**Alcoholic Liver Disease Overview Page**

at https://www.hepatitis.va.gov/alcohol/index.asp

Title: Alcoholic Liver Disease

Drinking a significant amount of alcohol every day damages the liver. Treatments are limited, so the best way to fight alcoholic liver disease is to quit drinking.

More than 90 percent of heavy drinkers build up excess fat in the liver, and between 10 to 20 percent have liver scarring called cirrhosis. About a third of alcoholics develop acute alcoholic hepatitis, a dangerous swelling of the liver.

For Patients <<link to https://www.hepatitis.va.gov/alcohol/patient/index.asp>>

* Overview <<link to https://www.hepatitis.va.gov/alcohol/patient/overview.asp>>
* Alcohol Drinking Diary and Change Plan <<link to https://www.hepatitis.va.gov/alcohol/patient/what-you-can-do.asp>>
* Alcohol and fibrosis <<link to https://www.hepatitis.va.gov/alcohol/patient/fibrosis.asp>>
* Alcohol and cirrhosis <<link to https://www.hepatitis.va.gov/alcohol/patient/cirrhosis.asp>>
* Alcohol use and hepatitis C treatment <<link to https://www.hepatitis.va.gov/alcohol/patient/response-to-treatment.asp>>
* Resources << link to https://www.hepatitis.va.gov/alcohol/patient/resources.asp>>

How to Help Patients Reduce Alcohol Use <<link to https://www.hepatitis.va.gov/alcohol/treatment/brief-intervention-teaching-guide.asp>>

Alcohol Use Disorders Identification Test <<link to https://www.hepatitis.va.gov/alcohol/treatment/audit-c.asp>>

CALL OUT BOX:

Guides and Fact Sheets for Reducing Alcohol Use

<<link to https://www.hepatitis.va.gov/products/brief-intervention-resources.asp>>