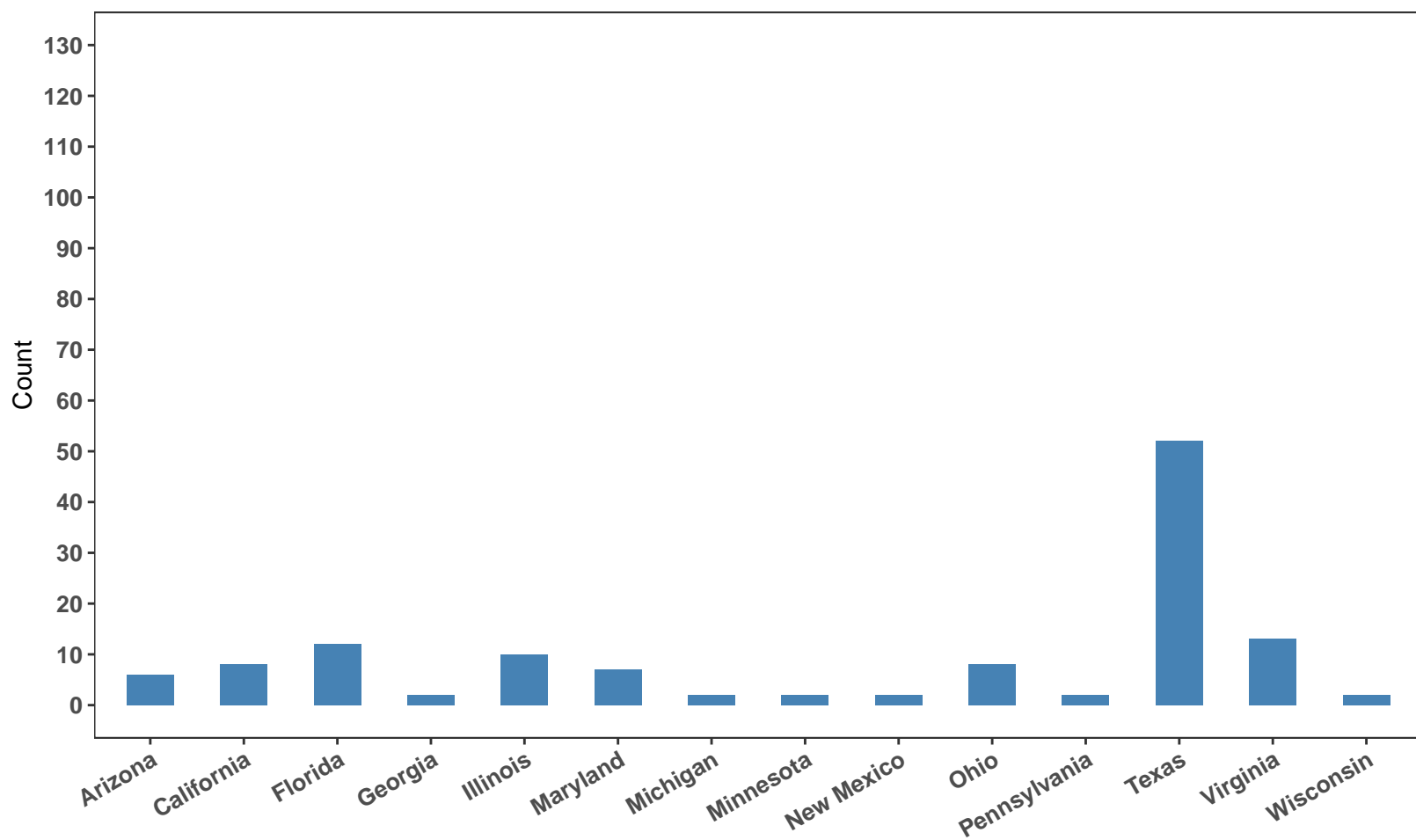
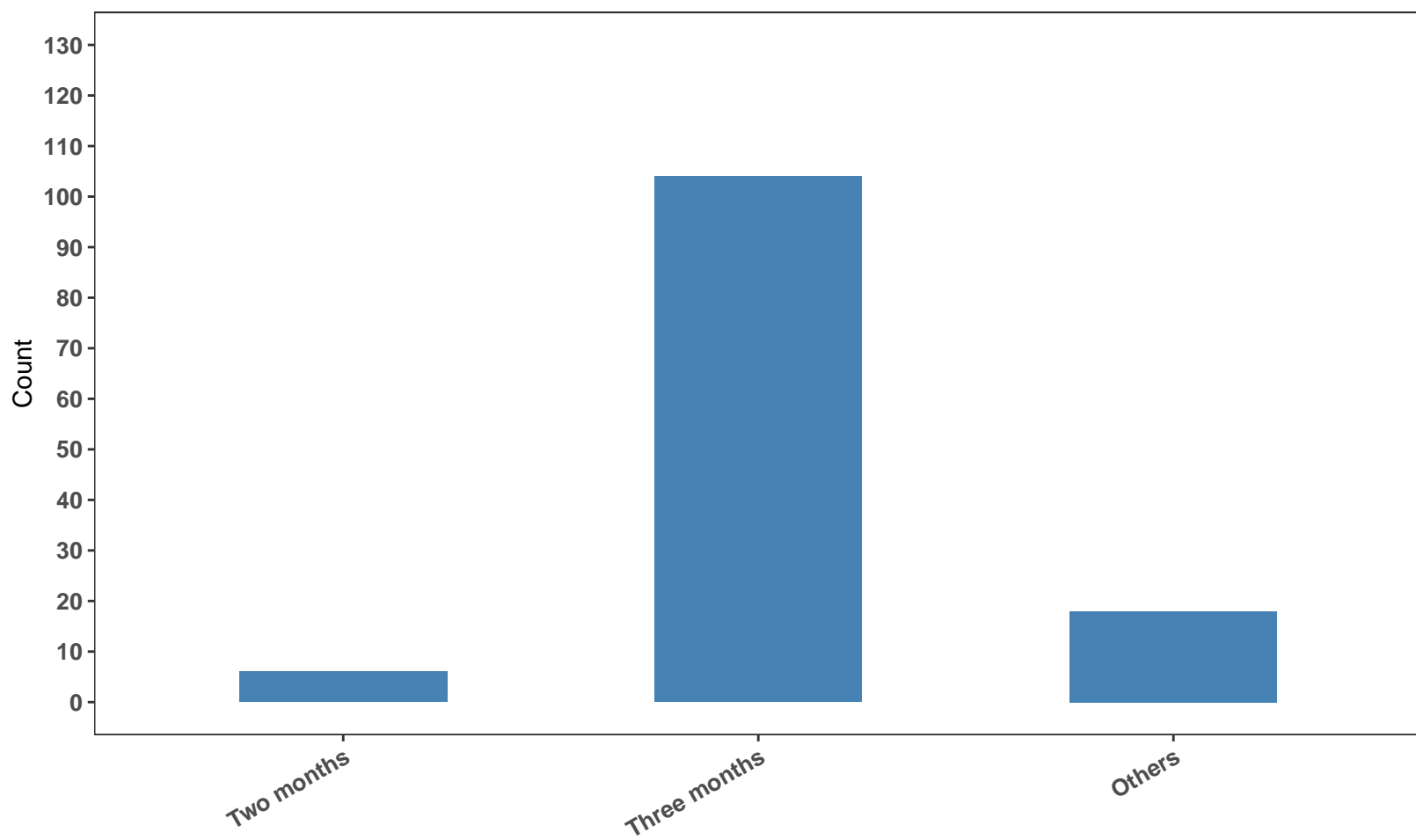


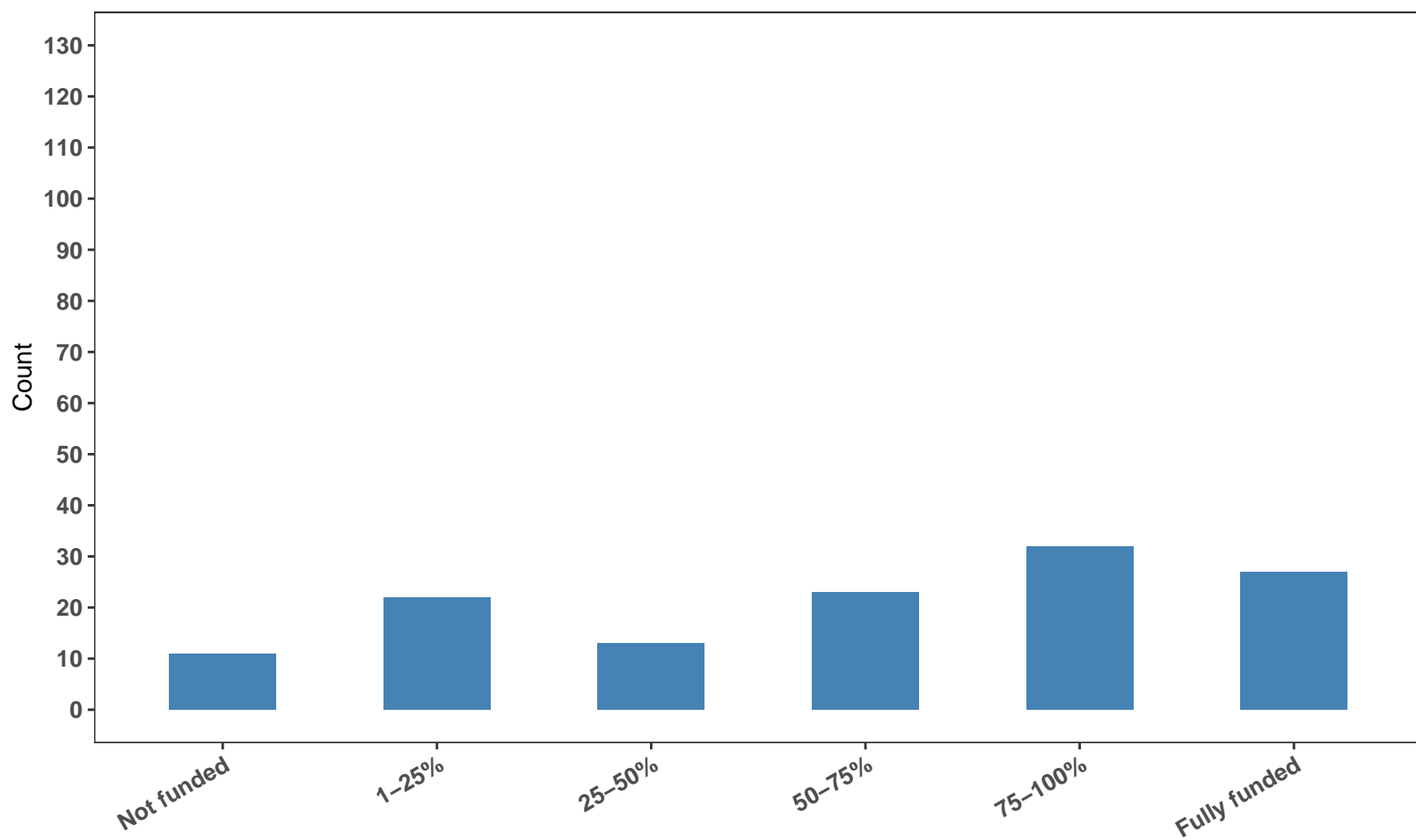
States



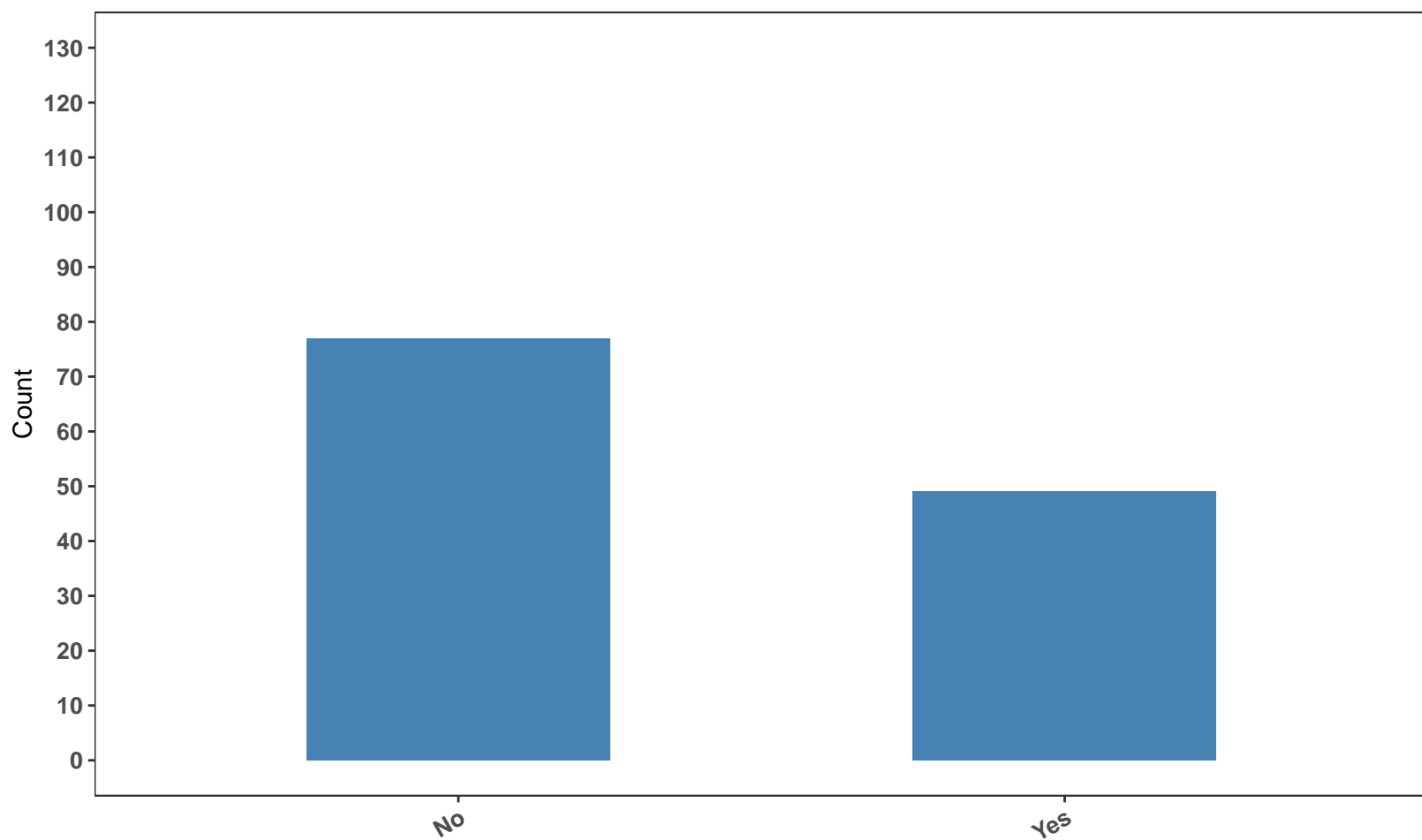
Salary dependance on external grants



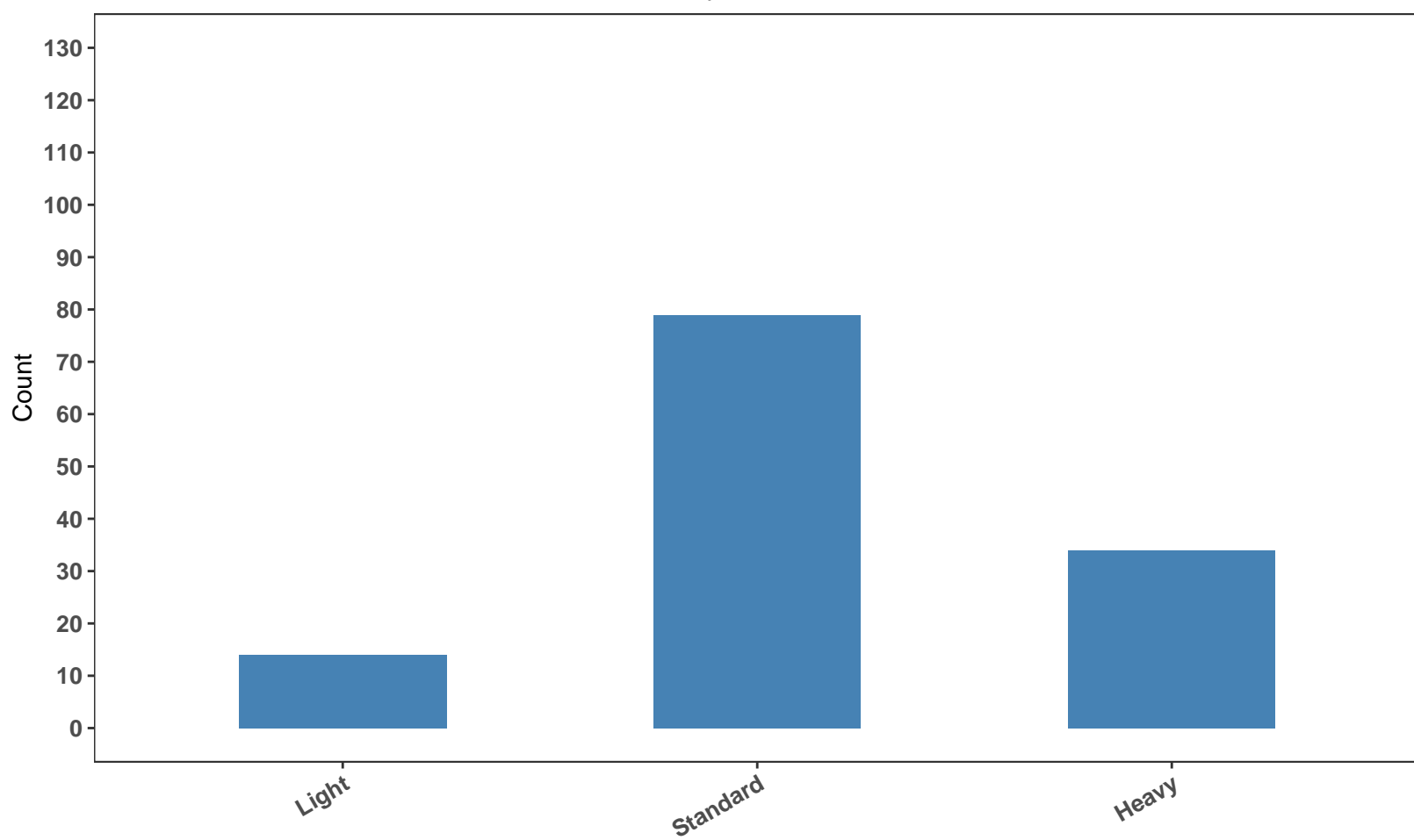
Percentage of research operations funded by external grants



