Deadlines are stressful

obligations- family

OVERWORK subjective assessment low quality submissions

bligations- university

financial pressure

managing co-pi's & collaborations kill innovation obligations— fa

stressor independent of all precautions

Deadlines are stressful

stress depends on the overall workload

easier with collaboration deadlines are a waypoint advanced planning helps to focus

Improvment suggestions

Deadlines are stressful

funding rates are not accurate

increase the proposal quality

requires more discipline

