

Protective Capacity of S Antibody Levels Across Different Age Groups Based on Nationwide Community Surveillance Data in South Korea

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Abstract

This study evaluates the protective efficacy of hybrid-induced immunity and vaccine-induced immunity against SARS-CoV-2, focusing on changes in spike (S) antibody levels. Utilizing nationwide community-based surveillance data from South Korea, we analyzed a cohort of 10,000 individuals across 258 public health centers and 113 private medical facilities. Our findings indicate that hybrid-induced immunity offers superior and more durable protection compared to vaccine-induced immunity. This research highlights the necessity of ongoing immunization strategies and personalized vaccination approaches to maintain high S antibody levels and sustain long-term immunity against COVID-19.

Keywords: keyword1, keyword2, keyword3, keyword4

1 Introduction

The global health crisis precipitated by SARS-CoV-2 has underscored the crucial role of neutralizing antibodies in conferring immune protection against COVID-19. Previous studies, notably by Khoury et al. (2021), have elucidated that neutralizing antibody levels are highly predictive of immune protection from SARS-CoV-2 infection. Additionally, Feng et al. (2021) have quantified the levels of antibody protection required to prevent COVID-19, emphasizing the critical role of the immune response in controlling the pandemic.

Despite the initial high efficacy observed in neutralizing antibody responses, the durability of spike (S) protein antibody-mediated protection remains a significant concern. Longitudinal studies have documented a decline in antibody levels over time, necessitating booster doses to sustain immunity (Levin et al., 2021). This temporal decline in antibody titers underscores the importance of ongoing immunization strategies, particularly in the context of emerging variants of concern (VOC).

The intricate relationship between S antibody levels and immune protection against SARS-CoV-2 underscores the need for comprehensive research to optimize vaccination strategies. Ongoing efforts to understand the dynamics of antibody responses, especially in the face of emerging variants, are critical to sustaining long-term immunity and controlling the COVID-19 pandemic.

This study evaluates the protective efficacy of hybrid-induced immunity versus vaccine-induced immunity and compares immune responses across different age groups. By examining these aspects, the research aims to optimize vaccination strategies and develop robust long-term

protection against SARS-CoV-2. The findings highlight the importance of effective immune responses, as measured by S antibody levels, in providing protection against COVID-19. Additionally, monitoring population-level S antibody thresholds can help tailor vaccination schedules to different age groups, enhancing protective efficacy. This research offers valuable insights into antibody-mediated immunity, informing targeted immunization programs to maximize protection across diverse demographics.

2 Materials and Methods

2.1 Sample Collection and Definitions

From August to December 2022, during the 6th and 7th peaks of COVID-19 in South Korea, a nationwide community-based surveillance study was conducted. This study involved 258 public health centers and 113 private medical facilities across 259 cities and counties. A representative sample of 10,000 individuals aged 5 and older was randomly selected from 5,000 households. Data collection was conducted through one-on-one interviews by trained surveyors using tablets to ensure accuracy.

To verify reported COVID-19 cases, individual responses were corroborated with S and N antibody activity. According to Khoury et al. (2021) and Feng et al. (2021), SARS-CoV-2 infection activates both N and S antibodies, whereas COVID-19 vaccination primarily induces S antibody activity. Therefore, the presence of N antibodies indicates infection. Infection status was confirmed based on N antibody activity, providing a reliable assessment and correcting for potential inaccuracies in self-reported data.

From an immunological perspective, the population can be classified into four distinct groups: hybrid-induced immunity (S+N+), vaccine-induced immunity (S+N-), infection-induced immunity (S-N+), and naïve (S-N-). This classification is consistent with current immunological understanding and aligns with findings from related studies (Levin et al., 2021; Garcia-Beltran et al., 2021).

