

Health App



Designed by: Toby Rudman, Shaindy Chaimson,
Tziporah Werzberger, and Shani Koenigsberg

WHAT OUR APP DOES

01

CREATES PROFILE

02

GENERATES BMI

03

**STORES USER'S
GOALS**

04

**ACCOMPANIES USER
THROUGHOUT THE DAY**

05

**DISPLAYS
MESSAGES TO
GUIDE USER**

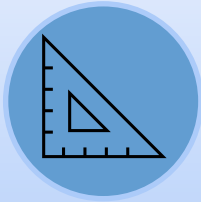
06

END DAY OPTION

WHY US?



User-Friendly
Interface



User can choose to run
the app via the
Imperial System or the
Metric System



Provides encouraging
messages to guide
your progress



Great customer
service!



01

CREATES PROFILE

3

IMPORTANT PIECES OF INFORMATION
MAKE UP THE USER'S PROFILE:

1

NAME

2

HEIGHT

3

WEIGHT



02

CALCULATES BMI

(BMI - BODY MASS INDEX)



03

STORES USER'S GOALS

2

Different goals the user can choose to store



Calorie goal



Water goal



04

**ACCOMPANIES USER
THROUGHOUT THE DAY**

The user can input information about what he is doing throughout his day



Exercise length



Calorie intake



Foods eaten



Water drank



05

**DISPLAYS MESSAGES TO
GUIDE THE USER**

Types of Messages:

Updates on user's progress

Suggestions



06

END DAY OPTION

The program displays the User's Day:

1. Daily calorie goal/limit
2. Current calorie intake
3. Message informing user where they are up to in terms of their calorie goal
4. User's water intake
5. Message informing user where they are up to in terms of their water goal
6. Percentage of each food group the user ate that day
7. Asks the user if they want to see a list of of the foods that they ate

Thanks for
watching!