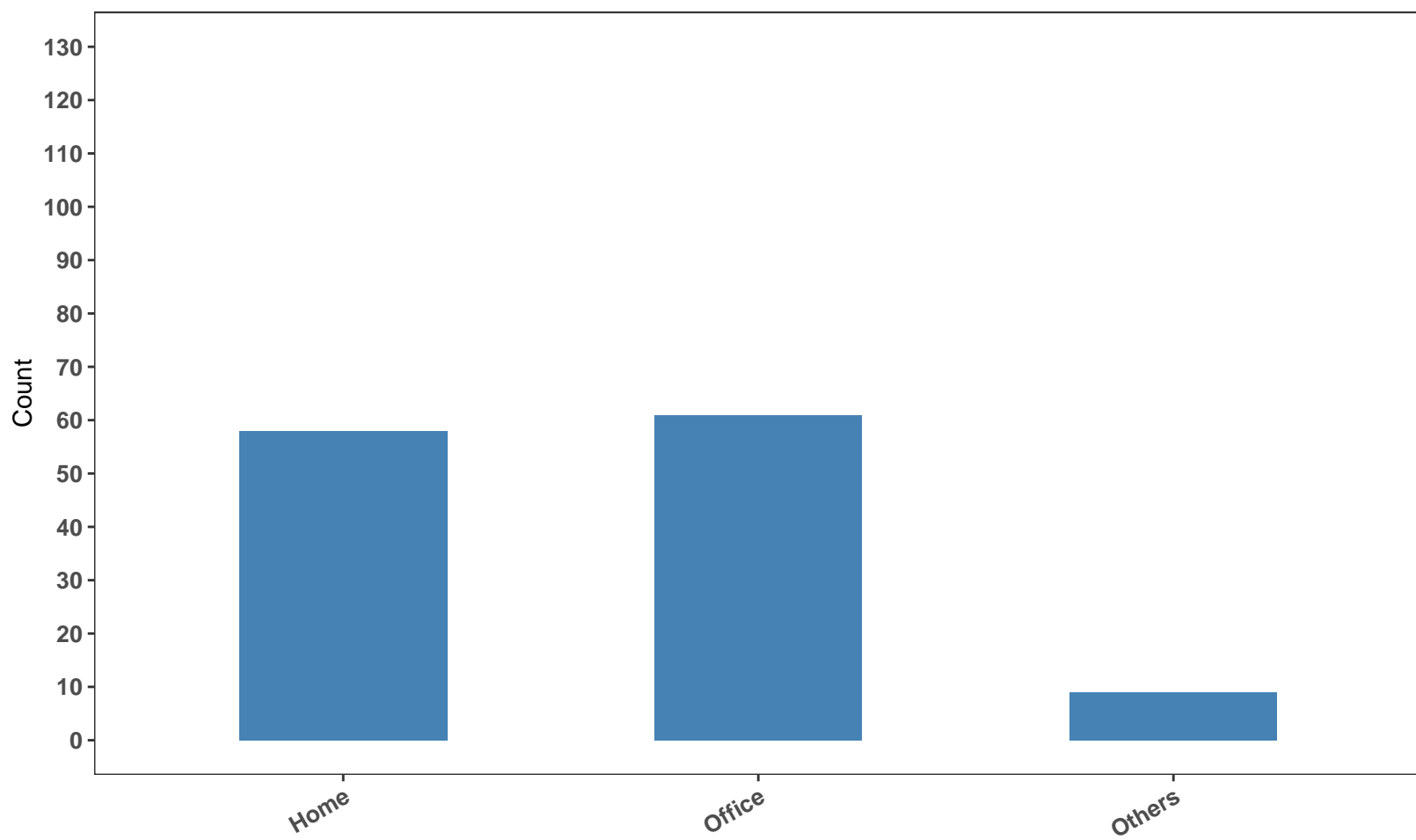
Any looming deadline– Today/Next couple of days



