

**FNH 380: Professional Dietetic Practice II**  
**Fall 2018****SYLLABUS**

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**Office Hours:** By appointment

**Class schedule:** Fridays, 1 – 350pm

**Class location:** FNH Room 50

**Course Description:**

Welcome to the Dietetics Major! FNH 380 is a 3-credit, one-term pass/fail course that introduces you to the Dietetics Major and dietetic practice in the Canadian context. The course features guest speakers, discussions and applied assignments to enhance your knowledge and skills related to professional practice, communications, and interprofessional collaboration.

**Rationale**

The UBC dietetics professional practice courses (FNH 380, 381, and 480) assist students to prepare for the transition from the campus-based to the practice education component of the program and prepare for entry to practice. The courses emphasize collaborative and reflective approaches, which are essential for practice. They are graded on a pass/fail competency-oriented basis in alignment with student assessment methods used during the program's practice education year.

Like all required courses in the program, these courses contribute to student attainment of the [\*Integrated Competencies for Dietetic Education and Practice \(ICDEP\)\*](#). All students in the Dietetics Major should refer to the [Mapping of Curriculum to ICDEP](#) page on the dietetics website to familiarize themselves with the requirements.

As instructors of these courses, we make a conscious effort to ensure that students continually participate in the exploration, creation and sharing of professional knowledge, rather than simply being recipients of information. We also emphasize development and application of critical thinking skills that can be applied in future academic and practice contexts.

**Format**

Course includes instructor-led sessions (often involving guests from the dietetics profession), campus-based interprofessional education, and student-led sessions designed to promote reflection and engagement on professional practice topics.

**Required Course Resource**

NOTE: In lieu of a course text, all students in the course are required to become student members of Dietitians of Canada <http://www.dietitians.ca/About-Us/Become-a-Member.aspx>. Resources from Dietitians of Canada will be referred to regularly during the course. Note there is a fee associated with this membership.

Additional course resources will be posted on the course website, accessible via [canvas.ubc.ca](https://canvas.ubc.ca). Please check back regularly as resources will be added throughout the term.

## Learning Outcomes:

Upon successful completion of this course, you will be able to:

1. Describe key features of and your responsibilities as a student within the UBC Dietetics Major.
2. Discuss roles of dietitians in a Canadian practice context.
3. Discuss and apply key concepts in interprofessional collaboration in health care.
4. Explore dietetics professional practice topics.
5. Apply communication and collaboration skills to professional development, through activities including:
  - a) blogging;
  - b) self-assessment and learning plan development;
  - c) planning, delivery and participation in student-led tutorials; and
  - d) networking and peer review.
6. Consistently demonstrate professional practice, communication and collaboration competencies.

## Course Schedule:

Class	Date	Topic	Instructor(s)/Guest(s)
1	Sept 7 18	<ul style="list-style-type: none"><li>– Welcome and orientation to the course</li><li>– Appearance by Dietitians of Canada (DC) student reps</li><li>– Demo student-led tutorial by year 4 students</li><li>– Topic selection for student-led tutorials</li></ul>	Tamar and Kara/DC student reps Year 4 student tutorial presenters
2	Sept 14 18	<ul style="list-style-type: none"><li>– About the dietetics program</li><li>– Positioning yourself for success in the program and profession</li><li>– Guided working session re student-led tutorials</li></ul>	Tamar/LFS Instructors
3	Sept 21 18	<ul style="list-style-type: none"><li>– History of the dietetics profession (Kara)</li><li>– Introduction to Dietitians of Canada (Lisa)</li><li>– Student-led education on a professional practice topic</li></ul>	Kara/Lisa McKellar (Dietitians of Canada)
4	Sept 28 18	<ul style="list-style-type: none"><li>– Student-led education on a professional practice topic</li><li>– The experience of being a patient/client</li></ul>	Kara/Sarah Makepeace
5	Oct 5 18	<ul style="list-style-type: none"><li>– Key concepts in being part of a regulated health profession (Chi)</li><li>– Student-led education on a professional practice topic</li></ul>	Tamar/Chi Cejalvo (College of Dietitians of British Columbia)
6	Oct 12 18	<ul style="list-style-type: none"><li>– Nutrition care roles in dietetics</li><li>– Student-led education on a professional practice topic</li></ul>	Kara/Providence Health Clinical RDs
7	Oct 19 18	<ul style="list-style-type: none"><li>– Student-led education on a professional practice topic</li><li>– Role of dietitians in population and public health</li></ul>	Tamar/Ingrid Verduyn (Vancouver Coastal Health)

