#### ALL-DAY CONFERENCE

#### RACISM AND **PSYCHOTHERAPY**

# **RACISM AND** THE DELIVERY OF **PSYCHOTHERAPY** AND MENTAL HEALTH SERVICES

**ALL-DAY CONFERENCE DECEMBER 11, 1976** 

New York University, Loeb Center 566 LaGuardia Place Washington Square, New York City

> **CONFERENCE COORDINATOR:** ELIZABETH LANIER, ACSW ASSOCIATE COORDINATOR: WILFRED OUAYTMAN, PH.D.



## Is the Mental Health **Practitioner Exempt** From Racial Bias?

Because of their dedication, integrity, and high humanistic values, should we assume that psychologists, social

rucial Ouestion workers, psychiatrists, coun-selors, self-help workers, psy-choanalysts, and other practitioners are immune to racist attitudes?

Are we on solid ground when we label the phenomenon

Crucial **Ouestion** 

called racism—a psychological disturbance, a personality flaw, pathology or "sickness?"

How valid are these psychodynamic formulations? Do they, perhaps, let racists off the

To what extent has the field of mental health ignored or underplayed the significance of race and racial attitudes

Crucial Ouestion

in the delivery of mental health services? Is it possible that racist views can distort or negate therapeutic processes and programs?

These crucial questions, and several others, will be explored at an All-day Conference sponsored by the Long Island Consultation Center and the Long Island Institute for Mental Health.

Saturday, Dec. 11, 1976 New York University, Loeb Center 566 LaGuardia Place Washington Square, New York City

To participate, return registration form and fee to: Elizabeth Lanier, ACSW, Conference Coordinator, LICC/LIIMH, 97-29 64th Rd., Forest Hills, N.Y. 11374 (212) 896-3400

# CONFERENCE PROGRAM

## MORNING, Dec. 11, 1976

8:30-9:00 a.m.

9:00-9:15 a.m. Overview by Conference Coordinator

9:15-10:00 a.m. Keynote Address: Mental Health, Minorities and the Challenge of Racism Registration

Elizabeth Lanier, ACSW
Faculty, Long Island
Institute for Mental Health;
Supervisor of Psychotherapy,
Long Island Consultation
Center

Center

June Christmas, M.D. New York City Commissioner of Mental Health and Mental Retardation Services

### **MORNING PANELS**

10:00 a.m.-12:30 p.m.

The Socio-Conditioning of the White Practitioner Working with Minority Group Clients: New Perspectives Grace Ganter, D.S.W. Temple University School of Social Administration, Philadelphia, Pa.

Interventions Against Racism in the Education of Mental Health Professionals Leah Gorman, Ed.D., R.N. Acting Chief, Psychiatric Nursing Education Branch, National Institute of Mental Health, Rockville, Md.

Racial Bias and the Availability of Therapeutic Alternatives

Folk Healers as Associate Therapists Pedro Ruiz, M.D.
Director, Lincoln Community
Mental Health Center,
Associate Professor of
Psychiatry, Albert Einstein
College of Medicine

Alternative Models in the Mental Health Field: Self-help Mutual Aid Groups; role of the Paraprofessional Frank Riessman, Ph.D. Editor, Social Policy Magazine, New York City Family Therapy in the Black Community: Theory and Practice

Research: An Examination of the Deficiencies in Research as it relates to the Black Reality, Past and Present

Tokenism or Reality: Recommendations for the Education of mental health workers against continued racist practices

DISCUSSION of Morning Panel papers

> Island Institute for Mental Health; Supervisor of Psychotherapy, Long Island Consultation Center. Wilfred Quaytman, Ph.D.,

Harriette McAdoo, Ph.D.

School of Social Work

Nelson Henry, Ph.D.

Director of In-Service

Center; Instructor,

Clinical Psychology, Teachers College,

Columbia University

Myron Harris, Ph.D.

