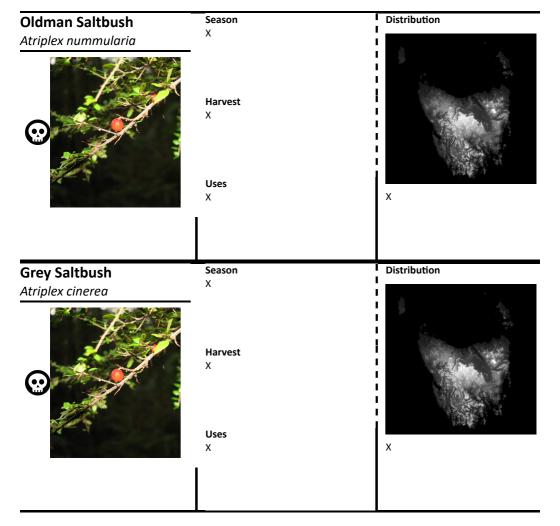
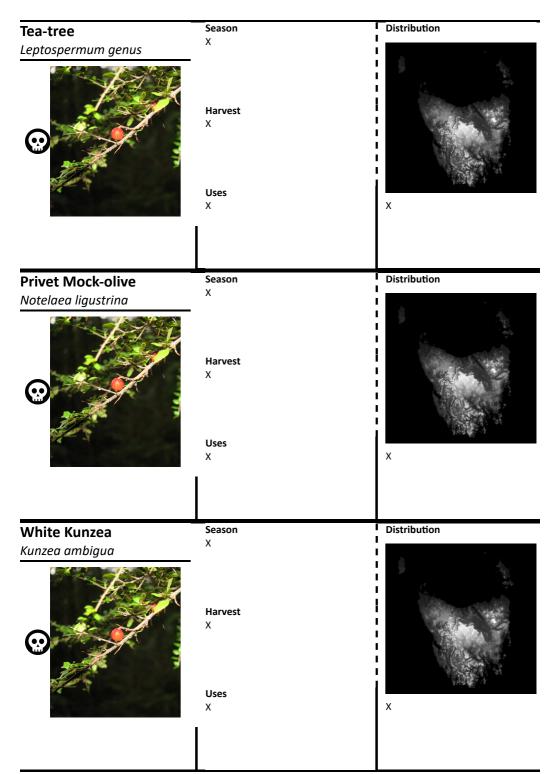
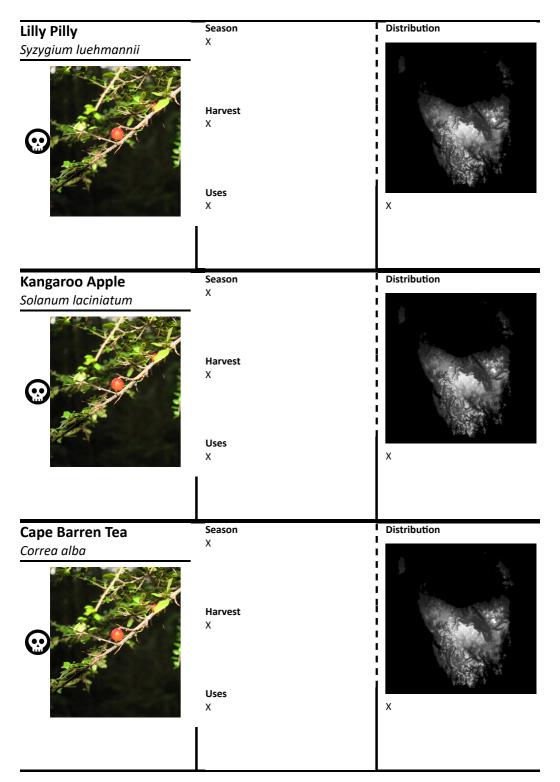
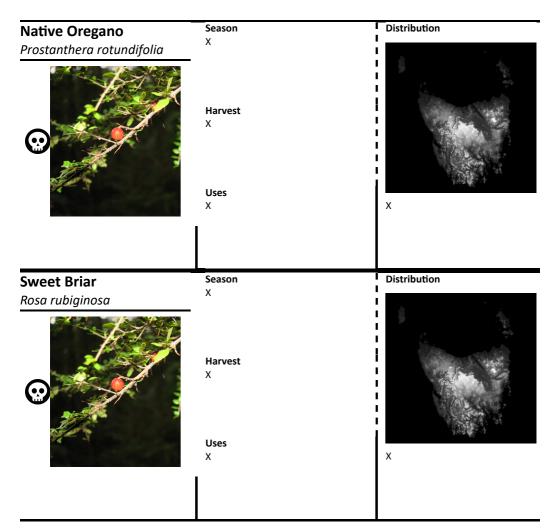


