

# Brightfield Contrasting Techniques

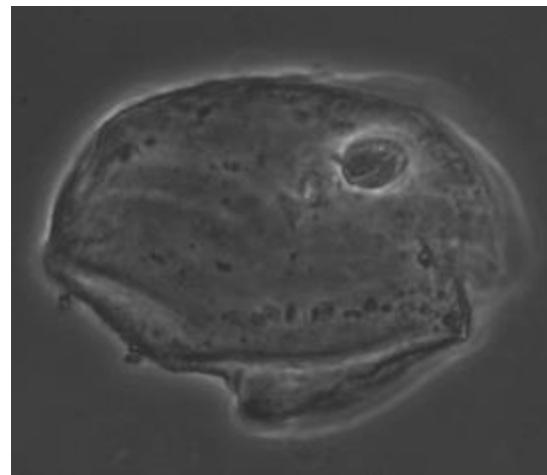
Kurt Thorn  
Nikon Imaging Center  
University of California, San Francisco  
USA

# Generating contrast in light microscopy

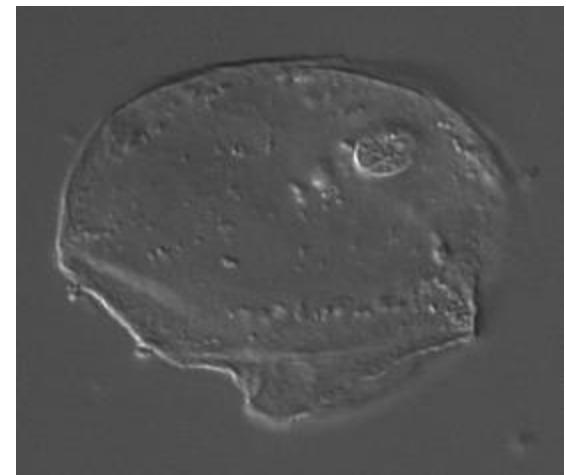
- Problem: Many biological specimens are thin and transparent and difficult to see.
- Solution:
  - Fluorescent staining
  - Brightfield contrasting techniques: DIC, Phase, others



Brightfield

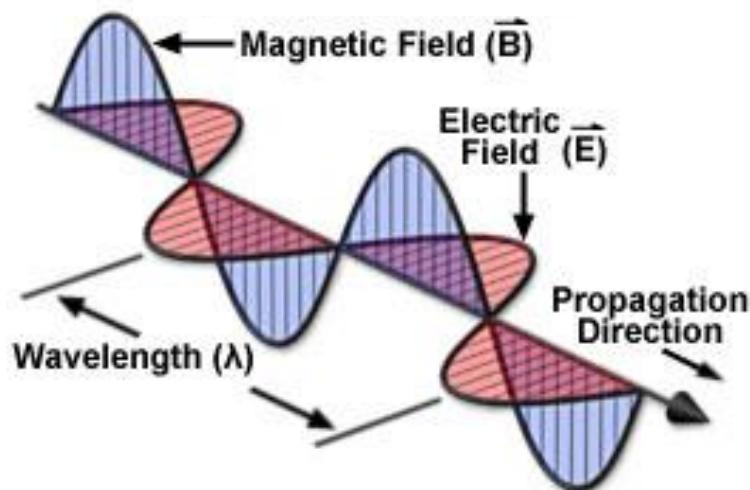


Phase Contrast



DIC

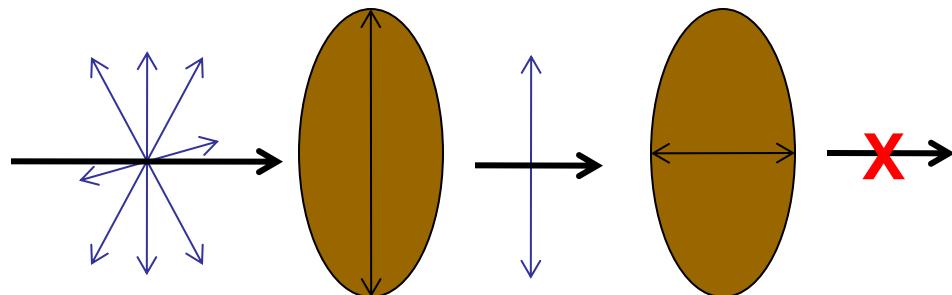
# Polarization



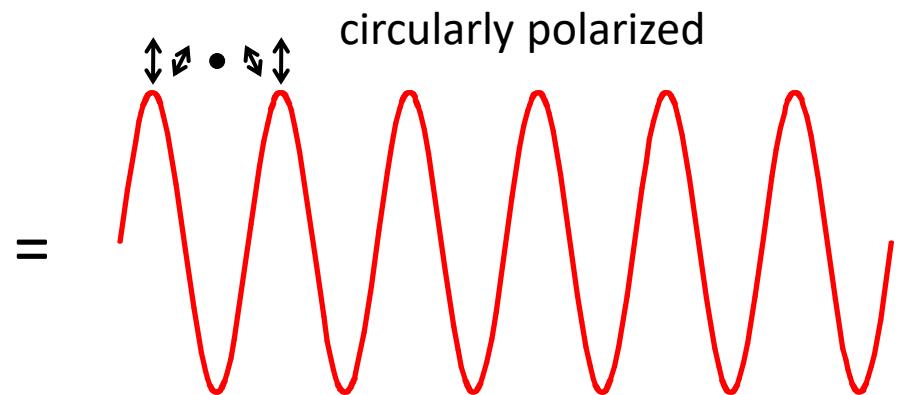
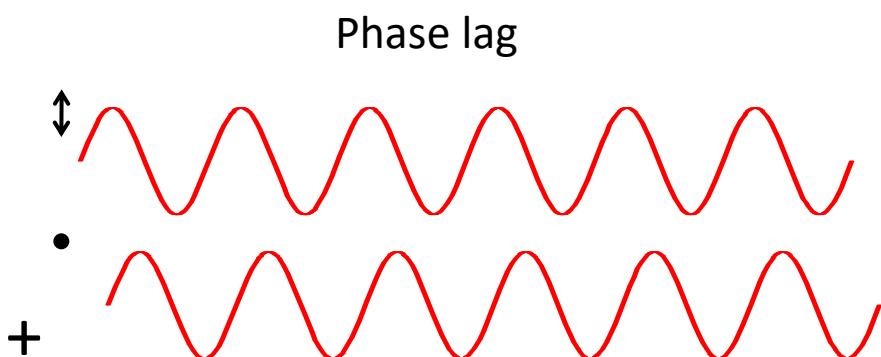
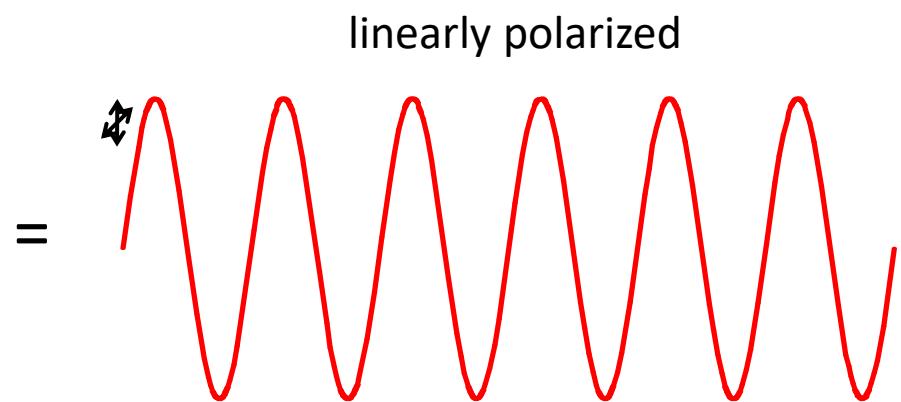
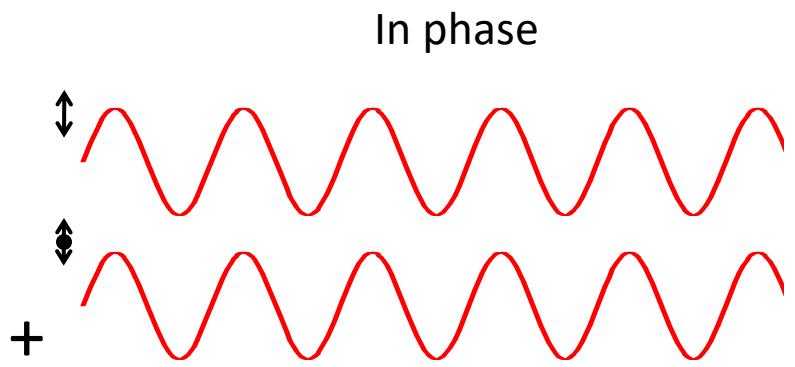
- Polarization: orientation of E-field.
- Most light sources produce unpolarized light – no preferred polarization angle

# Polarizers

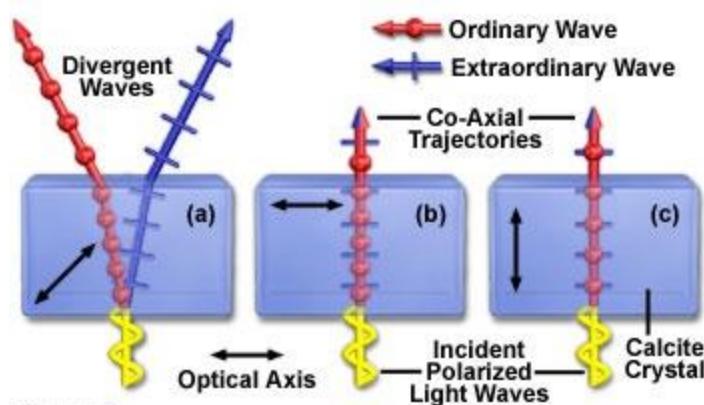
- Polarizers specifically transmit one polarization angle of light
- Crossed polarizers transmit no light