Class	Date	Topic	Instructor(s)/Guest(s)
8	Oct 26 18	<ul style="list-style-type: none"> <li>– Management roles, site visit debrief</li> <li>– Student-led education on a professional practice topic</li> </ul>	Kara/Sodexo RD(s)
9	Nov 2 18	<ul style="list-style-type: none"> <li>– Student-led education on a professional practice topic</li> <li>– Interprofessional education at various campus locations (topic: professionalism)</li> </ul>	Tamar
10	Nov 9 18	<ul style="list-style-type: none"> <li>– Student-led education on a professional practice topic</li> <li>– Interprofessional education at various campus locations (topic: i-ethics)</li> </ul>	Kara
11	Nov 16 18	<ul style="list-style-type: none"> <li>– Student-led education on a professional practice topic</li> <li>– Interprofessional education at various campus locations (topic: indigenous cultural safety)</li> </ul>	Kara
12	Nov 23 18	<ul style="list-style-type: none"> <li>– Student-led education on a professional practice topic</li> <li>– Interprofessional education at various campus locations (topic: resiliency)</li> </ul>	Tamar
13	Nov 30 18	<ul style="list-style-type: none"> <li>– IPE education debrief</li> <li>– Course wrap-up</li> <li>– Student-led education on a professional practice topic</li> </ul>	Tamar

### Assignments:

Assignments and due dates are summarized below. See assignment documents for full assignment requirements. Unless otherwise noted, assignments are due by midnight on the date shown.

Assignment Description	Deadlines/Due Dates
<p>1. Dietetics Blog</p> <p><i>Each student develops a blog for use in documenting professional practice course learning in years 3 and 4 of the program</i></p>	<p>Blog setup: <b>Friday, September 14, 2018 (enter your blog link into instructor-provided computer during class)</b></p> <p>Posts and uploads: Per individual assignment requirements</p>
<p>2. Tutorial Session Leadership</p> <p><i>Working in assigned groups, students develop and deliver education sessions on specific professional practice topics</i></p>	<p>Submit group-prepared session proposal: <b>Friday, one week prior to scheduled session</b></p> <p>Deliver tutorial session: Per schedule (to be determined on day 1 of class)</p> <p>Personal blog post prepared according to stated assignment requirements: <b>Monday following scheduled session</b></p>
<p>3. Networking Reflections</p> <p><i>Students meet with a year 4 peer (alone or in small groups) to discuss program-related topics.</i></p>	<p>Sign up deadline: <b>Sunday, September 9, 2018</b></p> <p>Blog post prepared according to stated assignment requirements: <b>Monday, October 8, 2018</b></p>

Assignment Description	Deadlines/Due Dates
<p>4. Site Visit</p> <p><i>Students visit acute and/or residential care sites to learn about food service systems and dietitian roles.</i></p>	<p>Sign up deadline: <b>Sunday September 9, 2018</b></p> <p>Latest date to schedule visit: <b>Friday, October 26, 2018</b></p> <p>Blog post prepared according to stated assignment requirements: <b>Sunday, October 28, 2018</b></p>
<p>5. Interprofessional Education (IPE) Reflections</p> <p><i>Along with students from UBC health and human service programs, students participate in interprofessional education (online modules and face-to-face sessions)</i></p>	<p>Latest date to sign up for IPE activities via the IPE Passport (instructions document in Assignments area of Canvas): <b>Friday September 7, 2018</b></p> <p>Blog posts addressing learning highlights from each of this term's interprofessional education activities:</p> <ul style="list-style-type: none"> <li>– Professionalism: <b>Sunday, November 4, 2018</b></li> <li>– Interprofessional ethics: <b>Monday, November 12, 2018</b></li> <li>– Indigenous cultural safety: <b>Sunday, November 18, 2018</b></li> <li>– Resilience: <b>Sunday, November 25, 2018</b></li> </ul>
<p>6. Counselling Client Recruitment (requirement vs assignment)</p> <p><i>Each student recruits one volunteer counselling client for the FNH 480 class in the January term (in turn, the year 4 students will recruit clients for use by your class in May).</i></p>	<p>Recruit client in accordance with requirements, and upload counselling profile form by <b>Sunday, December 2, 2018</b>, using the upload link provided within the End of Course Self Evaluation form.</p>
<p>7. ICDEP Self-Assessment and Learning Plan</p> <p><i>Students self assess their learning to date (in and out of the classroom) in relation to national dietetics competency requirements and develop a learning plan with peer input.</i></p>	<p>Latest date to schedule partner meeting: <b>Friday, November 16, 2018</b></p> <p>Assignment documents and blog post prepared according to stated assignment requirements: <b>Sunday, November 25, 2018</b></p>
<p>8. End of Course Self-Evaluation</p> <p><i>Students self assess attainment of course learning outcomes and identify strategies for further learning as applicable.</i></p>	<p>Post required document by <b>Sunday, December 2, 2018</b>, along with a brief note to describe what you are uploading (no need to include a reflective blog entry, as the document itself includes reflections)</p>

## Evaluation and Grading Procedures

To pass the course, students must:

1. **Attend all classes:**
  - a) As a reminder, **attendance is mandatory** in professional practice courses – arrange personal appointments and activities so you can be in class for the scheduled time.
  - b) if you are seriously ill or have a similarly significant reason for being absent, contact course instructor (in the event of illness medical documentation may be requested).
2. **Be punctual** (it is unprofessional and disruptive to class guests to arrive late).
3. Actively participate in all course activities.
4. Contribute in an equitable manner to assigned group work.
5. Achieve all assignment requirements.
6. Demonstrate appropriate professional conduct at all times, in compliance with university and program policies.