### Rizzle Dizzle's Hot Sauces

Giancarlo Rizzi

## **Brine Fermentation Sauces**

## Ghost Pepper Hot Sauce

by White Thunder BBQ

Sauce Type: Brine Fermentation

#### Ingredients:

- ~20 x Ghost Peppers
- $\bullet~\sim\!\!6$ x Sweet Mini Red Chillies
- 4 x Shallots
- 2 x Garlic Heads
- ¼ Cup White Sugar
- ½ Cup Apple Cider Vinegar
- 3oz Bourbon
- 2 Tablespoons Aomato Paste
- A Splash of Canola Oil
- Salt to Taste
- 2.5% Brine Solution

#### Steps:

- 1. Slice Ghost Peppers
- 2. Combine ingredients in a jar for fermentation
  - Shallots, roughly chopped up in jar
  - Garlic Cloves at bottom of jar
  - Ghost Peppers
  - Sweet Mini Red Chillies
  - Fill with brine solution
- 3. Ferment 3 weeks
- 4. Blend everything, including the brine (keep blender for step 6)
- 5. Prepare a pan
  - Heat up a splash of Canola Oil
  - Add 2 tablespoons of tomato paste
    - Cook it a little bit
  - Add all the blended solution
  - Reduce sauce for 20-30 mins at a simmer
  - Add ¼ cup White Sugar
  - Add salt (to taste)
  - Add 3oz bourbon
- 6. In the blender, that is still dirty from step 4 blend together
  - the Hot sauce mixture
  - ½ cup Apple Cider Vinegar
- 7. Bottle the sauce

#### Conservation:

Shelf Stable

Source: Youtube: https://www.youtube.com/watch?v=BGSgf8g08bY

## Mash Fermentation Sauces

### Blazing Buffalo Hot Sauce

by ChilliChump

Sauce Type: Mash Fermentation

#### Ingredients (Normal Hot):

- 580g Cayenne Peppers (70%)
- 250g Ring of Fire Peppers (30%)
- $2 \times 7$  Pot Habaneros
- 1L White Vinegar (about 1.25x amount compared to fermented mash volume)
- 20g Salt (bit more than 2% WRT peppers weight)
- 1 Tablespoon Garlic Powder

#### Optional:

• 1 x 7 Pot Primo for more heat

#### Ingredients (Very Hot):

- 65% Ring of Fire Peppers
- 35% Cayenne Peppers
- $4 \times 7$  Pot Habaneros
- White Vinegar (about 1.25x amount compared to fermented mash volume)
- 2+% Salt
- 2-3 Tablespoons Garlic powder (more than in normal heat, so it comes through)

#### Steps:

- 1. Chop up all peppers loosely (going to blend it anyways)
- 2. Blend peppers all together with salt. Get peppers as small as you can.
- 3. Put peppers in jar, but keep the sides of the jar clean (or clean it up later) to avoid mold growth
  - Add lid and airlock
- 4. Leave to ferment for 6 weeks.
  - Should have no growth on top, just nice and red
- 5. After fermentation is complete:
  - Add about 1.25x white vinegar compared to volume of pepper mash
  - Ex: If you have 800ml of mash, add 1000ml of white vinegar
- 6. Emulsify vinegar with mash (using his mixer thing, if you want)
- 7. Filter the sauce through a sieve
- 8. Pour into bottles. It's shelf stable!