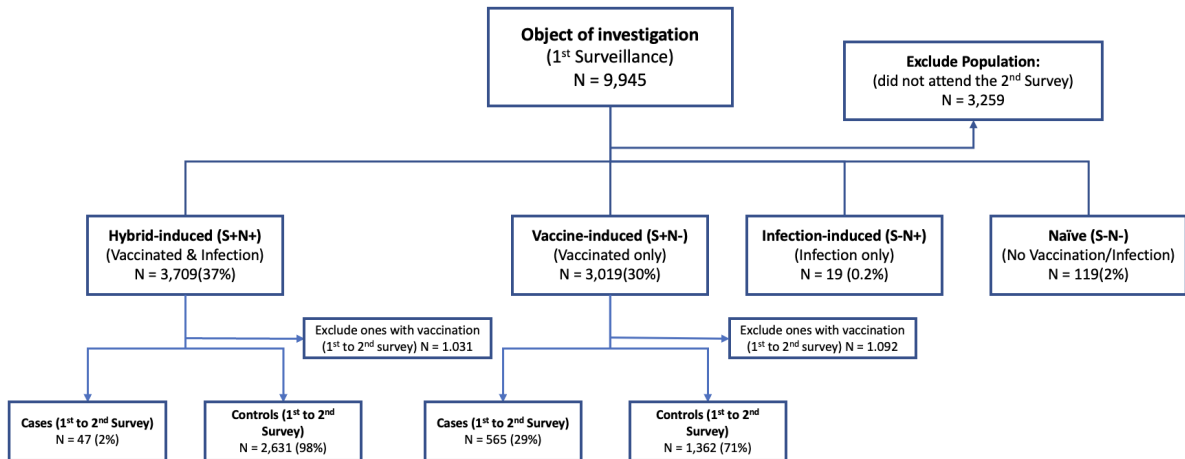


Figure 1: Flow Chart Illustrating the Cohort Study Design

2.2 Cohort Study Design and Regression Model

To investigate changes in S antibody levels, a cohort study design was implemented (Figure 1). Unlike the case-control study design, which tracks confirmed infection records, this cohort study began with four distinct immunity types: hybrid-induced immunity (S^+N^+),

vaccine-induced immunity (S^+N^-), infection-induced immunity (S^-N^+), and naive (S^-N^-). The outcome measurements in this study were the S antibody levels at the second surveillance point, while the exposure measurements included S antibody levels at the first surveillance point, immunity type, and immunological events occurring between surveillance points. Participants who did not participate in the second survey were excluded, resulting in a cohort of 6,686 participants.

Notably, the hybrid-induced and vaccine-induced immunity groups comprised over 98% of the cohort population. Consequently, subsequent research focused primarily on these two groups. To compare the protective capacity of these two main groups, Kaplan-Meier survival analysis was applied, focusing on the probability of remaining free from COVID-19 infection following the first surveillance. It is important to note that individuals who received the COVID-19 vaccine or booster were excluded from this survival analysis.

		Hybrid-induced (S+N+ Vac&Infec)	Vaccine-induced (S+N- Vac&noInfec)	Chi-Squared test (hybrid v.s. vaccine)
Total population	TOTAL (PER) 6,728 -	NUM (PER) 3,709 -	NUM (PER) 3,019 -	P-value
Age	<20	186 5%	108 4%	2.2e-16***
	20-39	690 19%	394 13%	
	40-59	1,320 36%	849 28%	
	60-79	1,350 36%	1,356 45%	
	80+	163 4%	312 10%	
Sex	male	1,621 44%	1,391 46%	0.03**
	female	2,088 56%	1,628 54%	
Underlying diseases	Yes	1,558 42%	1,584 52%	2.2e-16***
	No	2,057 55%	1,374 46%	
Time since most recent immunology	< 1 month	436 12%	246 8%	2.2e-16***
	1-6 months	2407 65%	1016 34%	
	6-12 months	863 23%	1740 58%	
	> 1 year	3 0%	17 1%	
	no event	0 0%	0 0%	
Vaccination	no vaccine	0 0%	0 0%	2.2e-16***
	1 dose	24 1%	13 0%	
	2 dose	793 21%	368 12%	
	3 dose	2127 57%	1518 50%	
	4 dose	765 21%	1100 36%	
1st-2nd events	infect	46 1%	532 18%	2.2e-16***
	vac	634 17%	697 23%	
	infect-vac	2 0%	53 2%	
	no event	3027 82%	1737 58%	