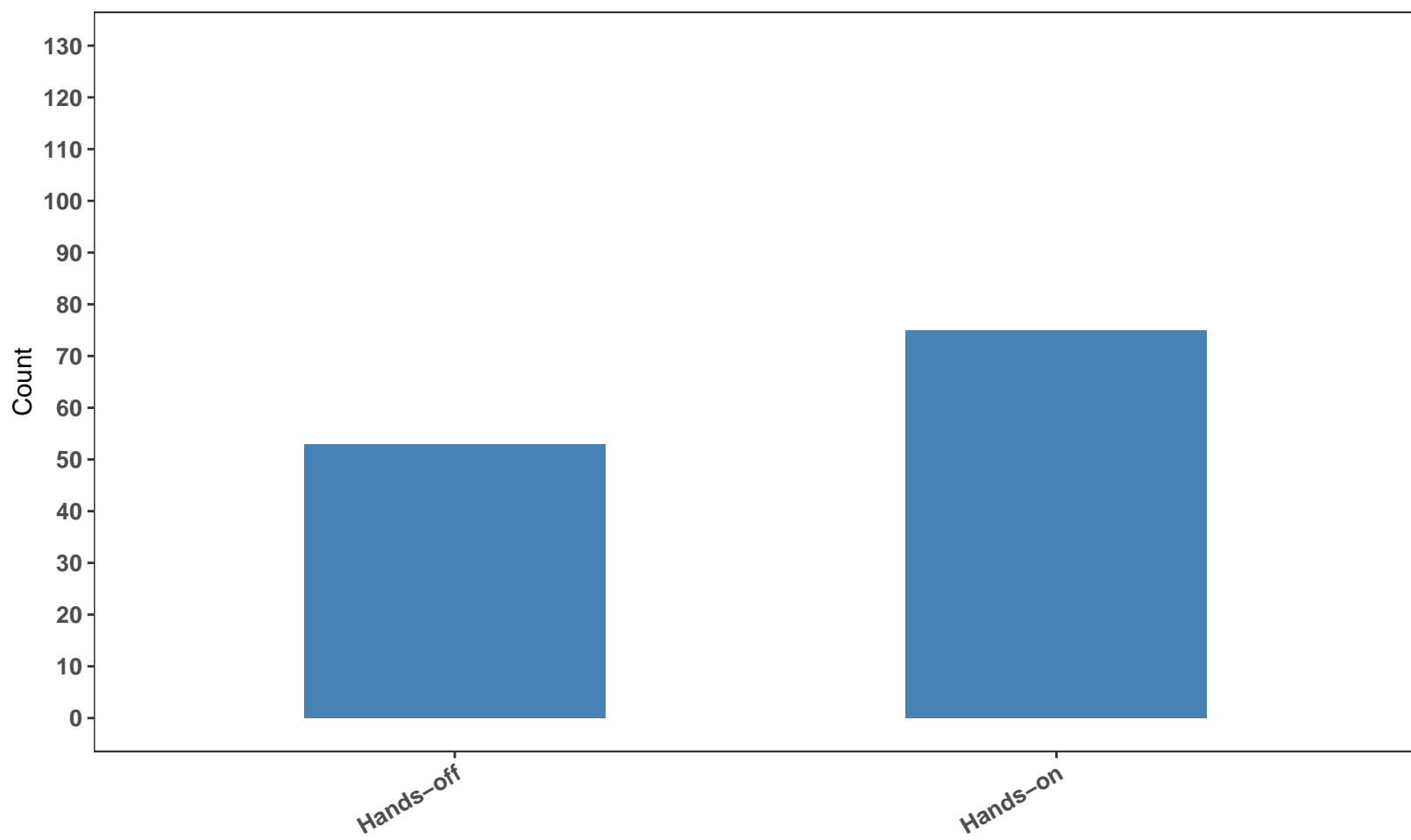
Today's workload



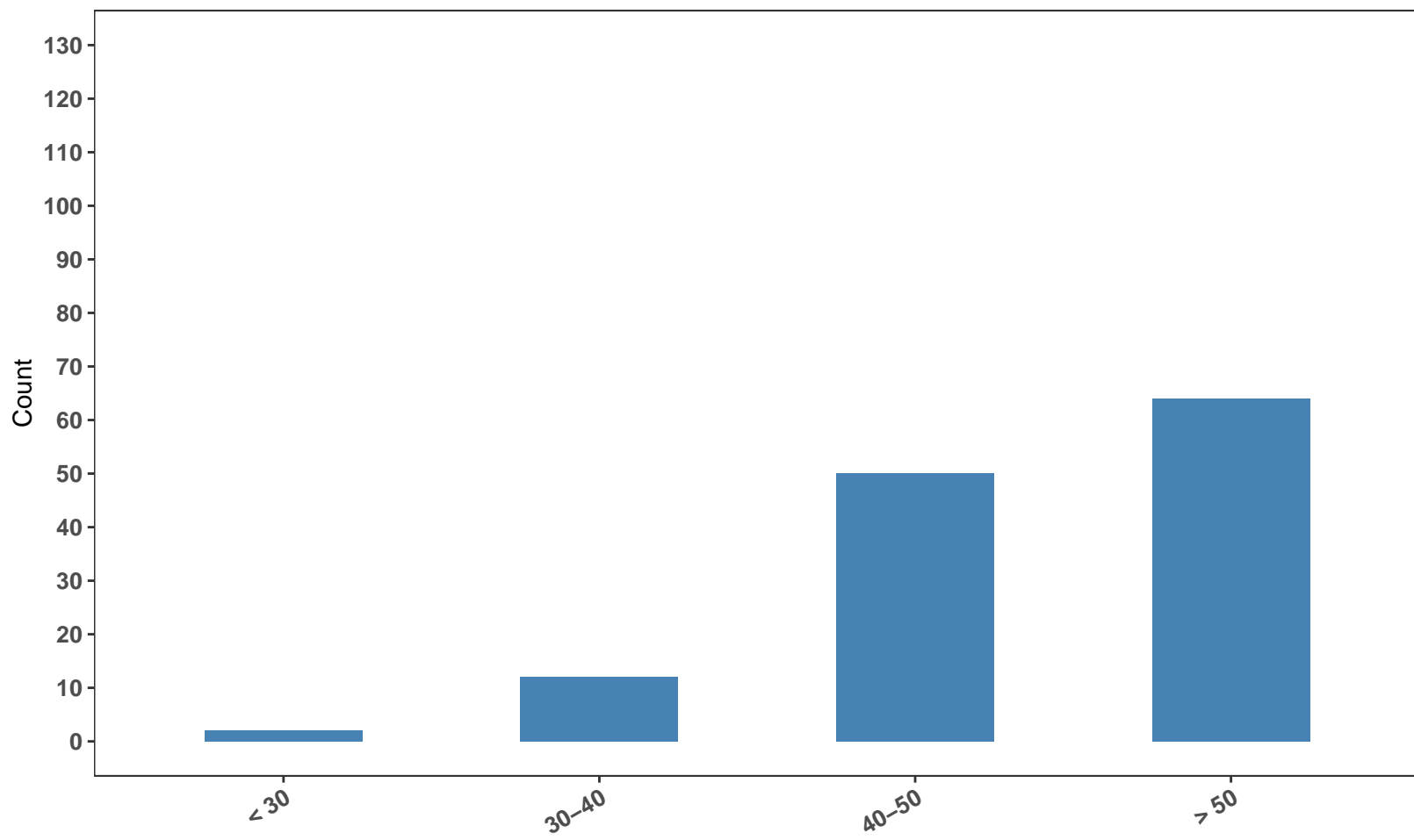
Workplace



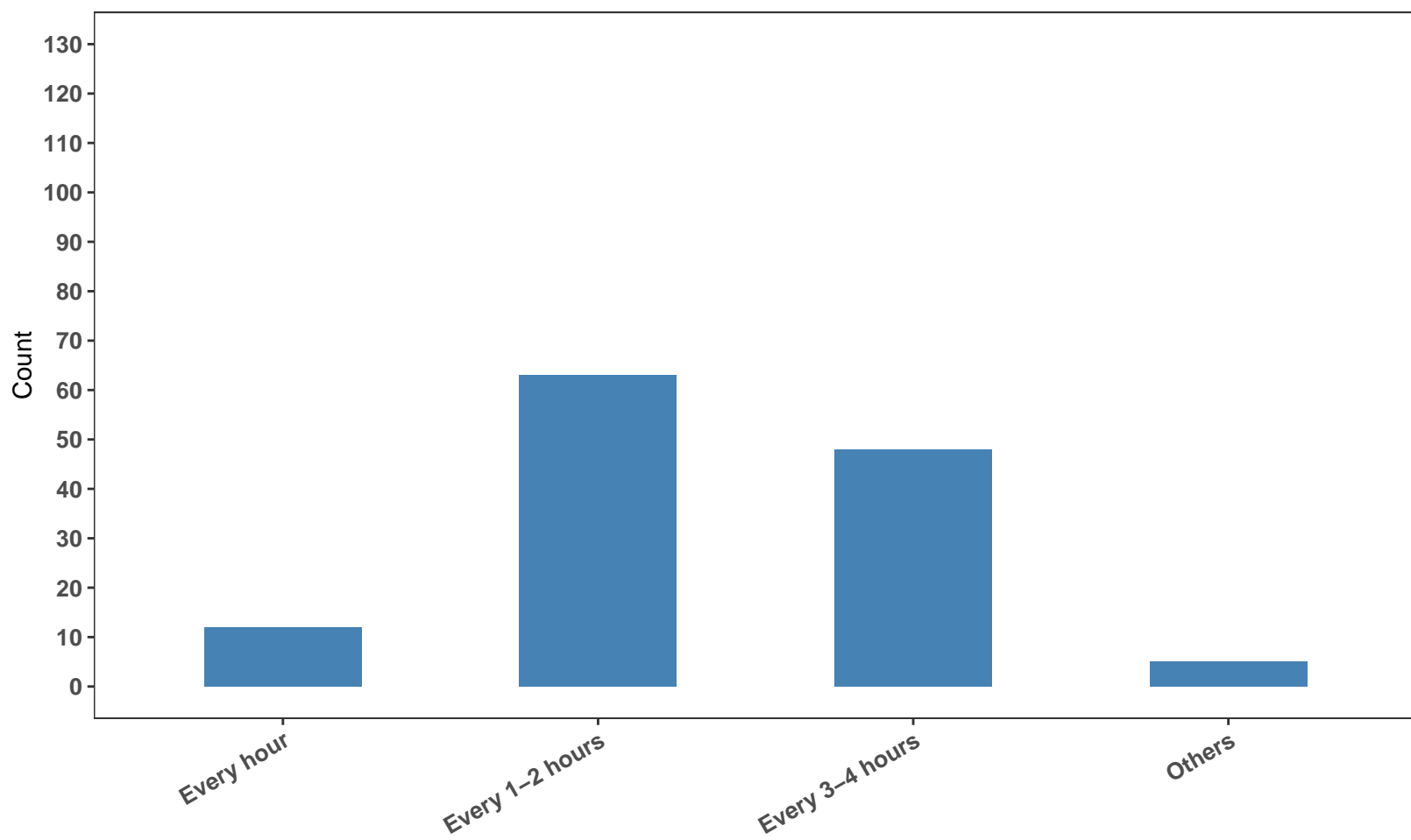
Research style



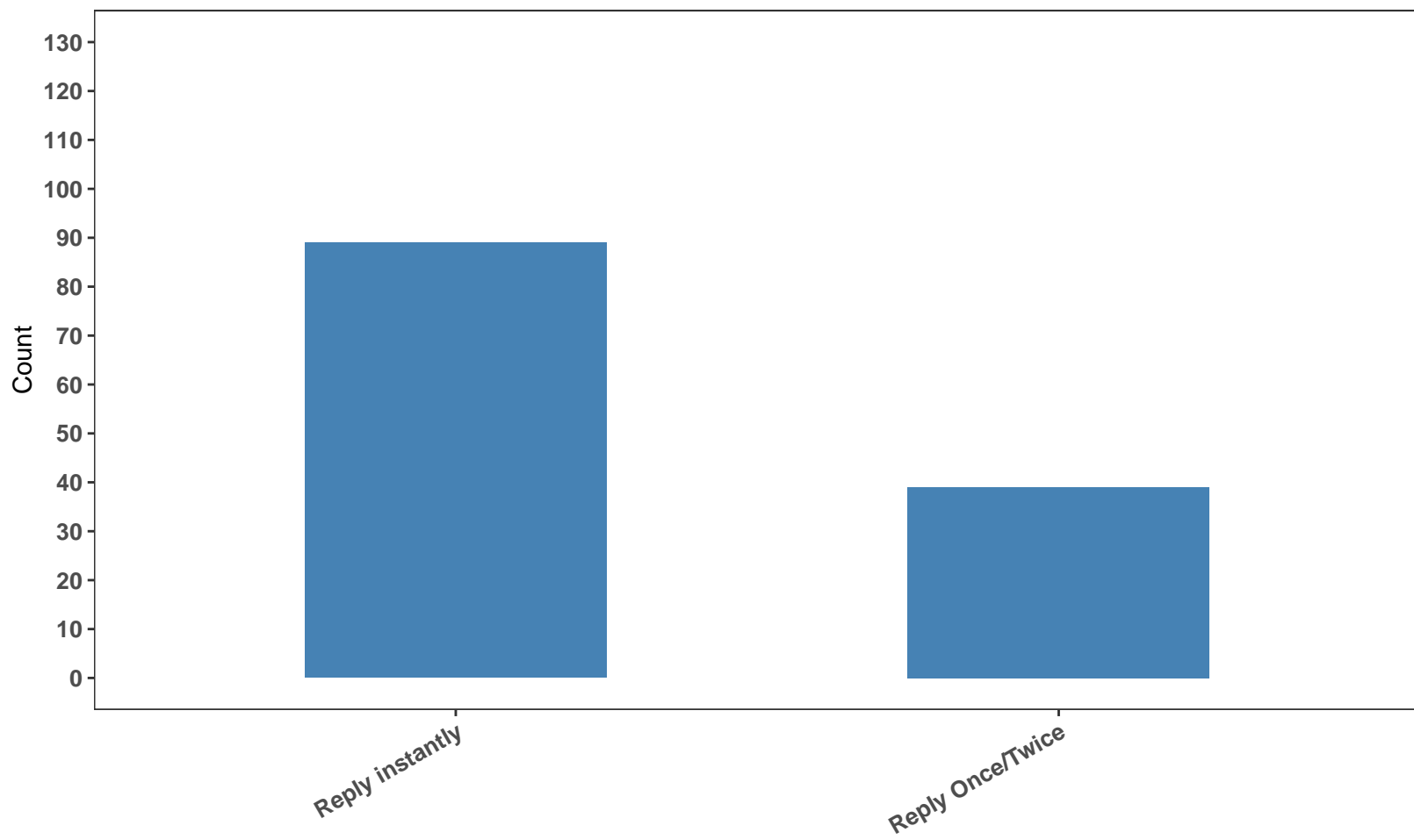
Working hours– In a typical week



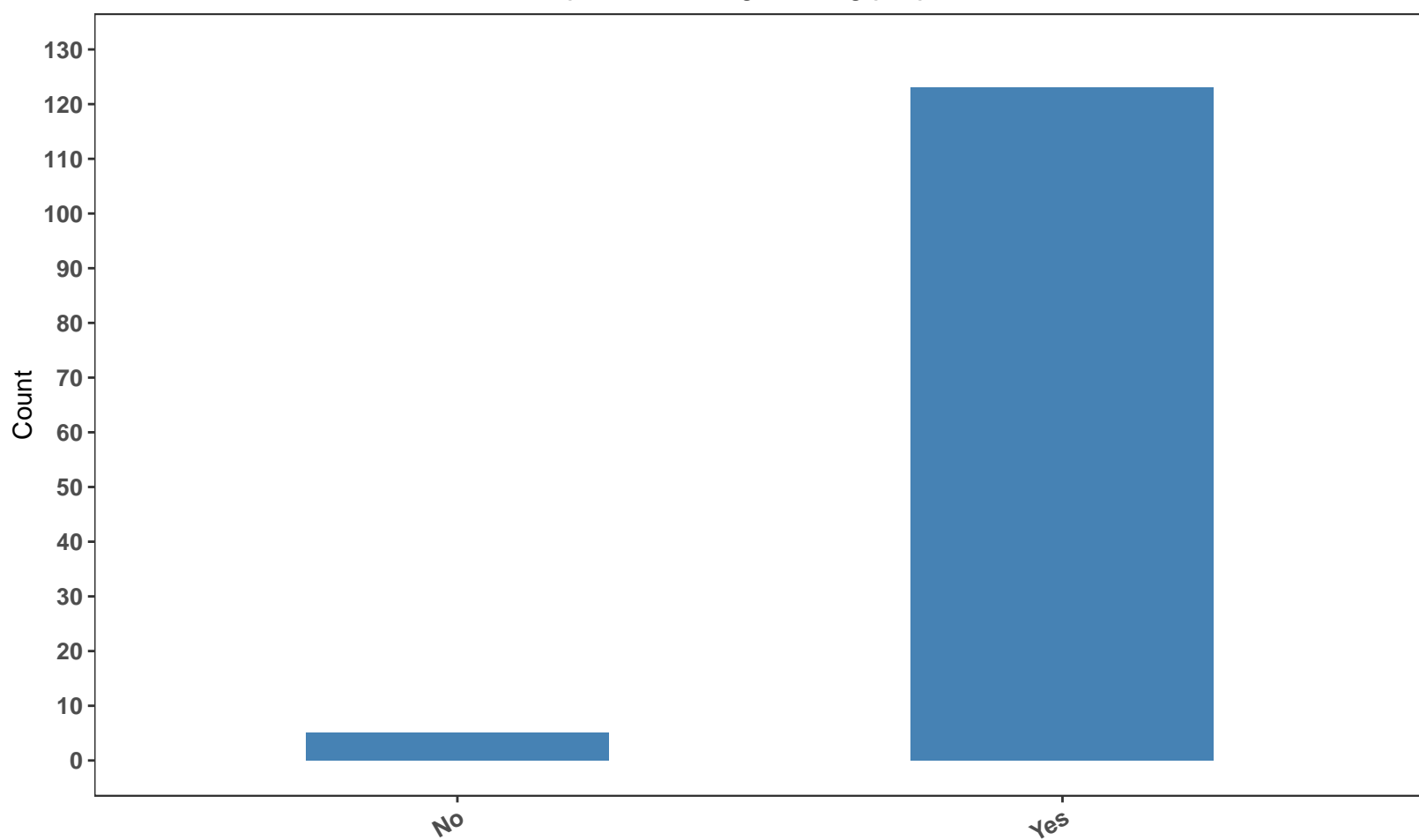
Break frequencies



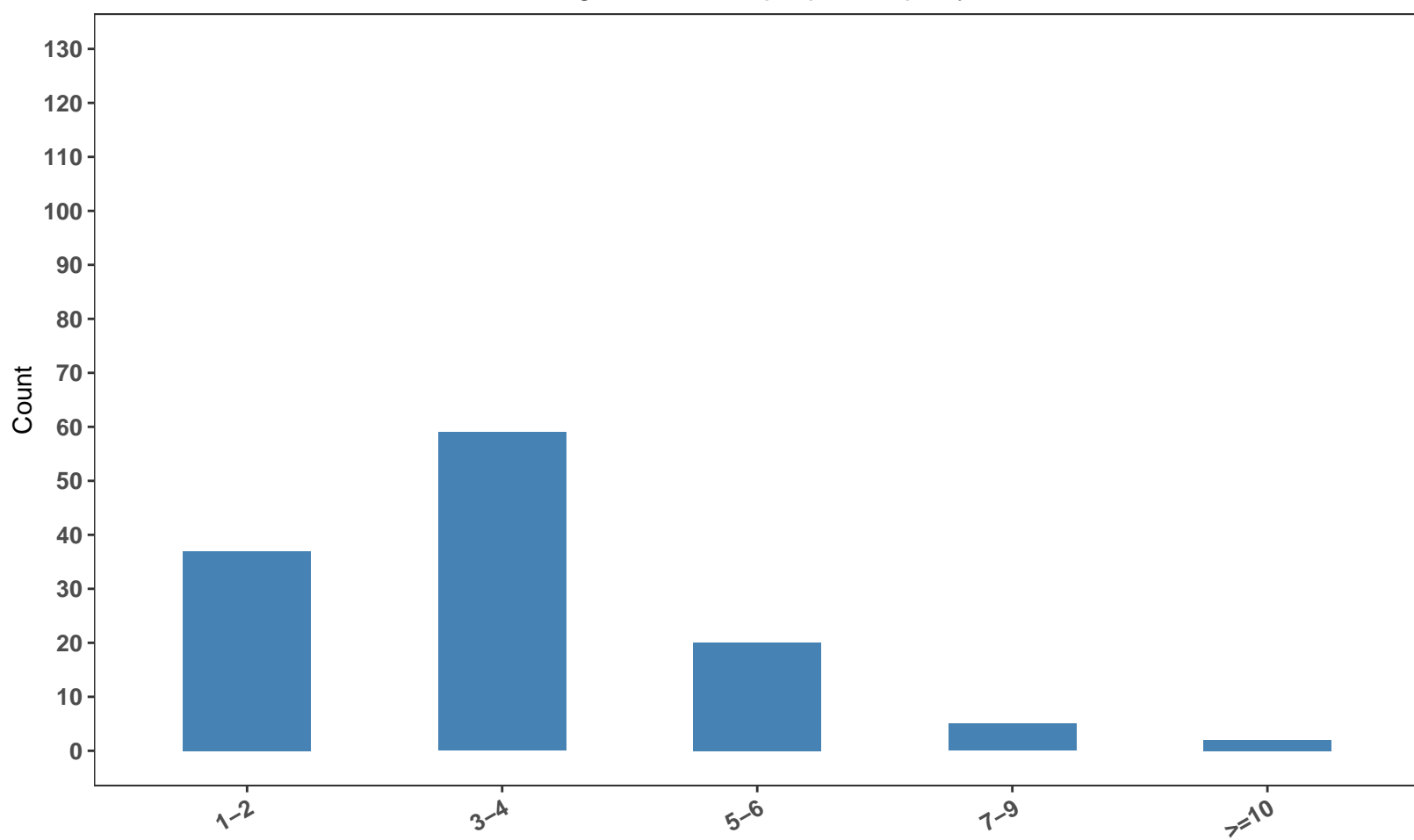
Email response styles



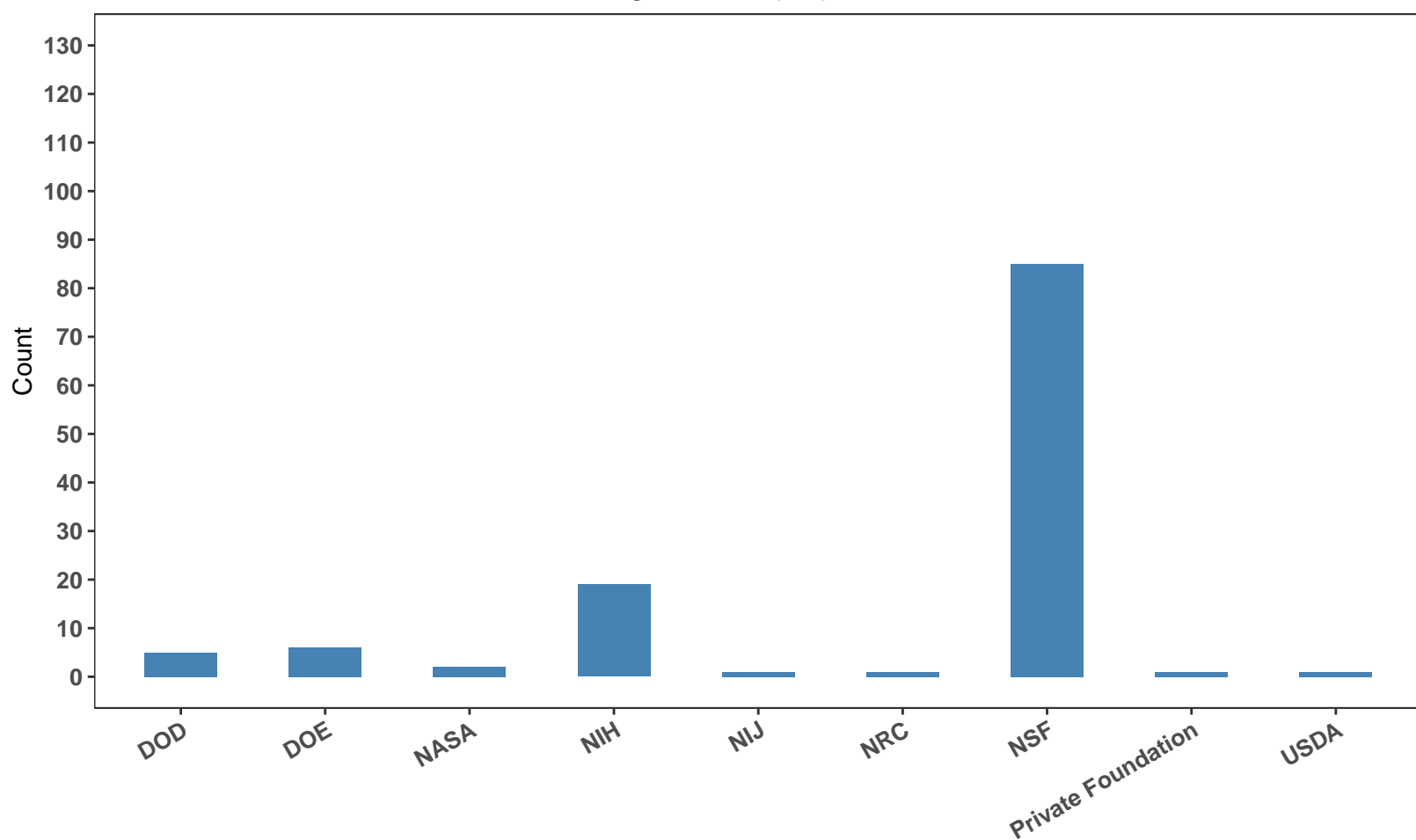
People submitting funding proposals