# Interference and polarization



# Birefringence



Bi-Refraction in Calcite Crystals

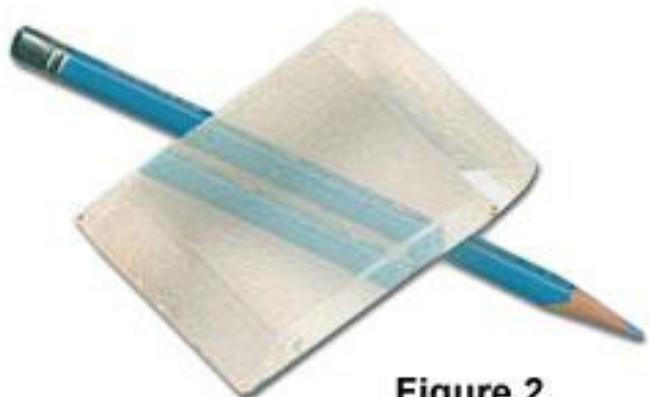
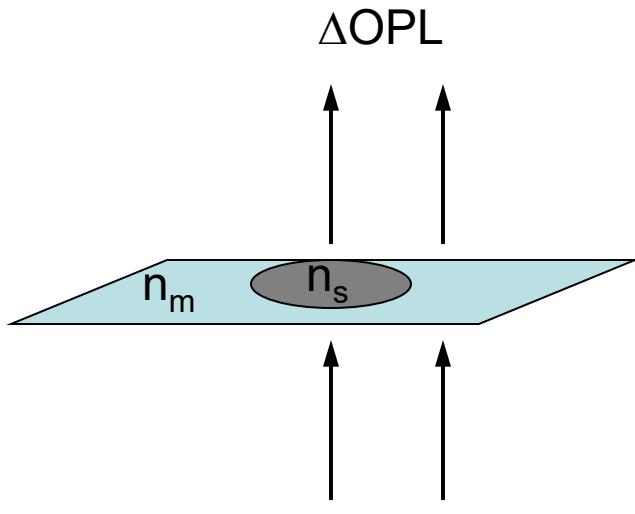


Figure 2

- Birefringent materials have different indices of refraction for light polarized parallel or perpendicular to the optical axis.
- Two beams with orthogonal polarization are produced if illumination is at an angle to optical axis

# Differential Interference Contrast (DIC)

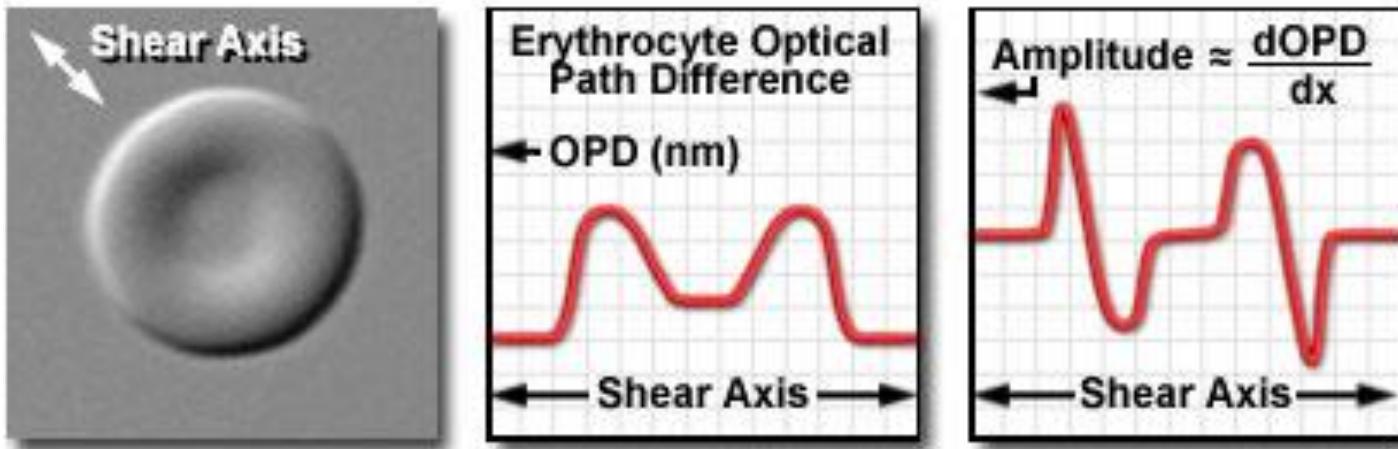


The idea:

Use two beams and interference to measure the path length difference between adjacent points in the sample

# What DIC accomplishes

## Specimen Optical Path Difference and DIC Amplitude Profile



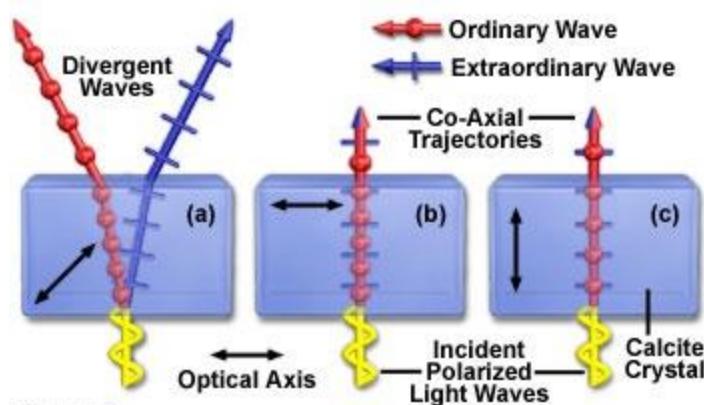
Converts relative differences in optical path length to differences in amplitude

# Features of a DIC image



1. Contrast is directional
2. Contrast highlights edges
3. One end brighter, other is dimmer giving a pseudo – 3D image

# Birefringence



Bi-Refraction in Calcite Crystals

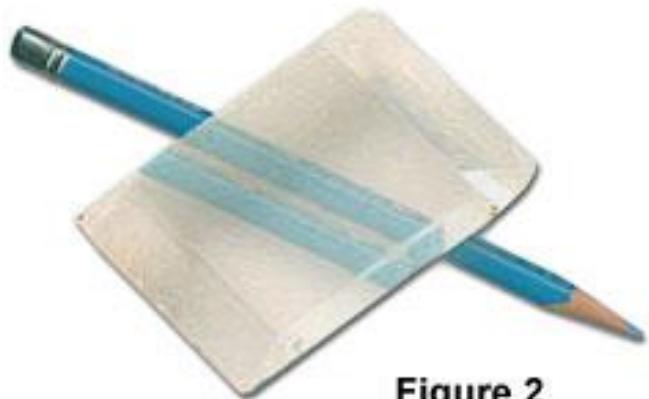
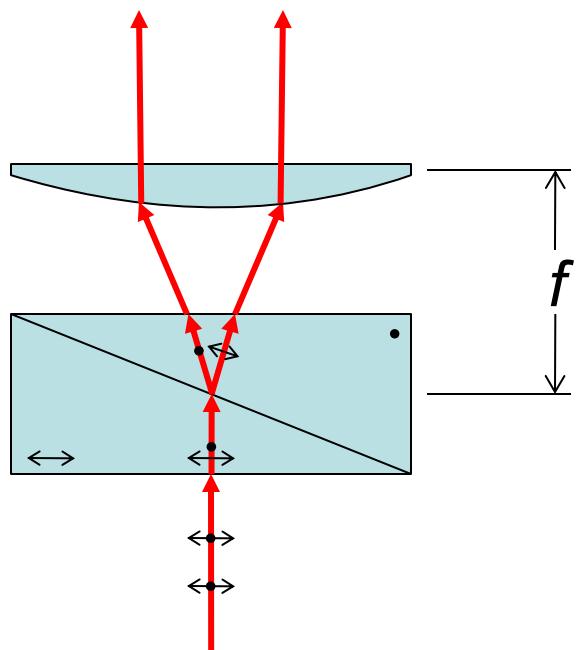


Figure 2

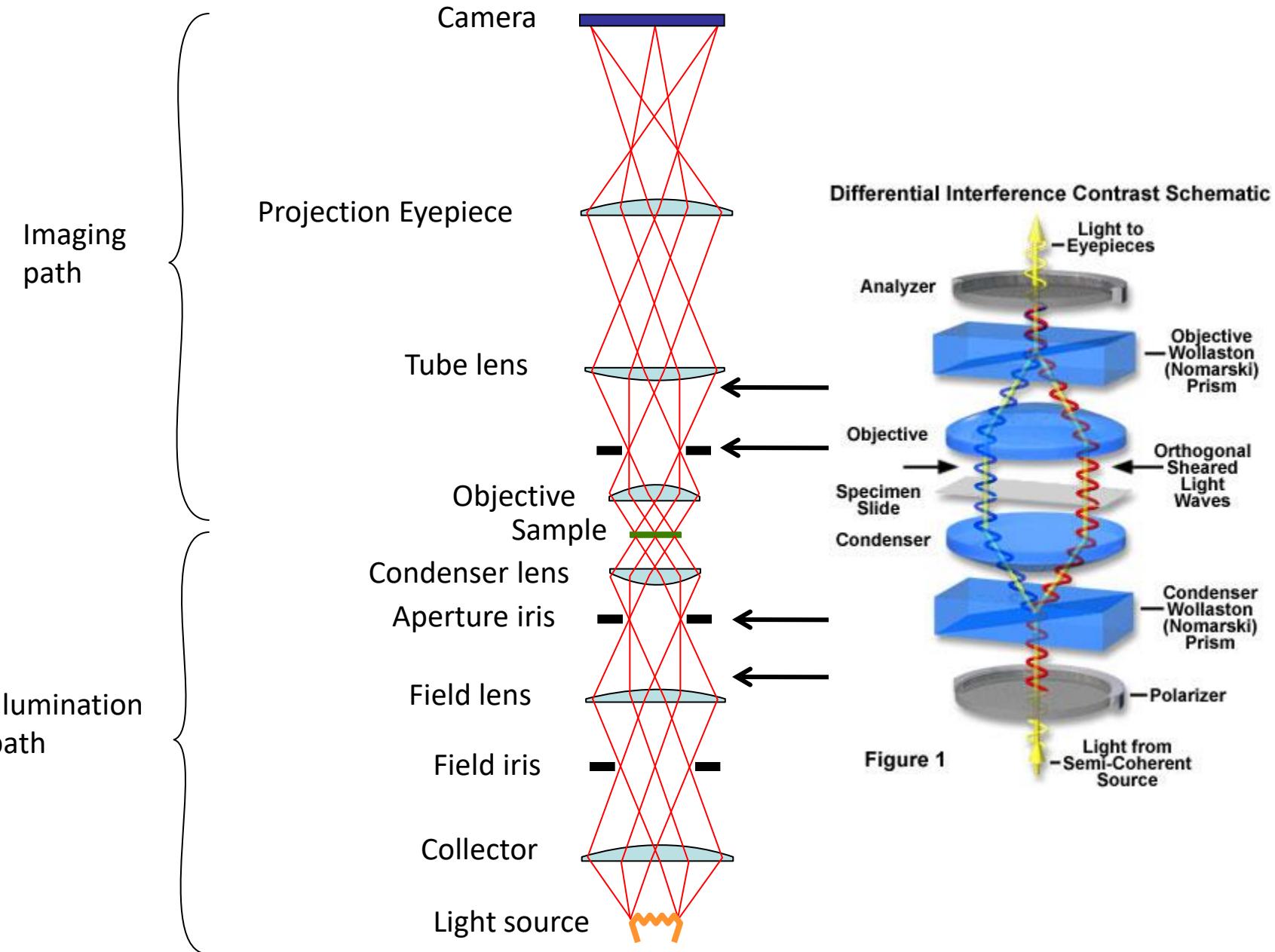
- Birefringent materials have different indices of refraction for light polarized parallel or perpendicular to the optical axis.
- Two beams with orthogonal polarization are produced if illumination is at an angle to optical axis

