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On October 26th class, I felt a mix of curiosity and enjoyment as we worked on designing our flower clay pots. It was calming to focus on crafting something with my own hands and to see everyone else engaged in the creative process as well. I was really invested in making my pot unique, adding little details that made it feel personal. It was a peaceful activity, and I felt a sense of pride looking at the final result.

After we finished, our instructor asked us to place our clay pots in bags and drop them on the floor. I felt a pang of sadness and regret as I watched the pot, I had just spent time making fall apart into pieces. Our instructor explained that the pot symbolized Earth, fragile and at risk of breaking if we don't care for it. We were then given time to rebuild our pots from the broken pieces, piecing them together as best as we could. This process made me reflect on the importance of protecting something precious, even when it's difficult to put it back together after it's been broken.

Through this exercise, I realized that rebuilding Earth is much like rebuilding our clay pots. We need patience, care, and a sense of responsibility for the damage that has been done. Just as I carefully tried to mend the pot, we need to make conscious efforts to repair the planet be it through reducing waste, protecting wildlife, or being mindful of our actions. This class reminded me that even small actions can make a difference in rebuilding what has been broken, piece by piece.