Outer loop:
The outer loop will take 1 step to $i \leftarrow n$
It will take 2 steps for $i \leftarrow i+1$ for the evaluation and assignment
It will also take 1 step for initializing i
The rest of the steps will be from the inner loop, such that:
The outer loop will run n times due to it being from $1 \rightarrow n$ and incrementing by 1 each time.

$$1 + \sum_{i=1}^{n} 1 + 2 + \left(1 + 4\left(\frac{n-1}{i} + 1\right)\right)$$

$$1 + \sum_{i=1}^{n} 3 + \left(1 + \frac{4n-4}{i} + 4\right)$$

$$1 + \sum_{i=1}^{n} 8 + \frac{4n-4}{i}$$

$$1 + \left(\sum_{i=1}^{n} 8 + \sum_{i=1}^{n} \frac{4n-4}{i}\right)$$

$$1 + \left(\sum_{i=1}^{n} 8 + \sum_{i=1}^{n} \frac{4n}{i} - \sum_{i=1}^{n} \frac{4}{i}\right)$$

let $\Theta(\log n) = c \log n$

$$1 + \left(8n + 4n \sum_{i=1}^{n} \frac{1}{i} - 4 \sum_{i=1}^{n} \frac{1}{i}\right)$$

$$1 + \left(8n + 4n(\Theta(\log n)) - 4(\Theta(\log n))\right)$$

$$1 + (8n + 4n(c \log n) - 4(c \log n))$$

$$1 + (8n + 4nc \log n - 4c \log n)$$

$$1 + (8n + 4n\,\Theta(\log n) - 4\,\Theta(\log n)) \rightarrow 1 + (8n + 4\,\Theta(n \log n) - 4\,\Theta(\log n))$$