Table 1: Summary table of cohort study design

Within each immunity group, the outcome measurement was defined as infection status during the first and second surveillance periods, while the exposure measurement was the S antibody level recorded during the first surveillance. To accurately assess the impact of S antibody levels on COVID-19 protection, specific exclusions were applied. Individuals who did not participate in the second survey were excluded due to untracked infection status. Additionally, those who received a vaccination between the two surveillance periods were excluded from both the case and control groups, as their initial S antibody levels would no longer be valid indicators. Following these criteria, the case group comprised 612 individuals (14%), and the control group included 3,993 individuals (85%).

The imbalance in the case-control cohort posed significant challenges for the regression model using the least squares method. To address this issue and mitigate the impact of confounders, we employed the nested case-control (NCC) technique (Pearce, 2016; Richardson, 2004). This approach involves selecting a matched subset of controls from the same cohort for each case based on relevant characteristics, thereby ensuring comparability and enhancing the validity of the results.

3 Results

3.1 Survival Analysis of Immunity Types Across Age Groups

The Kaplan-Meier survival analysis (Figure 2) reveals significant differences in survival probabilities between hybrid-induced and vaccine-induced immunity across various age groups. Individuals with hybrid-induced immunity consistently exhibit higher survival probabilities compared to those with vaccine-induced immunity. Specifically, after one and a half years, the survival probability for hybrid-induced immunity is 98%, whereas it is approximately 60% for vaccine-induced immunity. This trend is particularly pronounced in the younger age group (< 20), where the survival probability for vaccine-induced immunity shows a steep decline starting from around 5 months, whereas the hybrid-induced group maintains a much more stable survival curve over the entire observation period.

