

Meal Planner Website Documentation

Welcome to our Meal Planner website! Our goal is to help you effortlessly plan meals that align with your preferences. This guide will walk you through how to use the website and make the most out of its features.

Core Functionality

Our meal planner can **automatically generate meal plans** tailored to your needs. Whether you want to eat healthier, save time, or follow a specific diet, our tool makes it easy for you!

Key Features

1. Meal Plan Generation

- The website creates personalized meal plans based on your **stored preferences**.
- You can generate meals using your own recipes or recipes from our **Edamam** database.
- You have full control over your meal plans, with options to **edit, delete, and add** new ones.
- You can **print** your meal plan using your browser's print function or a dedicated **Print Meal Plan** button.

2. Managing Your Meal Plans

- A meal plan consists of **multiple recipes**.
- A recipe consists of **multiple meals**.
- Both meals and recipes contain **ingredients**.
- You can **create, update, and delete** meal plans, recipes, meals, and ingredients.

3. Setting Meal Preferences

- To get the best meal plan, you need to **store your meal preferences** in the Preferences section.

- You can specify preferences for **all meals** or customize them for **each individual meal**.
- You can also **set the number of meals** you want per day.
- The generator will then create a meal plan that matches your choices.

4. Subscription & User Registration

- Our **meal plan generator is only available to subscribed users**.
- Subscription starts at **\$5 per week**.
- Users must **register** an account to use the service.
- You can update your **profile information** anytime in the **Settings** section.

How to Get Started

1. **Sign up** for an account.
2. **Subscribe** to unlock meal planning features.
3. **Set your meal preferences** in the Preferences section.
4. Click **Generate Meal Plan** to get your personalized plan.
5. **Edit or print** your plan as needed.

That's it! You're all set to enjoy customized, easy meal planning with our website. Happy meal planning!