# Wollaston / Nomarski Prisms

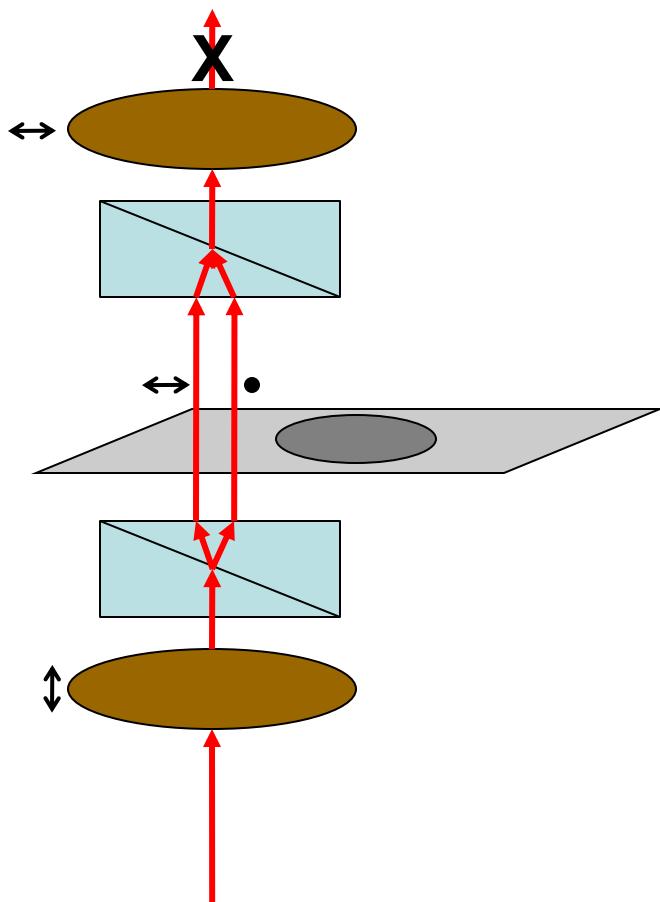


- Two pieces of cemented calcite / quartz
- Produce orthogonally polarized beams propagating at different angles

# The differential interference contrast (DIC) microscope

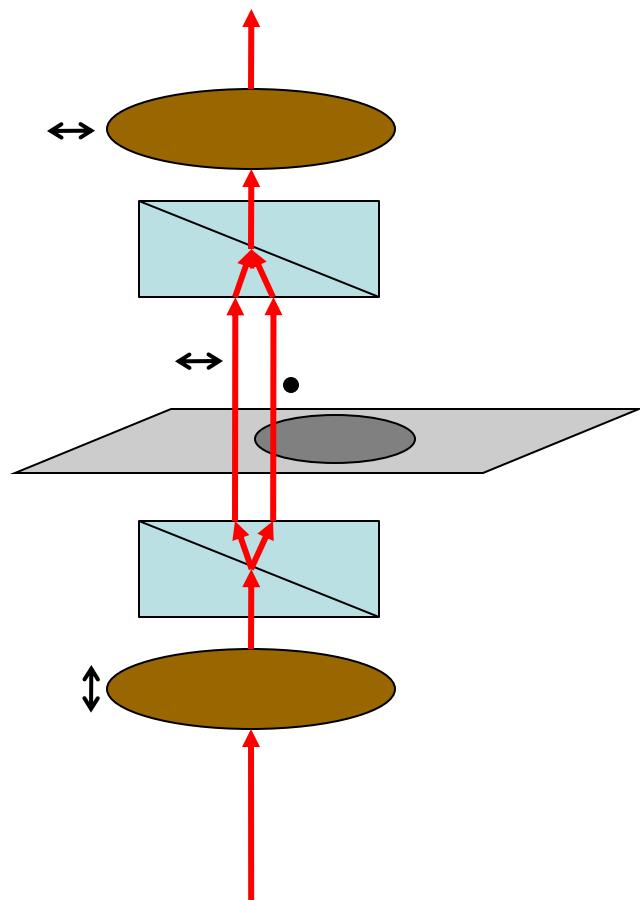


# How DIC generates contrast



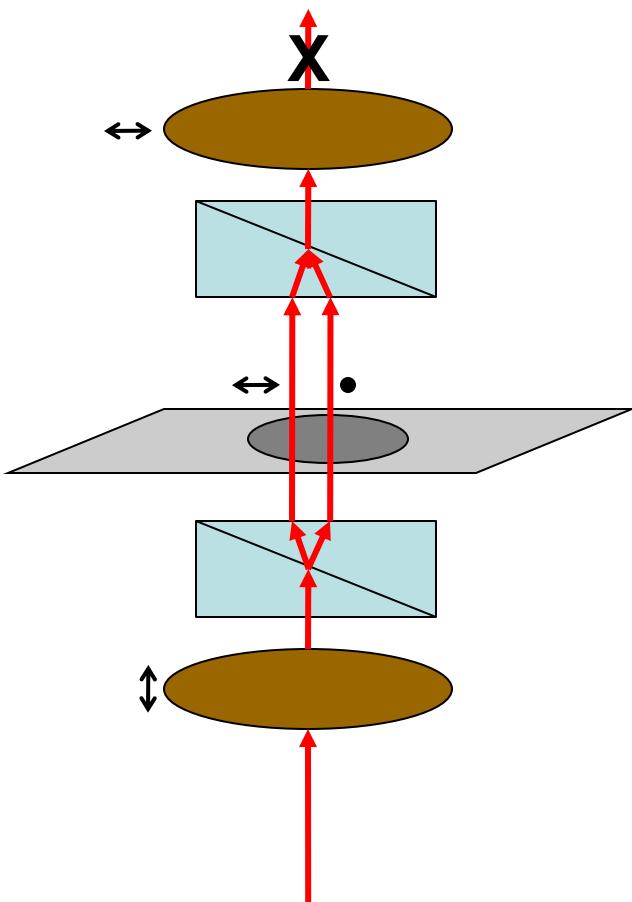
- Both beams see same OPL
- Emerge in phase
- Regenerate initial polarization
- No light makes it through analyzer

# How DIC generates contrast



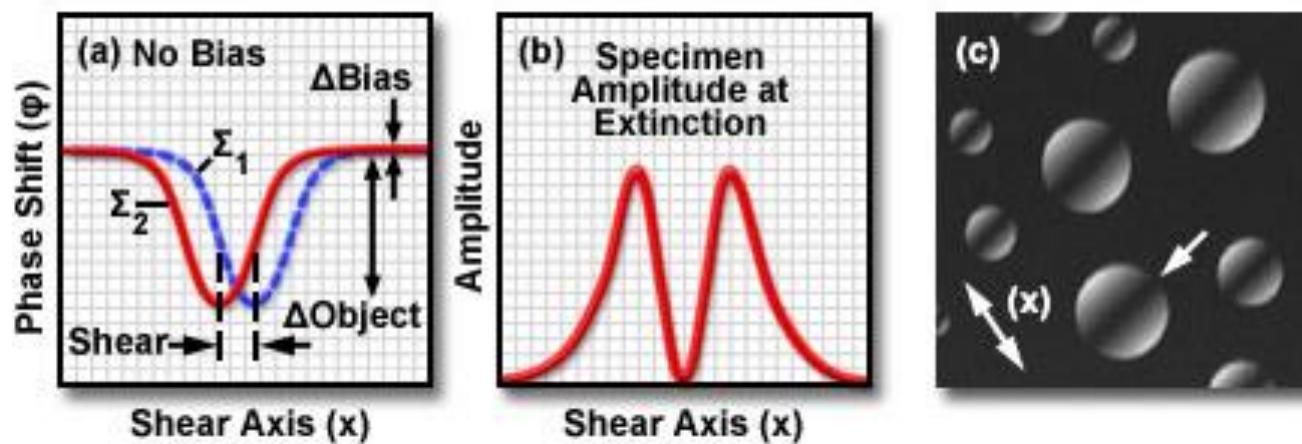
- Beams see different OPL
- Right beam is phase retarded
- Generate elliptical polarization
- Light makes it through analyzer