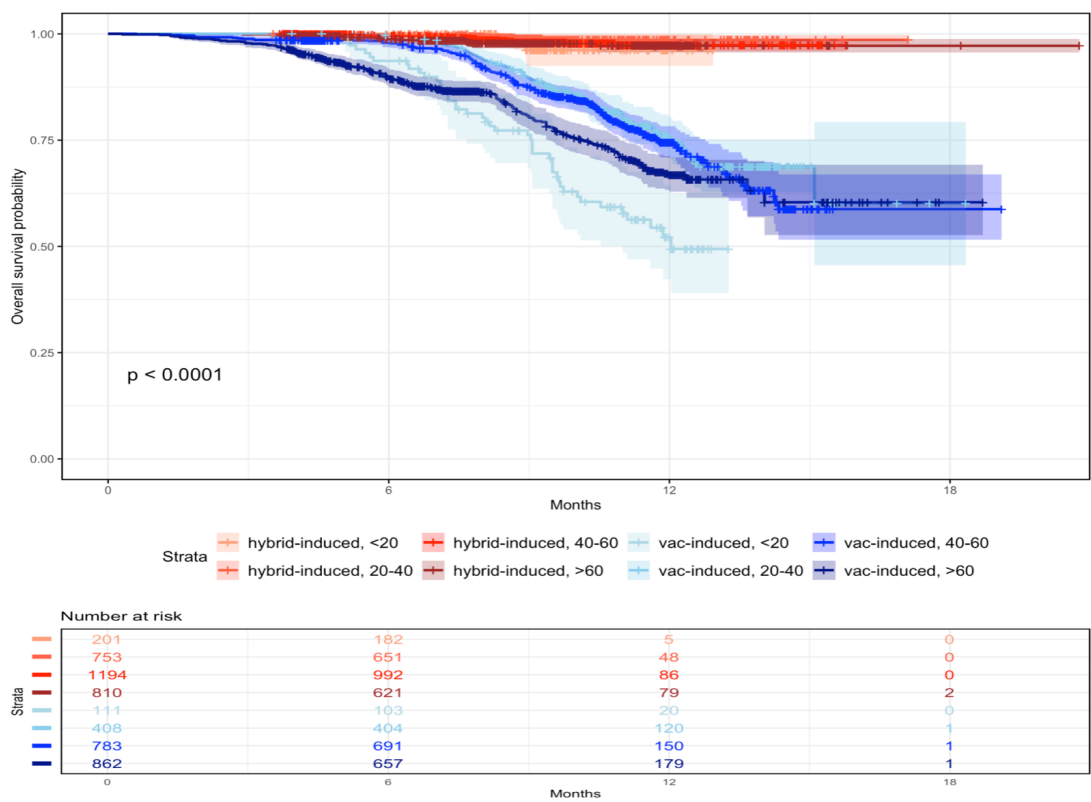


Figure 2: Survival Plot for Hybrid-induced and Vaccine-induced Groups

To provide a more detailed analysis of the declining patterns in the vaccine-induced immunity groups, both the “ < 20 ” and “ $20 - 60$ ” age cohorts exhibited comparable trends. They maintained a high level of survival probability during the first six months, which began to decline subsequently. Ultimately, the survival probabilities of these two groups dropped to 60% and then stabilized after one and a half years. These findings suggest that tailored vaccination strategies, considering age-specific immune responses, are crucial for enhancing long-term protection against COVID-19.

To better understand the reasons behind the survival probabilities of different immunity groups as well as age subgroups, we constructed the trajectory plot to track the average change

of S antibody levels after the immunological events. Overall, hybrid-induced immunity can sustain a high level of S antibody (over 10,000) for one year before decreasing to 7,000, while the S antibody level in the vaccine-induced only group falls below the 5,000 threshold six months post-vaccination. These patterns align with the survival curves mentioned above, as the probability of survival in vaccine-induced groups decreases rapidly after six months. The plots demonstrate a high correlation between individual survival probability and S antibody levels.