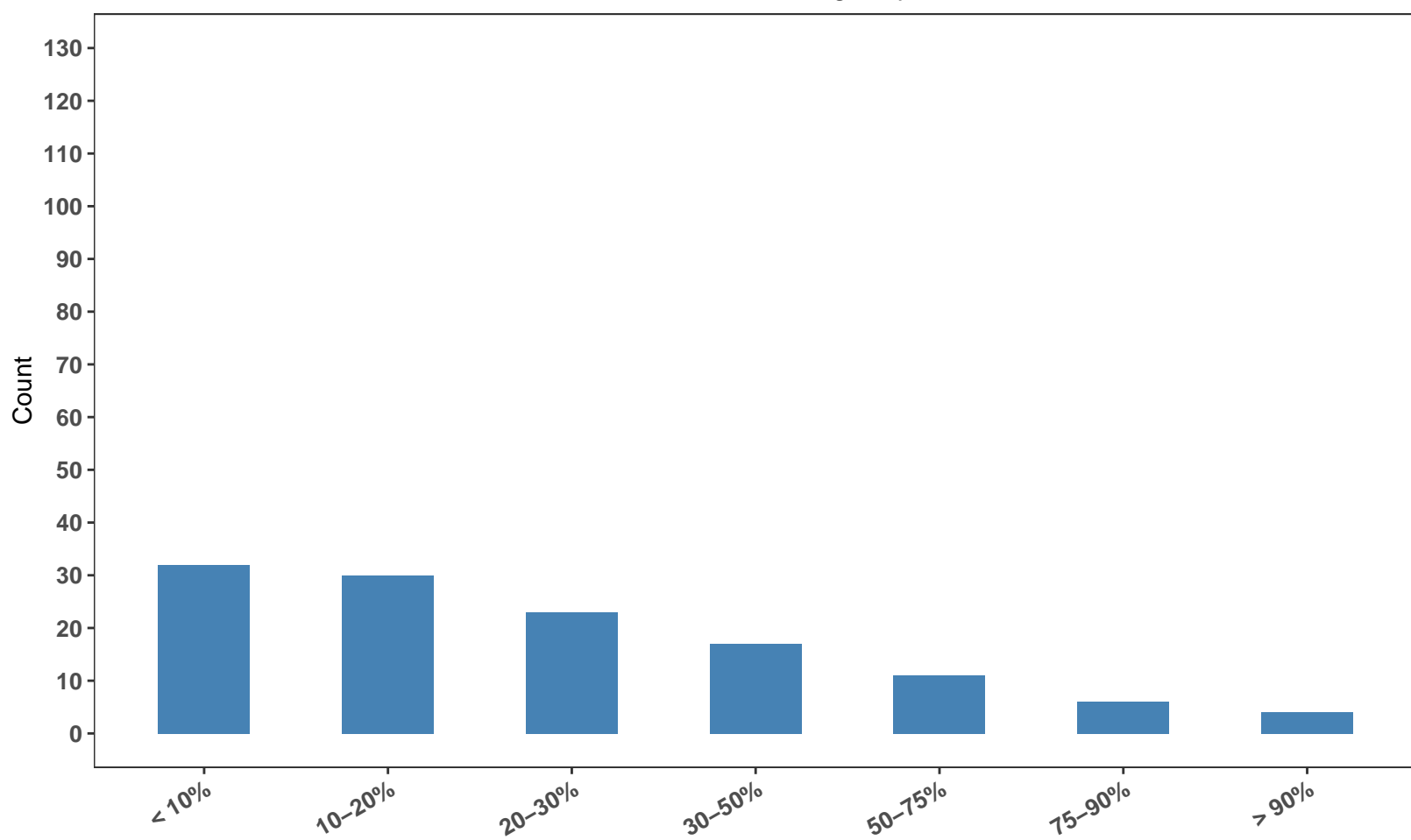
Average number of proposals per year



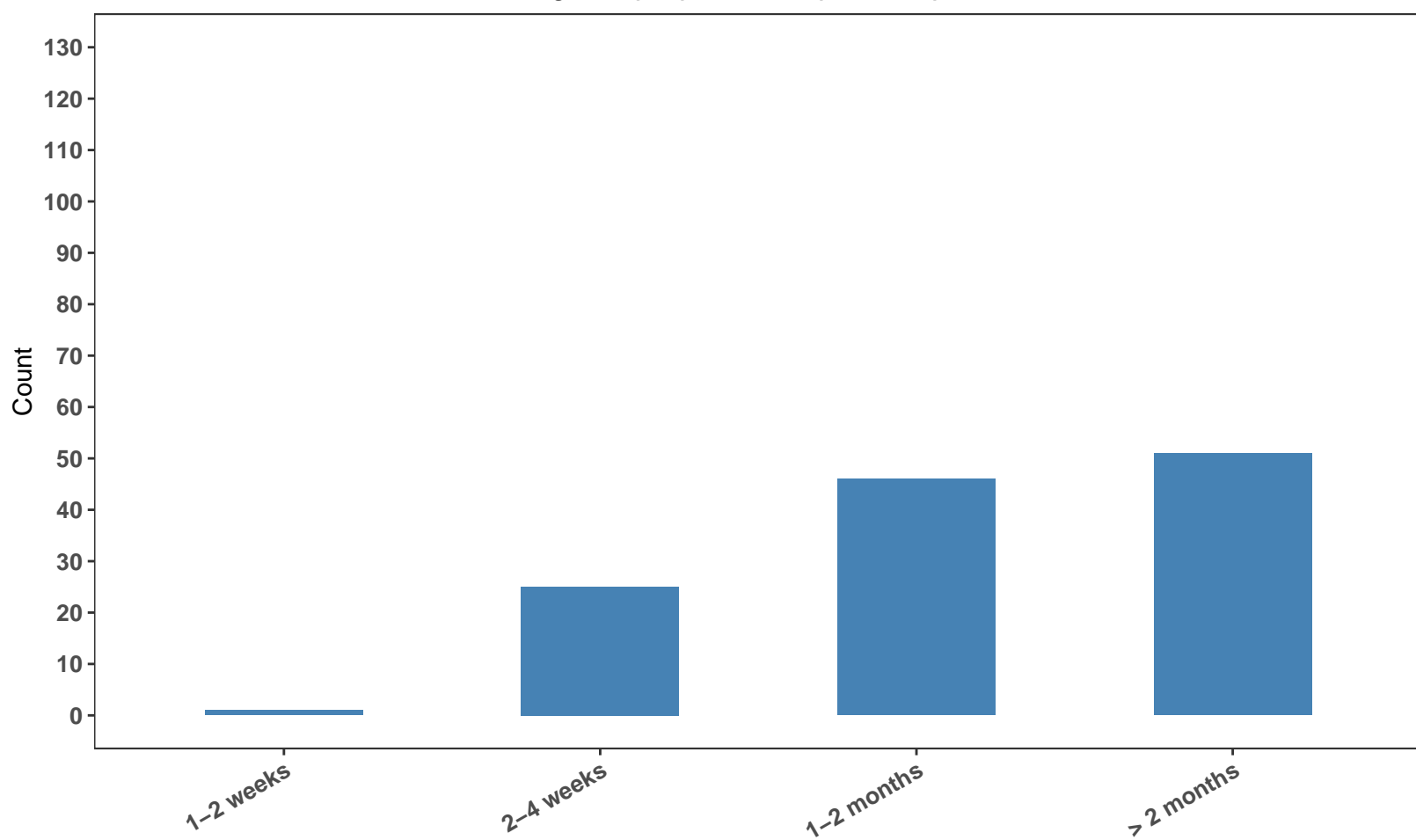
### Agencies of proposals



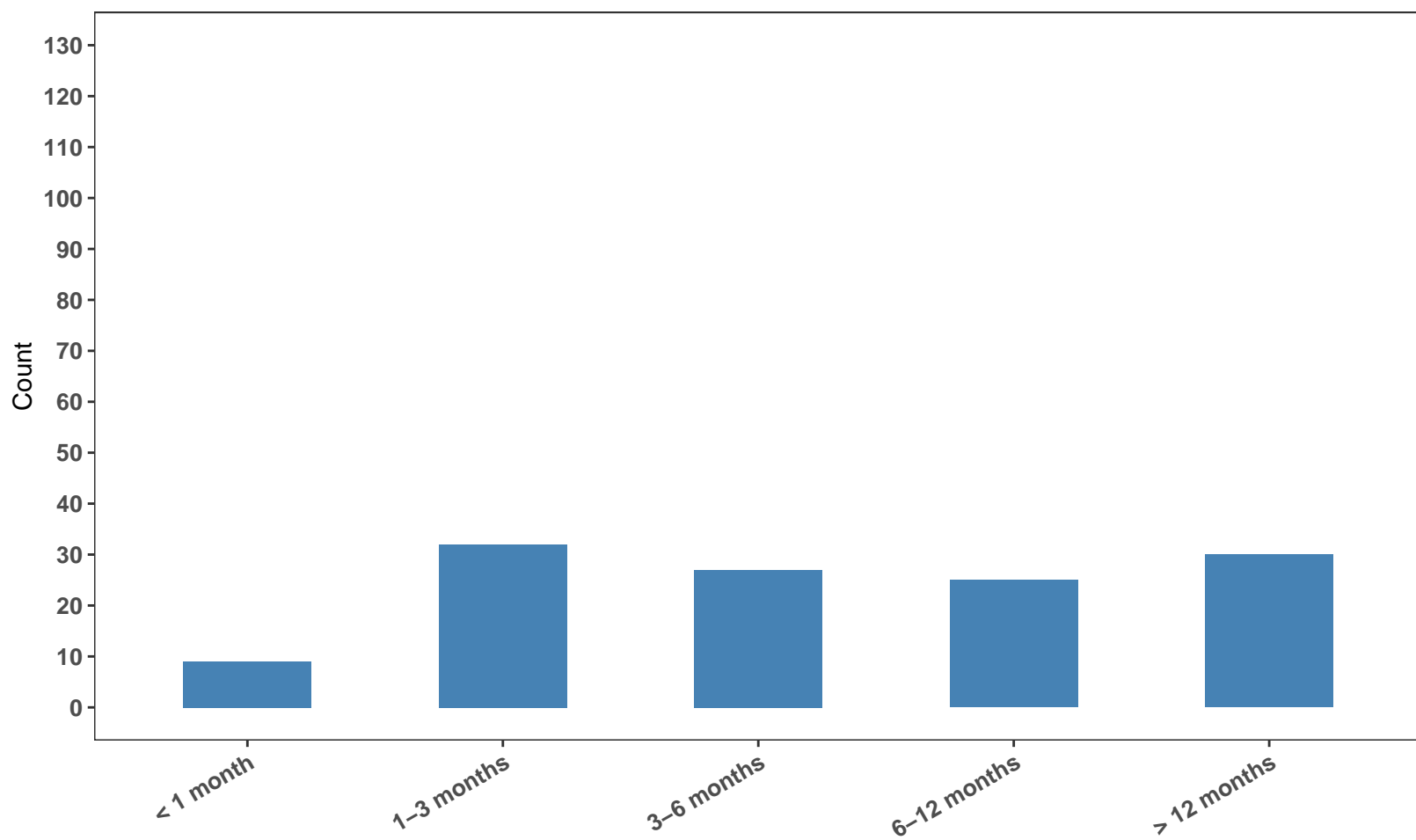
### Success rate in agency



Length of proposal composition period

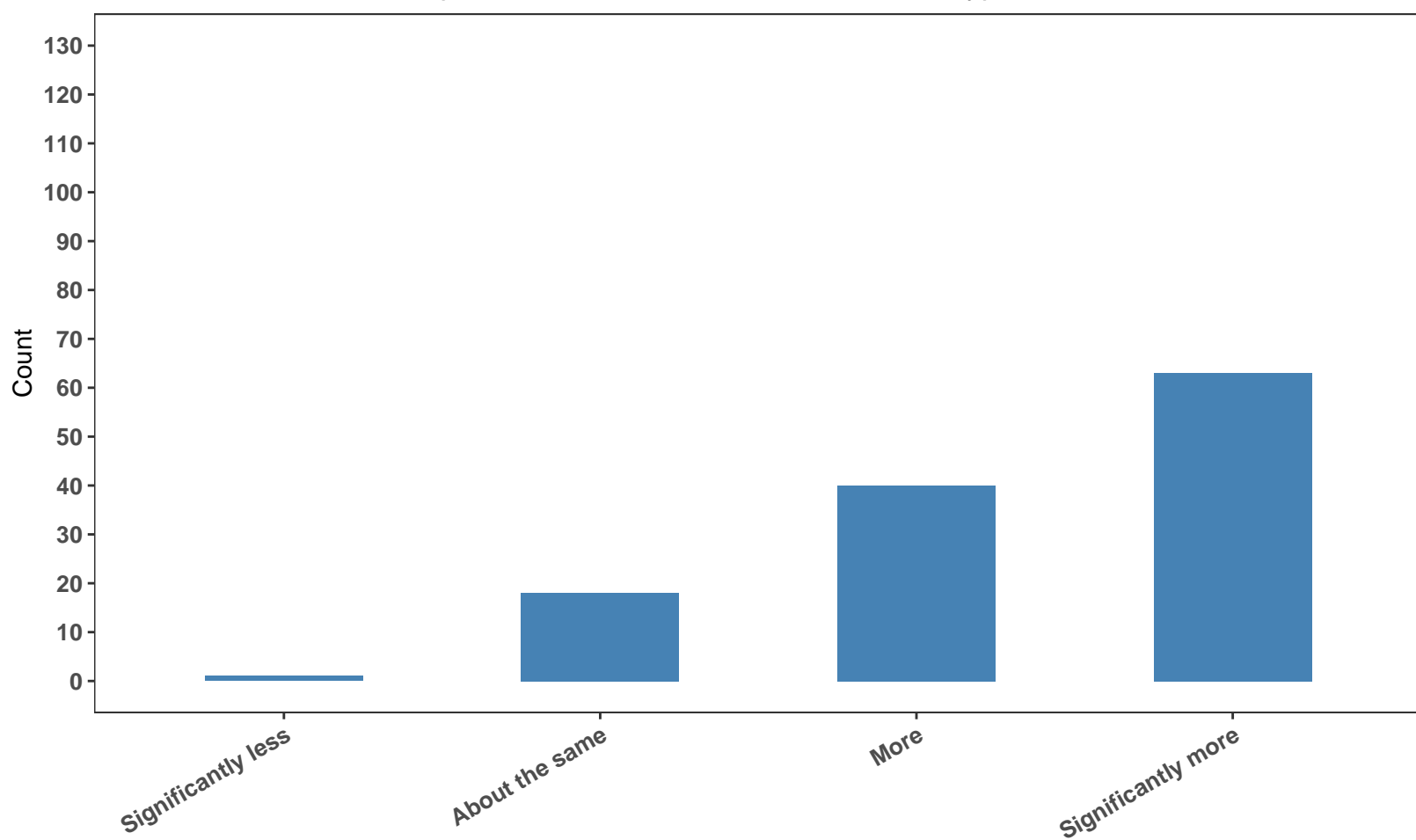


Length of supporting research for proposals

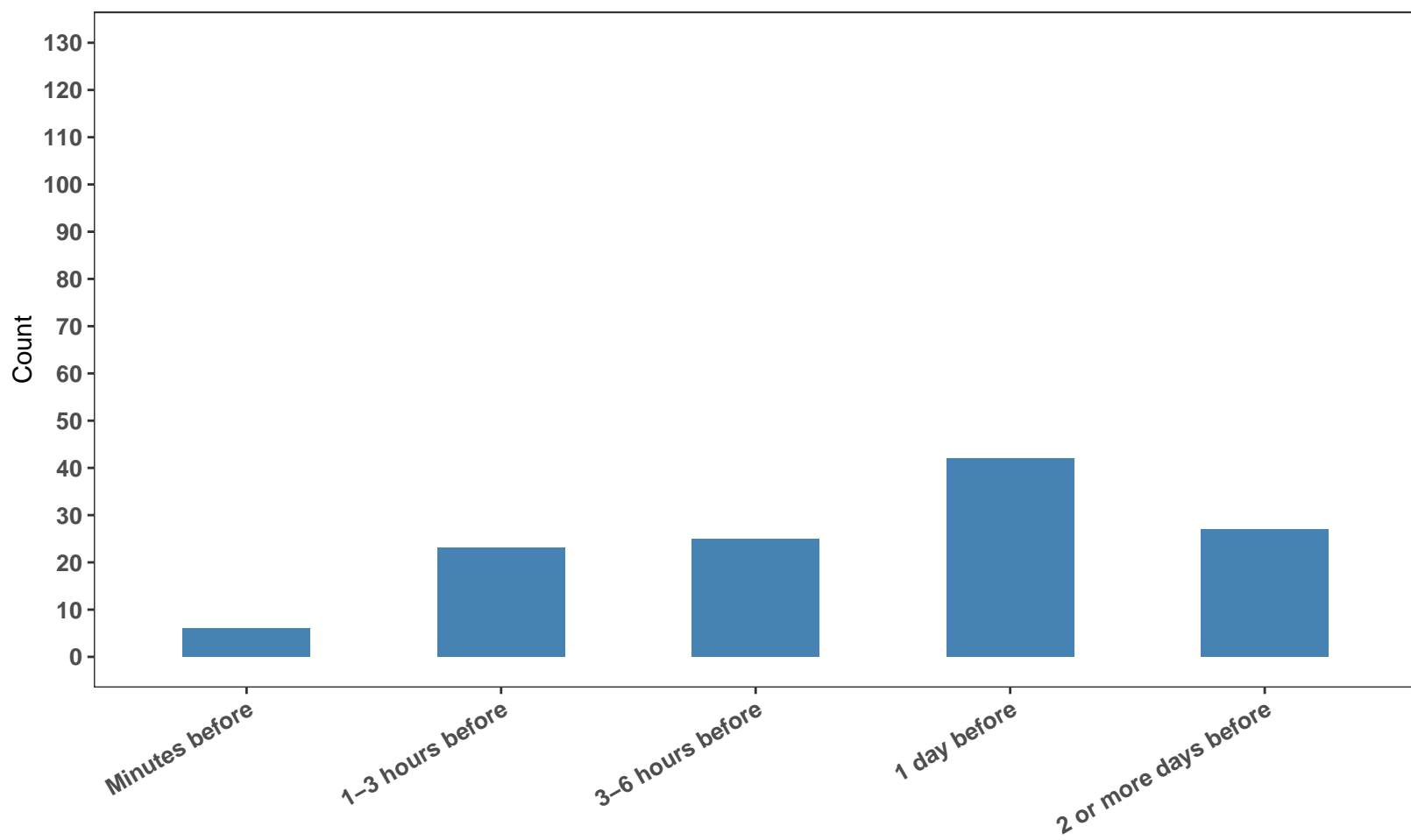




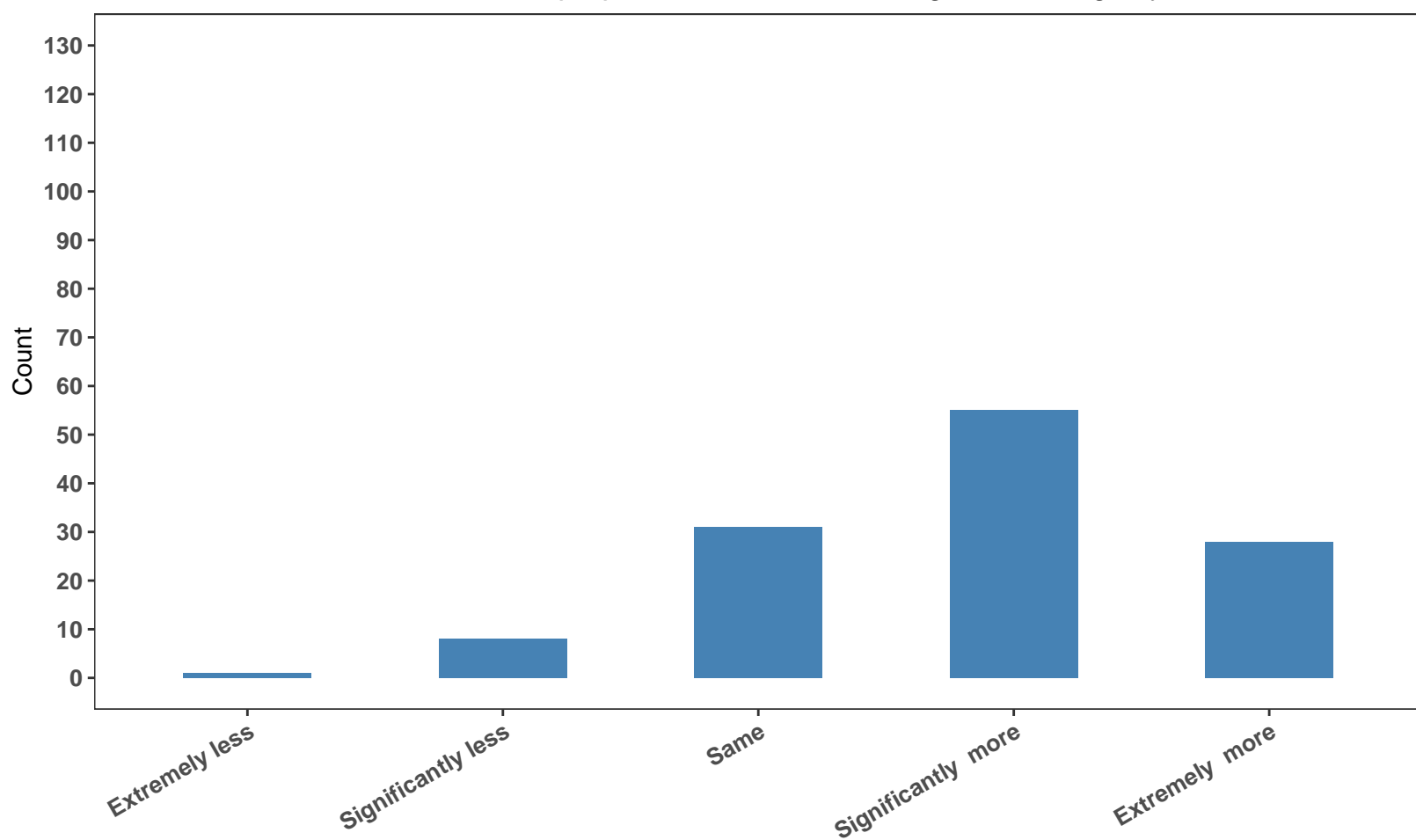
Proposal deadline week workload WRT a typical week