Note: Keep the stuff that you filtered out, you can freeze it in ice cube trays, or dry it

#### Conservation:

Shelf Stable

Source: YouTube: https://www.youtube.com/watch?v=dRkXaa8ttM8&t

## Non-Fermented Sauces

## Nandos Style Hot Sauce

by ChilliChump

Sauce Type: Not Fermented

#### Ingredients:

- 30-40 x Piri Piri Peppers (you can use other birds eye, or Super Chilli)
- 6 x Cayenne Peppers
- 4 x Ring of Fire Peppers
- 5 x Cloves of garlic
- 1 x Large White Onion
- Juice from 1 Large Lemon (or 2 small lemons)
- 2 tablespoons Vinegar (distilled white preferably)
- 2 tablespoons Vegetable Oil
- 1 tablespoon Dried Rosemary
- ½ tablespoon Salt
- ½ teaspoon Citric Acid (optional) https://geni.us/citricacid

#### Steps:

- 1. Blend all ingredients together
  - Doesn't have to be super smooth, little bits is ok
- 2. Simmer at low heat for 10-15 minutes

Note: Heat takes away the vegetable taste, so it mellows out

#### Conservation:

Shelf Stable with the citric acid. Put in fridge once starting to use.

Source: YouTube: https://www.youtube.com/watch?v=lfYDh\_VoTWs

## Antep Apple Sweet Spicy Hot Sauce

by ChilliChump

Sauce Type: Not Fermented

#### Ingredients:

- 4 x Antep Aci Dolma (250g)
- 2 x Green Apple (290g total, for all apples)
- 1 x Red Apple
- 300ml Water
- 4 Tablespoons Apple Cider Vinegar (may need more if you have really sweet apples)
- 100g Ginger
- 2 x Cinnamon Sticks
- 10 x Pod of Green Cardamon
- 3 Teaspoons Rock Salt
- ½ Tablespoon Sugar
- ½ Teaspoon Xanthan Gum (optional)

#### Steps:

- 1. Grind up Cinnamon Stick and Cardamon Pods
- 2. Combine in a blender:
  - Chopped Apples and Peppers
  - 100ml Water
- 3. Remove from Blender and set aside
- 4. In the empty blender blend together:
  - A little bit of the sauce (Apples/Peppers)
  - Ginger
  - Cinnamon Power
  - Cardamon Powder
  - Sugar
  - Salt
  - Apple Cider Vinegar
- 5. Add to blender, and mix well:
  - 200ml Water
  - All of Apple/Pepper mixture
- 6. Pour out into bottles

Note: The sauce will get darker as it reacts a bit with air that was introduced during blending.

#### Conservation:

Not Shelf Stable 1-2 Months in Fridge

Source: YouTube: https://www.youtube.com/watch?v=eENSdhm3VJ0

### Bob's Habanero Peach Hot Sauce

by Bobby Carlson

Sauce Type: Not Fermented

#### Ingredients:

- 12 x Habanero Peppers, seeded and chopped
- 1 Can (15.5oz) Sliced Peaches in Heavy Syrup
- 1 Cup Distilled White Vinegar
- $\frac{1}{2}$  Cup Dark Molasses
- ½ Cup Light Brown Sugar
- ½ Cup Yellow Mustard (cheap yellow kind)
- 2 Tablespoons Salt
- 2 Tablespoons Paprika
- 1 Tablespoon Ground Black Pepper
- 1 Tablespoon Ground Cumin
- ½ Teaspoon Ground Coriander
- ½ Teaspoon Ground Ginger
- ½ Teaspoon Ground Allspice

Note: Prepare Outdoors

#### Steps:

- 1. Put all the ingredients in the blender
- 2. Blend until liquefied
- 3. Boil sauce and then pour into hot, cleaned jars.
  - Leave ½ inch headspace
- 4. Boil the jars full of sauce, making sure they are submerged the whole time

#### Conservation:

Shelf Stable

Source: YouTube: https://www.youtube.com/watch?v=ak1Ue93FCfs

### Simple 15 Minute Recipe

by Khang Starr

Sauce Type: Not Fermented

#### Ingredients:

- 4-5 x Superhot Peppers
- 1 x Large Bell Pepper (orange/yellow depending on colour of sauce you want)
- 3 x Large Garlic Cloves
- ¼ Cup White Vinegar
- 1-2 Teaspoons Sugar (depending on your taste)
- 1 Teaspoon Salt

