insert into semester3 (day) value ("monday");

insert into semester3 (day) value ("tuesday");

insert into semester3 (day) value ("wednesday");

insert into semester3 (day) value ("thursday");

insert into semester3 (day) value ("friday");

insert into semester5 (day) value ("monday");

insert into semester5 (day) value ("tuesday");

insert into semester5 (day) value ("wednesday");

insert into semester5 (day) value ("thursday");

insert into semester5 (day) value ("friday");

insert into semester7 (day) value ("monday");

insert into semester7 (day) value ("tuesday");

insert into semester7 (day) value ("wednesday");

insert into semester7 (day) value ("thursday");

insert into semester7 (day) value ("friday");