# How DIC generates contrast

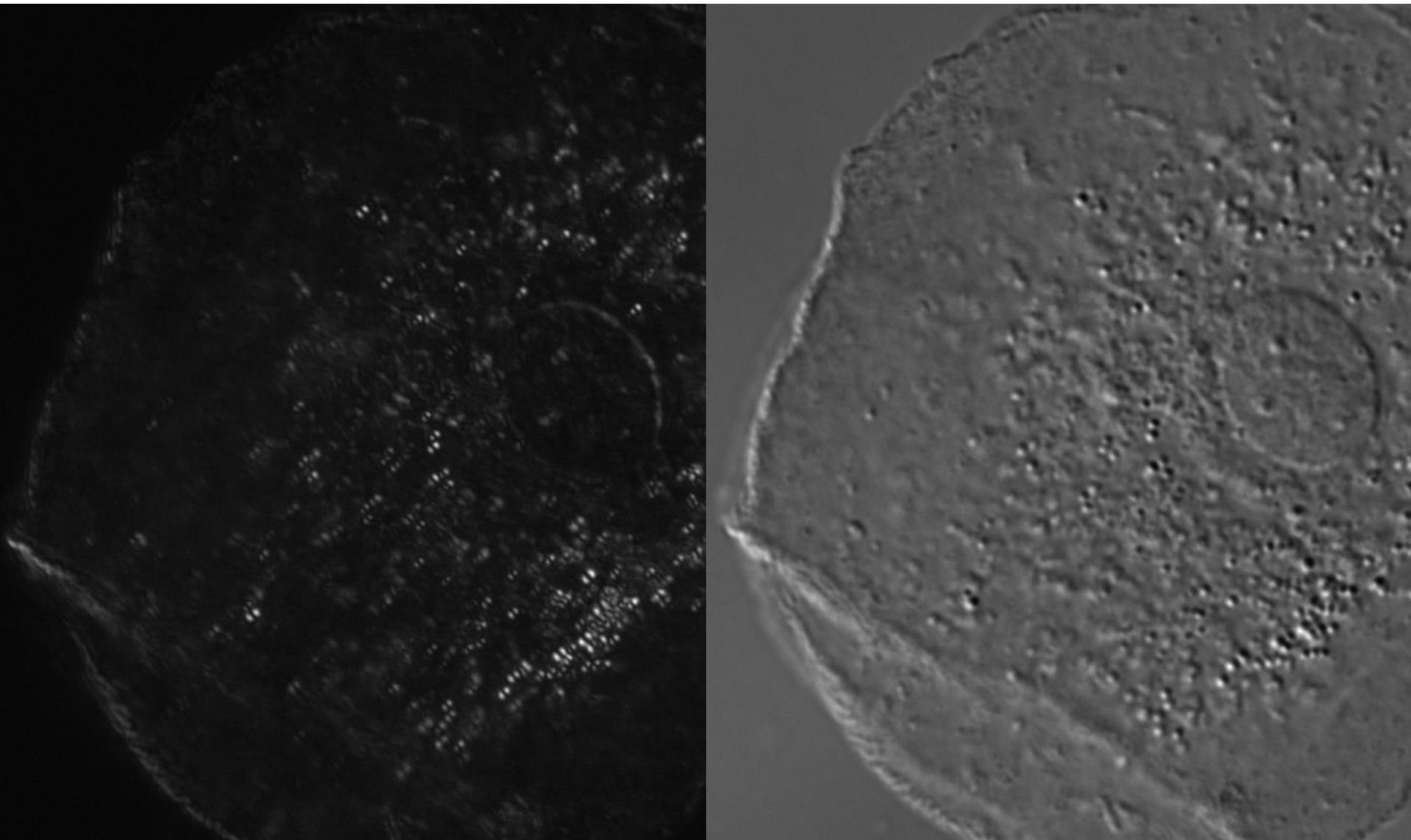


- Both beams see same OPL
- Emerge in phase
- Regenerate initial polarization
- No light makes it through analyzer

# Role of Bias in DIC

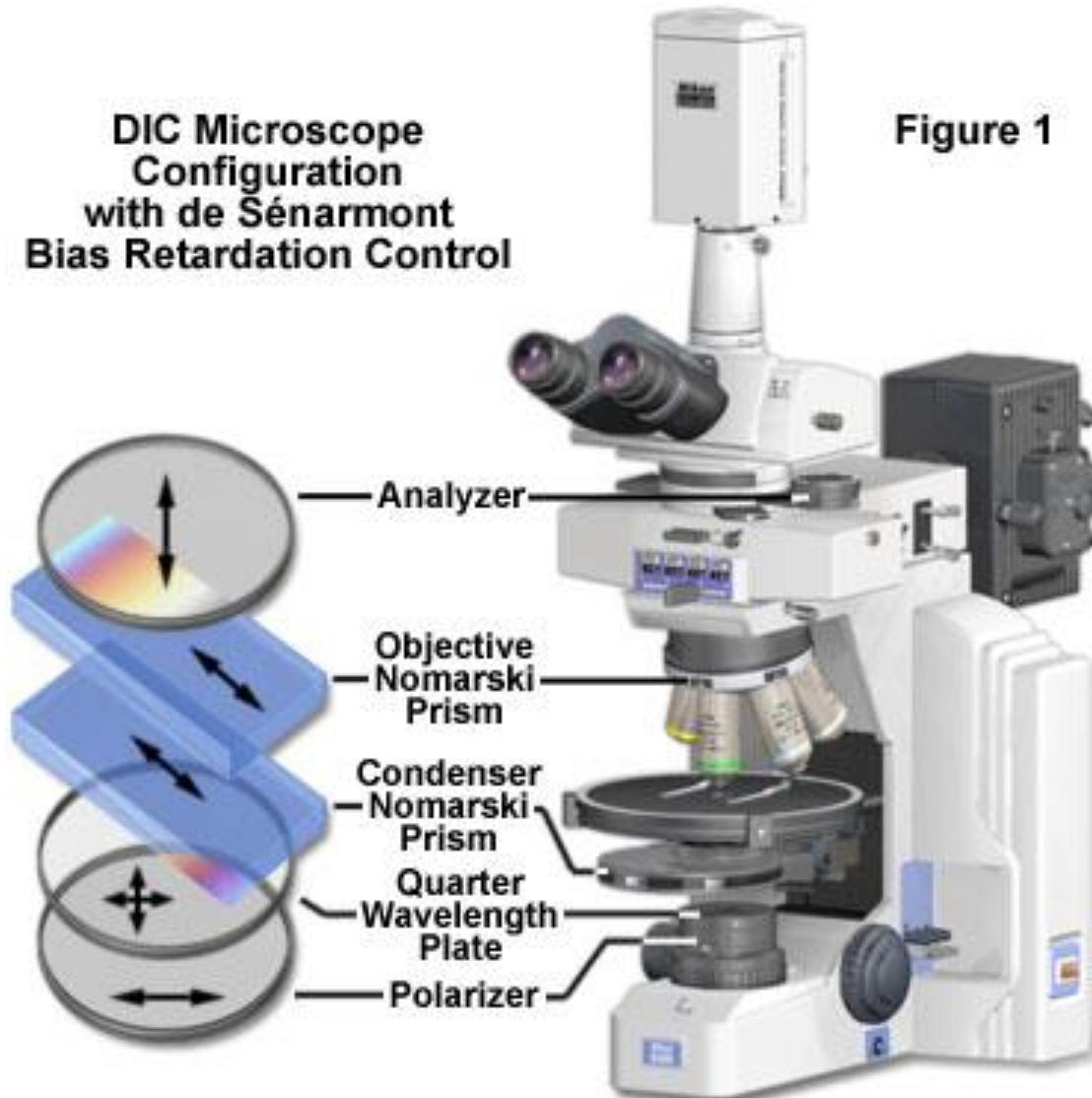


# Role of Bias in DIC

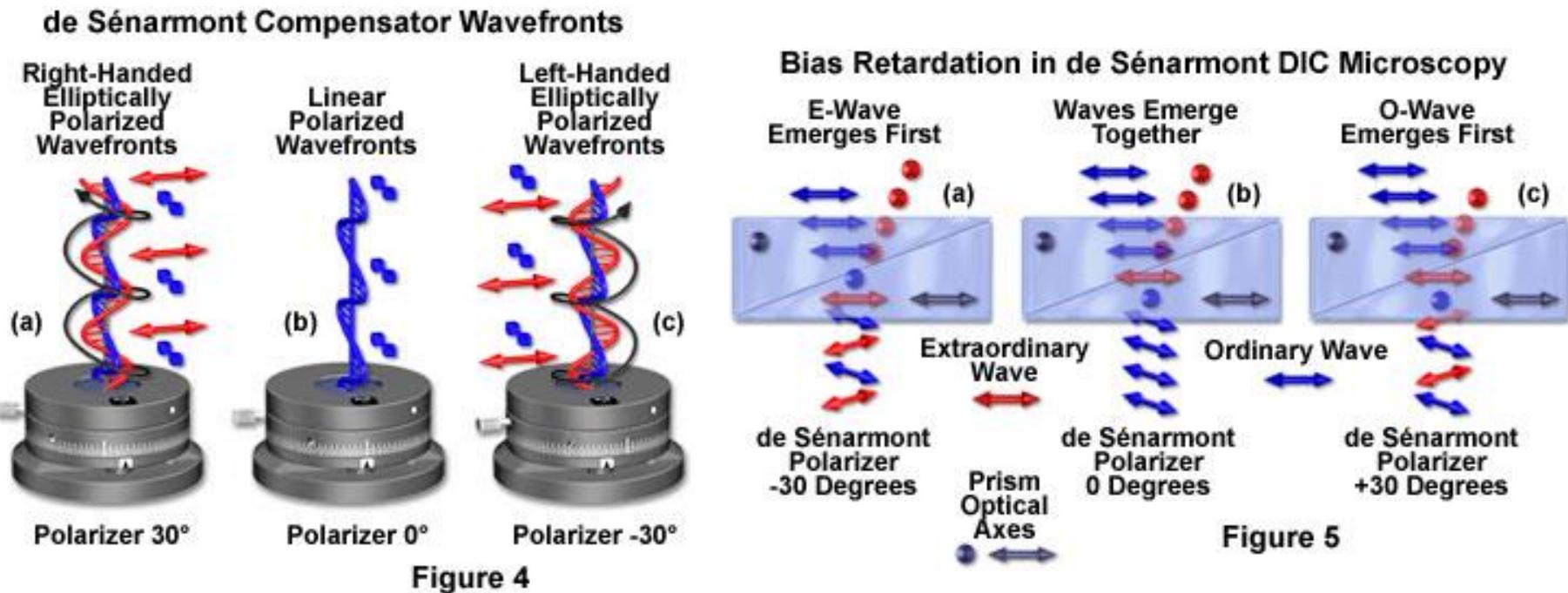


**Figure 1**

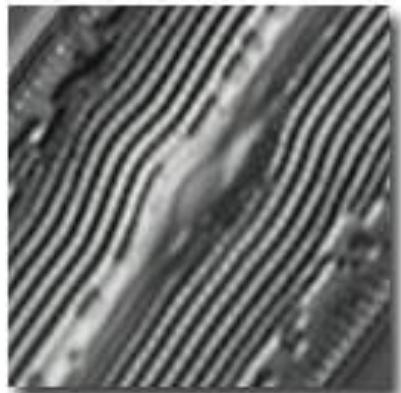
**DIC Microscope  
Configuration  
with de Séenarmont  
Bias Retardation Control**



