10 Items Every Restaurant Loses Money On

Identify potential profit drains on your menu

• Egg Dishes

Omelets and other egg dishes have low ingredient costs but can be labor intensive; poor portion control erodes profits.

Guacamole

Avocado prices fluctuate dramatically, and restaurant guacamole can cost 6-8 servings around $50 \square 179994080388295 + L181 - L190 \square$.

Shellfish Appetizers

Shrimp cocktails and other shellfish starters are often priced high but have high food costs ☐ 179994080388295†L236-L247 ☐.

Daily Specials

Specials using specialty ingredients can have high costs; ensure your pricing accounts for higher $CoGS \square 179994080388295 \uparrow L140-L144 \square$.

Desserts

Desserts require pastry labor; markups range 200–300 % [179994080388295†L158-L160], but over-complicated recipes hurt margins.

Custom Salads

Build-your-own salads may require stocking many perishable items, increasing waste if not managed.

Complex Appetizers

Multi-component appetizers can drive labor costs; streamline recipes to improve margins.

Imported Beverages

Imported beers and wines can have high wholesale costs; markup expectations may not cover $costs | 179994080388295 \dagger L65-L77 |$.

Large Format Meat

Steaks and prime cuts have high cost and volatile pricing; monitor market rates regularly.

Free Bread & Chips

Complimentary items like bread baskets and chips cost more than you think; consider charging or limiting portions.