BUSHES

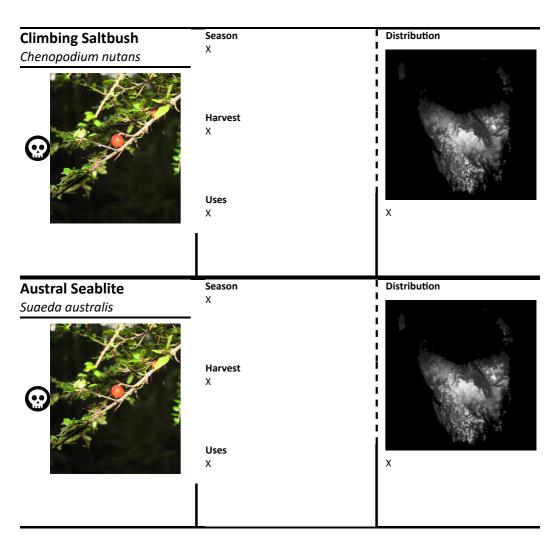


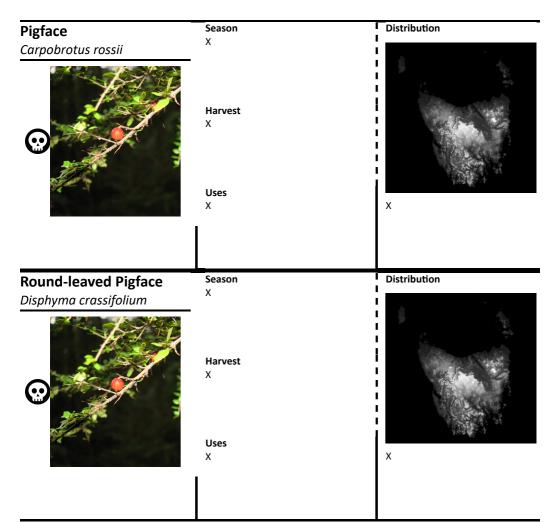






SUCCULENTS





GRASSES & GROUNDCOVERS

Sea Celery Apium prostratum



Season

Year-round.

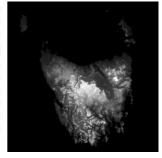
Harvest

Leaves and stem are picked and optionally dried.

Uses

Can be eaten raw, cooked, or dried, as a spice. Tastes much the same as celery.

Distribution



Coastal dunes.

