## **Algorithm 1** Action-Free Guide

```
Input: states s, returns-to-go \hat{R}, time steps t
# get positional embedding for each time step
f_t = \operatorname{Embed}_t(t)
# compute the state and return-to-go embeddings
f_s, f_{\hat{R}} = \operatorname{Embed}_s(s) + f_t, \operatorname{Embed}_R(\hat{R}) + f_t
# send to transformer in the order (s_0, \hat{R}_0, s_1, \hat{R}_1, ...)
f_{output} = \operatorname{Transformer}(\operatorname{stack}(f_s, f_{\hat{R}}))
# predict the state change
\Delta s = \operatorname{Pred}_s(\operatorname{unstack}(f_{output}.\operatorname{states}))
Output: \Delta s + s
```

Embed<sub>t</sub>: a single-layer temporal encoder  $\operatorname{Embed}_{\mathbf{t}}$ : a single-layer state encoder  $\operatorname{Embed}_{\mathbf{R}}$ : a single-layer return-to-go encoder stack: operation to stack state features  $f_{\mathcal{S}}$  and return-to-go features  $f_{\hat{\mathcal{R}}}$   $\operatorname{Pred}_{\mathbf{S}}$ : state decoder converting output state features to the state change  $\Delta s$ 

## Algorithm 2 Compute Guiding Reward

```
Input: states s_{1:t}, return-to-go \hat{R}_{1:t}, policy \pi, state stan-
dard deviation \sigma_s, environment env, AFDT with context
length K
repeat
   # get AFDT's prediction of the next state
  \tilde{s}_{t+1} = AFDT(s_{t-K+1:t}, \hat{R}_{t-K+1:t})
   # apply the policy in the environment for one step
  a_t = \pi(s_t)
   s_{t+1}, r_e = env.step(a_t)
   # compute current guiding reward using Eq.4
  r_g = -\|\frac{1}{\sigma_s}\odot(\widetilde{s}_{t+1}-s_{t+1})\|_2
   # update return-to-go (same as DT) and time step
   \hat{R}_{t+1} = \hat{R}_t - r_e
   t = t + 1
until Episode is finished
```

 $ilde{s}_{t+1}$ : planned next state from AFDT  $r_e$ : environment reward  $r_g$ : intrinsic guiding reward