



- REVIEW: IMPACT OF DISCRETIONARY TRIPS ON WELL-BEING
- ODIN 2023: DUTCH NATIONAL TRAVEL DIARY SURVEY
- LONGITUDINAL PANEL SURVEY (2020-2021) IN FLANDERS
- MoTiV 2019: EUROPEAN APP-BASED TRAVEL SURVEY
- PARTICIPATORY PLANNING WORKSHOP WITH FLEMISH YOUTH (2024)



TRAVEL DISUTILITY AS A PLANNING PARADIGM



ORIGINS IN NEOCLASSICAL ECONOMICS



EMBEDDED IN TRANSPORT MODELING



INSTITUTIONALIZATION THROUGH COST-BENEFIT ANALYSIS

CHALLENGING TRAVEL AS MERELY A COST THE POSITIVE UTILITY OF TRAVEL





VALUE OF TRAVEL

OBJECTIVE & SUBJECTIVE WELL-BEING

COST & EFFICIENCY



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TRIP CIRCUMSTANCE EXAMPLES

Clock in for work Meet friend for lunch Arrive at Meet friend for Jake pet on a walk Going to supermarket

(can order online)

(can order online)

(can buy online)

(can buy online)

(can buy online)

(can buy online)

NECESSARY

DISCRETIONARY

Discretionary travel

Major contributors

Social

Physical health connections & Autonomy & belonging freedom

Context-dependent influences

Mental health Environment & urban design

Situational and momentary influences

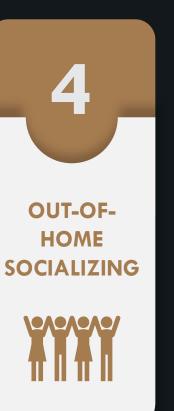
Trip Psych. state,
Emotions & characteristics & development, &
experiences circumstance achievement