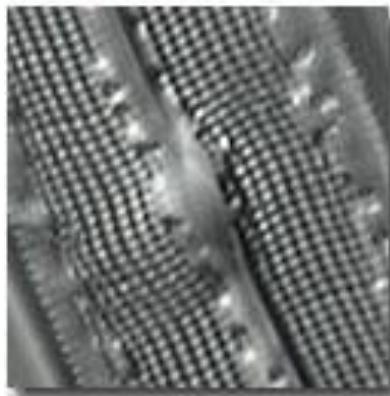
# Bias adjustment in de Sénarmont DIC



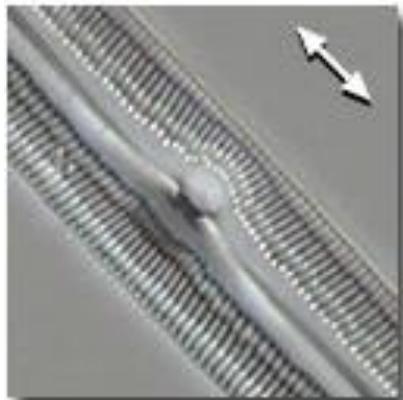
# DIC is sensitive to specimen orientation



(a)



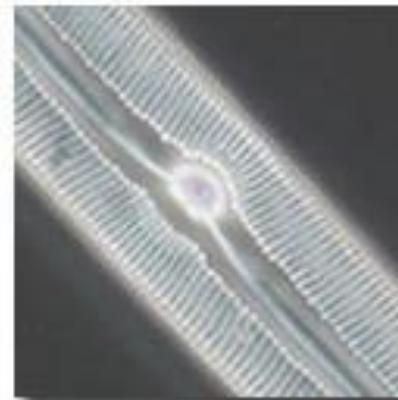
(b)



(a)



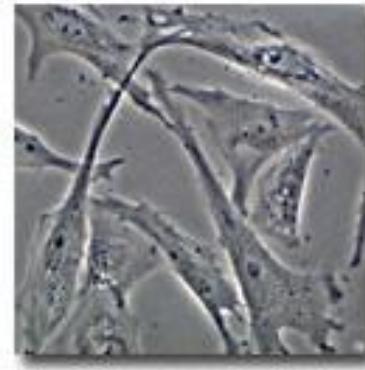
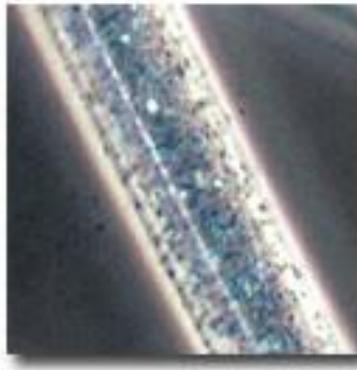
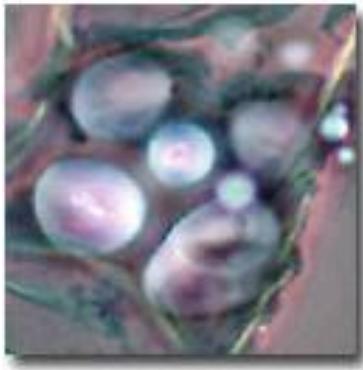
(b)



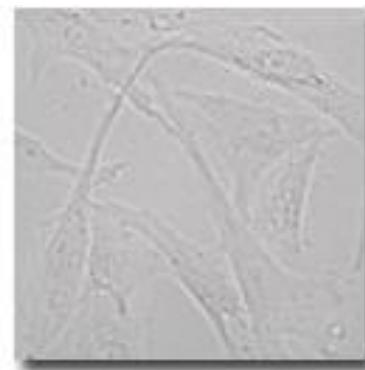
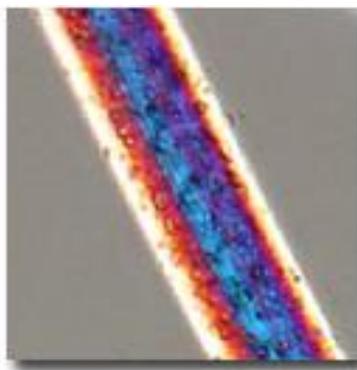
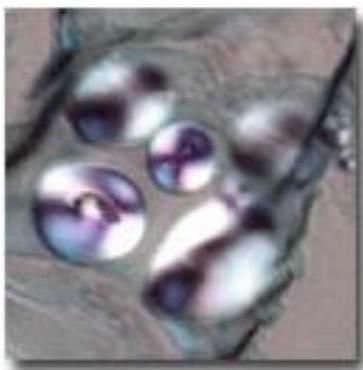
(c)

# DIC doesn't work on birefringent samples

Phase



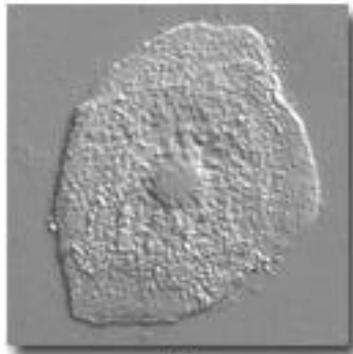
DIC



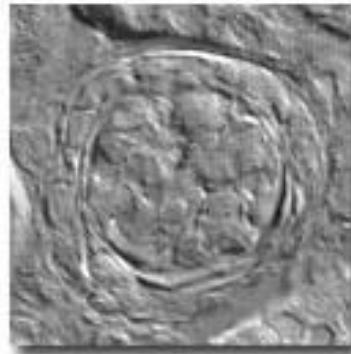
Can't plate cells on or  
or cover cells with  
plastic.

# DIC is higher resolution than phase contrast

DIC

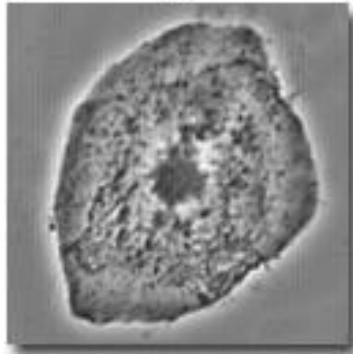


(a)



(c)

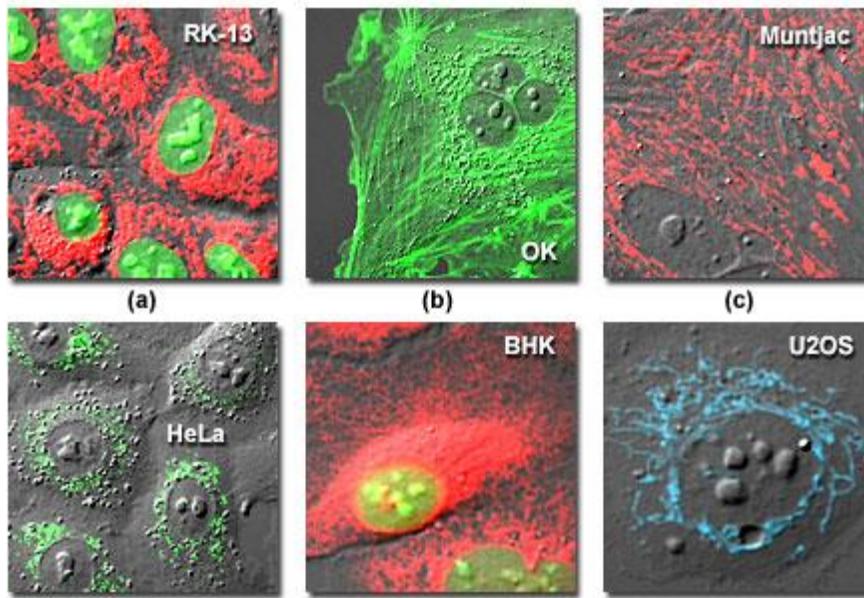
Phase



Microscope Apertures in DIC and Phase Contrast



# Combining Phase / DIC with fluorescence



To provide cellular or organismal reference.  
Phase and DIC are more general (and less toxic) than fluorescence.

