



Life Rank

Workbook



This Workbook can help you organize your thoughts as you prepare to meet with your Scout Leader. You still must satisfy your Scout Leader that you can demonstrate each skill and have learned the information. You should use the work space provided for each requirement to keep track of which requirements have been completed, and to make notes for discussing the item with your leader, not for providing full and complete answers.

If a requirement says that you must take an action using words such as "discuss", "show", "tell", "explain", "demonstrate", "identify", etc, that is what you must do.

Scout Leaders may not require the use of this or any similar workbooks.

No one may add or subtract from the official requirements found in Scouts BSA Requirements (Pub. 33216).

The requirements were last revised in 2022 • This workbook was updated in April 2022.

Scout's Name: _____ Unit: _____

Unit:

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Comments or suggestions for changes to the **requirements** for the **rank** should be sent to: Advancement.Team@Scouting.Org

1. Be active in your troop for at least six months as a Star Scout.

Date of Star Scout Board of Review: _____

2. As a Star Scout, demonstrate Scout spirit by living the Scout Oath and Scout Law.

Tell how you have done your duty to God and how you have lived the Scout Oath and Scout Law in your everyday life.

3. Earn five more merit badges (so that you have 11 in all), including any number more from the list for Eagle so that you have a total of seven from the required list of Eagle in that total number of 11 merit badges. You may choose any of the merit badges on the required list for Eagle to fulfill this requirement. See Eagle rank requirement 3 for this list.

Name of Merit Badge

Date Earned

(Eagle required)

(Eagle required)

(Eagle required)

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4. While a Star Scout, participate in six hours of service through one or more service projects approved by your Scoutmaster. At least three hours of this service must be conservation-related.

Date	Start Time	End Time	Duration	Project	Conservation
					<input type="checkbox"/>
					<input type="checkbox"/>
					<input type="checkbox"/>
					<input type="checkbox"/>
					<input type="checkbox"/>
					<input type="checkbox"/>

5. While a Star Scout, serve actively in your troop for six months in one or more of the following troop positions of responsibility (or carry out a Scoutmaster-approved leadership project to help the troop).
- **Scout troop.** Patrol leader, assistant senior patrol leader, senior patrol leader, troop guide, Order of the Arrow troop representative, den chief, scribe, librarian, historian, quartermaster, bugler, junior assistant Scoutmaster, chaplain aide, instructor, webmaster, or outdoor ethics guide.⁹
 - **Venturing crew.** President, vice president, secretary, treasurer, den chief, historian, guide, quartermaster, chaplain aide, or outdoor ethics guide.
 - **Sea Scout ship.** Boatswain, boatswain's mate, purser, yeoman, storekeeper, crew leader, media specialist, specialist, den chief, or chaplain aide.
 - **Lone Scout.** Leadership responsibility in your school, religious organization, club, or elsewhere in your community.

Position	From	To	Duration

6. While a Star Scout, use the Teaching EDGE method to teach another Scout (preferably younger than you) the skills from ONE of the following choices, so that the Scout is prepared to pass those requirements to their Scoutmaster's satisfaction.
- a. Tenderfoot 4a and 4b (first aid)
 - b. Second Class 2b, 2c, and 2d (cooking/tools)
 - c. Second Class 3a and 3d (navigation)
 - d. First Class 3a, 3b, 3c, and 3d (tools)
 - e. First Class 4a and 4b (navigation)
 - f. Second Class 6a and 6b (first aid)
 - g. First Class 7a and 7b (first aid)
 - h. Three requirements from one of the required Eagle merit badges, as approved by your Scoutmaster

7. While a Star Scout, participate in a Scoutmaster conference.

Date of Scoutmaster Conference: _____

8. Successfully complete your board of review for the Life rank.¹⁰

NOTES:

For Venturers working on Scout BSA requirements, replace "troop" with "crew" and "Scoutmaster" with "Crew Advisor."

For Sea Scouts working on Scouts BSA requirements, replace "troop" with "ship" and "Scoutmaster" with "Skipper."

⁹ Assistant patrol leader is not an approved position of responsibility for the Star, Life, or Eagle rank.

¹⁰ If the board of review does not approve the Scout's advancement, the decision may be appealed in accordance with *Guide to Advancement* topic 8.0.4.0

The "6 Month" periods mentioned in requirements 1 and 5 should be counted from the date of the Star Board of Review, to the same date in the sixth month following, regardless of the number of days in each of those months. A 6 month period can thus range from 181 to 184 days.

When working on the Star and Life ranks,

Scouts and Scouters should be aware of some vital information
in the current edition of the *Guide to Advancement* (BSA publication 33088).

Important excerpts from that publication can be downloaded from

<http://usscouts.org/advance/docs/GTA-Excerpts-Star-Life.pdf>.

You can download a complete copy of the *Guide to Advancement* .from <http://www.scouting.org/filestore/pdf/33088.pdf>.