

AIRPORT AND GROUND TRANSPORTATION INFORMATION

Rochester International Airport (RST)

Helgerson Drive SW

Rochester, MN 55902

507-282-2328

rst@rochesterintlairport.com

Check flight schedules at www.rochesterintlairport.com

Rochester International Airport is served by Delta-Northwest Airlines (via either Minneapolis-St. Paul or Detroit) and American Airlines (via Chicago). It is located 8 miles south of the city, just off US Highway 63. Second in Minnesota only to the Minneapolis-St. Paul International Airport, the Rochester International Airport serves hundreds of thousands of visitors annually. Be sure to use RST as your airport code when ordering tickets online to avoid confusion with Rochester, New York.

Minneapolis-St. Paul International Airport (MSP)

Lindbergh Terminal 612-726-5555

Humphrey Terminal 612-726-5800

www.mspairport.com

The Minneapolis-St. Paul International Airport (75 miles north of Rochester) offers additional flight options. Daily shuttle service to and from the Minneapolis Airport is available by making reservations through GO Rochester Direct. Available seven days a week, vans pick up and deliver passengers in the airport's Ground Transport area. Shuttles serve most Rochester hotels and advance reservations are recommended. The Kahler Grand is one of their regular stops. Travel time one way is approximately 90 minutes. Regular fare one way is \$29 or round trip \$55; senior (60+) fare one way is \$27 or round trip is \$52.

GO Rochester Direct

507-280-9270

800-280-9270

www.gorochesterdirect.com

Taxi Service

If taxi service is needed, the taxi company will provide at-the-door pickup. City ordinances set a minimum charge of \$3.75 for each taxi load. Charges begin with a \$3.75 meter flip and accrue at \$2.25 per mile thereafter. Taxi fare between downtown and the Rochester International Airport is approximately \$25.00 that can be shared by up to four occupants. Advance reservations suggested for hotel to airport transports.

By Road – Highways

Rochester is easily accessible by highway. East-West Highway Routes: Interstate 90, US Hwy 14, State Hwy 30, State Hwy 42, State Hwy 296. North-South Highway Routes: Interstate 35, US Hwy 52, US Hwy 63.

WHAT TO EXPECT FROM THE WEATHER

Rochester's weather is unpredictable in the spring, although there is little likelihood of snow at the end of April! The average temperature during the time of the meeting is 50 degrees. The conference hotels (Kahler Grand and Rochester Marriott), Mayo Clinic, Civic Center, Rochester Art Center, and several downtown shopping complexes and restaurants are connected by a comprehensive subway and skyway system that means you will not have to go outside in inclement weather.

HOTELS

The conference hotels are the Kahler Grand Hotel and the Marriott Hotel. The AAHM room rate is \$110.00 or student rate \$59 at the Kahler Grand (800-533-1655 or 507-280-6200) and \$143.00 at the Marriott Rochester (1-877-623-7775) per night. A listing of other hotel choices is available at <http://www.visitrochestermn.com/visitors/accommodations.asp>. Reservations at those hotels can be made by calling the hotel directly.

RESTAURANTS

Rochester is an international city of international tastes. With over 165 restaurants, there is something for everyone. The following choices are all in the downtown area and in easy walking distance from the Mayo Clinic and the conference hotels.

300 First, 300 1st Ave NW, First Floor, 507-281-2451

Prime Steaks, Fresh Fish, & Smokin' Martinis. American style food prepared without shortcuts in a hip, stylish setting for people who truly enjoy dining casually. The menu boasts prime grade steaks and prime rib, grilled fresh fish, American Kobe beef burgers, sandwiches, fresh salads, and tempting desserts. Signature martinis and cocktails, along with handcrafted and domestic beers and wines, round out the menu.

Bilotti's Italian Village, 304 1st Ave SW, 507-282-8669

Relax in a rustic setting while the staff at Bilotti's Italian Village serves you traditional Italian food. You can also choose from an American menu of salads and sandwiches.

Chester's Kitchen & Bar, 111 S. Broadway, 507-424-1211

Conveniently located in University Square, Chester's is downtown's answer to classic American food served in a contemporary, casual setting. The "energetic, high-spirited bar" is a favorite gathering place for the after-work crowd. Relax to the sounds of live jazz on Friday and Saturday evenings.

City Café, 216 1st Ave SW, 507-289-1949

Step out of Rochester into the quaint metropolitan ambience of City Cafe, and discover why it was voted "Rochester's Best Restaurant" for the past three years. Specializing in "flown in fresh" seafood and fish, new American cuisine, and award-winning mojitos. A playful, award-winning martini menu and a great outdoor seating area simply add to the fun.