Tremont Crisis Center, Bronx, New York

Chairpersons: Elizabeth

Lanier, ACSW, Conference Coordinator; Faculty, Long

Chief, Adolescent

Psychiatry,

Training, Bronx Psychiatric

Washington, D.C.

Professor, Howard University

Wilfred Quaytman, Ph.D., Associate Conference Coordinator; Administrative Director, Long Island Institute for Mental Health.

LUNCHEON: 12:30-1:45 p.m.

Arrangements will be handled by Conference participants on their own.

#### **AFTERNOON WORKSHOPS**

2:00-4:30 p.m.

Workshop A. The Significance of Racial Difference Between Child and Therapist: A didactic and experiential sharing of work experience, including examination of (a) transference and countertransference phenomena, (b) identifying and handling factors of racism in the therapy situation, and in the adjunctive work with child's family.

Workshop Leader: DON HEACOCK, M.D. Chief, Adolescent Services, Bronx Psychiatric Center

# ONFERENCE PROGRAM

(Cotinued)

Workshop B. Family Therapy: When the Family and the Therapist are of different races—special issues that arise in treatment. Presentation and discussion of video-taped excerpts of sessions with families and therapists of differing racial combinations.

Workshop Leader: ROD HILL, Ph.D., Family Therapy Consultant, Kingsboro Psychiatric Center, Brooklyn, N.Y.

Workshop C. The Racially Different Patient in Individual and Group Psychotherapy: Transference and Counter-transference problems for Black and White therapists. A didactic and experiential workshop will explore the question of how therapists' non-awareness of their racial feelings operate to reinforce resistance, and frustrate treatment goals.

Workshop Leader: ROBERT ADDISON, M.S., F.A.G.P.A., Asst. Professor of Psychiatry, N.Y. Medical College; Consultant, Fort Hamilton V.A. Hospital, Brooklyn, N.Y.

Workshop D. Raising Levels of Attitudinal Awareness in Therapists. Small group encounters related to in-creasing therapist effectiveness.

Workshop Leaders: CLEMENTINE A. PUGH, M.S.W., Faculty, Herbert H. Lehman College, Bronx, N.Y.; Member, Anti-Racism Coordinating Committee of American Orthopsychiatric Association.

BARBARA P. KINOY, CSW, Ph.D., former executive director Riverdale Mental Health Clinic, Bronx, N.Y.; member, Anti-Racism Coordinating Committee, American Orthopsychiatric Association; private practice, Yonkers, N.Y.

Workshop E. Patient Panel: Small group of patients share and discuss experiences and feelings about working with therapists of different races.

Workshop Leaders: ELIZABETH LANIER, ACSW, Faculty, Long Island Institute for Mental Health; Supervisor of Psychotherapy, Long Island Consultation Center; private practice, Forest Hills, N.Y.

RICHARD C. ROBERTIELLO, M.D., Senior Training Consultant, Long Island Institute for Mental Health; Supervising Psychiatrist, Community Guidance Services, New York City; private practice of psychiatry and psychoanalysis, New York City.

4:30-5:00 p.m. CONFERENCE WRAP-UP AND CLOSURE

5:00-6:00 p.m. DUTCH TREAT COCKTAIL HOUR

## REGISTRATION FORM

Phone\_ Affiliation \_\_ Exact spelling of name as you want it to appear on printed Conference Certificate of Participation:

#### REGISTRATION FEE:

Before Nov. 15, 1976 - \$35 After Nov. 15, 1976 - \$40 Students — \$15

Registration Fee includes participation in Morning Panels and Afternoon Workshop, as well as a reading list and bibliography, and a printed Certificate of Participation.

Afternoon Workshop Selection — (Workshops A, B, C, D, E.) Indicate first choice and two alternates.

> First Choice Workshop Second Choice Workshop Third Choice Workshop

Mail This Form and Check To:

LICC/LIIMH Conference on Racism 97-29 64th Road Forest Hills, N.Y. 11374 (212) 896-3400