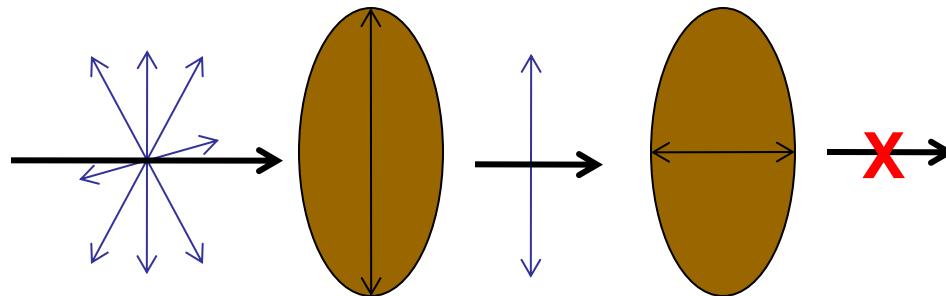
Phase and DIC do degrade fluorescence performance slightly

# Birefringence in Biological Materials

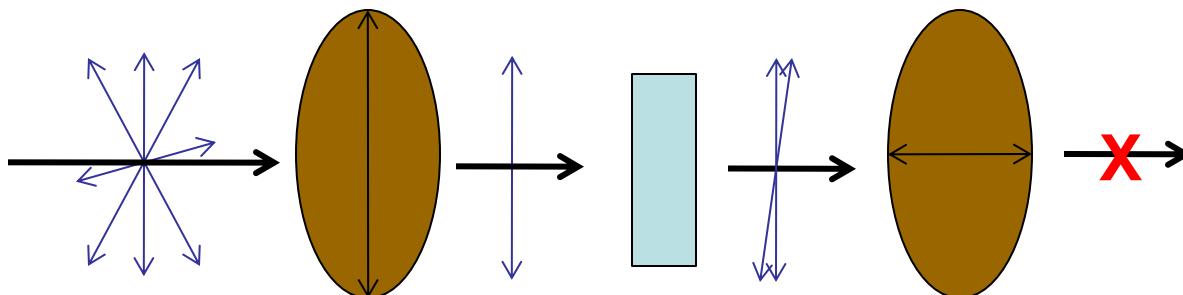
- Anisotropic materials will generally be birefringent
- What's anisotropic in the cell?
  - Polymers: DNA, actin, microtubules
  - Membranes