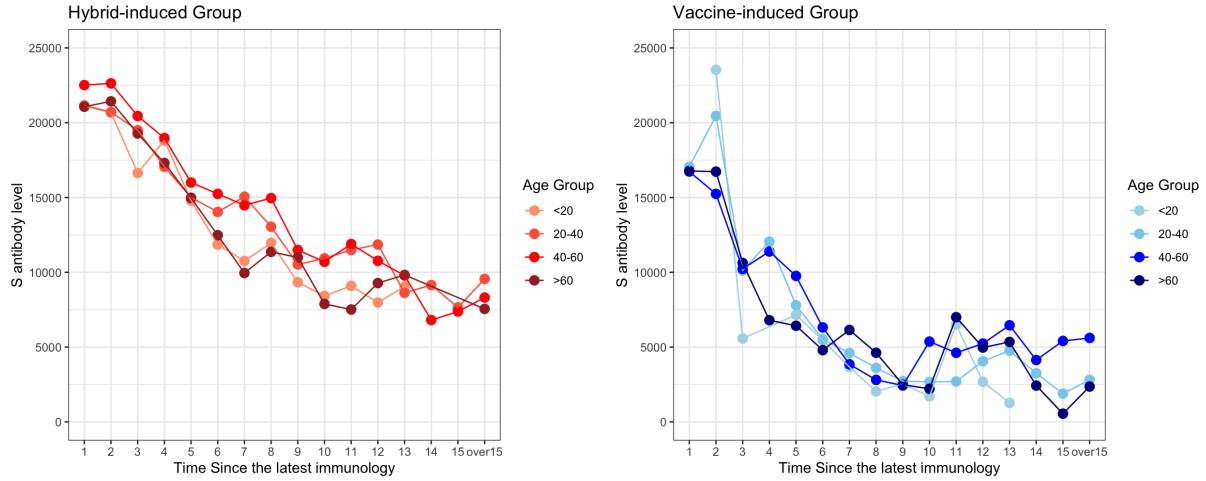


Figure 3: Trajectory plot for different age group

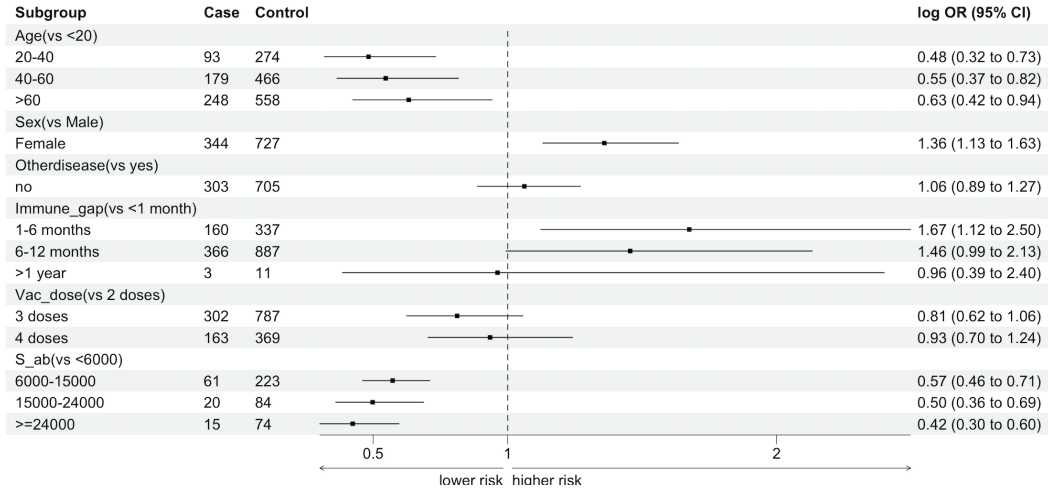
3.2 Infection Risk Factors Analysis

Among the cohort, the participants' age ranged from 5 to 99 years (median 52 years; interquartile range [IQR], 37–52 years) and 2106 (43%) were male and 2762 (57%) were female. Briefly, the median age was 53 years (IQR, 35–68) for the case group, 51 years (IQR, 37–64) for the control group.

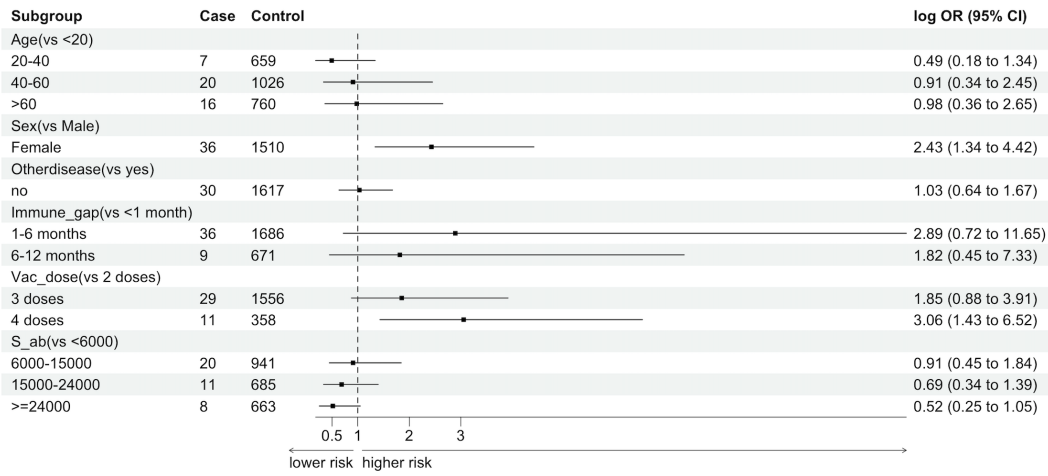
Statistical significance was determined using nonparametric tests: the Mann-Whitney U test and Kruskal-Wallis test with Dunn's multiple comparison for independent samples, and the Wilcoxon signed-rank test for dependent samples. To ensure robustness, logistic regression was employed to quantify the probability dynamics of remaining infection-free, relating these changes to S antibody levels and age groups (< 20, 20 – 40, 40 – 60, > 60).

