tips

TIPS FOR RESEARCH

- Iknow what you're looking at—read citations and records accurately
- demail good citations and articles to yourself as you find them
- □keep track of what you've done, what worked and what didn't
- Take good notes (clearly mark quotes, paraphrases, summaries, and your own thoughts)
- Dorganize your research as you gather it
- print out web pages that you plan to use

TIPS FOR TIMING & ORGANIZING

- □make sure you understand the assignment
- Destimate how much time you think the assignment will take and double it
- Dreak the assignment down into small parts and set deadlines for yourself
- If you can't efficiently what you need, get help
- □ eave yourself time to do the paper or project—don't get stuck in the research or planning process
- Dounce ideas around with friends, classmates, etc.
- □take advantage of the UCLA resources for students
- □attend a workshop for more tips and practical ideas

resources

RESEARCH

- •□Ask a librarian at the reference desk
- •□Ask your professor or T.A.
- Ask a librarian online http://help.library.ucla.edu
- Check out the College Library's online guides http://www.library.ucla.edu/college/help/guides.htm

WRITING & STUDYING

- —AAP Tutorial Services
 http://www.college.ucla.edu/up/aap/tutoring/index.html
- Academic Success Workshops from ORL http://www.college.ucla.edu/aitc.covel.html
- Campus Computer Labs http://www.computerlabs.ucla.edu/Info.asp
- Office of Students with Disabilities http://www.saonet.ucla.edu/osd/
- One-on-one writing tutorials for international students http://www.internationalcenter.ucla.edu

STRESS & WELLNESS

- •□Ashe Health and Wellness Center MindBody Programs http://www.studenthealth.ucla.edu/
- ■Make Friends and Create a Strong Social Network UCLA Center for Student Programming http://www.studentactivities.ucla.edu/
- ■Student Psychological Services http://www.saonet.ucla.edu/sps.htm
- Sweat Your Stress Away and Relax UCLA Recreation http://www.recreation.ucla.edu/
- ■Workshops at the Center for Women and Men http://www.thecenter.ucla.edu/
- ■Workshops at Covel http://www.college.ucla.edu/up/Workshops/

OTHER STUFF

- □CLICC Workshops http://www.clicc.ucla.edu/workshops/
- Office of the Dean of Students http://www.deanofstudents.ucla.edu/