Well-being outcomes

Objective

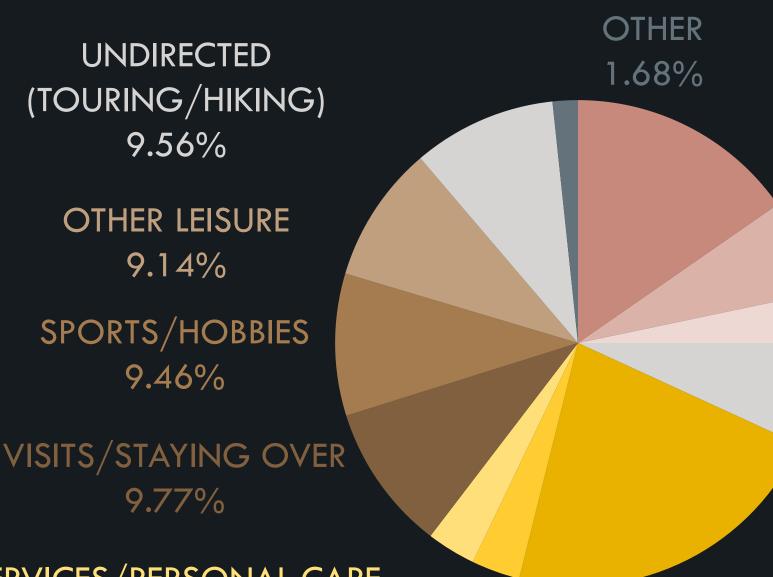
Subjective







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WORK COMMUTE 15.34%

SCHOOL COMMUTE 6.37%

BUSINESS/PROFES. 3.29%

PICK UP/DROP OFF 6.85%

(GROCERY) SHOPPING 22.05%

COLLECT/DELIVER GOODS 3.23%

SERVICES/PERSONAL CARE 3.26%

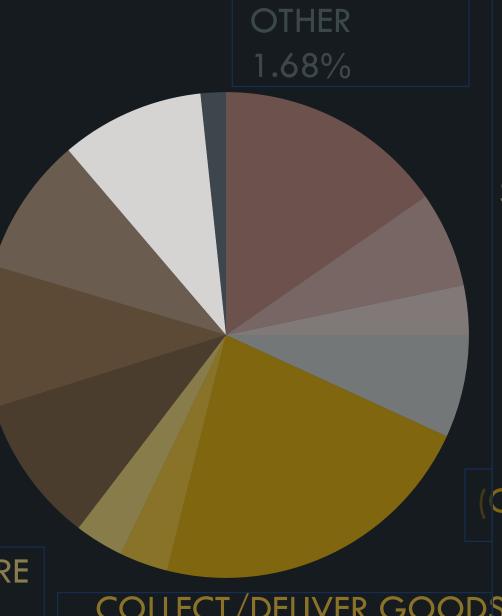
UNDIRECTED (TOURING/HIKING) 9.56%

OTHER LEISURE 9.14%

SPORTS/HOBBIES 9.46%

VISITS/STAYING OVEF 9.77%

SERVICES/PERSONAL CARE 3.26%



COLLECT/DELIVER GOODS
3.23%

WORK COMMUTE 15.34%

SCHOOL COMMUTE 6.37%

BUSINESS/PROFES. 3.29%

PICK UP/DROP OFF 6.85%

GROCERY) SHOPPING 22.05%

UNDIRECTED TRAVEL TRAVEL FOR ITS OWN SAKE





Qantas is offering a seven-hour flight to nowhere



The 'flight to nowhere' will perform a loop around Australia with low flyovers over landmarks like Sydney Harbour and the Great Barrier Reef



Qantas supermoon flight to nowhere sells out in 'record time'