According to the cohort design results, the primary infection risk concerns (with waning immunity) are likely to originate from the vaccine group. To identify specific risk factors within this group, a forest plot was constructed (Figure 3). All available characteristics were converted to categorical variables, with the first subgroup designated as the reference category. This allowed for the calculation of log odds ratios, where a higher log odds ratio indicates a greater infection risk compared to the reference group. A log odds ratio of zero signifies equal risk with the reference group.

Among all characteristics, age and S antibody level demonstrated the most significant association with individual infection status, exhibiting clear patterns and non-overlapping confidence intervals. Notably, the youngest group exhibited the highest individual infection risks. Except for the youngest group, there was a positive correlation between age and infection risk, indicating that risk increases with age. Given the assumptions of the linear model, only age and S antibody level were included in the final model.



(a) Vaccine-induced group



(b) Hybrid-induced group

Figure 4: Forest plot displaying characteristic patterns: Top - Vaccine-induced group; Bottom - Hybrid-induced group

3.3 Logistic Regression Model

In the previous section, we addressed the issue of imbalanced case-control data, as well as the impacts of confounders, by employing the R package `Epi` (Carstensen et al., 2021). In the original cohort, the ratio between case and control samples was approximately 1:6. To achieve a balance between statistical power and practical feasibility, as suggested by Pearce (2016), the matching ratio was set to 1:3 in our research.

Based on the preceding analysis, only age and S antibody levels were incorporated as predictors in the regression model. All other characteristics were considered confounders and were consequently selected as matching factors in the nested case-control (NCC) method, ensuring adequate control of potential confounders. Since in the previous section the patterns of hybrid-induced group and vaccine-induced group are different, two separate models were fitted.

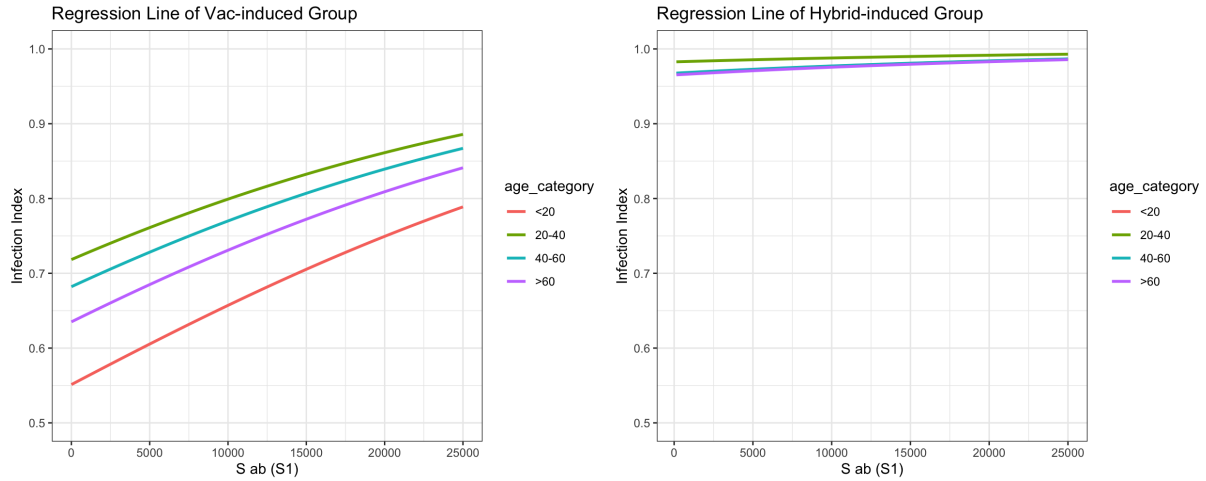


Figure 5: Regression line comparison for vaccine-induced (left) and hybrid-induced (right) groups

