

MEDICAL PRESCRIPTION

PATIENT INFORMATION		DOCTOR INFORMATION	
Patient Name:	Tejas redkar 3	Doctor Name:	Sasmita Pradhan
Patient ID:	PATPAT001	Doctor ID:	DOCADM003
Age/Gender:	30 years / Male	Specialization:	General Medicine
Phone:	+919000000004	Registration No:	N/A
Email:	contact@diracai.com	Phone:	+919000000101

VITAL SIGNS

Pulse Rate:	80 bpm
Blood Pressure:	140/90 mmHg
Temperature:	36.8°C
Weight:	75.5 kg
Height:	170.0 cm

DIAGNOSIS

Primary: Hypertension and Diabetes Type 2
Secondary: Mild obesity

PRESCRIBED MEDICATIONS

S.No.	Medicine Name	Dosage (M-A-N)	Frequency	Duration	Instructions
1	Amlodipine	1-0-0	Once Daily	30 days	Take after breakfast
2	Metformin	1-0-1	Twice Daily	30 days	Take with food to avoid stomach upsets

PATIENT INSTRUCTIONS

General Instructions: Take medications regularly. Monitor blood pressure daily. Follow diabetic diet.

Diet Instructions: Low salt diet. Diabetic diet with controlled carbohydrates.

Lifestyle Advice: Regular exercise 30 minutes daily. Quit smoking. Reduce stress.

FOLLOW-UP PLAN

Next Visit: After 2 weeks

Follow-up Notes: Monitor blood pressure and blood sugar levels. Report any side effects.

PRESCRIPTION STATUS: FINALIZED