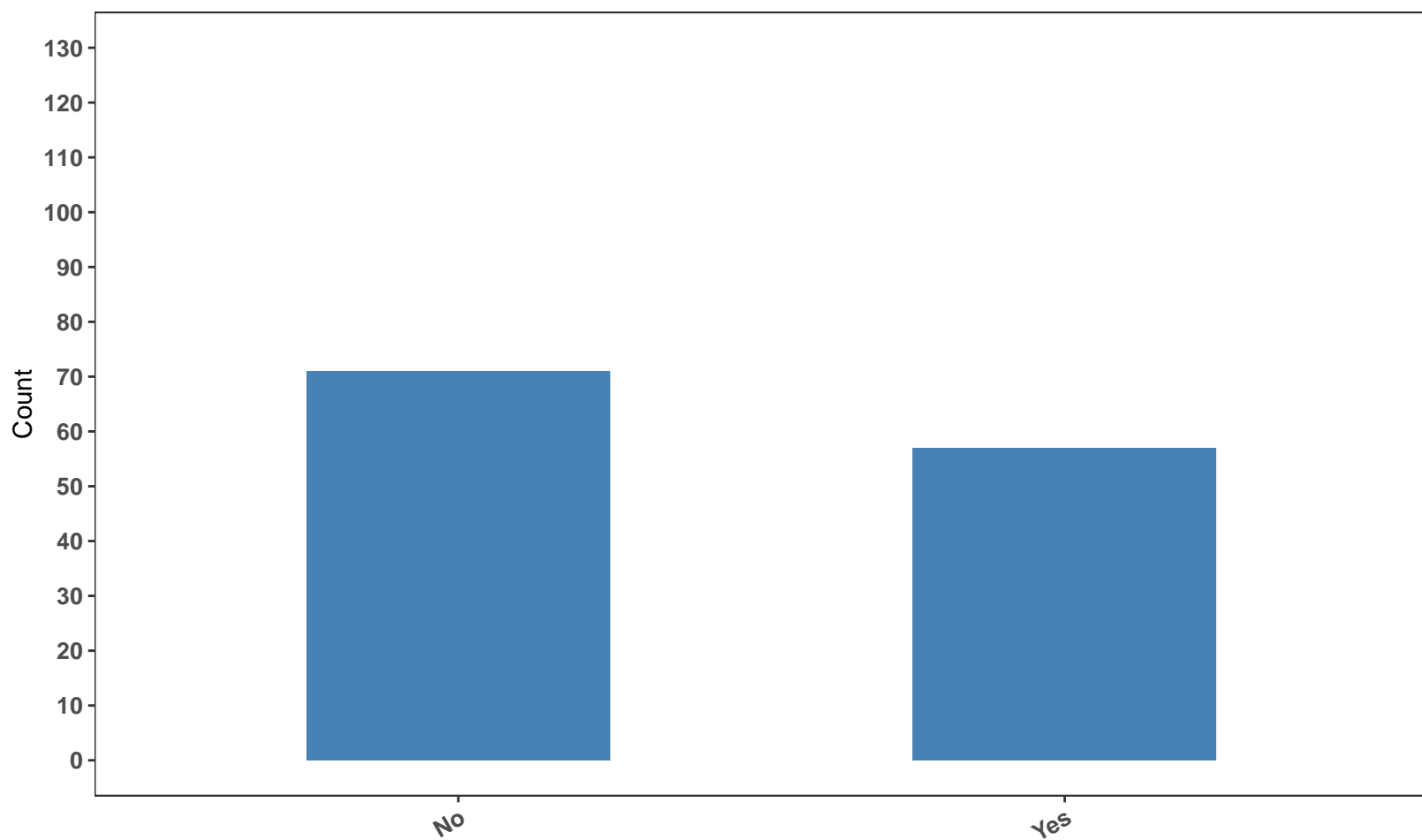
Timing of proposal submission



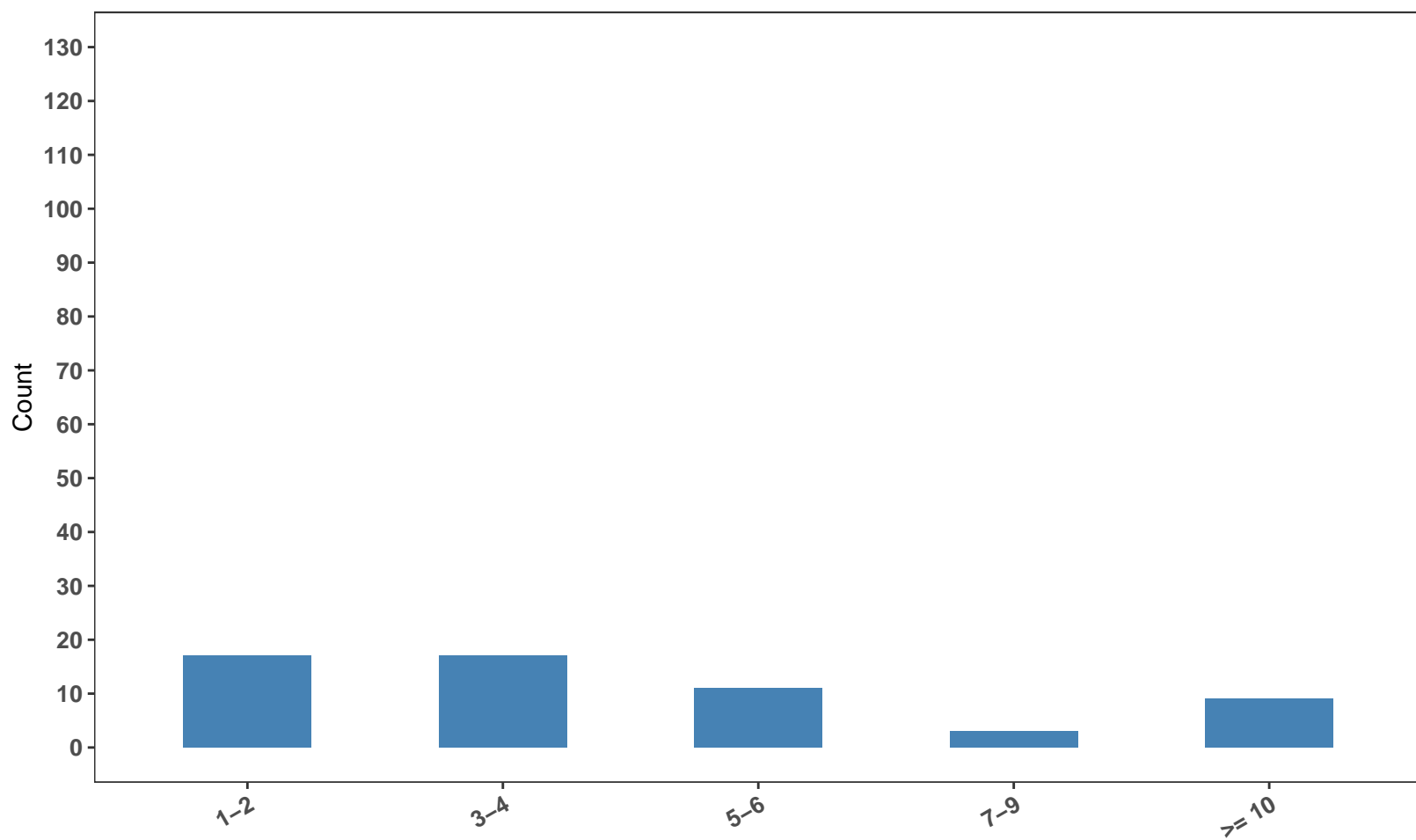
Stress level on proposal deadlines WRT regular working day



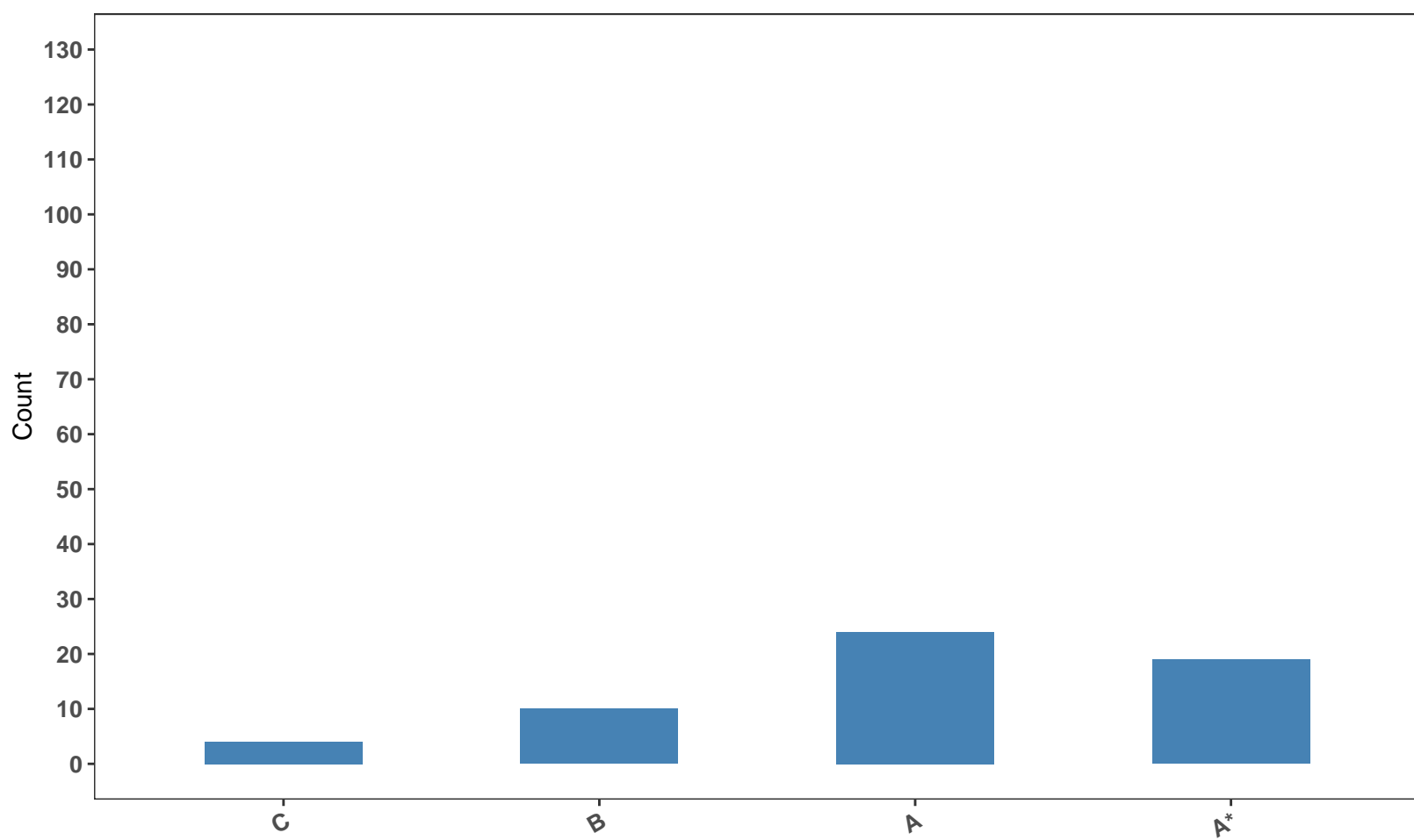
People submitting papers in refereed conferences



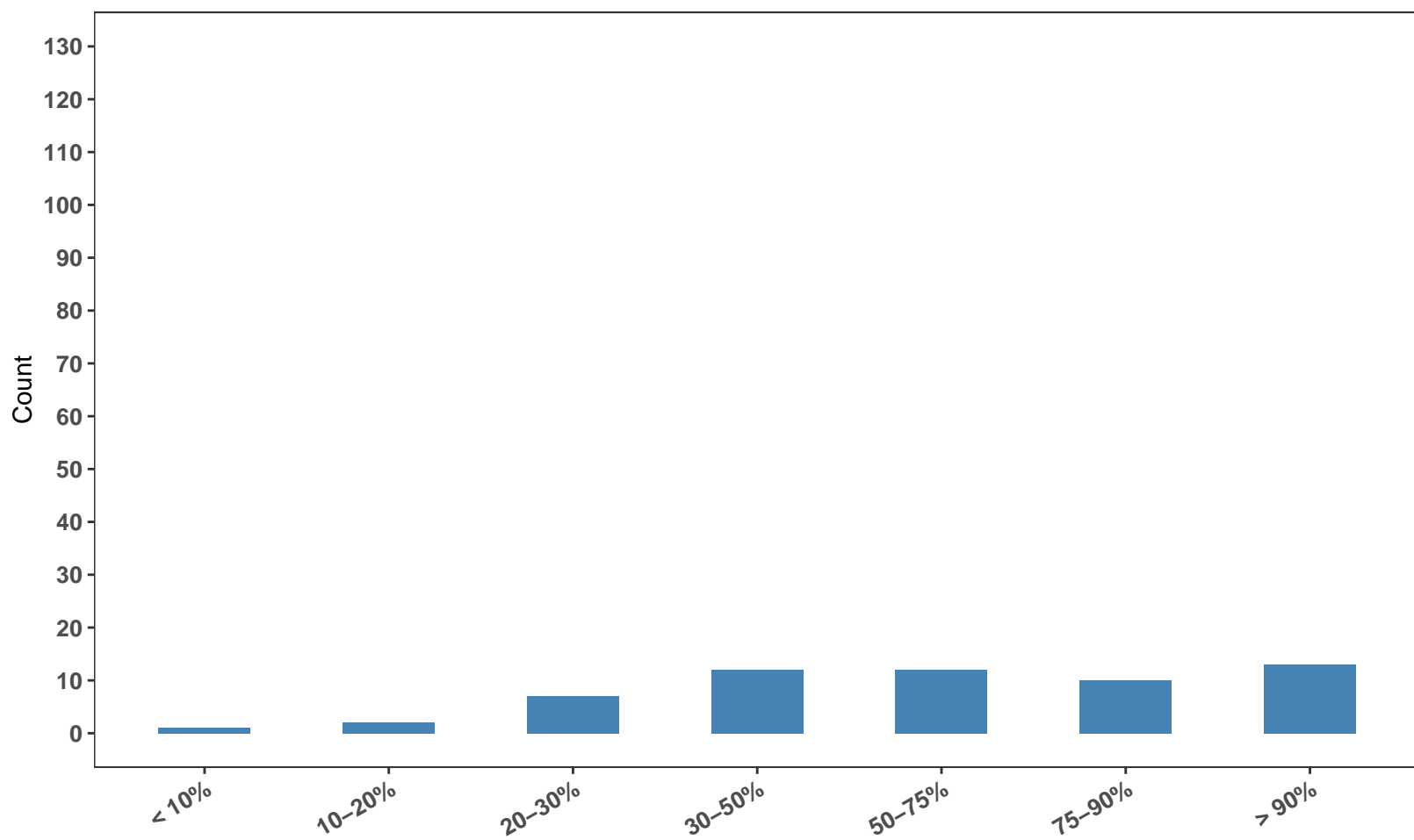
Average number of conference papers per year