The logistic regression analysis reveals significant differences in the probability of remaining free from COVID-19 infection between vaccine-induced and hybrid-induced immunity across various age groups. In the vaccine-induced group, the probability of remaining infection-free decreases with higher S antibody levels and increasing age. Younger individuals (< 20) exhibit the highest probability of avoiding infection, while those aged 20 – 39 show the lowest probability for any given S antibody level. For instance, at an S antibody level of 6000, the probability of remaining infection-free is approximately 0.62 for the < 20 age group compared to about 0.77 for the 20 – 39 age group. This indicates that within the vaccine-induced group, younger individuals are at a higher probability of avoiding infection than older individuals, even with the same antibody levels.

In contrast, the hybrid-induced group shows a consistently high probability of remaining infection-free across all age groups and antibody levels. The probability remains nearly constant and very close to 1.0, indicating that hybrid-induced immunity provides robust and stable protection against COVID-19 regardless of age or antibody level. This highlights that while vaccine-induced immunity varies in effectiveness, hybrid-induced immunity offers a more reliable protective effect, emphasizing its superior efficacy in maintaining long-term immunity.

4 Discussion

In addition to assessing the risk of infection, we also investigated the risk of severe symptoms among those infected. Our analysis indicates that the risk of severe symptoms in the vaccine-induced group is approximately 1.6 times higher than that in the hybrid-induced group. Notably, within the vaccine-induced group, nearly 70% of severe cases occur in individuals over the age of 40. However, the incidence of severe symptoms following infection with the Omicron variant is notably low in our dataset, particularly within the hybrid-induced group, which includes only 3 cases. This limited sample size precludes more detailed statistical analysis.

Our study highlights significant differences in the efficacy of hybrid-induced and vaccine-induced immunity in preventing COVID-19 infections across various age groups. The findings reveal that hybrid-induced immunity consistently provides robust and stable protection across all age groups and antibody levels, maintaining a nearly constant high probability of remaining infection-free. Conversely, the vaccine-induced group demonstrates a decline in infection-free probability with increasing S antibody levels and age, indicating a more variable protective

effect. Younger individuals (< 20) in the vaccine-induced group exhibit the highest infection risk and require significantly higher antibody thresholds to achieve comparable protection levels to older age groups. These results underscore the importance of considering age and antibody levels in vaccination strategies to enhance long-term immunity, suggesting that hybrid-induced immunity may offer superior long-term protection across diverse demographics.

From the perspective of immune type, both vaccine-induced and hybrid-induced groups show that the youngest population faces the highest infection risk. Specifically, within the vaccine-induced group, to achieve an 80% probability of remaining free from COVID-19 infection, the S antibody threshold for the youngest age group must exceed 25,000, which is significantly higher than the threshold for the 20-39 age group, set at 9,000. This disparity emphasizes the need for tailored vaccination strategies that address the unique immunological requirements of different age groups to ensure optimal protection against COVID-19.

Our results align with previous studies showing that immune system efficiency decreases with age, a phenomenon known as immunosenescence. This decline results in slower and less effective responses to infections, including COVID-19. Additionally, the production of new T cells decreases with age, weakening the body's ability to combat the virus (BMJ, 2020). This may explain why younger individuals in our research face a lower risk of COVID-19 infection despite having similar levels of S antibodies.

Moreover, older adults have demonstrated higher mobility resilience compared to younger individuals (Väisänen & Toivonen, 2021), leading to a lower exposure risk for the elderly. This variation in exposure risk explains why the protective efficacy of a fixed S antibody level does not strictly increase with decreasing age in our study.

One notable limitation of this study is the potential bias in comparing the increased spike (S) antibody titer levels themselves due to diagnostic and data collection issues. The variability in diagnostic accuracy and data quality across different surveillance points may introduce inconsistencies in the measurement of antibody titers. This could affect the reliability of direct comparisons between hybrid-induced and vaccine-induced immunity groups based solely on S antibody titer levels.

