					Study	Individuals (HC/AD)	Samples (HC/AD)	Weights (%)	SMD [95% CI]
					zhang2019	11/11	11/11	16.784	-0.61 [-1.47,  0.25]
					aisa2010	16/19	16/19	26.048	-0.73 [-1.42, -0.04]
					garcia–alloza2006	20/21	20/21	31.591	-0.57 [-1.19,  0.06]
					yew1999	7/6	7/6	10.339	0.19 [-0.90, 1.29]
					sasaki1986	10/9	10/9	15.237	-0.09 [-0.99,  0.81]
					All studies	64/66	64/66	100	-0.47 [-0.82, -0.11]
-1.5	-1.0 -0.5	o.o SMD	0.5	1.0					

