

Title: Simple Workout Planner

Description: With the simple workout planner we want users to be able to make and store different workout programs, these workout programs have different workouts each day which each have different exercises.

Story: program overview

-As a user

-Im able to get a list of Programs

-So that i can see all my different workout programs

Simple Workout Planner

Programs

Program A	4 Days	Edit
Program B	5 Days	Edit
Program C	3 Days	Edit

Acceptance criteria

-A list of programs with correct amount of days displayed

Story: program hover

-As a user

-Im able to click on a program

-So that i can see all the workouts in a program with all the exercises per workout

Simple Workout Planner

Programs

Program A	4 Days	Edit
Program B	5 Days	Edit
Program C	3 Days	Edit



	1	2	3	4	5	6
Exercise A 3 sets of 9	xxx	xxx	xxx	xxx	xxx	
Exercise B 4sets of 5						

Acceptance criteria

- Shows all the workout days of the chosen program
- Shows the amount of sets/ reps per exercise

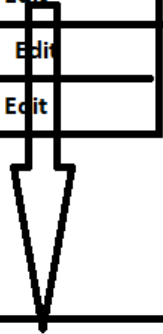
Story: program edit

- As a user
- Im able to click on edit
- So that i get redirected to a page where i can edit the exercises in a workout program

Simple Workout Planner

Programs

Program A	4 Days	Edit
Program B	5 Days	Edit
Program C	3 Days	Edit

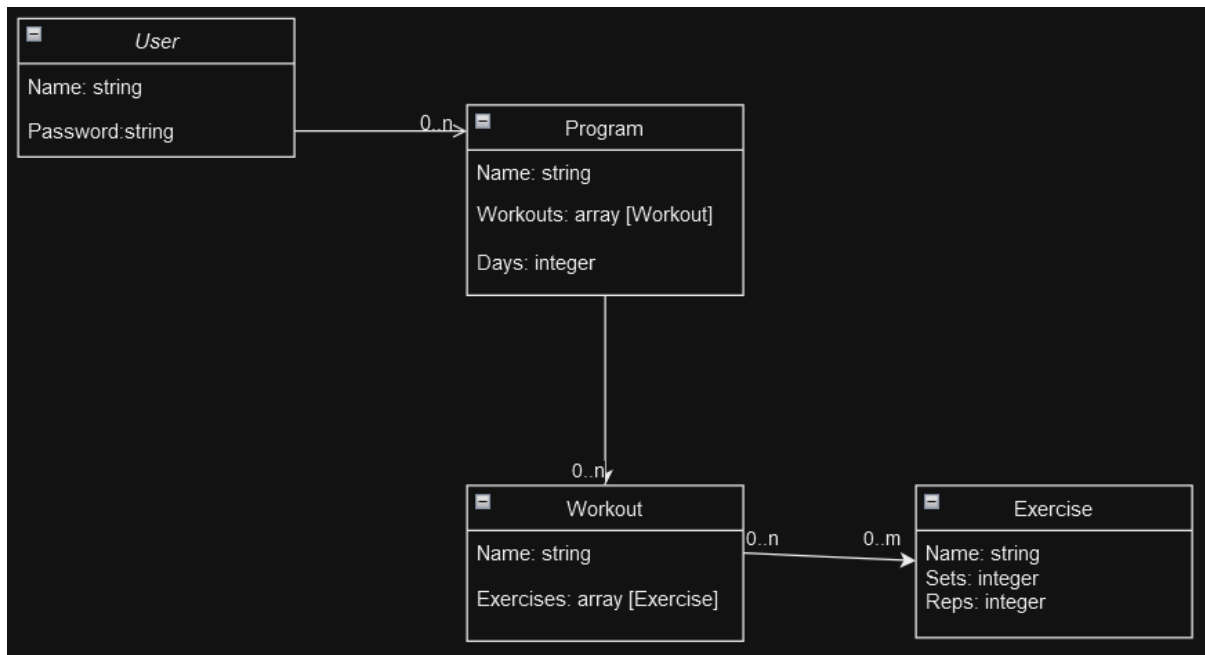


Day 2	
Remove Exercise x	Add exercise Name
Change order	Sets Reps Submit

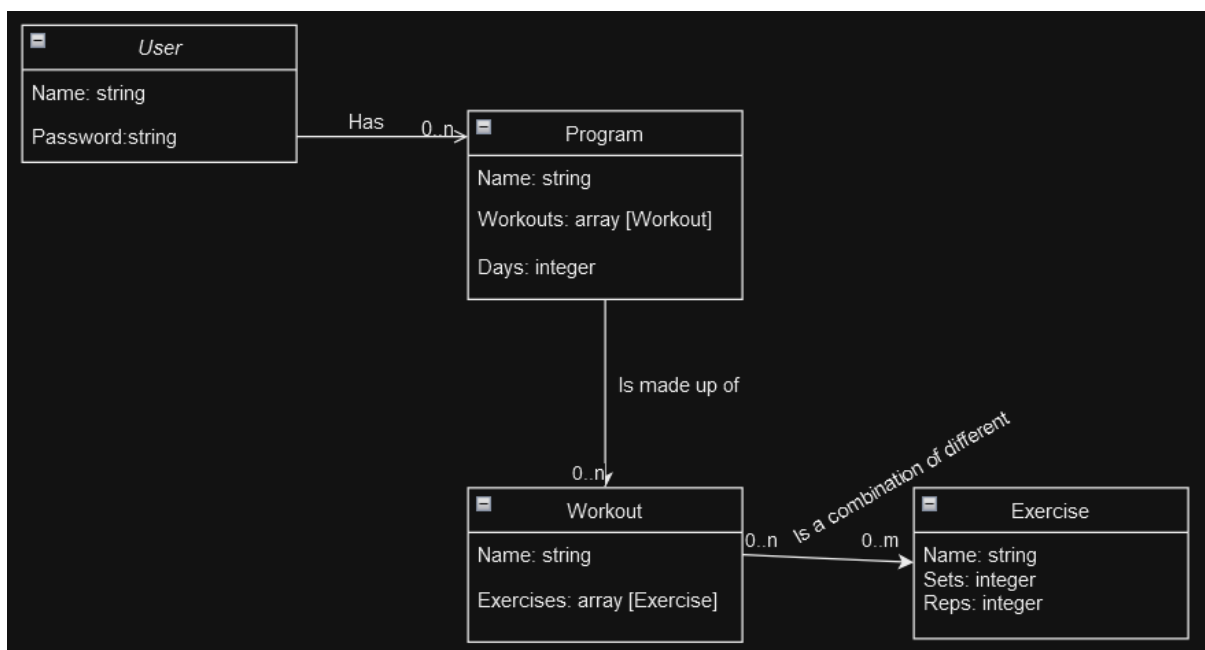
Acceptance criteria

- Be able to select a day to edit in the program
- Be able to change order of exercises on selected day
- Be able to add/remove exercises on chosen day

Domain model



Conceptual model



Dit model is een 1 op 1 met het domein model buiten dat de relaties context geven deze omzetten naar een centrale rechthoek met cirkels als attributen lijkt mij redundant.

Logical model

Deze omzetting is ook redundant, alle primary keys van de entities zijn gewoon id, bij de many2many ga ik geen tussentabel gebruiken hier gaat workout de owner zijn.