

# 2018 UBC OPEN



## March 30<sup>th</sup> – 31<sup>st</sup>, 2018

UBC Rashpal Dhillon Track and Field Oval (Wesbrook/16<sup>th</sup> Ave.)

Meet Director: Reid Graham (778) 828-3484 <u>ubcmeetdirector@gmail.com</u>

**Events:** 100m, 200m, 400m, 800m, 1500m, 10 000m, 3k/5k RW, 100mH (W), 110mH (M), 400mH, 4x100, LJ, HJ, TJ, PV, SP, JAV, DT, HT, Heptathlon (W), Decathlon (M)

- RWs and 10,000m will be Men and Women combined. HT, PV, TJ may be combined based on entries.

**Entries:** Entry fees are \$US12 per event. We do offer a team fee option: US\$300.00/gender. All entries and payments are done online at Direct Athletics: https://www.directathletics.com/meets/track/53404.html

### Entry deadline: March 25<sup>th</sup>, 2018 at 11:59pm

Limited late fee after March 25<sup>th</sup> - \$25 per event. Accepted on competition day at the track. All athletes entering this meet must have a current BC Athletics membership, or equivalent, from another province or country.

#### **Check-in Procedures:**

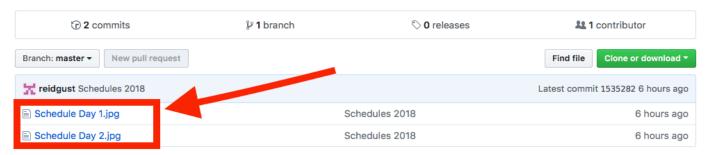
All TRACK athletes are to check in at least **30min** prior to the start of their event at the check in table. All FIELD athletes are to check in at their event **30min** prior to the start of their event.

#### **Schedule:**

For an up-to-date schedule please follow the appropriate link in the site below:

https://github.com/UBCTrackMeet/UBCOpenSchedules

The Schedules for the UBC Open



#### **Technical Notes:**

Throwing Implements – Please note that personal throwing implements must be weighed at least 60min before event starts. Weigh-in will be done in the equipment room, north of the track.

- Age group athletes may employ the implements required for their age, but must provide their own implements and have them weighed in.

Track Events – Timed finals. Hurdle heights will be set at "open" heights only (exceptions will be made for agegroup multi-event athletes).

Field Events – For throws and horizontal jumps, every athlete will get 3 attempts with the top eight athletes receiving 3 additional attempts.

#### Parking at the UBC Track:

- 1. Busses: If you want to reserve parking for busses please coordinate with the meet director as soon as possible; otherwise, busses can be parked on East Mall, 16<sup>th</sup> Ave, and Wesbrook Mall.
- 2. There is free parking on 16<sup>th</sup> Ave on the way into Campus from Blanca St. (good option for buses) but it's an 800m walk to the track.
- 3. There is metered parking on the south side of Wesbrook Mall between 16<sup>th</sup> Ave and Thunderbird Blvd.
- 4. There is pay parking in the Thunderbird Parkade on Thunderbird Blvd. just off of Wesbrook Mall.
- 5. We will be paying officials' parking so officials please keep your receipts and get reimbursement from the registration desk.



#### **Directions from the US:**

- 1. Take I5 North to the US/Can Border Crossing (Peace Arch)
- 2. Go through Canadian Customs.
- 3. Continue NW on Highway 99 to the Oak St. Bridge.
- 4. Continue North on Oak St to 49<sup>th</sup> Ave.
- 5. Turn left on to 49<sup>th</sup> Ave and head west to SW Marine Dr.
- 6. Turn right on to SW Marine Dr.
- 7. Continue on SW Marine Dr.
- 8. Stay on this until 16<sup>th</sup> Ave and then turn right onto 16<sup>th</sup> Ave.
- 9. At the 2<sup>nd</sup> round-about go left on Wesbrook Mall.
- 10. The track is immediately on the left.
- 11. For the parkade continue on Wesbrook Mall to Thunderbird Boulevard, turn left and then right into Thunderbird Parkade.