To mitigate this bias, we recommend focusing on the "infection averting efficacy" associated with S antibody levels between the comparison groups. This approach allows for a more robust assessment of immune protection by evaluating the ability of different immunity types to prevent SARS-CoV-2 infection, rather than solely relying on changes in antibody titers. By emphasizing the efficacy of infection prevention, we aim to provide a more accurate and meaningful comparison of hybrid-induced and vaccine-induced immunity, despite the inherent challenges in antibody titer measurement.

Despite these limitations, the study offers important implications. If the survey had been conducted in the early stages of the COVID-19 pandemic, it would have been possible to analyze the effectiveness of vaccines against various variants of the virus, not just Omicron. Moreover, more frequent and continuous surveillance data would enable a more precise quantification of the protective efficacy of infection and vaccination by measuring S antibody levels.

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Appendix

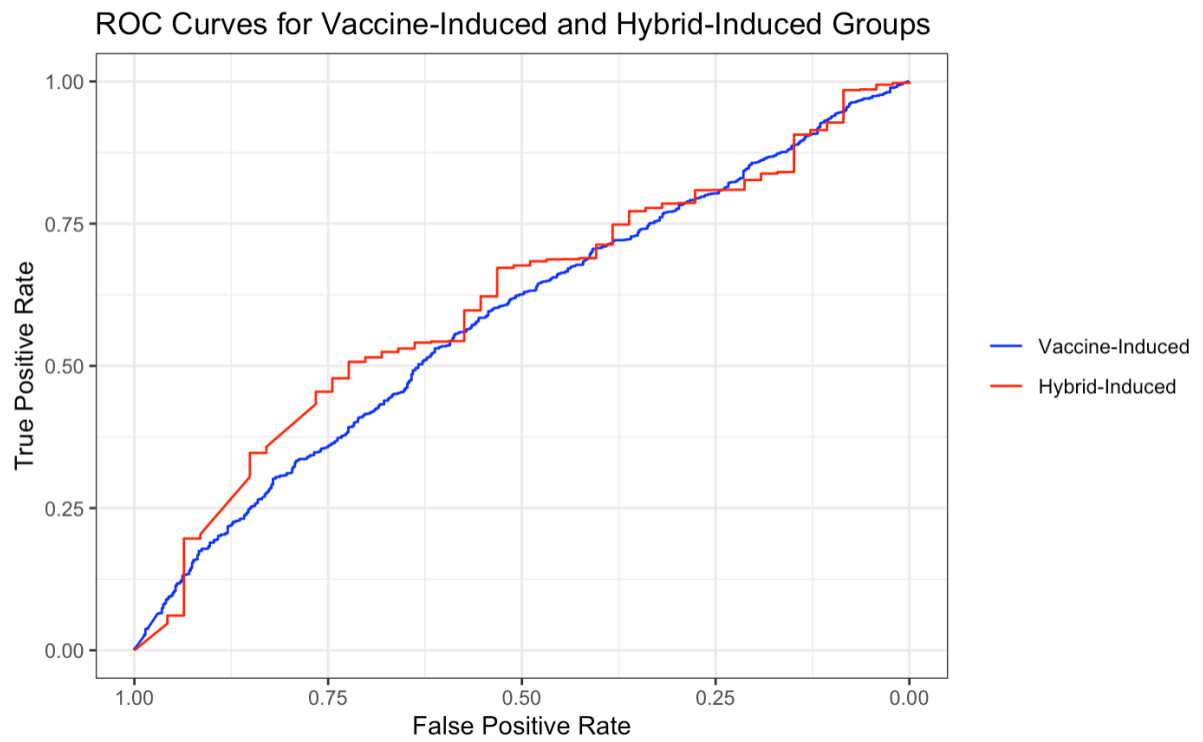


Figure 6: ROC curves for logistic regression models