Family Home House
2. Carry mats, sleeping bag
3. 3 hours horse riding in Shamshy Gorge – 10 USD per horse
4. Alcohol beverage during tour

Notes:

1. The offered program can be conducted from early June till early September
2. Cook is provided for group more than 4 persons. For the smaller group up to 3 persons are provided / prepared by horseman and guide
3. Meals in mountainous region are included because there is not any option to go out for meals
4. Weather in the mountain even in August is quite cold at night and it is highly recommended to have warm clothes and raincoat.
5. Hotel 3*, 4*, 5* can be provided by special rates by request.