Bower Spinach

Tetragonia implexicoma



Season

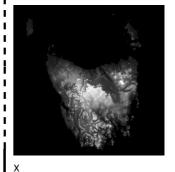
Χ

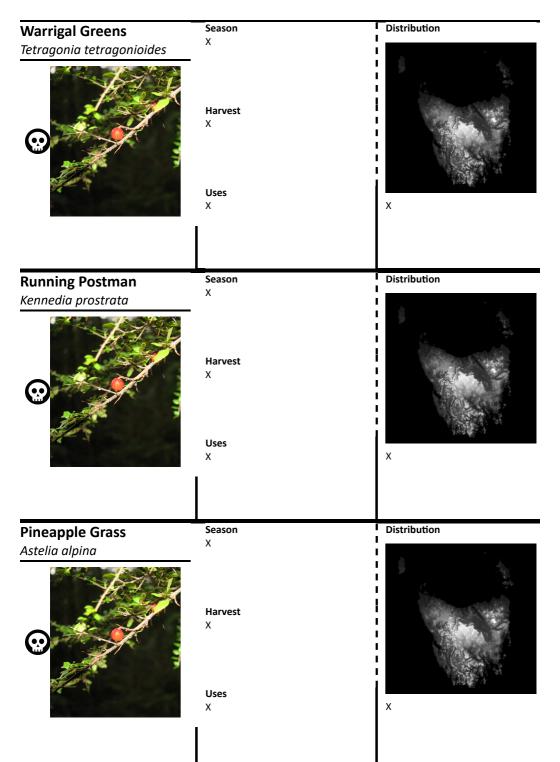
Harvest

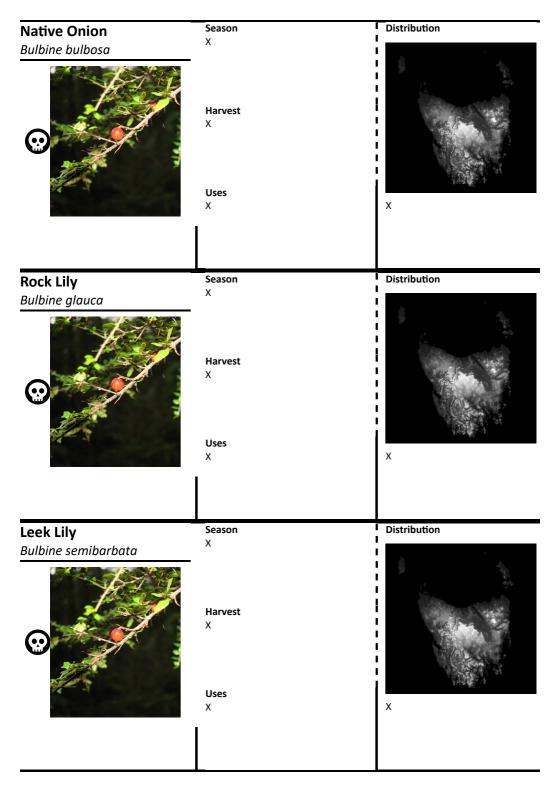
.