# How to detect a birefringent material?

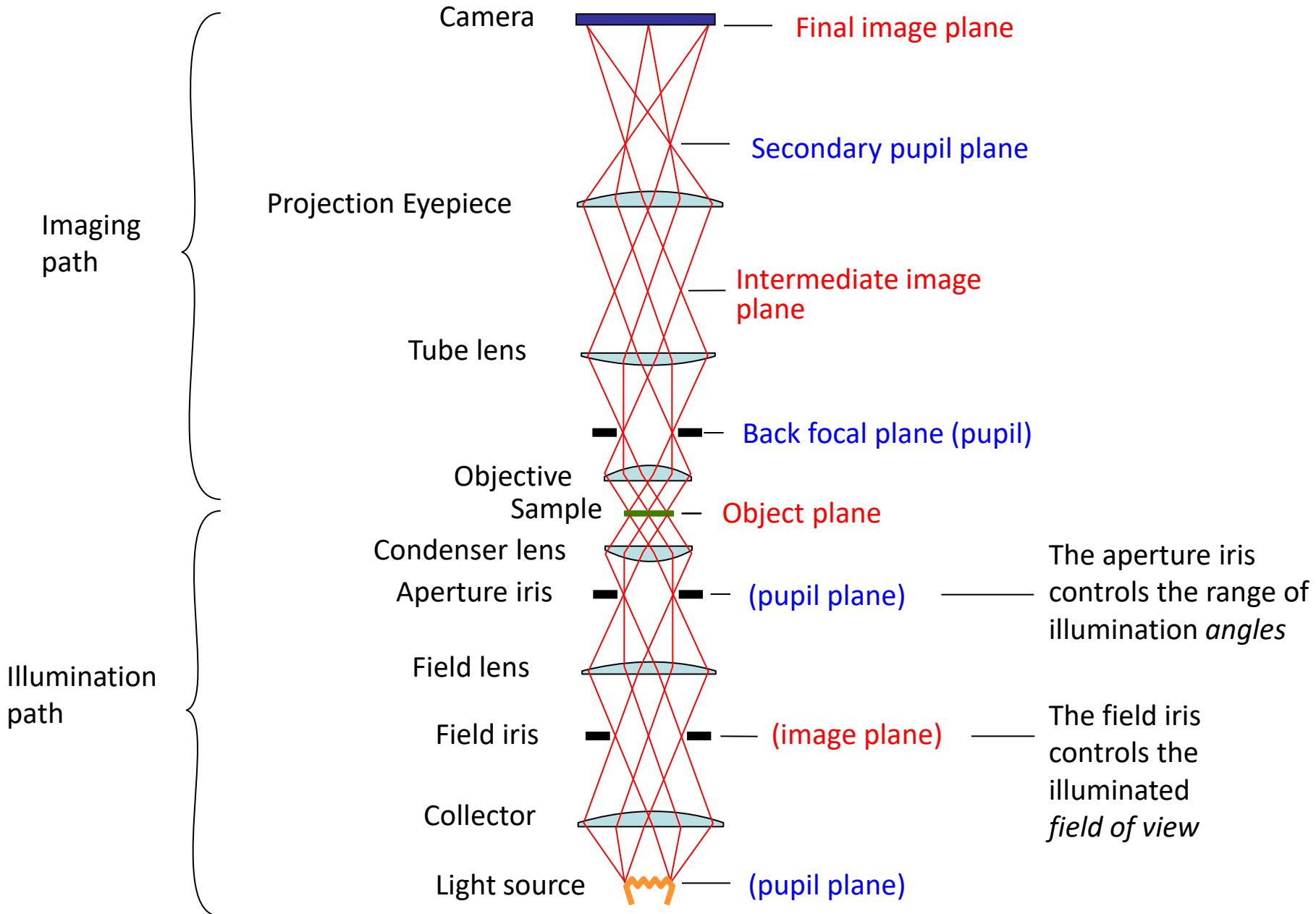
- Start with crossed polarizers



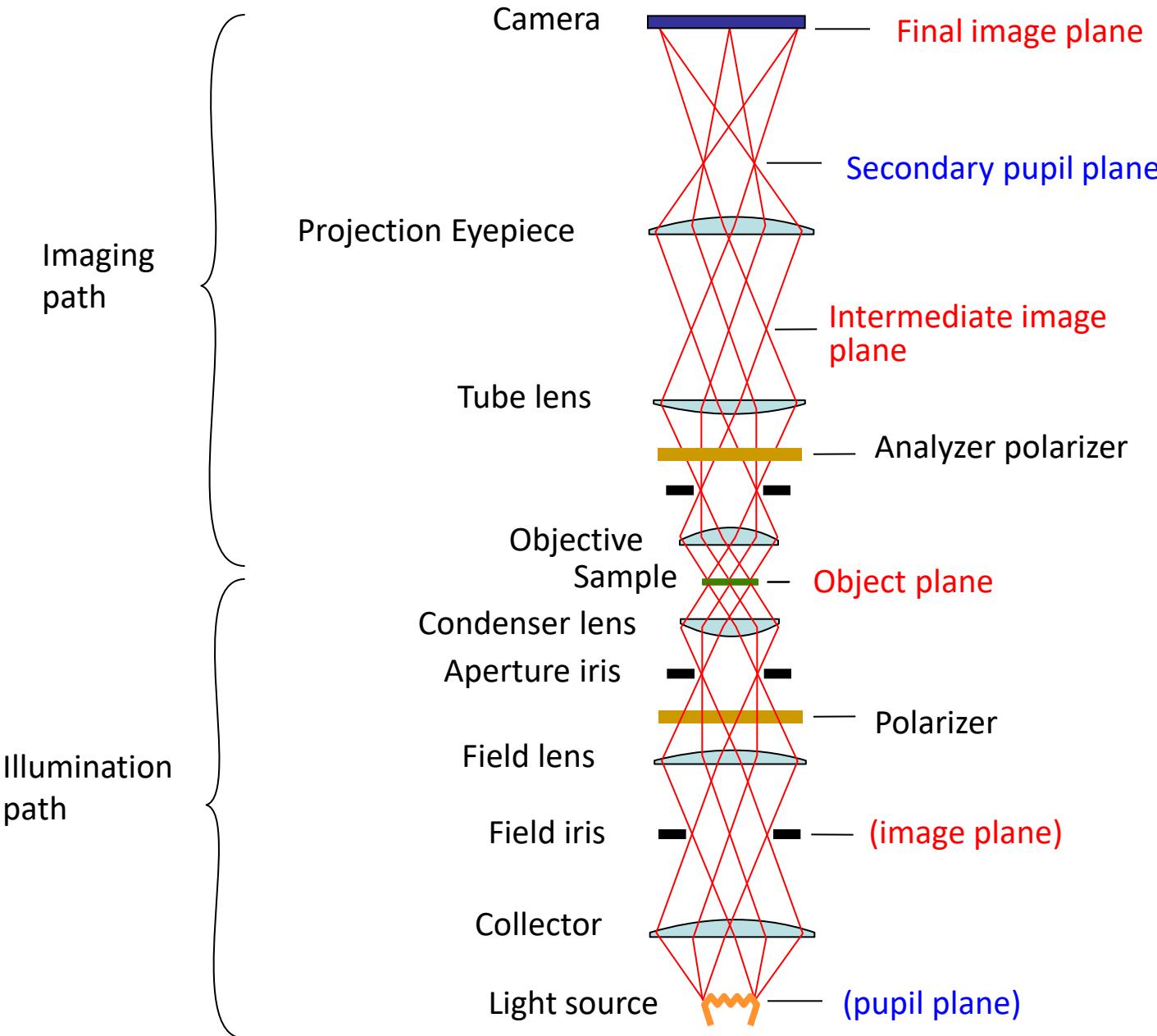
- Insert a birefringent material



# Review: The Trans-illumination Microscope

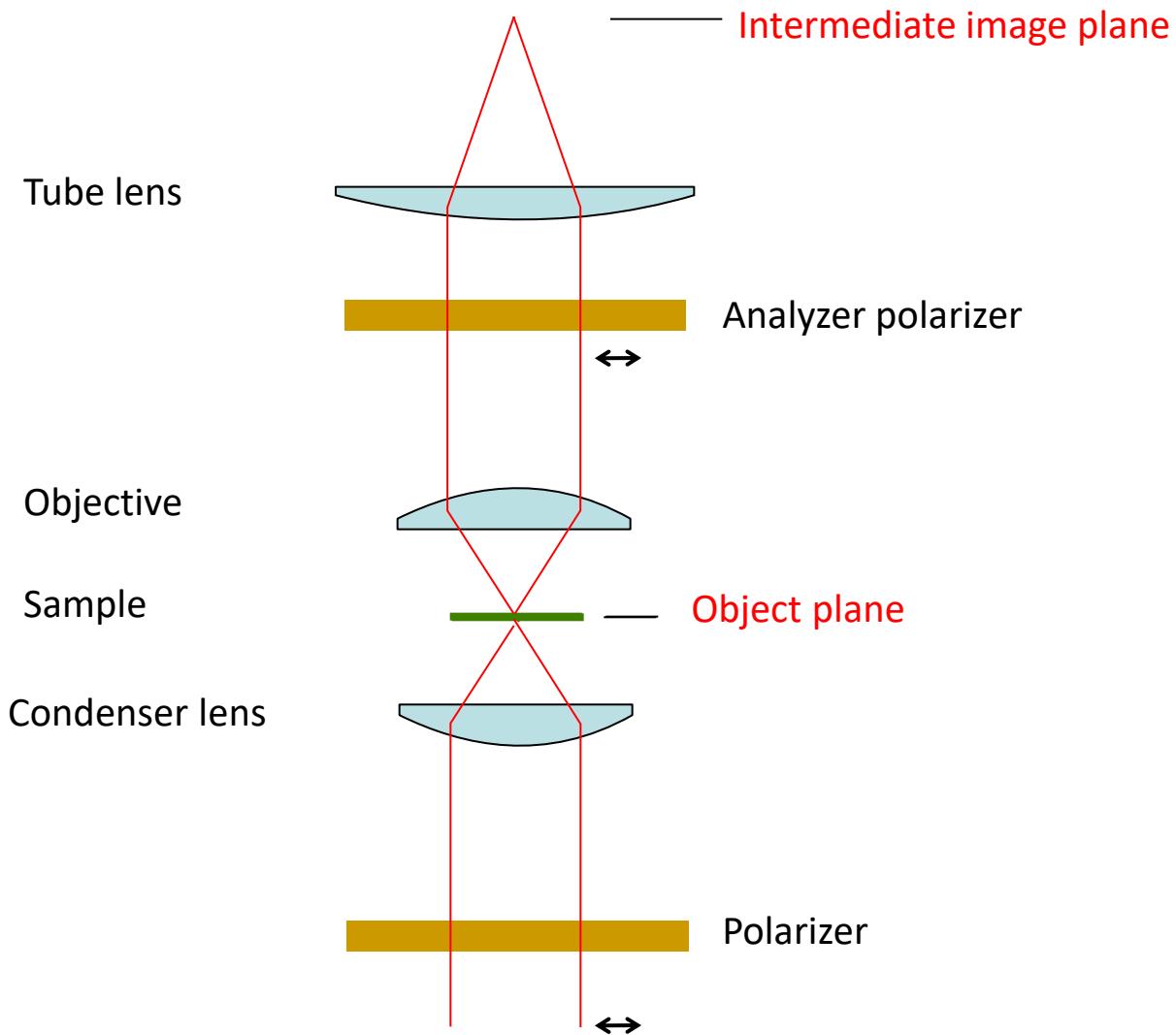


# The Polarized Light Microscope



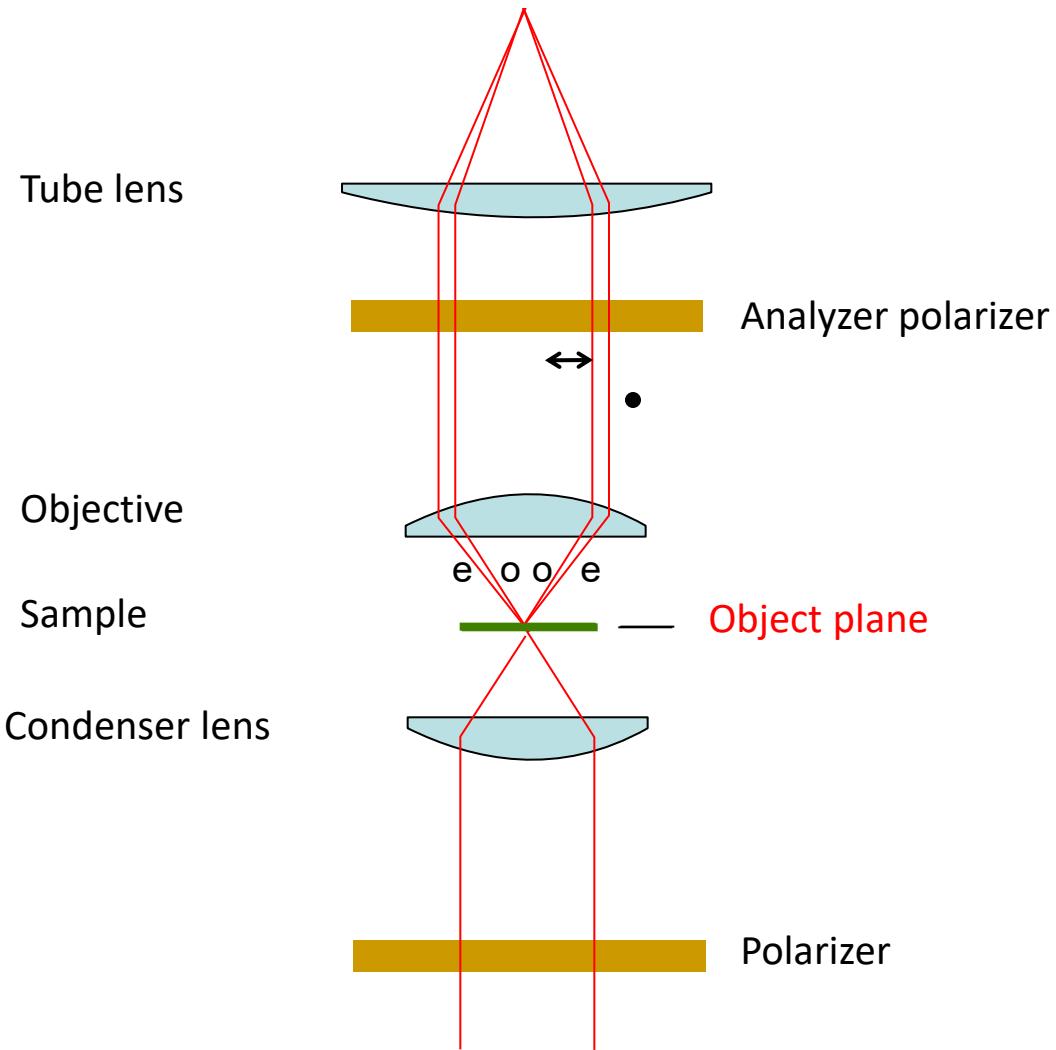
# The Polarized Light Microscope

## Imaging a normal sample



# The Polarized Light Microscope

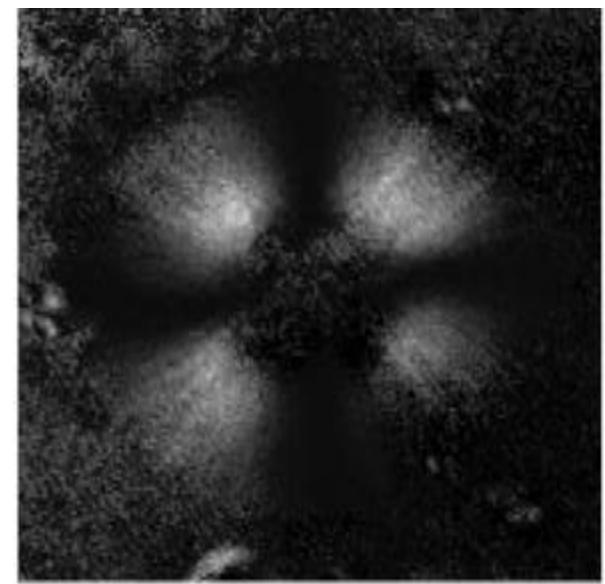
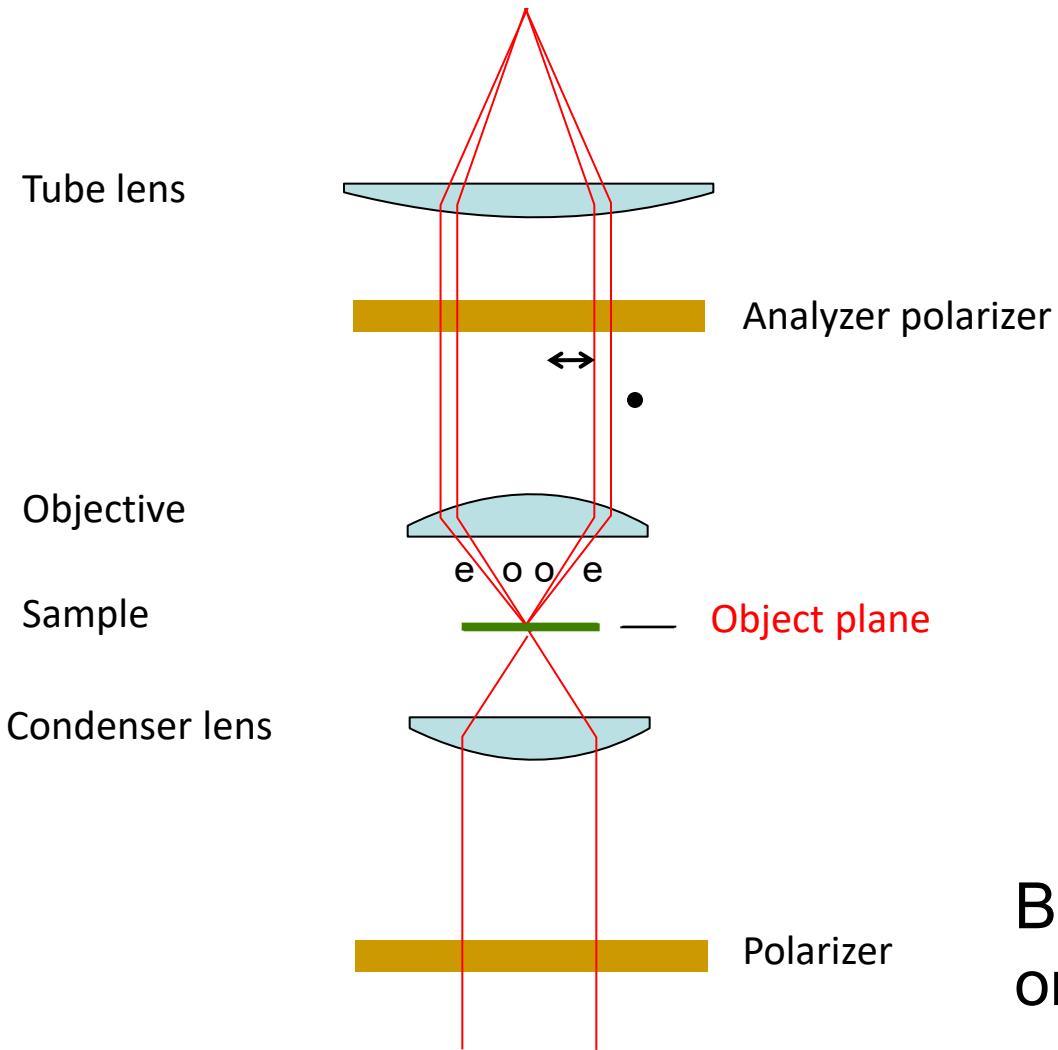
## Imaging a birefringent sample



