

TYLER GOSLEY

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SUMMARY

As a detail-oriented and highly motivated fitness professional, I've developed exceptional communication, interpersonal, and creative thinking skills that I'm eager to apply to a new challenge in the tech industry. With experience in data analytics and wearable technology, I'm excited to leverage my transferable skills to contribute to a tech company's success. I'm passionate about exploring new technologies and am confident that my work ethic and enthusiasm for the industry would make me a valuable addition to any tech team.

TECHNICAL SKILLS

HTML5, CSS3, JavaScript ES6+, APIs, Node.js, Express.js, MySQL, Sequelize, Test-Driven Development(TDD), Object-Relational Mapping(ORM), Model-Controller-View(MVC), React, MERN, NoSQL, Progressive Web Applications(PWA), MongoDB, Mongoose, GraphQL, GitHub, VSCode

PROJECTS

Upliftify AI | github.com/TyGosley/upliftify-ai | young-fjord-87533.herokuapp.com/

- Summary: MERN stack application gives users recommendations to change or enhance their feelings. Future developments underway to utilize Artificial Intelligence to give the user a unique experience
- Role: Front-End designer, Back-End Development
- Tools: React, JavaScript, React-Bootstrap, MongoDB, GraphQL, Node.js, Express.js

Text Tron | github.com/TyGosley/text-tron | peaceful-citadel-63619.herokuapp.com/

- Summary: The Text Tron text editor is a simple text editor application that can function both online and offline.
- Role: Front-End designer, Back-End Development
- Tools: JavaScript, HTML, CSS, Node.js, Express.js, Webpack, Workbox

Weather App | github.com/TyGosley/city-weather-monitor | tygosley.github.io/city-weather-monitor/

- Summary: The City Weather Monitor will help users find a major city's current weather as well as a 5-day forecast. The weather will display the date, temperature, wind, and humidity. Each search creates a history button that can be clicked to see your previously searched city's weather.
- Role: Front-End designer, Back-End Development
- Tools: JavaScript, HTML, CSS, Bootstrap, JQuery

EXPERIENCE

Online Health & Wellness Coach

2012 – Present

- Designed custom fitness programs tailored to individual clients' goals and needs using, data analytics to track progress.
- Conducted virtual fitness sessions, utilizing video conferencing, fitness tracking apps, and wearable technology to enhance the coaching experience

Flexologist Stretch Lab

**2021 – Present
Camarillo, CA**

- Deliver one-on-one assisted stretch sessions, encouraging and motivating clients throughout stretch sessions
- Assess clients' movement patterns using unique software and body mapping technologies.

- Using technology and databases, create and store all essential client information to provide them with the best possible experience while meeting their individual needs

Personal, Semi-Private & Group Trainer
Prevail Conditioning Performance Center

2022
Santa Barbara, CA

- Designed and administered various fitness programs and regimes using the latest fitness technology tools to optimize results.
- Utilized wearable technology and data analytics to track progress and customize fitness programs for individual clients.
- Employed video conferencing and fitness tracking apps to deliver virtual coaching sessions and enhance the coaching experience.
- Utilized unique software and body mapping technologies to assess clients' movement patterns and apply the best program for individuals.

Healthy Living & Sports Director
Yarrow Family YMCA

2018-2020
Westlake, CA

- Created and implemented a budget for the department, utilizing financial analytics tools to forecast and track expenses.
- Managed and facilitated the sports programs, utilizing scheduling and communication software tools to optimize the league experience for parents, staff, and vendors.
- Coordinated with the Technology Team to develop the online app process, including the implementation of a virtual coaching platform.
- Developed and led Y-Fit Programs, utilizing wearable technology and data analytics to track and monitor client progress.
- Developed side projects to improve facility layout, including utilizing 3D software modeling and wireframes.

Personal, Semi-Private & Group Trainer
Stevenson Fitness

2014-2018
Oak Park, CA

- Designed and administered various fitness programs and regimes using the latest fitness technology tools to optimize results.
- Utilized wearable technology and data analytics to track progress and customize fitness programs for individual clients.
- Utilized unique software and body mapping technologies to assess clients' movement patterns and apply the best program for individuals.

EDUCATION

Certificate: Full Stack Web Development: University of California, Los Angeles

Los Angeles, CA

A 24-week intensive program focused on gaining technical programming skills in HTML5, CSS3, Javascript, JQuery, Bootstrap, Firebase, Node.js, MySQL, MongoDB, Express, Handelbars.js, and ReactJS.

Continuing Education (General): Moorpark Community College

Moorpark, CA

Master of Arts, Educational Leadership: Plymouth State University

Plymouth, NH

Bachelor of Arts, Childhood Studies/Education: Plymouth State University

Plymouth, NH