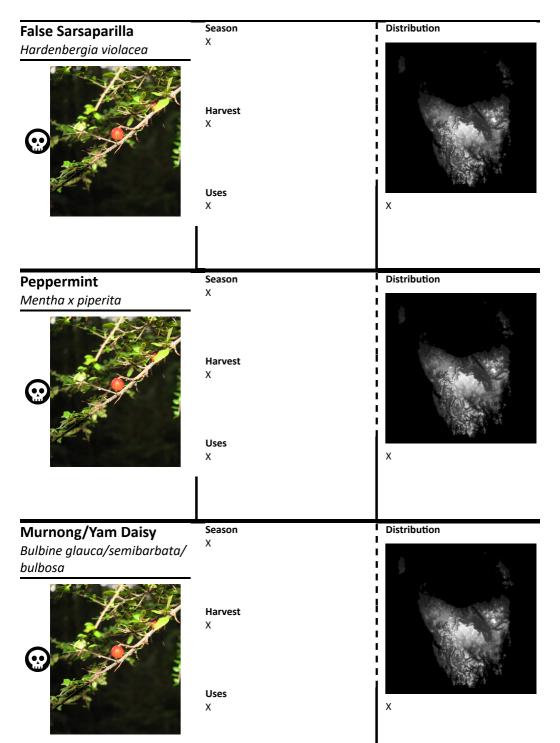
Uses

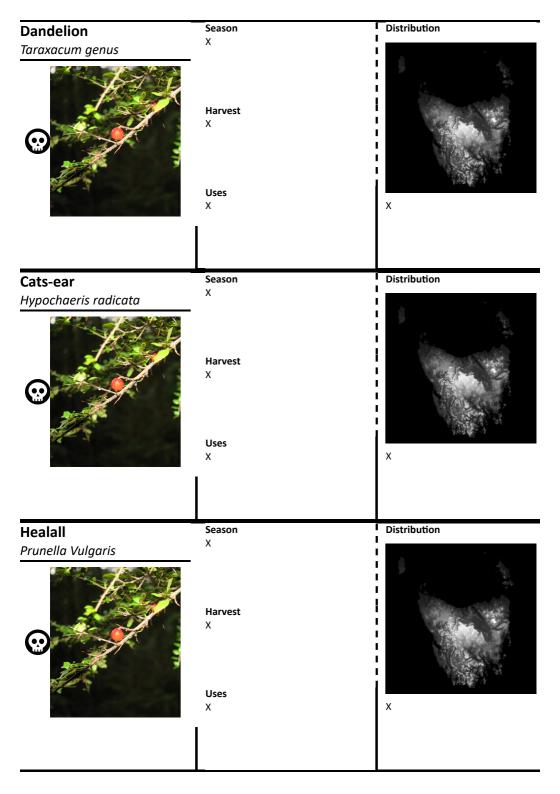
Distribution

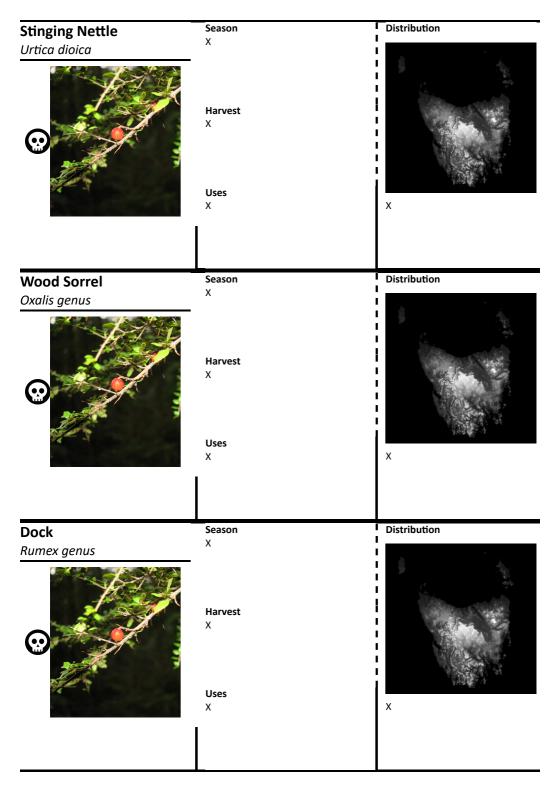


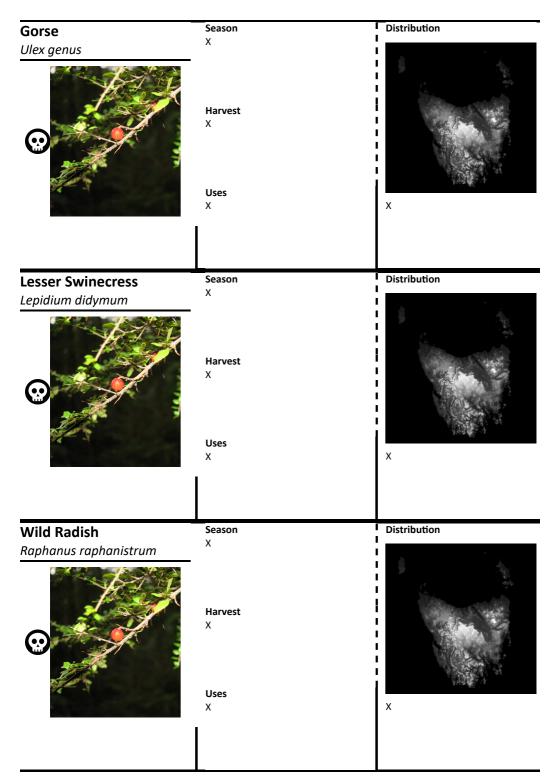


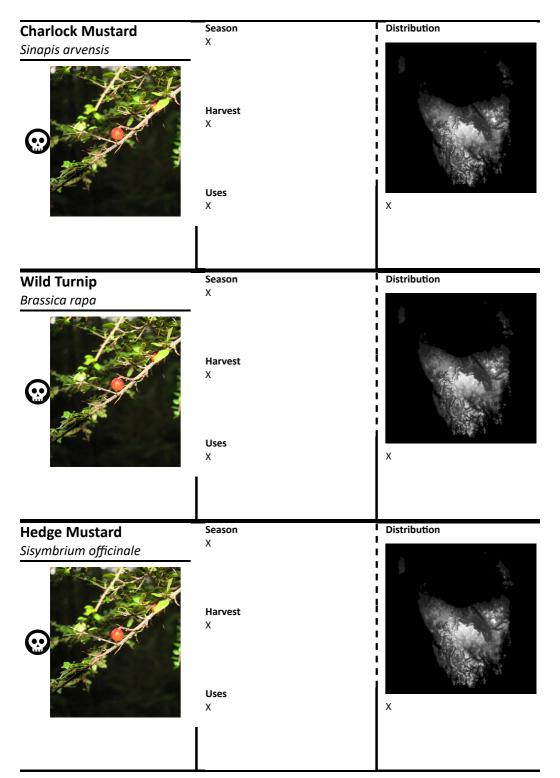


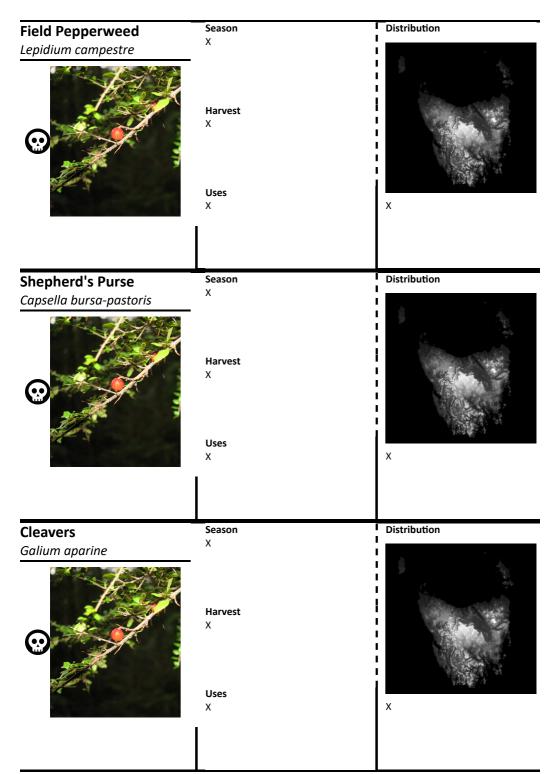


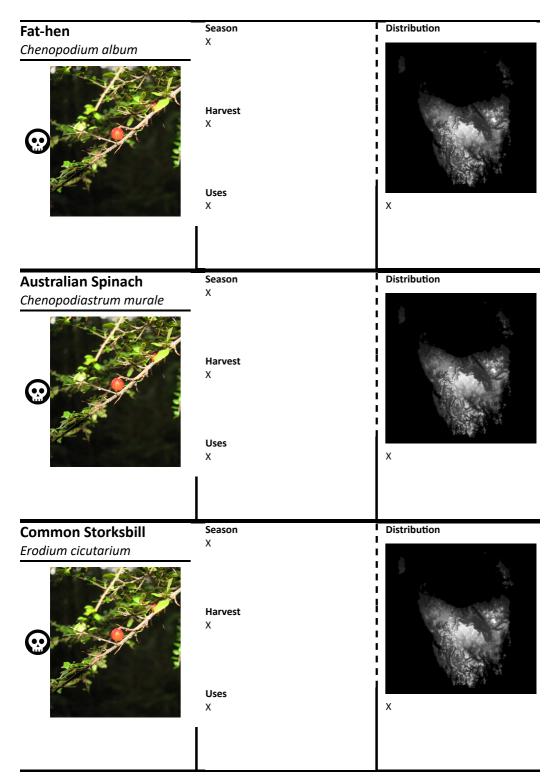


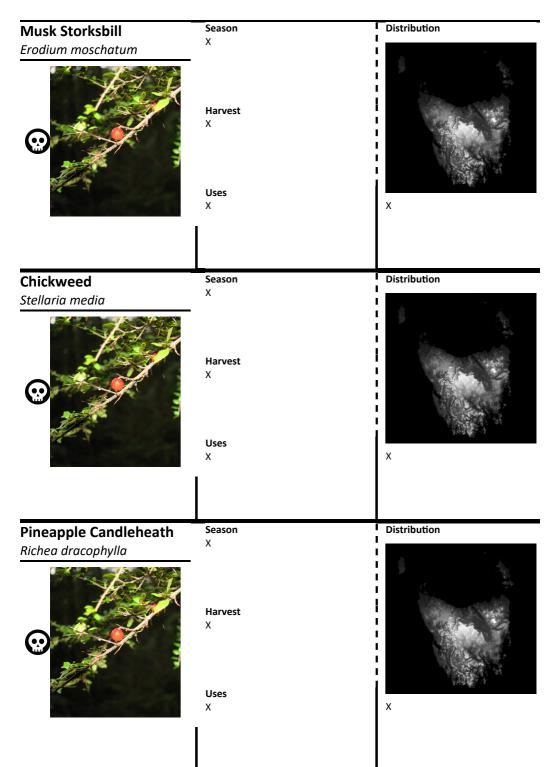




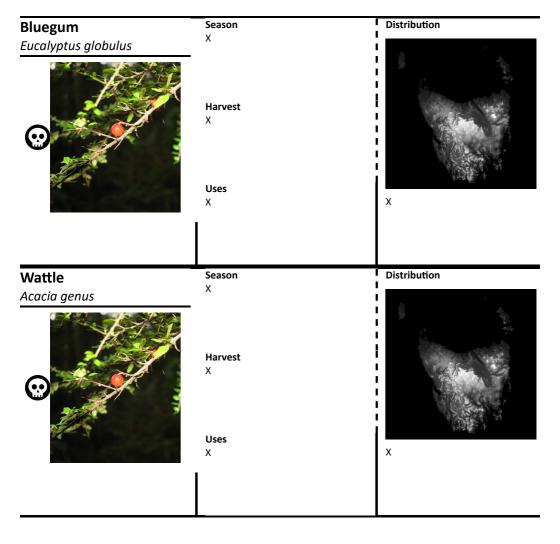