Francesca Street, CNN • Published 13th May 2021

The New York Times

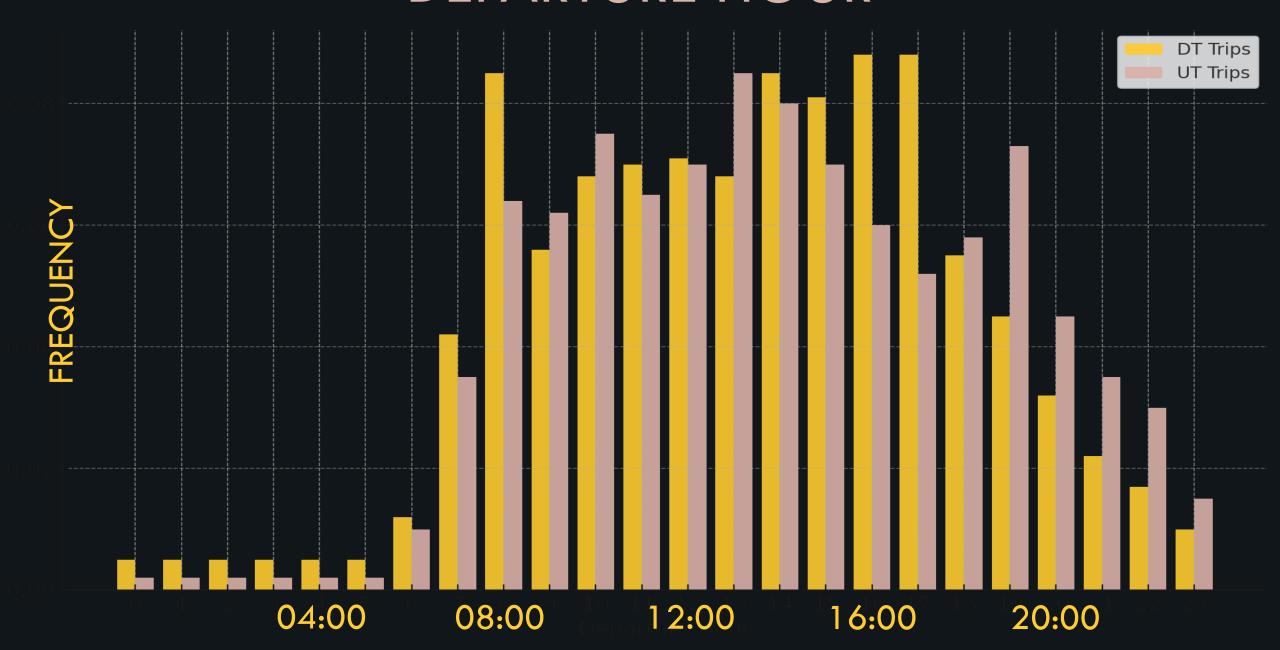


OPINION

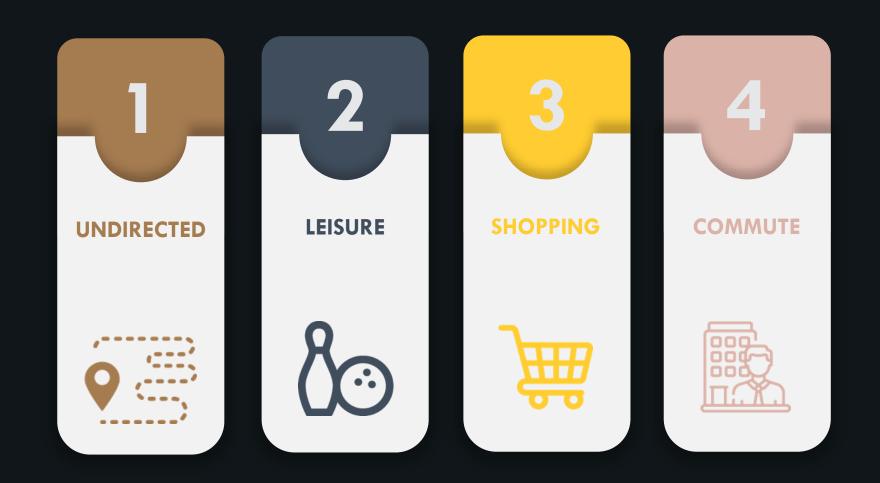
New York Is Planning a Train Line to Connect Its Transit Deserts. We Walked All 14 Miles of It.

By Alex Wolfe and Thomas Wilson

DEPARTURE HOUR



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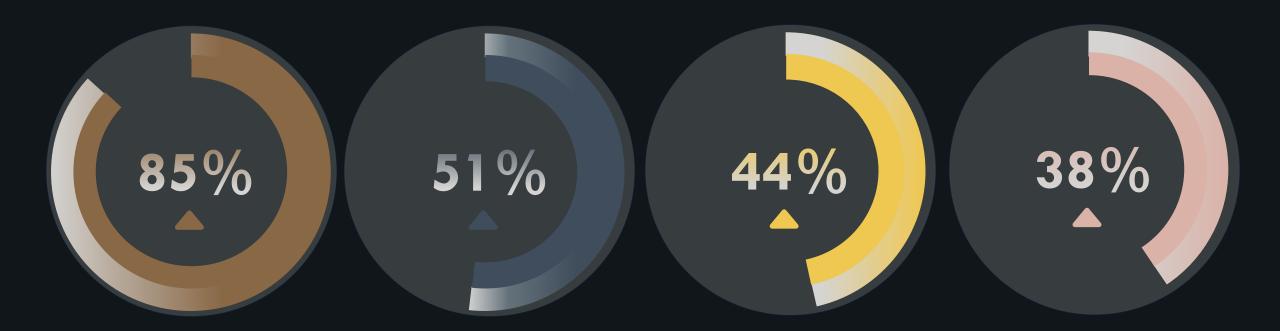