- Birefringent sample splits light into e- and o-rays, which see different refractive indices
- The phase retardation of one ray with respect to the other gives rise to elliptically polarized light, which is transmitted by the polarizer

# The Polarized Light Microscope

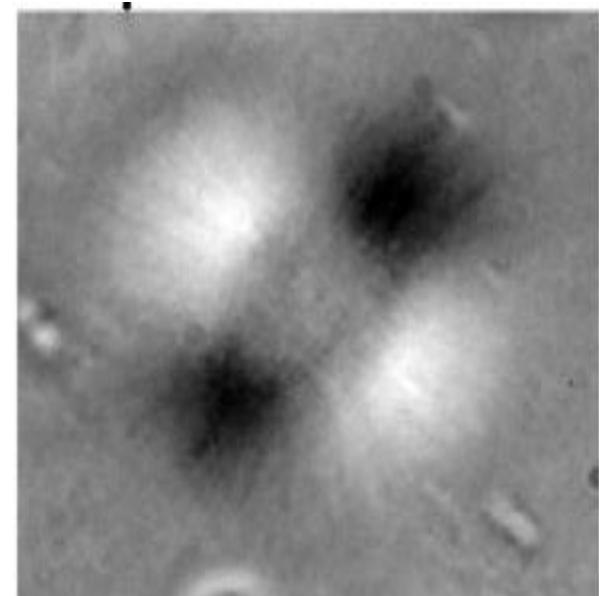
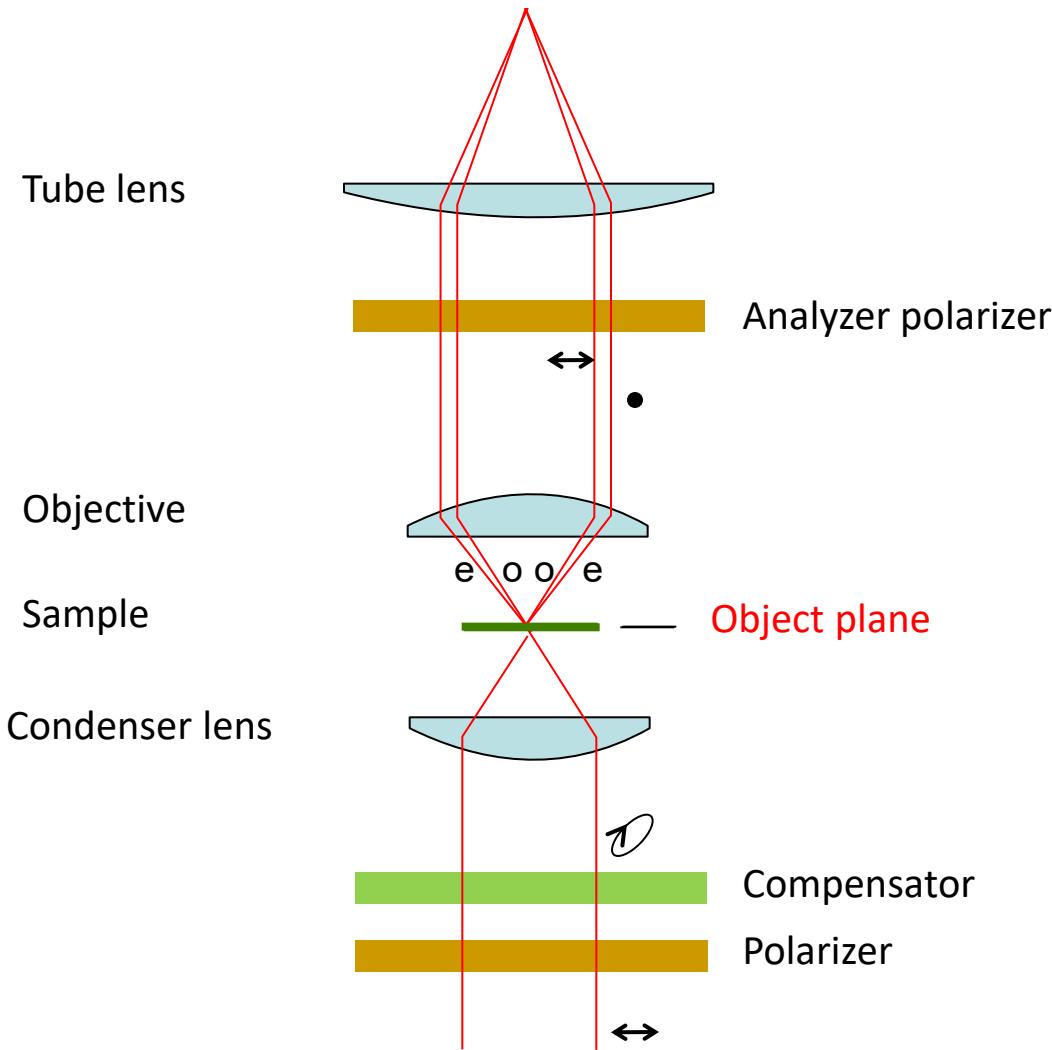
## Imaging a birefringent sample



Birefringent sample is bright  
on dark background

# The Polarized Light Microscope

Add a compensator (wave plate) for better contrast



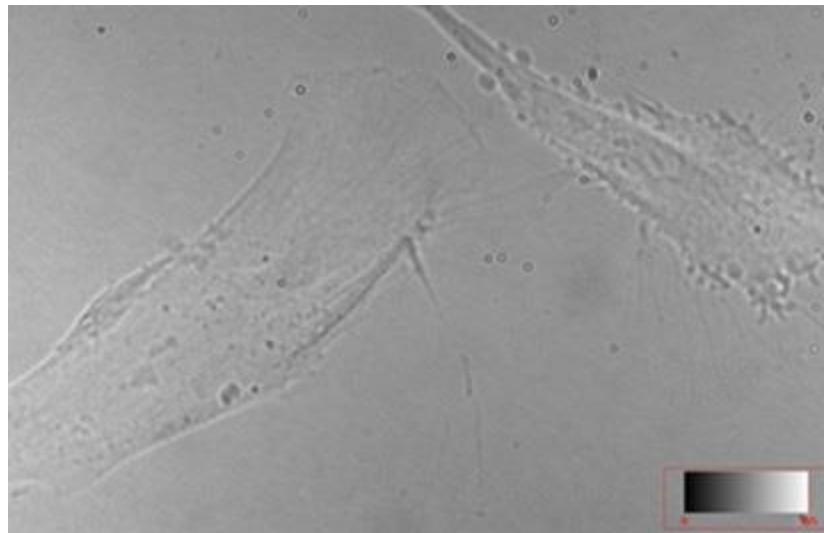
## Commercial implementation: LC-Polscope (Abrio)

- Uses a circular polarizer analyzer and variable liquid crystal retarders to measure orientation independent polarization.

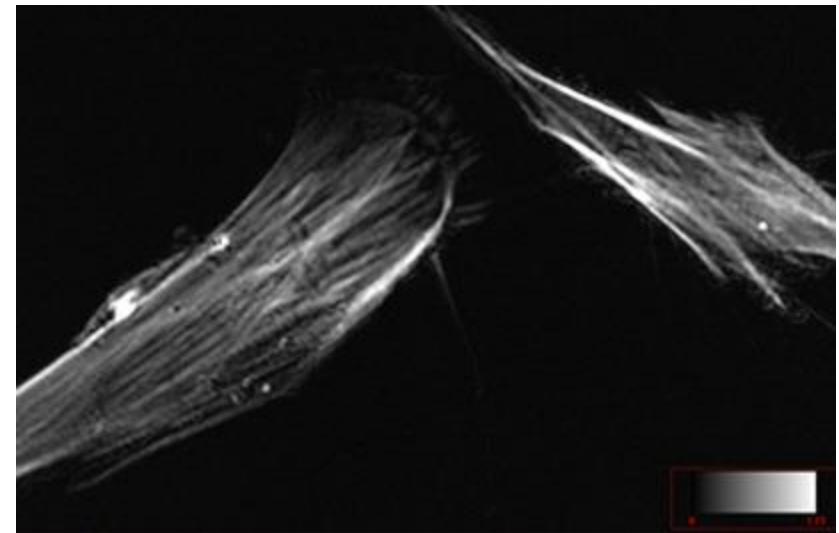
# Polarized light microscopy

- Good for
  - Seeing ordered structures in the cell:
  - Spindles
  - Other cytoskeletal structures
  - Membranes
  - Collagen
- No staining required!

## Examples – astrocyte (from CRI)



Brightfield



Polarization

# Crane Fly Spermatocytes



Rudolf Oldenbourg and James LaFountain

# Further reading

[www.microscopyu.com](http://www.microscopyu.com)

[micro.magnet.fsu.edu](http://micro.magnet.fsu.edu)

Douglas B. Murphy, “Fundamentals of Light Microscopy and Electronic Imaging”

Hecht, “Optics”

Slides available:

<http://nic.ucsf.edu/dokuwiki/doku.php?id=presentations>

## Acknowledgements

Orion Weiner / Mats Gustafsson / Rudolf Oldenbourg