# Tucker Pikula

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#### **EXPERIENCE**

## Mater Dei Volleyball, Santa Ana — Assistant Coach

February 2019 - Present

- Developed personal relationships with each student-athlete and parents leading to effective communication
- Responsible for team-building and bridging coaches and players
- Assist and uphold the beliefs and standards the head coach has set in place
- Analyze film at a very high level and strategically pinpoint teams strengths and weaknesses
- Uphold and maintain morale during matches and statistically track opponents

## **Balboa Bay Volleyball Club**, Newport Beach — Assistant Coach

2013 - 2014

- Evaluated athlete's skills, review performance, and deliver feedback
- Instructed youth athletes in individual and/or group sessions in sport rules, game strategies, and principles that led to improvements in skill and knowledge of the game
- Adjusted coaching techniques, based on the strengths and weaknesses of athletes
- Developed relationships with all athletes and created high level of mutual trust and respect

## Private Strength and Volleyball Trainer

2013 - Present

- Help identify client's physical and mental toughness goals
- Wrote a strategic plan to track incremental weight increases and nutritional intake
- Provide support through technique and determination

### **EDUCATION**

## **University of California, Irvine**— B.A. – Anthropology & Psychology

September 2013 - April 2018

 Learned the values of teamwork, work ethic, performance under pressure, adversity, reliability, and accountability

#### **SKILLS**

- Cultivating Teamwork
- Professionalism, competitiveness, and work ethic.
- -Accustomed to timeliness and willing to work extra hours
- Learning new software; tech savvy
- Amateur Photography

### **AWARDS**

- 2015 MPSF Champion
- 2015 Final Four NCAA Tournament
- 2019 Final Six NCAA Tournament