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Agile Development is more than frameworks such as Scrum, Extreme Programming or Feature-Driven Development (FDD), it's also more than practices such as pair programming, test-driven development, stand-ups, planning sessions and sprints. Agile software development is an umbrella term for a set of frameworks and practices based on values and principles expressed in the Manifesto for Agile Software Development. One thing that separates Agile from other approaches to software development is the focus on the people doing the work and how they work together. Solutions evolve through collaboration between self-organizing cross-functional teams utilizing the appropriate practices for their context. In comparison to the waterfall model which is linear sequential flow Agile development which is not. The waterfall model is also broken up into phases while agile development is based on the community collaboration and the self-organizing team.