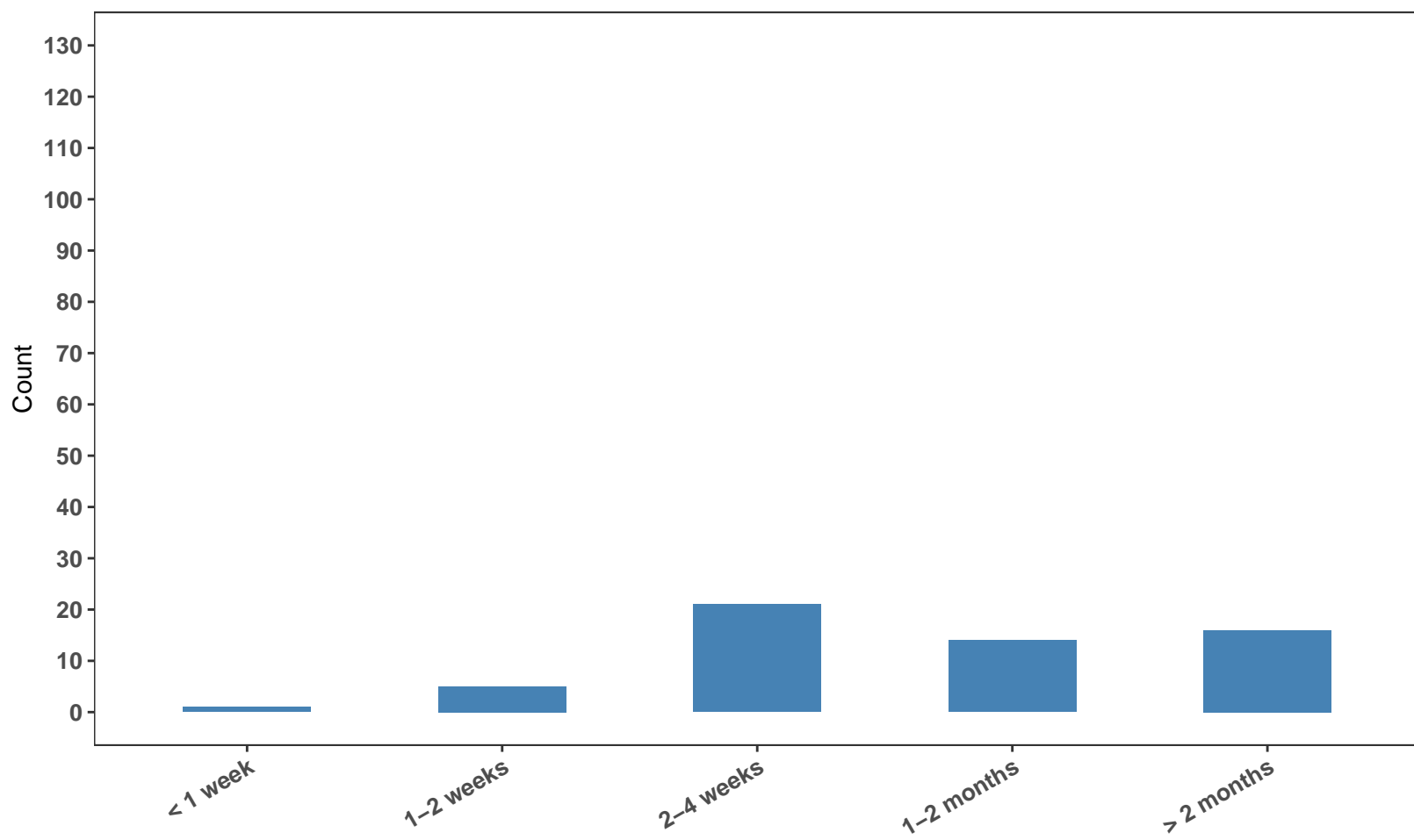
CORE rank of conferences



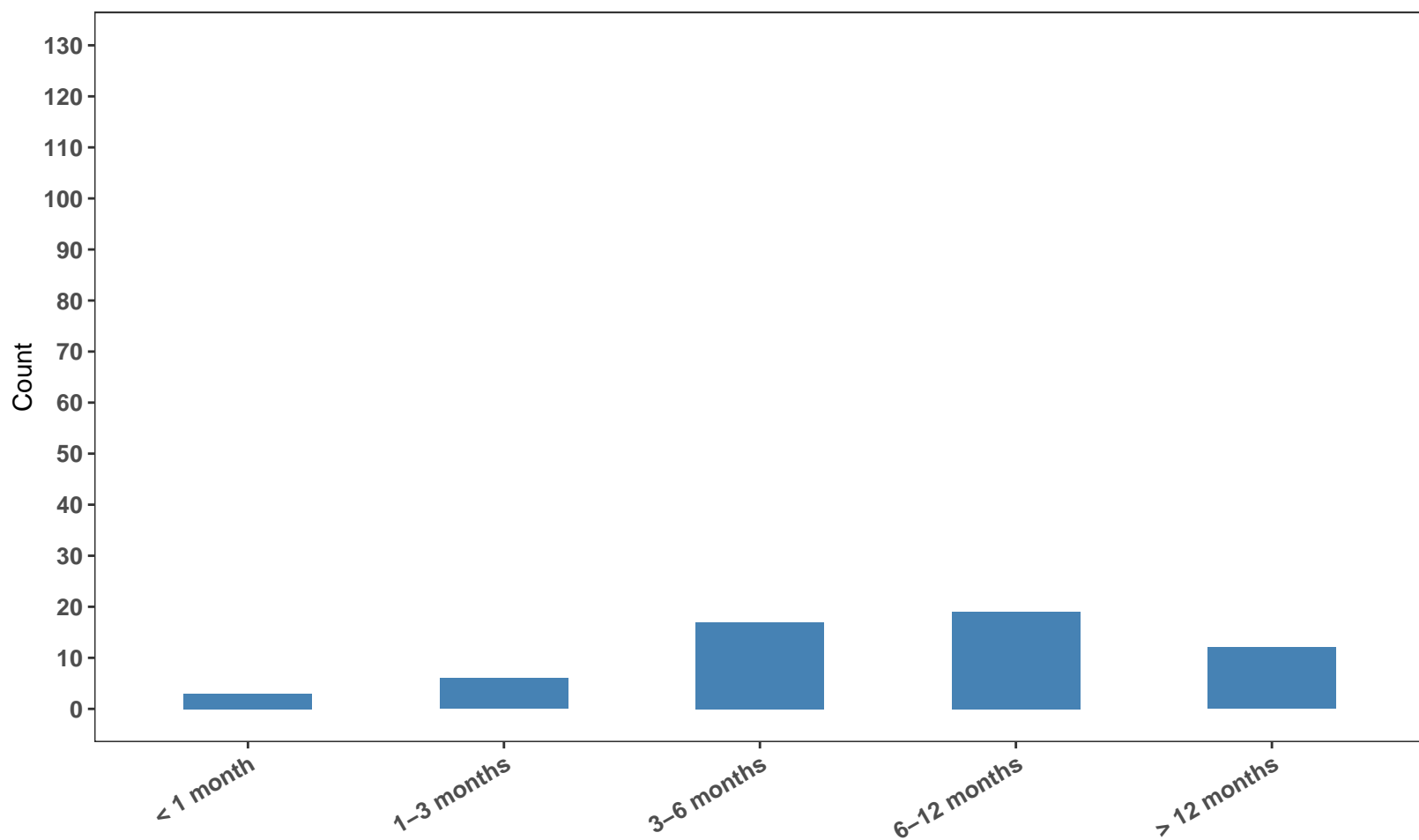
Approximate success rate in conference submissions



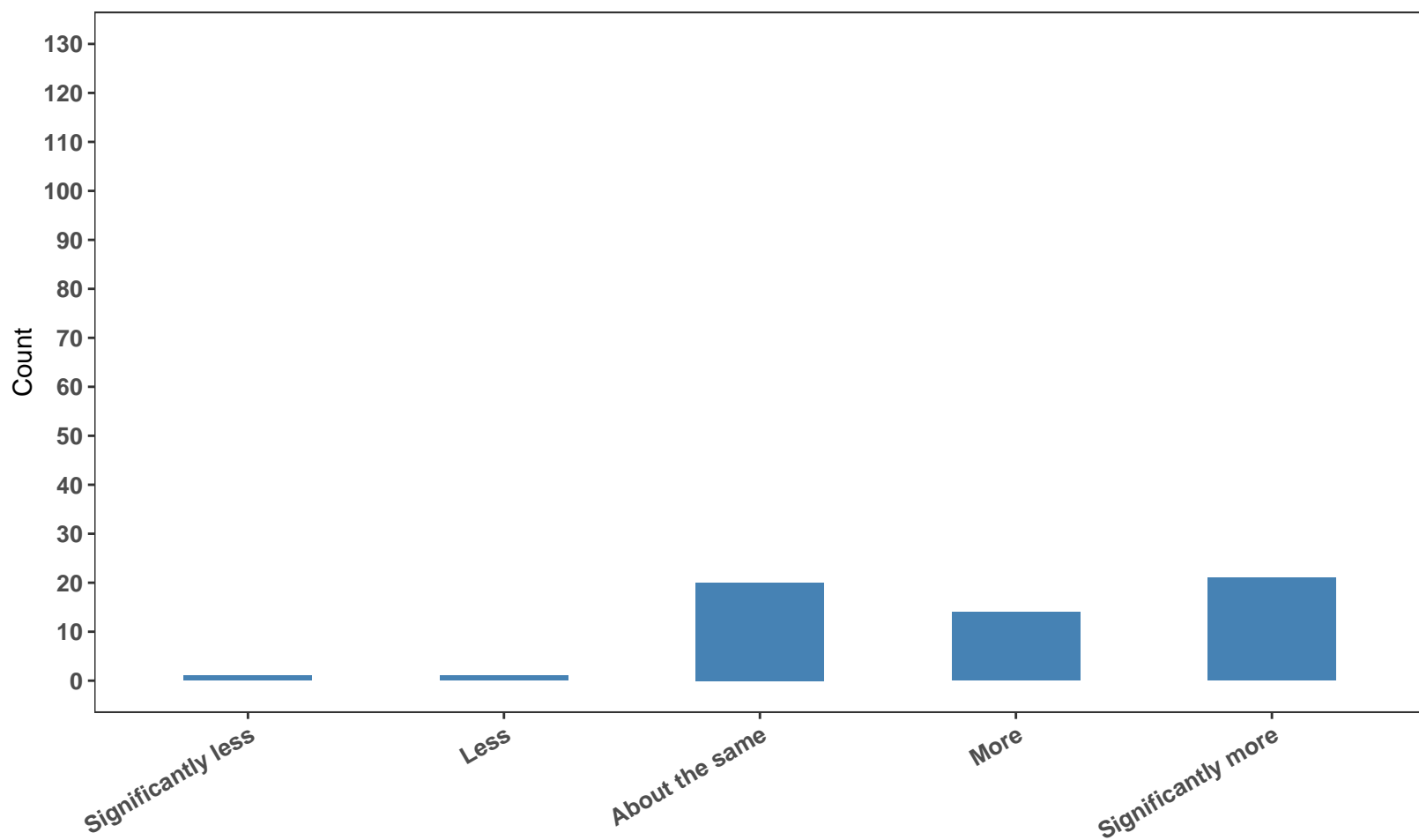
Length of conference paper composition period



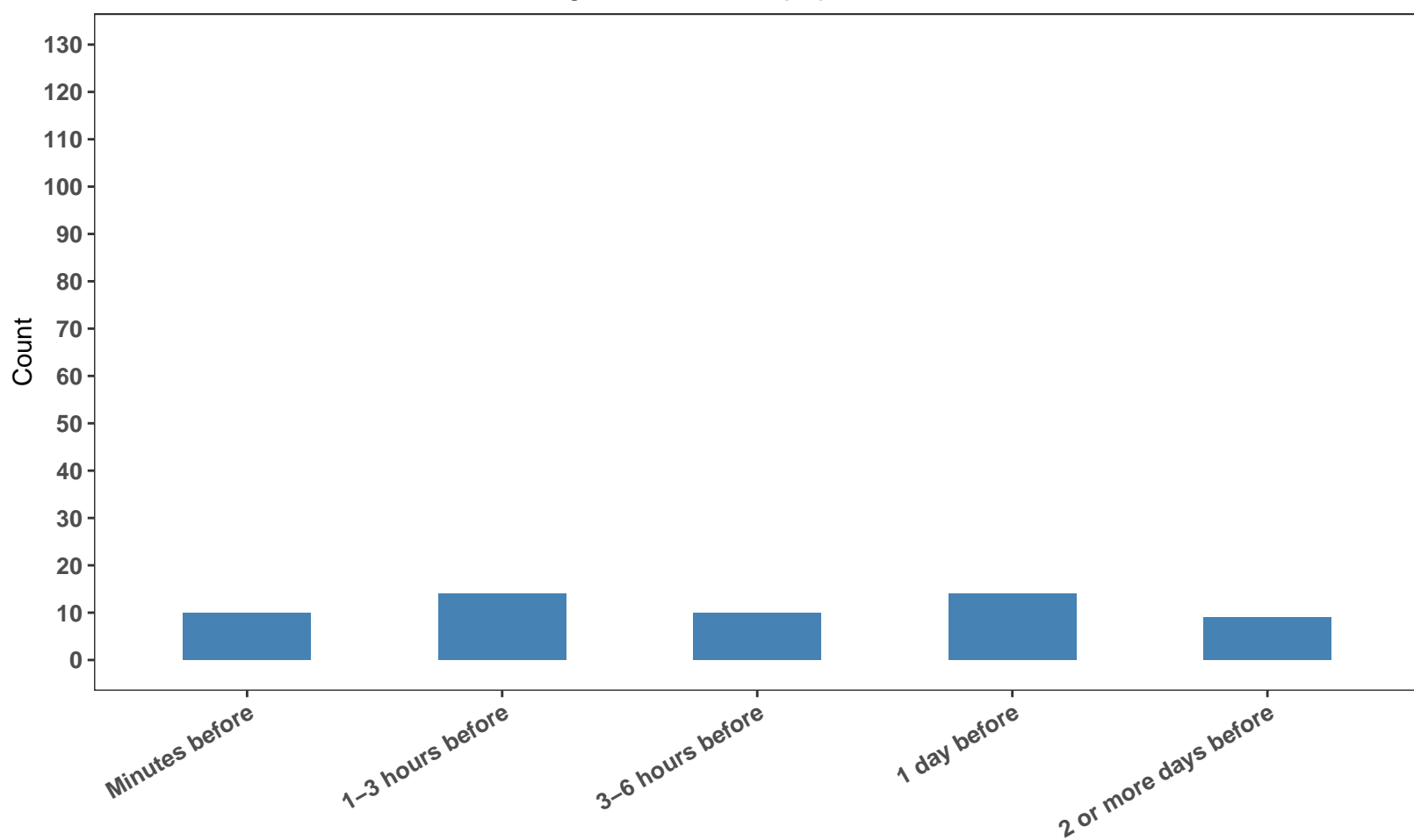
Length of supporting research for conference papers



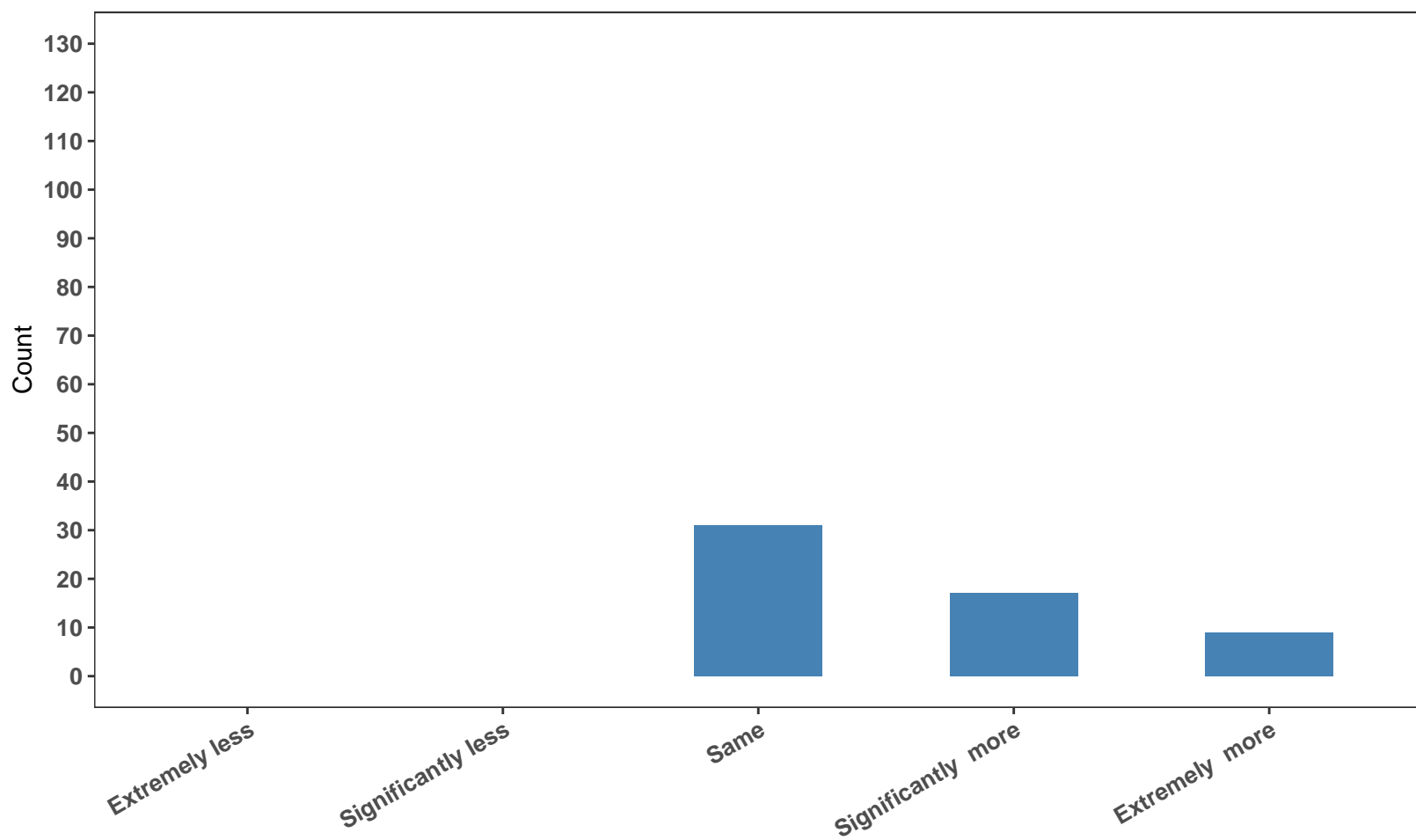
Conference deadline week workload WRT a typical week



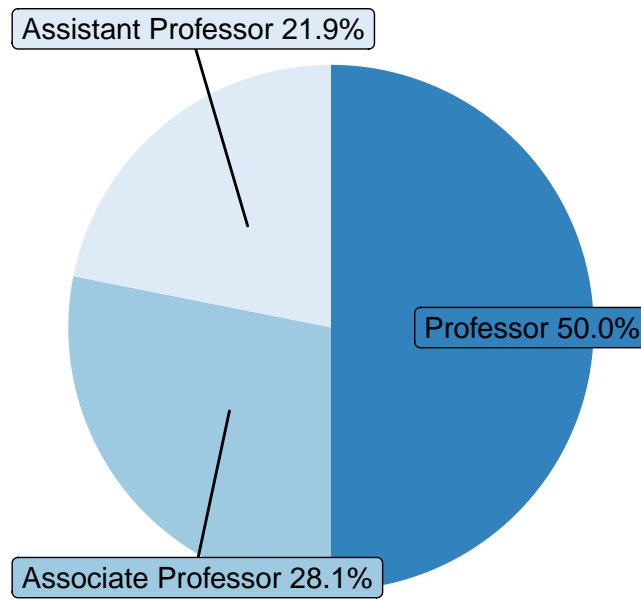
Timing of conference paper submission



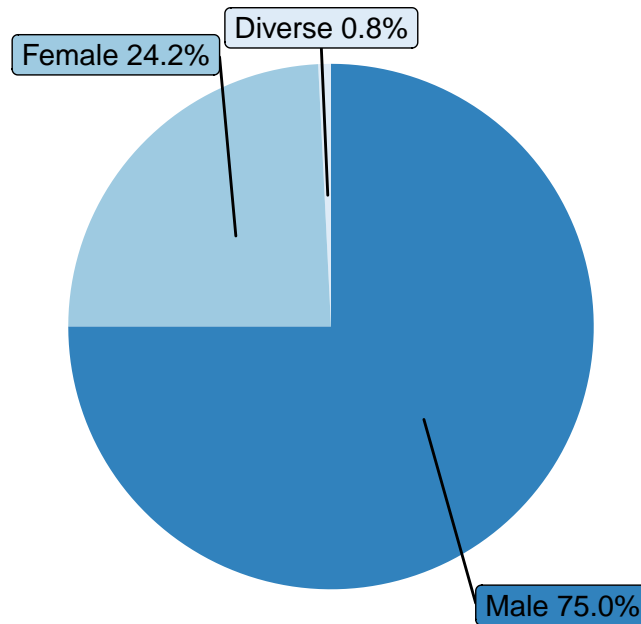
Stress level on conference deadlines WRT regular working day