Optional: Can add a few other peppers, like

- 1-2 x Scarlet Rose for sweetness, and/or
- 2 x Lemon Starburst

Note: Make sauce, leave at least over night before using

#### Steps:

- 1. Remove seeds from bell pepper
- 2. Put in blender:
  - Bell pepper that was cut into smaller pieces
  - Prepared superhots (with some other peppers if you want)
    - You can remove some placenta from some superhots, since it can give a bitter taste
  - Add the other peppers if you want, like Scarlet Rose, or Lemon Starburst
  - 3 x Cloves Garlic
  - 1 teaspoon of salt
  - $\bullet\,$  1-2 teaspoons of sugar, depending on how much sweetness you want
  - ¼ cup of white vinegar
- 3. Blend everything as fine as possible
- 4. Put blended sauce in a pot
  - Cook slowly at low heat
  - Stir constantly once it starts to bubble so that everything dissolves evenly
  - This will thicken sauce. If you want thicker sauce, cook longer
  - As soon as it starts to bubble, stir for a couple minutes and it's already enough
  - Aim for a ketchup consistency
- 5. Wait for sauce to cool, and bottle
  - Pour in bottle and that's it

#### Conservation:

Not specified, but shouldn't be very long

Source: YouTube: https://www.youtube.com/watch?v=Pt5EXWB397U

## Firey Mango Roasted Hot Pepper Sauce

by Smokey Ribs BBQ

Sauce Type: Not Fermented

#### Ingredients:

- 8 x Habanero Peppers
- 4 x Ghost Peppers
- 3 x Carolina Reaper Peppers
- 2 x Fresh Mangos, skinned and diced
- 2 Cup Fresh Pineapple Juice
- 5 x Garlic Cloves
- ½ Large Onion
- ¾ Cup White Vinegar
- 1 Tablespoon Sea Salt
- 1 Tablespoon Ground Black Pepper
- 3 Tablespoons Natural Honey
- Juice from 2 limes

Note: Prepare Outdoors

#### Steps:

- 1. Mix Onions, garlic, and whole peppers into a dry skillet
  - Dry roast it on the skillet. They should soften up a bit and have a little of charring
- 2. Put all in food processor
  - White Vinegar
  - Salt and Pepper
  - Mangos
  - ¾ cup Pineapple Juice
  - Lime juice
  - Honey
  - Blend for a few minutes
- 3. Strain the sauce through a sieve
- 4. Add remaining Pineapple Juice (1½ cup)
- 5. Simmer at low heat to reduce it until you like the consistency Probably about half reduced?
- 6. Pour it into bottles while still hot

#### Conservation:

Unknown

Source: YouTube: https://www.youtube.com/watch?v=4d2WsVWoJIA

# Hot Pepper Dishes

### Piri Piri Chicken

by ChilliChump

Sauce Type: Dish

#### Ingredients:

- 12 x Piri Piri Peppers (dried or not)
- 150ml Vegetable Oil
- 5 x Garlic Cloves
- Juice from 2 Lemons
- 3 Teaspoons Salt
- 3 Teaspoons Thyme

#### Steps:

#### Prepare Marinade

• Blend all ingredients together until it forms a white mayonnaise-like paste

#### Prepare Chicken

- Spatchcock the chicken
  - Remove spine and sternum, flatten with insides facing down
- Poke holes all over chicken, on both sides, with a knife
- Rub marinade over the inside and outside of chicken

#### Cooking

#### Oven: 180C

- 50mins Small/Medium Chicken
- 60mins Large Chicken

#### **BBQ:** Medium Heat

- Start with Skin facing up for 25 mins
- Turn over and leave skin-down for only a few mins
- Flip it back over to skin facing up for another 25 mins
- Total cooking time:  $\sim 50$  mins. Start testing it after 45 mins
  - Cut down to bone, shouldn't be red or anything

Source: Youtube: https://www.youtube.com/watch?v=wymldjJJ1eg