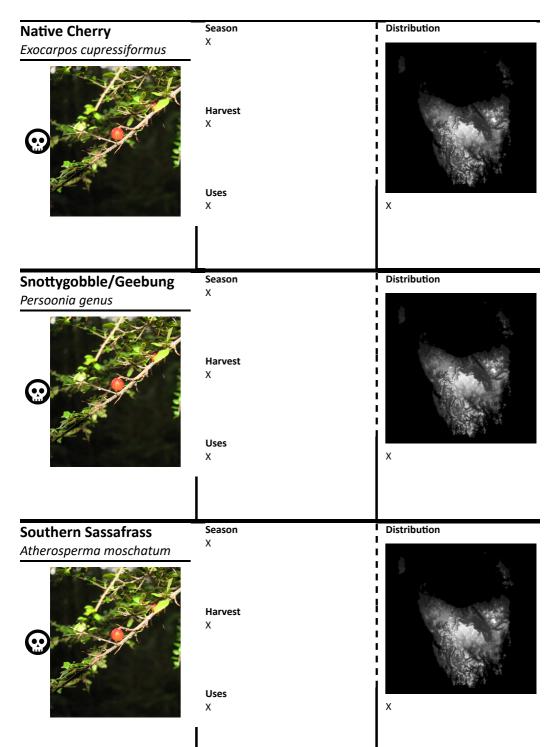


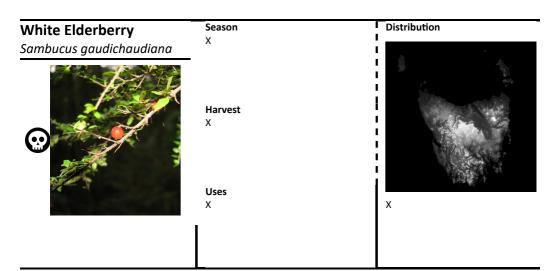




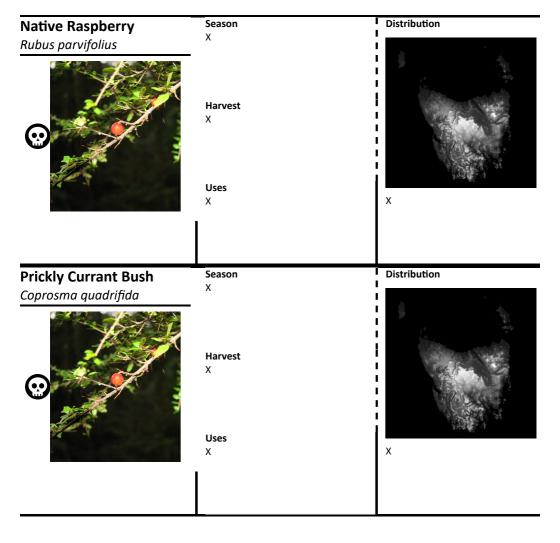
TREES







BERRIES



Coffeeberry

Coprosma quadrifida



Not to be confused with Native Currant ()

Season

Fruits year-round

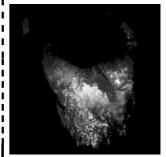
Harvest

Harvest berries when red, plump and translucent.

Uses

Eaten raw, with bitter flavour and coffee-like aftertaste

Distribution



Prefers damp, partially shaded alpine environments

Native Cranberry

Astroloma humifusum



Season

Χ

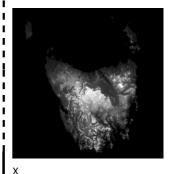
Harvest

Χ

Uses

Χ

Distribution



Pine Heath *Astroloma pinifolium*



Season

X

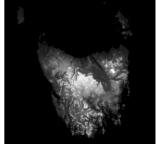
Harvest

v

Uses

Х

Distribution



Х

