



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DAVAO ORIENTAL

General Form 86

HEALTH EXAMINATION RECORD

NAME: MARCIELO II O. TAMPUS
SCHOOL: BATOBATO CENTRAL ELEM. SCHOOL
DATE OF BIRTH: MARCH 04, 1994

DEPARTMENT: Department of Education
DISTRICT: SAN ISIDRO NORTH
SEX: M CIVIL STATUS: MARRIED

1. Date: 07-11-2023 Height: 5'5" 165 cm Weight: 70 BMI: 25
2. Temperature: 36.2
3. Respiratory System: clear breath sound, equal chest expansion
4. Fluorography Result: Essentially Normal Chest Findings Where: Aero medical and Diagnostic Clinic
(Chest X-ray) Film #: 23-0002 Date Taken: July 11, 2023

Sputum Analysis: _____

5. Circulatory System: (-) murmur Blood Pressure: 160/100 mm Hg
6. Digestive System: Normal
7. Genitourinary: Normal, (-) kidney punch sign
8. Urinalysis: Normal
9. Skin: Normal
10. Locomotor: Intact
11. Nervous System: Intact
12. Eyes, Conjunctiva, etc.: Normal
13. Color Perception: Normal
14. Vision: With Glasses: Far: _____ Near: _____
Without Glasses: Far: _____ Near: _____
15. Nose: Normal
16. Ear: Normal
17. Hearing: Normal
18. Throat: Normal
19. Immunization: _____
20. Teeth and Gums: Normal

Recommendation: For strict maintenance medication compliance; Blood Chem (fl. up once w/ results); Advised for lifestyle modification/healthy lifestyle

21. Employee's Signature: _____

22. Employee's Printed Name: MARCIELO II O. TAMPUS

23. Physician's Signature: _____

24. Physician's Name: _____

License No.: _____



AERO MEDICAL AND DIAGNOSTIC CLINIC

"Above and beyond services"

Crossing Manikling, San Isidro, Davao Oriental
Tel: 09306518366 Email: aeromedclinic@gmail.com

Date: July 11, 2023

MEDICAL CERTIFICATE

TO WHOM IT MAY CONCERN:

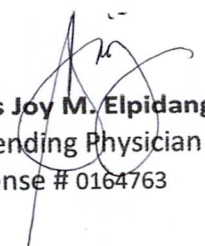
This is to certify that **Mr./Mrs./Ms. TAMPUS, MARCIELO II O.**, 29 years of age, male, married and a resident of **San Isidro, Davao Oriental** had been examined by the undersigned and found him/her diagnosis: **HYPERTENSION STAGE II**

Remarks:

- for strict maintenance medication compliance
- for Blood Chemistry
- for follow-up consultation once with results
- advised for healthy lifestyle change/Life Style Modification

This certification is being issued upon verbal request of the above-named patient for whatever purposes may serve him best.

Issued on this, **July 11, 2023** at Aero Medical and Diagnostic Clinic, San Isidro, Davao Oriental.


Mary Cris Joy M. Elpidang, MD
Attending Physician
License # 0164763