

G present simple and continuous, action and non-action verbs

V food and cooking

P short and long vowel sounds

1 VOCABULARY food and cooking

a Circle the word that is different.
Explain why.1 peach chicken raspberries pearThe others are all fruit.2 pork lamb squid beefThe others are all meat.3 melon cherries peach cucumberThe others are all fruit.4 green beans beetroot cabbage duckThe others are all vegetables.5 lemon salmon grapes cherriesThe others are all fruit.6 courgette crab mussels prawnsThe others are all seafood.

b Match the words from the list to definitions 1–8.

aubergine avocado lobster mango
melon red pepper squid tuna

1 a large sea fish that we eat

tuna

2 a vegetable with dark purple skin

aubergine

3 a tropical fruit with hard, dark green skin, soft, light green flesh, and a large seed inside

avocado

4 a sea animal with a soft body, eight arms, and two tentacles

lobster

5 a red vegetable that is empty inside

red pepper

6 a tropical fruit, which has a yellow and red skin and is yellow inside

mango

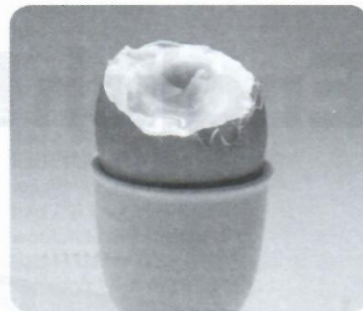
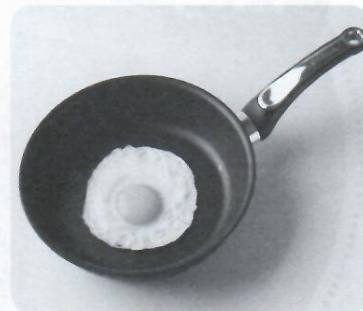
7 a sea creature with a hard shell and eight legs

squid

8 a large round fruit with a thick yellow or green skin and a lot of seeds

melon

c Label the pictures.

1 grilled salmon2 boiled egg3 baked potato4 fried egg5 roast chicken6 steamed peas

d Complete the sentences with a word from the list.

fresh frozen low-fat raw spicy tinned

1 We don't need tinned tomatoes, we need fresh ones.2 Are there any frozen peas in the freezer?3 I don't like raw fish, so I never eat sushi.4 Hannah's on a diet, so she's bought some low-fat yoghurt to have for dessert.5 We buy fresh bread from the baker's every morning.6 Mexican food can be very spicy.

e Match the phrasal verbs in **bold** in questions 1–3 to definitions a–c.

- 1 Are there any food or drinks you'd like to **cut down on**? Which one(s)? c
- 2 Have you ever tried to **cut out** any food or drinks completely? Which one(s)? a
- 3 Where do you usually go when you want to **eat out**? What do you usually have? b

- a to stop eating something completely
b to have lunch or dinner in a restaurant
c to eat less of something

f Answer the questions in e.

- 1 Yes, I would like to cut down on fatty food
- 2 No, I don't cut out any food
- 3 When I want to eat out, I go to Vertinsky

VOCABULARY FROM LISTENING

g Complete the sentences.











- 1 I miss drinking English tea when I go abroad.
- 2 My favourite pizza topping is ham and mushroom.
- 3 I eat chocolate when I'm unhappy to cherish myself up.
- 4 We sometimes eat ready-made food for dinner when we get home from work late.
- 5 I'm allergic to peaches, so I never eat them.
- 6 Do you ever get takeaway food from the Chinese restaurant on the corner?
- 7 I don't like tuna as a sandwich filling.

2 PRONUNCIATION short and long vowel sounds

a Write the words in the chart.

beef carton chicken chocolate cookie
crab cucumber jar mango peach pork
prawns sausage squid sugar tuna

			
1 fish	2 tree	3 cat	4 car
	beef		

			
5 clock	6 horse	7 bull	8 boot

b 1.1 Listen and check. Then listen again and repeat the words.

c Write the words.

- 1 /bɔɪld/ boiled
- 2 /'kæbɪdʒ/
- 3 /'spɑːsi/
- 4 /rəʊst/
- 5 /greɪps/
- 6 /fru:t/
- 7 /beɪkt/
- 8 /'melən/
- 9 /'æʊbəʒi:n/

d 1.2 Listen and check. Then listen again and repeat the words.

3 GRAMMAR present simple and continuous, action and non-action verbs

a Complete the sentences with the present simple or continuous form of the verbs in brackets.

- 1 I sometimes feel tired after lunch. (feel)
- 2 We don't usually get up late at the weekend. (not get up)
- 3 Are you watching the TV or can I turn it off? (watch)
- 4 My boss cycles to work every morning. (cycle)
- 5 Can you call back later – I can't hear you. We are having a party, and the music is very loud. (have)
- 6 There's a man in our neighbours' garden. What is he doing? (do)
- 7 How often does your teacher give you homework? (give)
- 8 I'm not eating chocolate this month. I need to cut down on sweet things. (not eat)
- 9 My mother doesn't often do exercise. (not do)
- 10 My girlfriend has stopped eating snacks. She is trying to be healthier. (try)

b Correct any mistakes in the highlighted phrases. Tick (✓) the correct sentences.

- 1 I like your jacket. Is it new? ☒
- 2 Something is smelling good. What are you making? ☒
Something smells good.
- 3 That cake is looking delicious. Did you make it? ☐
That cake looks
- 4 I don't know what to cook for dinner. ☐
- 5 Are you thinking the fish is cooked now? ☐
Do you think
- 6 Can I call you back? I'm having lunch right now. ☐
- 7 This soup tastes quite spicy. What's in it? ☐
- 8 I'm loving all kinds of vegetables. There aren't any I don't eat. ☐
I love

c Complete the sentences using the correct form of a verb from the list.

believe not belong drive play not recognize
not sleep sound not use

- 1 I can't talk now, I'm driving. I'll call you when I get to the office.
- 2 I think your boyfriend is telling the truth – I believe him.
- 3 Can you turn off your computer if you aren't using it?
- 4 This bag doesn't belong to me. Is it yours?
- 5 Sarah isn't at home. She is playing tennis.
- 6 I'm tired because I don't sleep well at the moment.
- 7 I'm not recognizing that woman. Do you know who she is?
- 8 That music sounds awful. Would you mind turning it down?

d Write questions.

- 1 what / you / do right now
What are you doing right now?
- 2 where / you / usually do your homework
Where do you usually do your homework?
- 3 why / you / study English
Why do you study English?
- 4 you / think English is easy
Do you think English is easy?
- 5 you / enjoy the classes at the moment
Are you enjoying the classes at the moment?
- 6 what / you / usually do after the class
What do you usually do after the class?

e Write an email to your teacher. Use the questions in d to help you.

✉

Hi _____,

Right now, I'm doing my English homework.

I usually do my homework at my desk in my room. I study English because I want to improve my communication skills. I think English is not too hard, but it can be challenging sometimes.

At the moment, I'm really enjoying the classes. After class, I usually relax for a bit and then review the lessons.

Hope you're well.

Best wishes

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