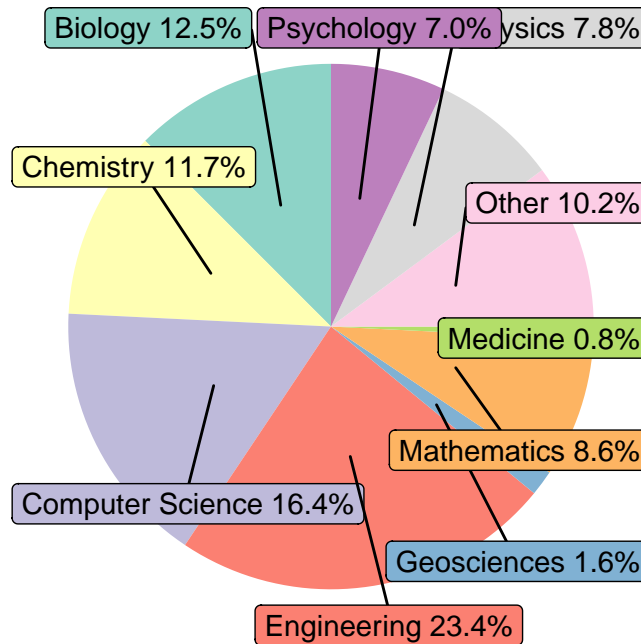
Faculty Rank

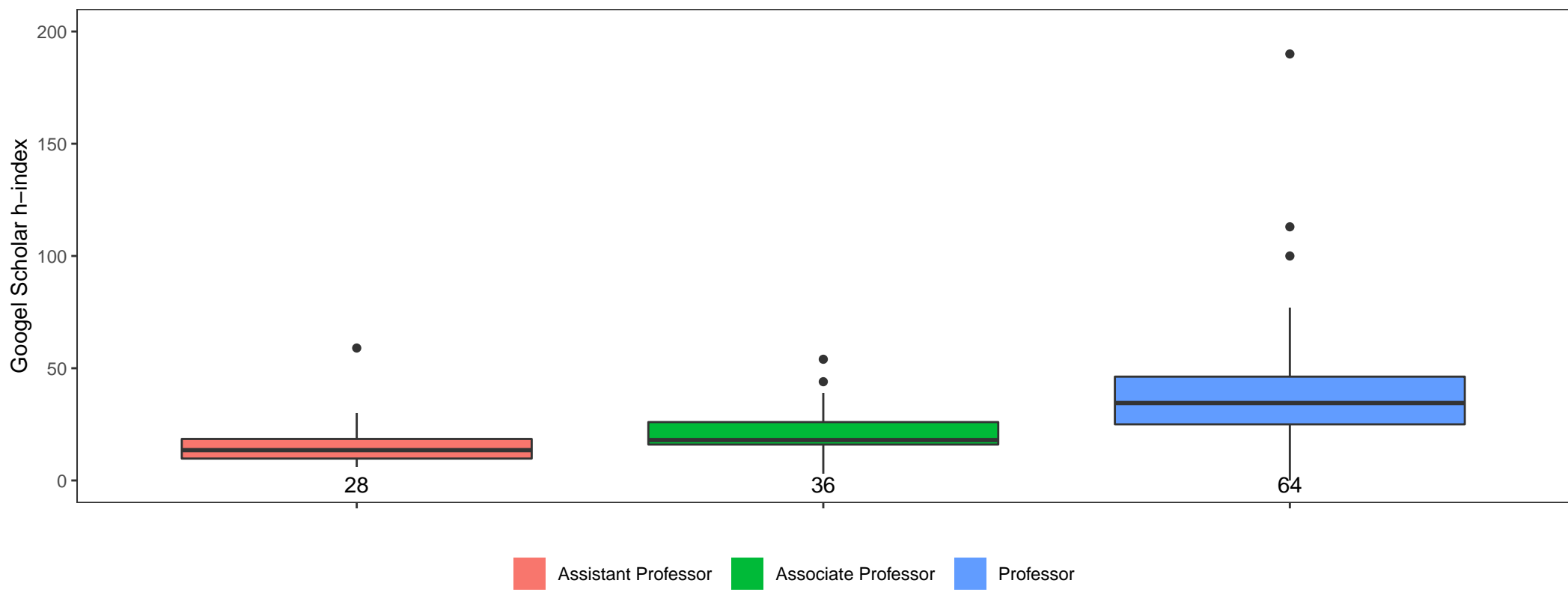
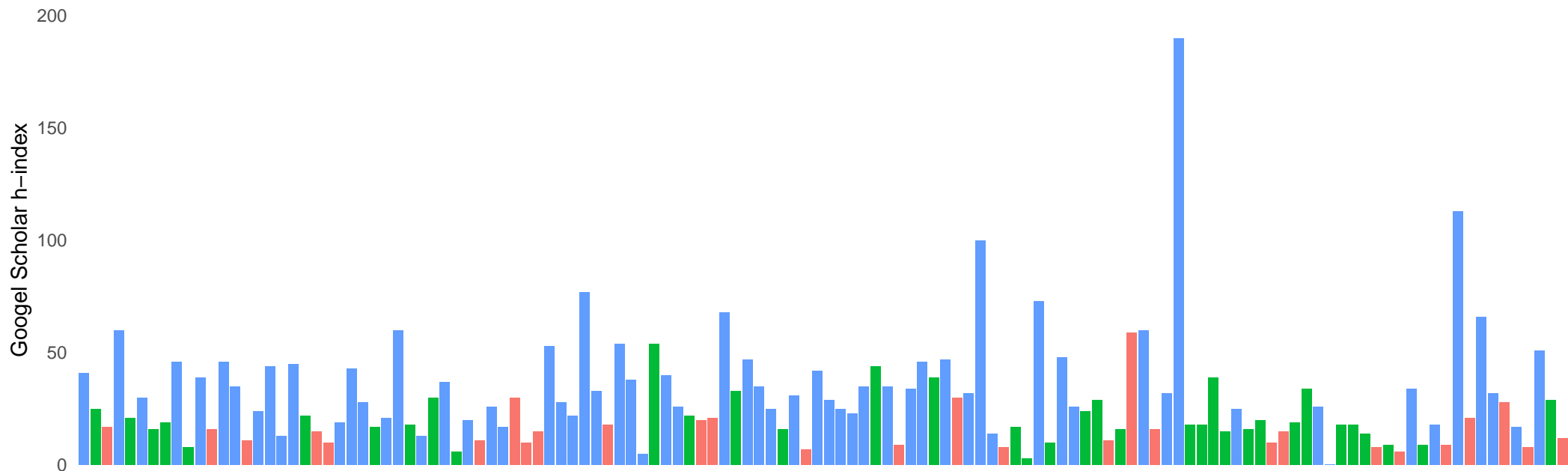


Gender



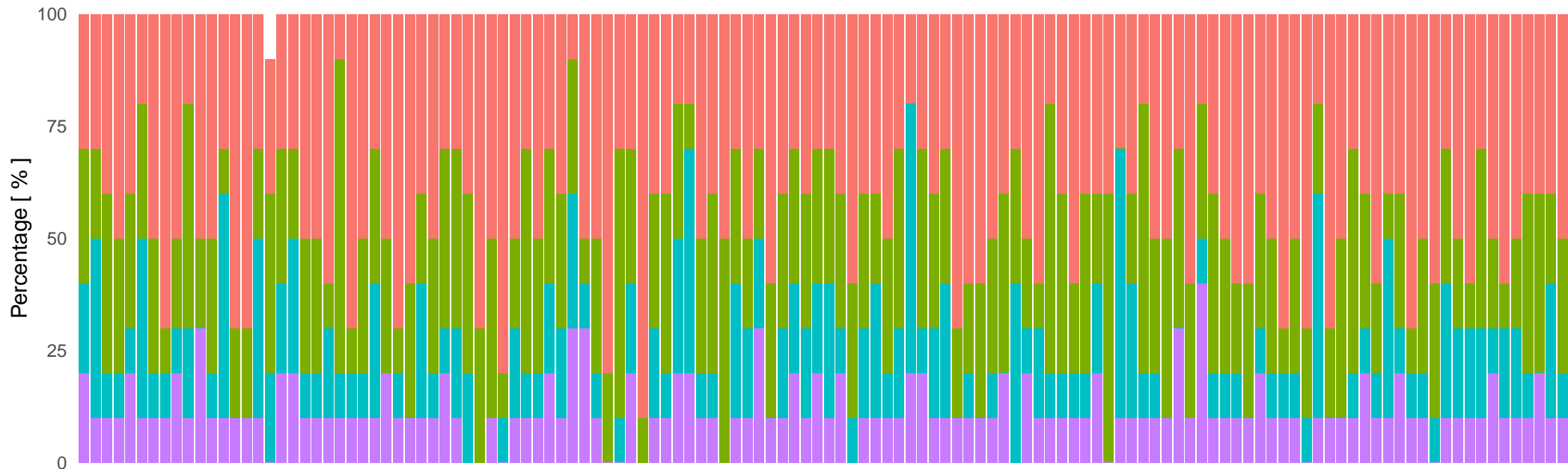
Department



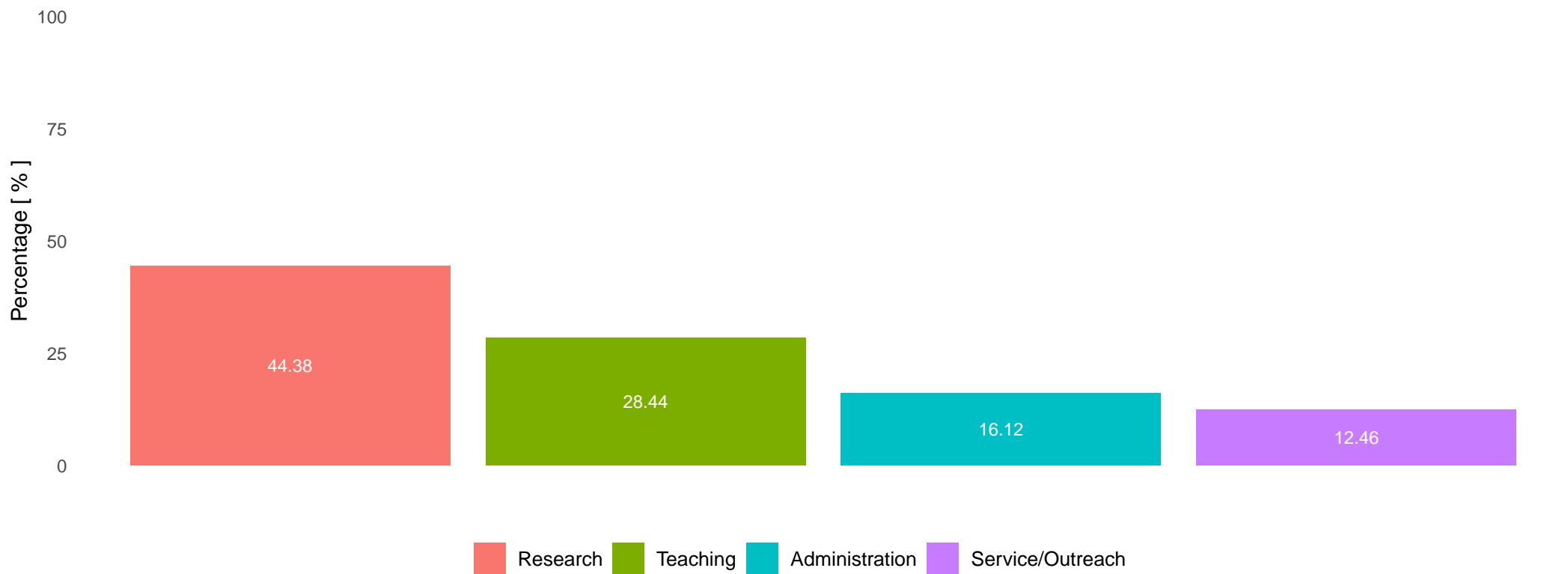




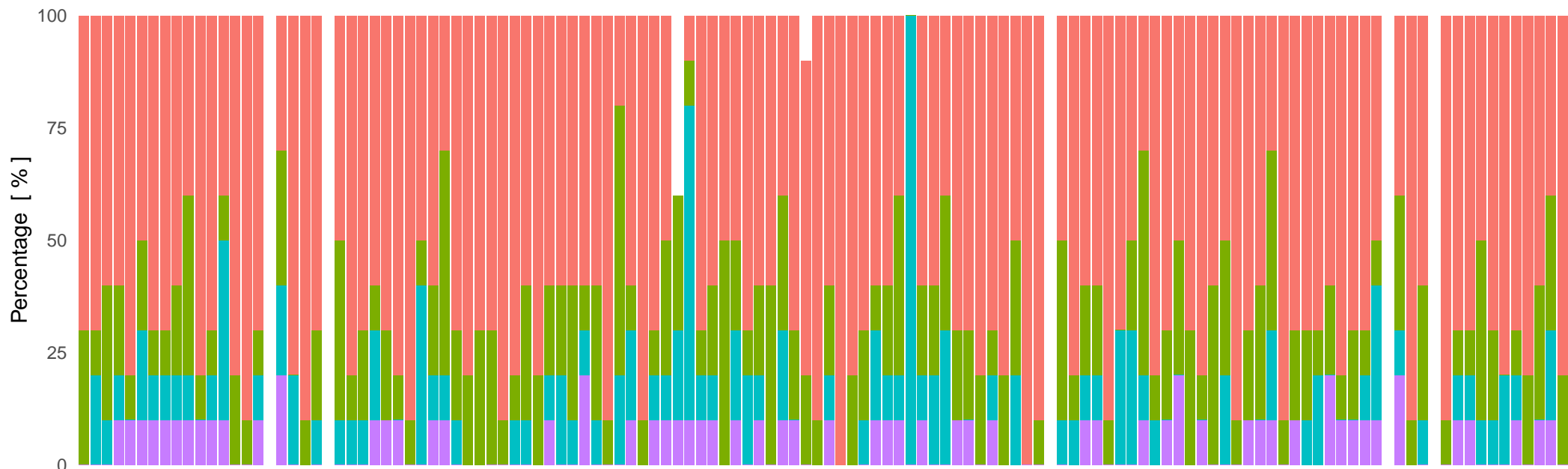
Work distribution in a typical week



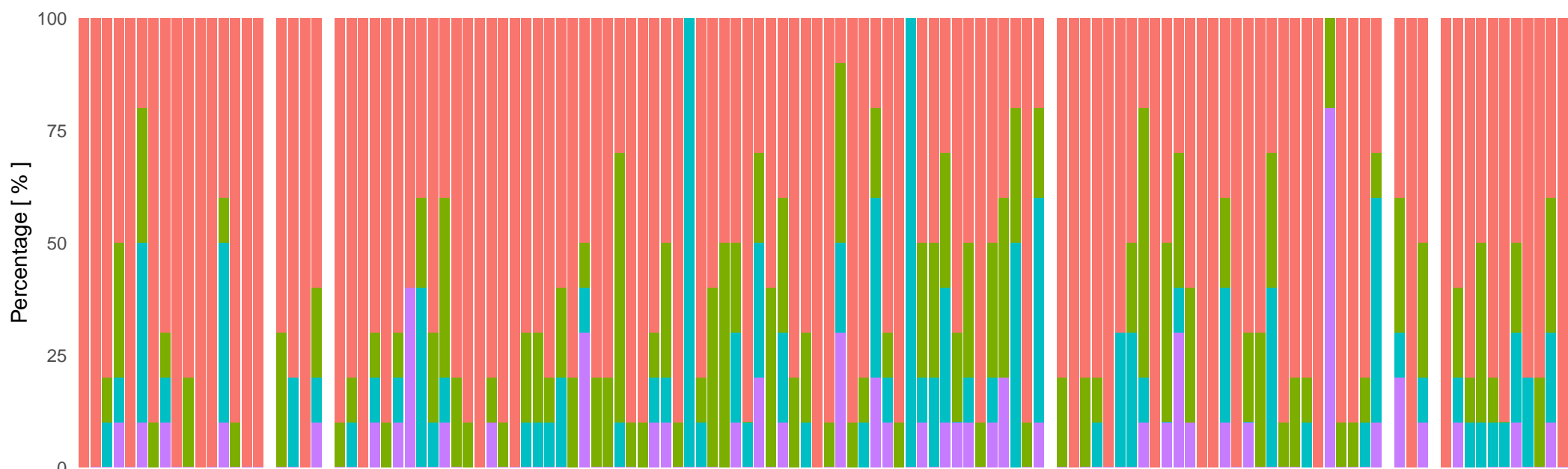
Mean of work distribution in a typical week