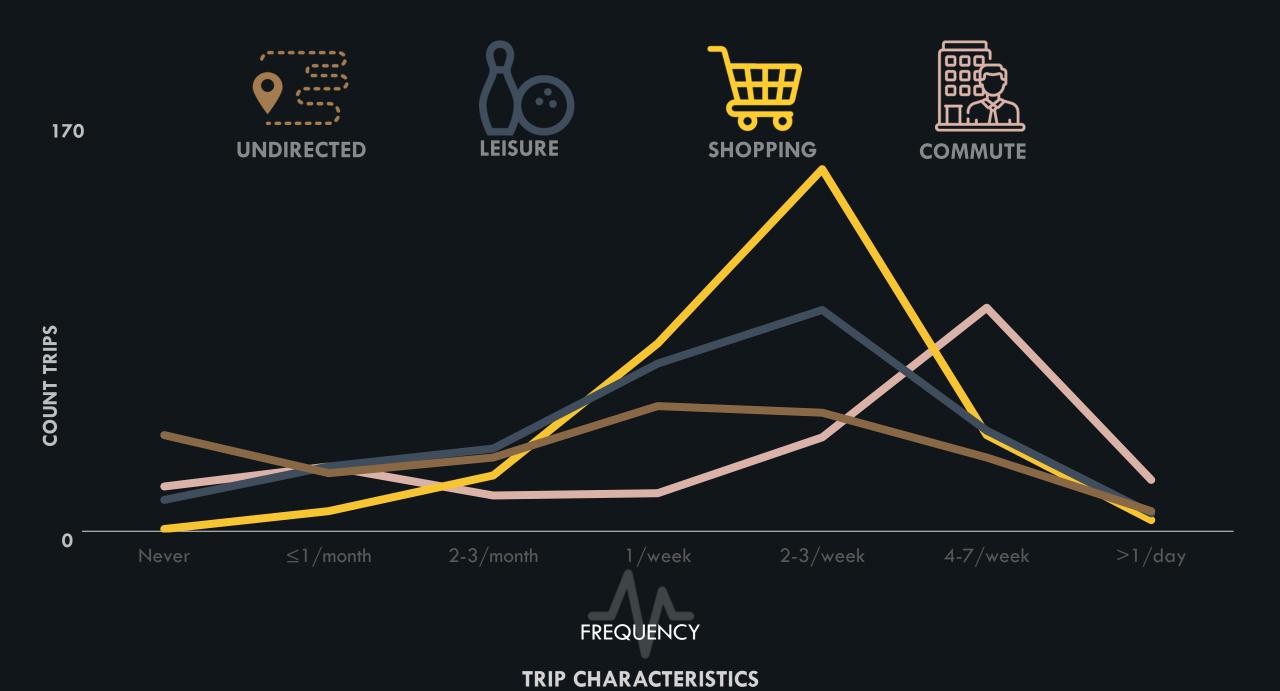


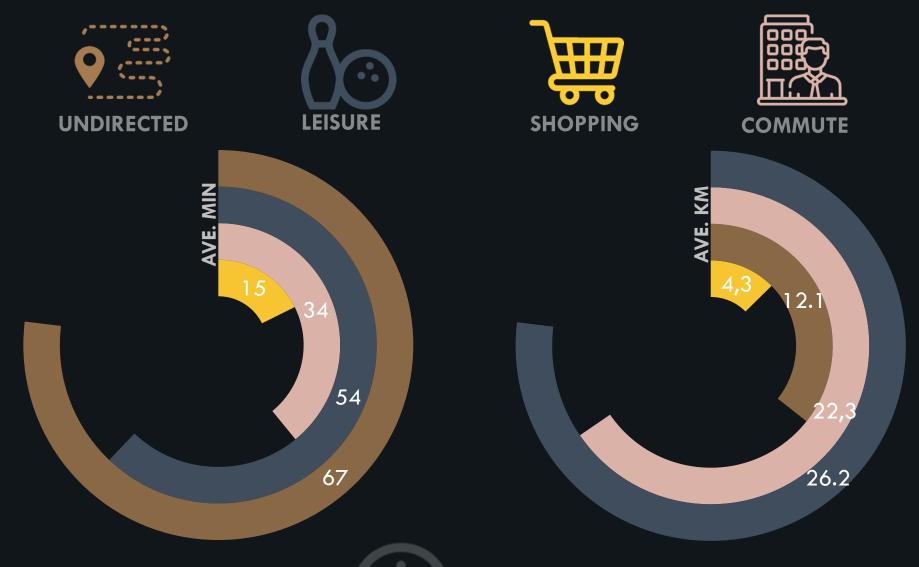












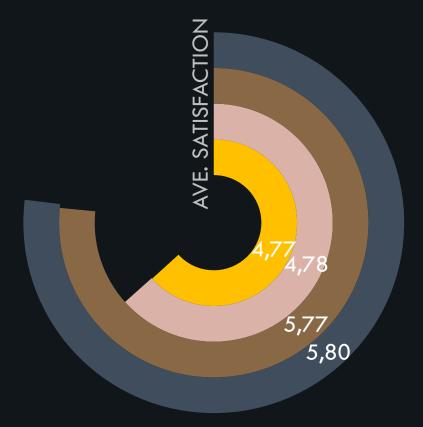














IMPROVING HEALTH AND WELL-BEING



2

REMOVING NEGATIVE FEELINGS



3

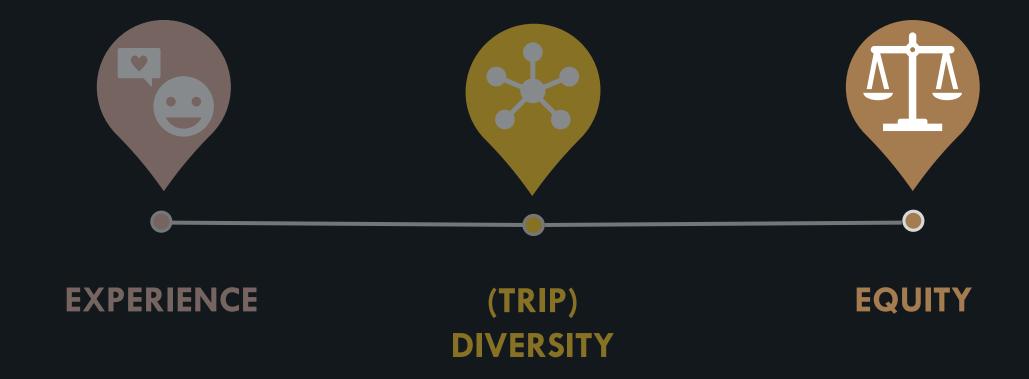
ENJOYING SCENERY



4

OUT-OF-HOME SOCIALIZING





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FEMALE VS MALE MOBILITY VALUES

WORTHWHILENESS & VALUE

PRODUCTIVITY

ENJOYMENT

UNDIRECTED WALKING

PAID WORK

ALKING

UNDIRECTED CYCLING & DRIVING

FITNESS

READING

ACCOMPANYING

LISTENING

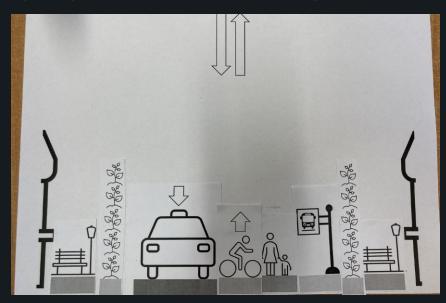
EATING

WATCHING/GAMING RELAXING

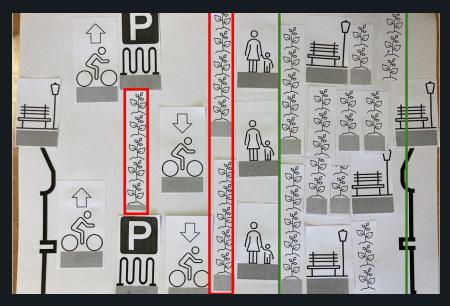
PERSONAL CARE

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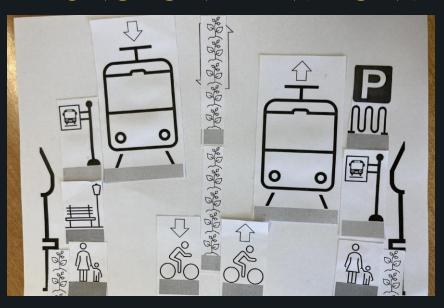
ORGANIZED ENVIRONMENT



GREEN BARRIER VS GREENSCAPE



MULTIFUNCTIONAL ENVIRONMENT



EXAMPLE GROUP DESIGN



PRE-ADOLESCENT PRIORITIES







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NEW MODELS LONG-TERM **SPATIAL MOBILITY CAUSAL** TECH & **EFFECTS JUSTICE CULTURE LINKS TELEWORK**

HANNAH HOOK Assistant Professor

in Linkedin.com/in/hookhannah

Mook_Tweets

SPATIAL PLANNING AND
TRANSPORTATION GROUP
Department of The Built Environment

REVALUING MOBILITY THROUGH
EXPERIENCE, (TRIP) DIVERSITY,
AND EQUITY IN TRANSPORT
PLANNING