Grand Grill, Kahler Grand Hotel Lobby, 507-285-2585

Enjoy breakfast, lunch and dinner in a friendly, relaxed atmosphere. Savor delicious weekday, home-style lunch buffets.

Jasper's, 14 Historic 3rd Street, 507-280-6446

This is a bistro where you can enjoy upscale dining or pizza and beer in an intimate and relaxed setting. Chef Joe Purl delights restaurant goers with Alsatian specialties - Boeuf a la Mode and Tarte Flambe, and with regional favorites - Pan-crusted Walleye and Wild Rice Risotto Cakes. And of course, you can't go home without tasting the incredible desserts.

Lord Essex Tavern, Kahler Grand Hotel Lobby, 507-282-2581

Old World Hospitality in the Kahler's most distinctive restaurant. The award winning chef's menu offers fresh fish choices and prime rib roasted daily.

Mac's Downtown Restaurant, 20 1st St SW, 507-289-4219

Mac's Cafe is the place to go for fine Greek or American food. Gyros or hamburgers, it's your choice. Even if you want breakfast at 6 p.m.!

Martini's at the Kahler, Kahler Grand Hotel Lobby, 507-280-6200

Martini's not only has over 60 Martini choices, it serves a wide variety of tapas, including the "Awesome Burger" and a Prime Rib Panini. Martini's is located in the Kahler Grand Hotel in the heart of downtown, across the street from the Mayo Clinic and centrally located near shopping and entertainment in downtown Rochester. Martini's also now has outdoor seating on the plaza. Enjoy great food and drink with a new open-air atmosphere.

Michael's Restaurant & Lounge, 15 Broadway Ave S, 507-288-2020

Michael's has been offering fine dining in downtown Rochester since 1951. Features steaks, chops and seafood, along with daily specials and patron favorites. Diners are guaranteed to find many things to please every palate.

Newt's, 216 1/2 SW 1st Avenue, 507-289-0577

Newt's, a local tradition since 1978, is the only place for Great Burgers and Cold Beer. Voted Best Burger FIVE years in a row, the menu features 12 different hamburgers to choose from, all guaranteed to satisfy burger lovers! Come see why this 80 seat restaurant serves up well over two tons of hamburger a month! Quick lunches, a kids menu, and a large selection of cold imports, microbrews, domestic beer, wine, and a full bar are complemented by the friendly service.

Oak Room Restaurant & Bar, Marriott Hotel Lobby, 507-280-6000

American cuisine.

Pannekoeken Restaurant, 6 First Avenue NW, 507-287-0722

Home of the famous oven baked Pannekoeken, a light, fluffy Dutch-style pancake. The original apple-stuffed pannekoeken is still the most popular item on the menu day or night - top it off with syrup and ice cream for a dessert-worthy treat. They also offer delicious homemade muffins, sandwiches and burgers.

Pescara, 150 S Broadway, 507-280-6900

Pescara invites those with an appetite for fresh, forward food to share small plates, savor fine wine and enjoy selections from sea and land. Located in the newly renovated DoubleTree Hotel in downtown Rochester, it's the perfect place to gather for business lunches, pre-theater appetizers or romantic dinners.

Redwood Room, 300 1st Ave NW, 507-281-2978

Gourmet Pasta, Pizza, and Live Jazz. A boisterous, bar atmosphere makes this downtown spot the place to go for fun. Handmade pastas and gourmet pizzas with culinary twists, rambunctious martinis, and a stylishly rustic atmosphere amid a backdrop of light jazz and acoustic music, all keep guests coming back for more. Voted Most Romantic ambience for the past 6 years and Best Place for Live Music.

Söntés, 4 Third St. SW, 507-292-1628

Small plates and tapas. Wine lovers can choose from roughly 130 different types of wine at Söntés. Voted "Best Place to Lounge Over a Fine Glass of Wine".

Sushiitto, 318 S. Broadway, 507-280-0034

Sushiitto combines the traditional Japanese food with flavors of the western world. Offerings include Chicken, Beef, Seafood, Rice, and Vegetable dishes as well as a wide variety of specialty rolls and a traditional sushi menu.

Victoria's Fine Italian Cuisine, 7 1st Ave SW, 507-280-6232

Victoria's serves up authentic Italian food in an elegant, yet upbeat atmosphere. Everything is as fresh as possible and made just for you when you order it. Includes a gluten-free menu.