Work distribution a week before proposal deadlines

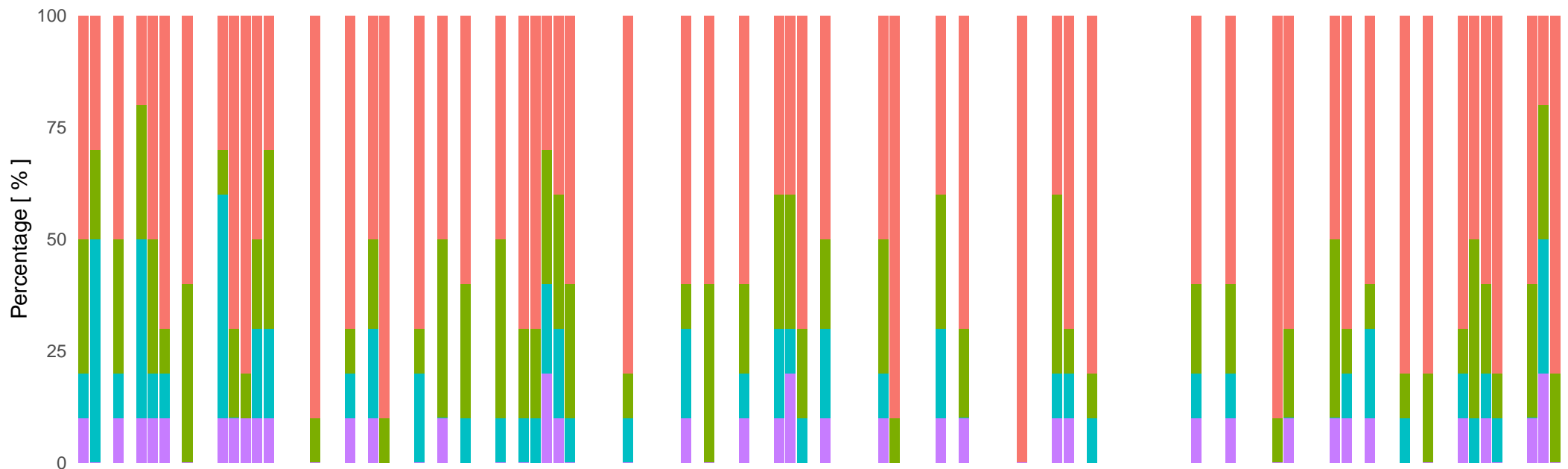


Work distribution on proposal deadlines day

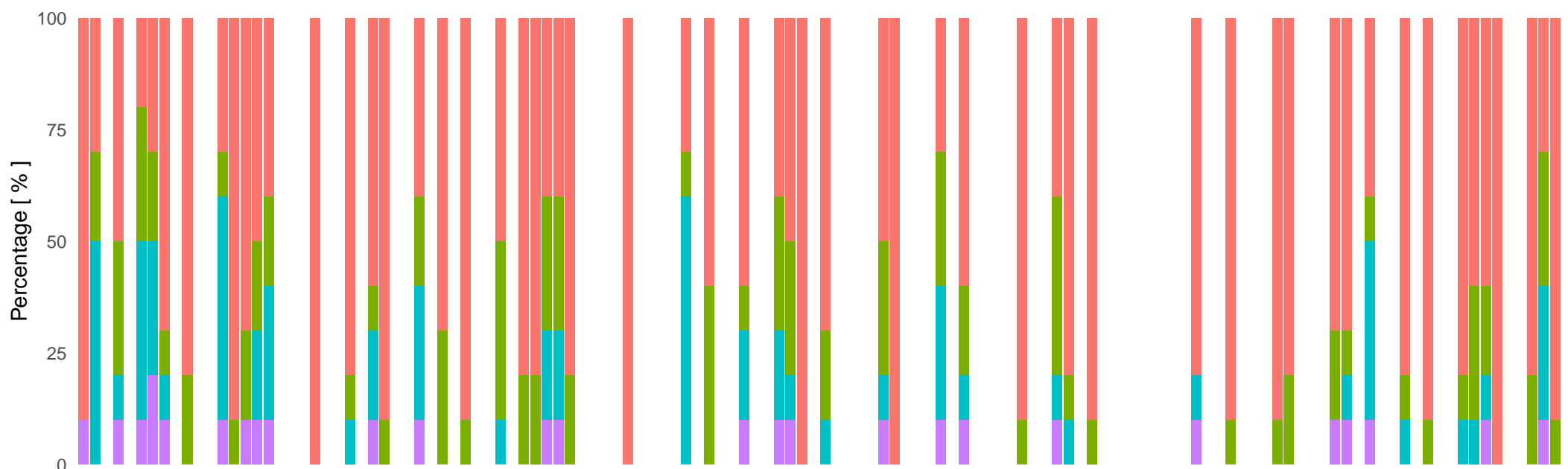


Research Teaching Administration Service/Outreach

Work distribution a week before conference deadlines

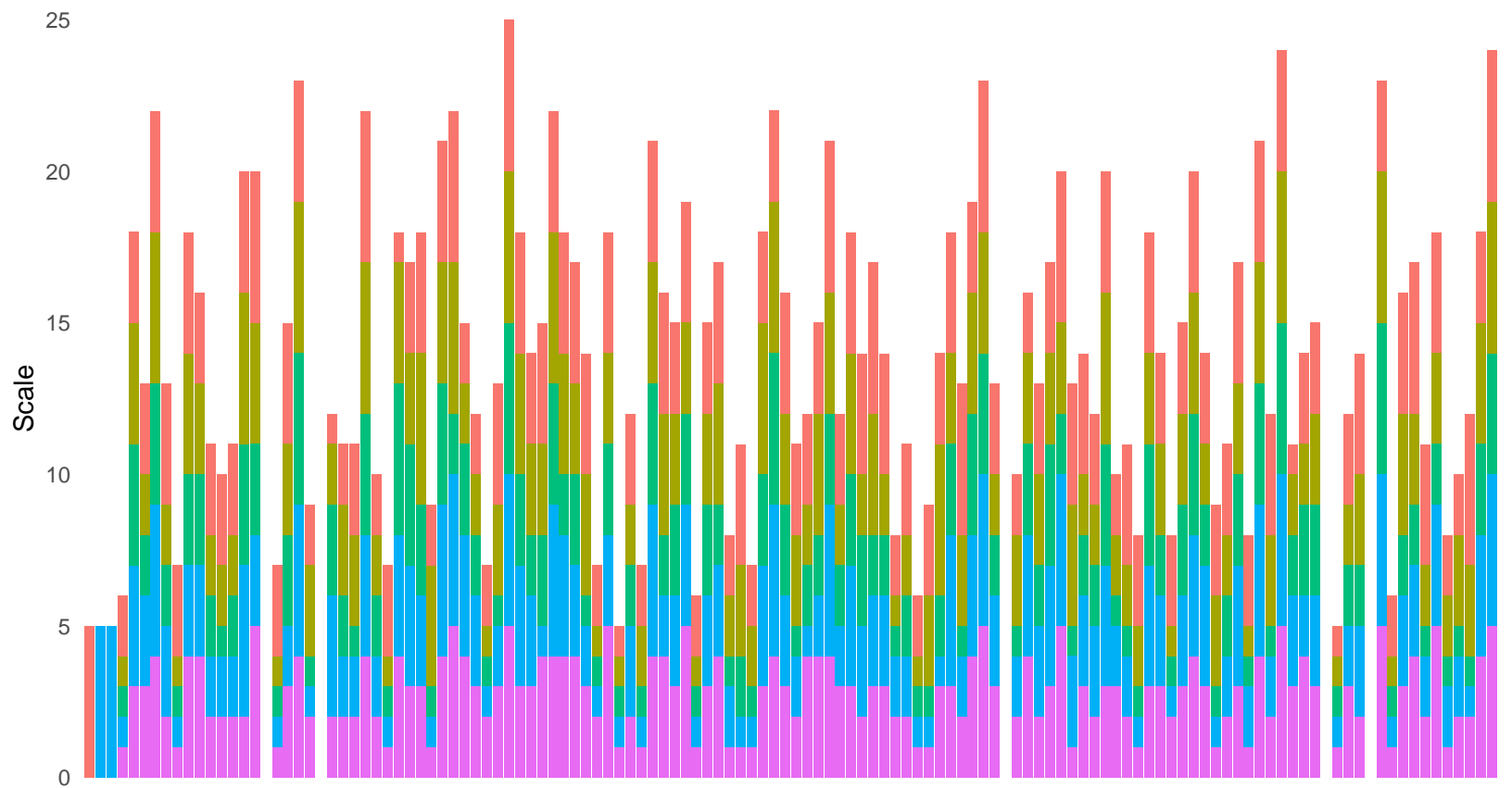


Work distribution on conference deadlines day

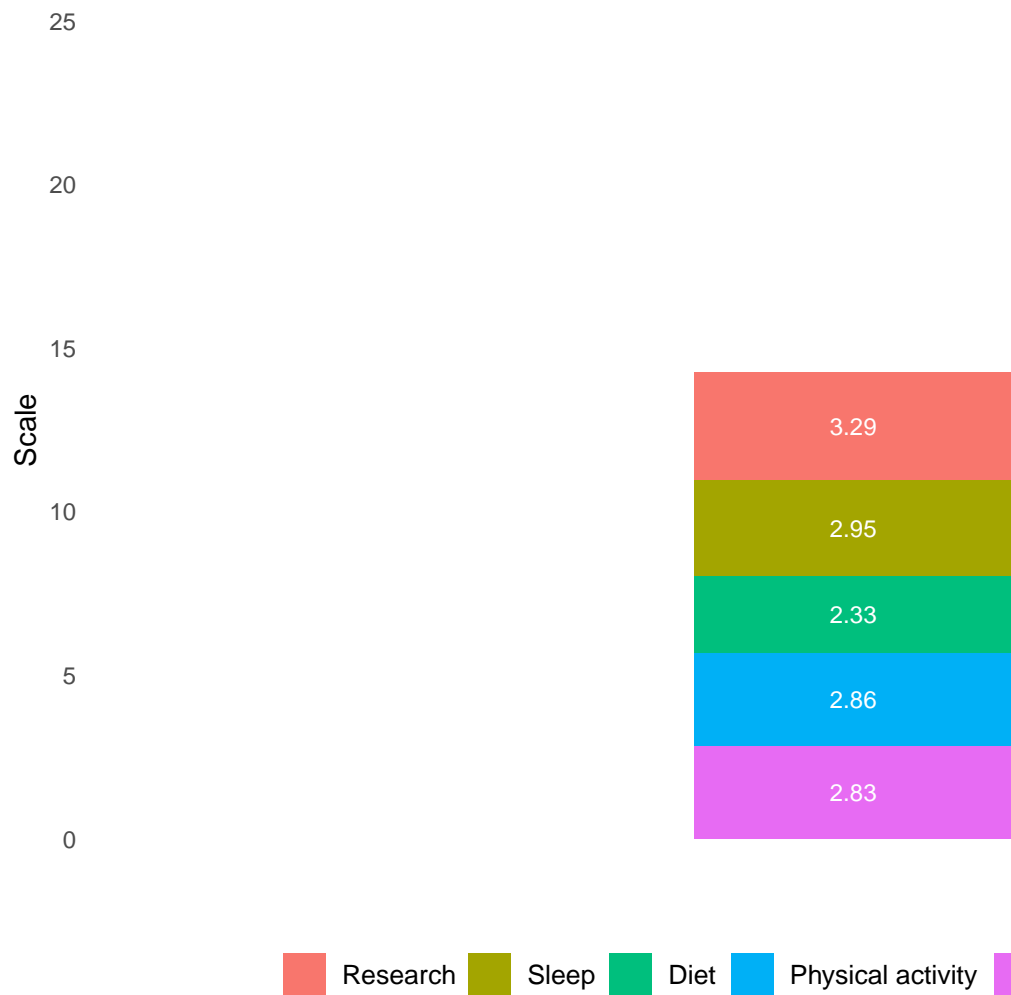


Research Teaching Administration Service/Outreach

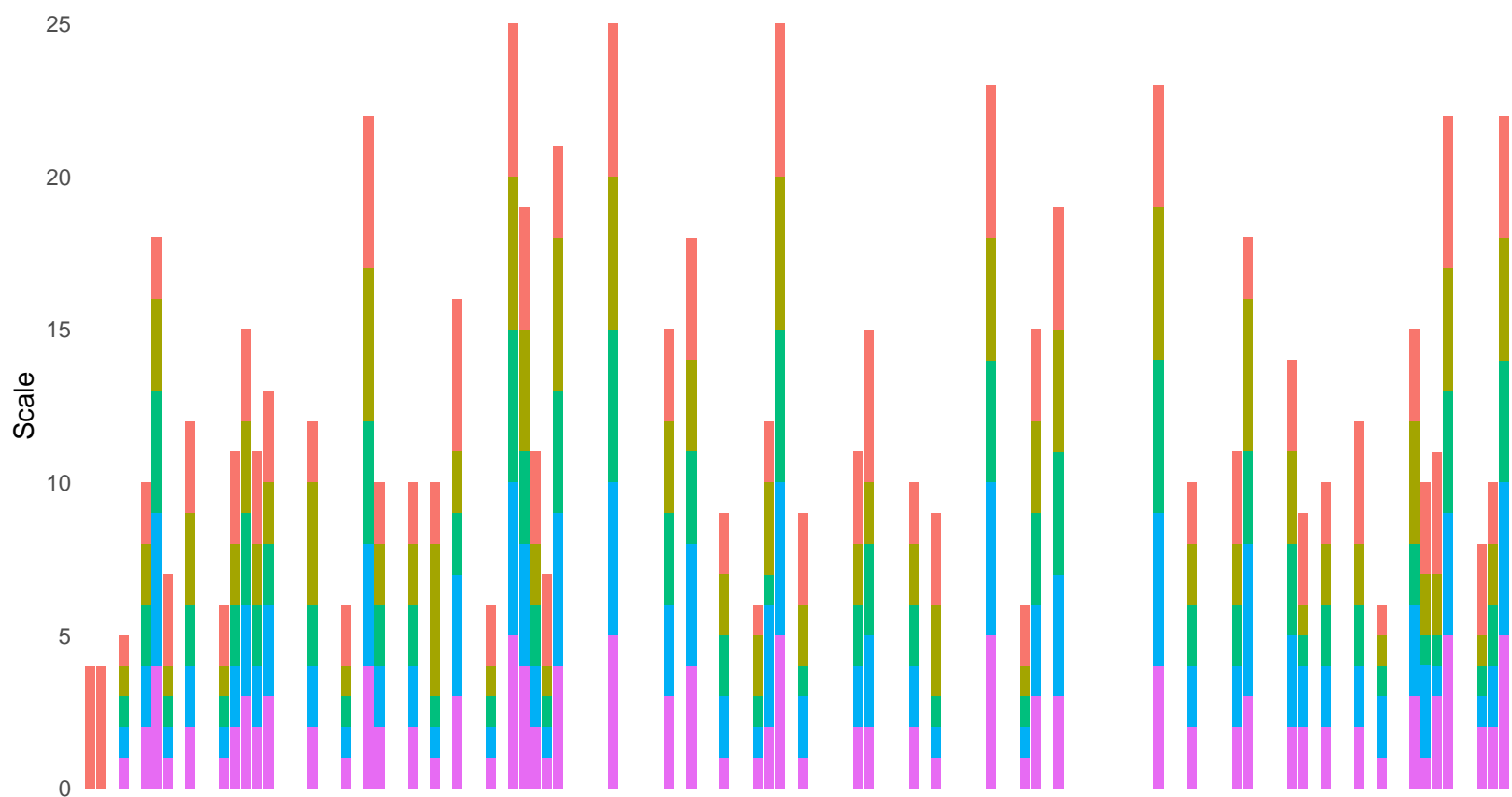
Disruption of different aspects of life on Proposal Deadlines



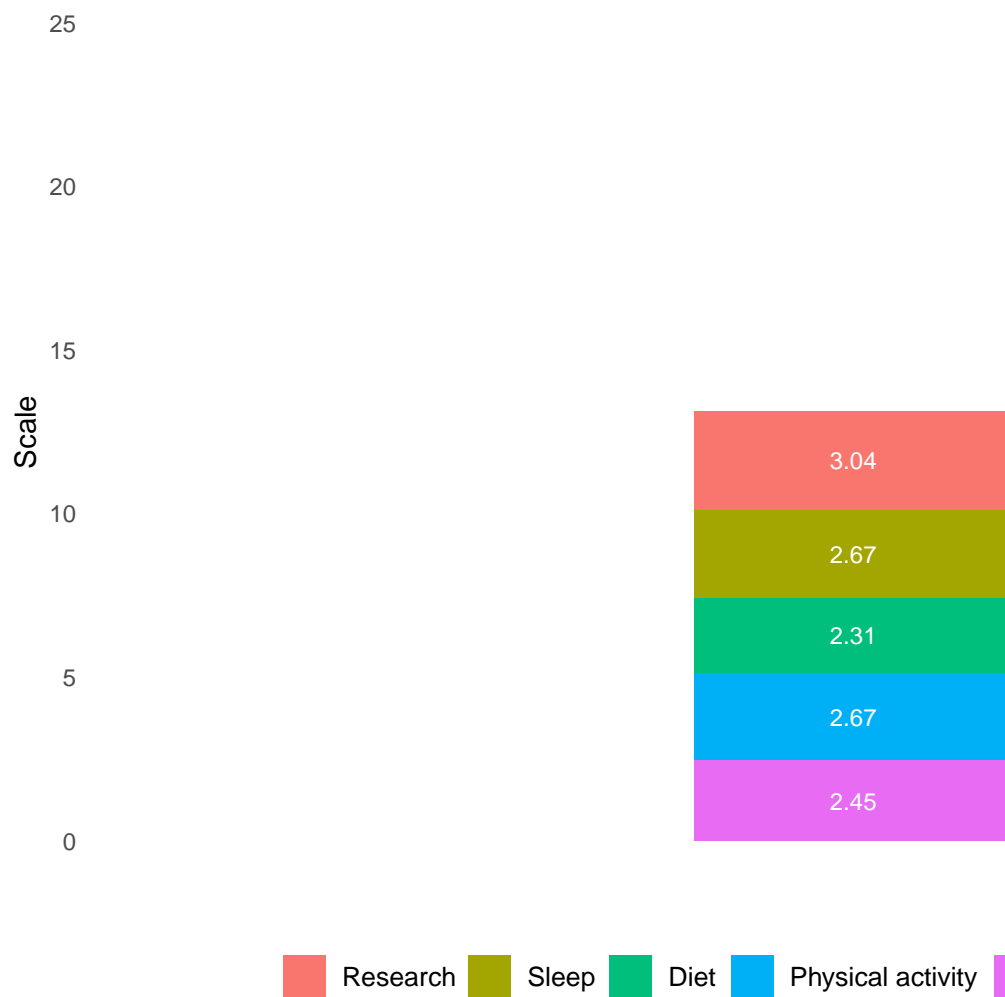
Mean of disruption of different aspects of life on Proposal Deadlines



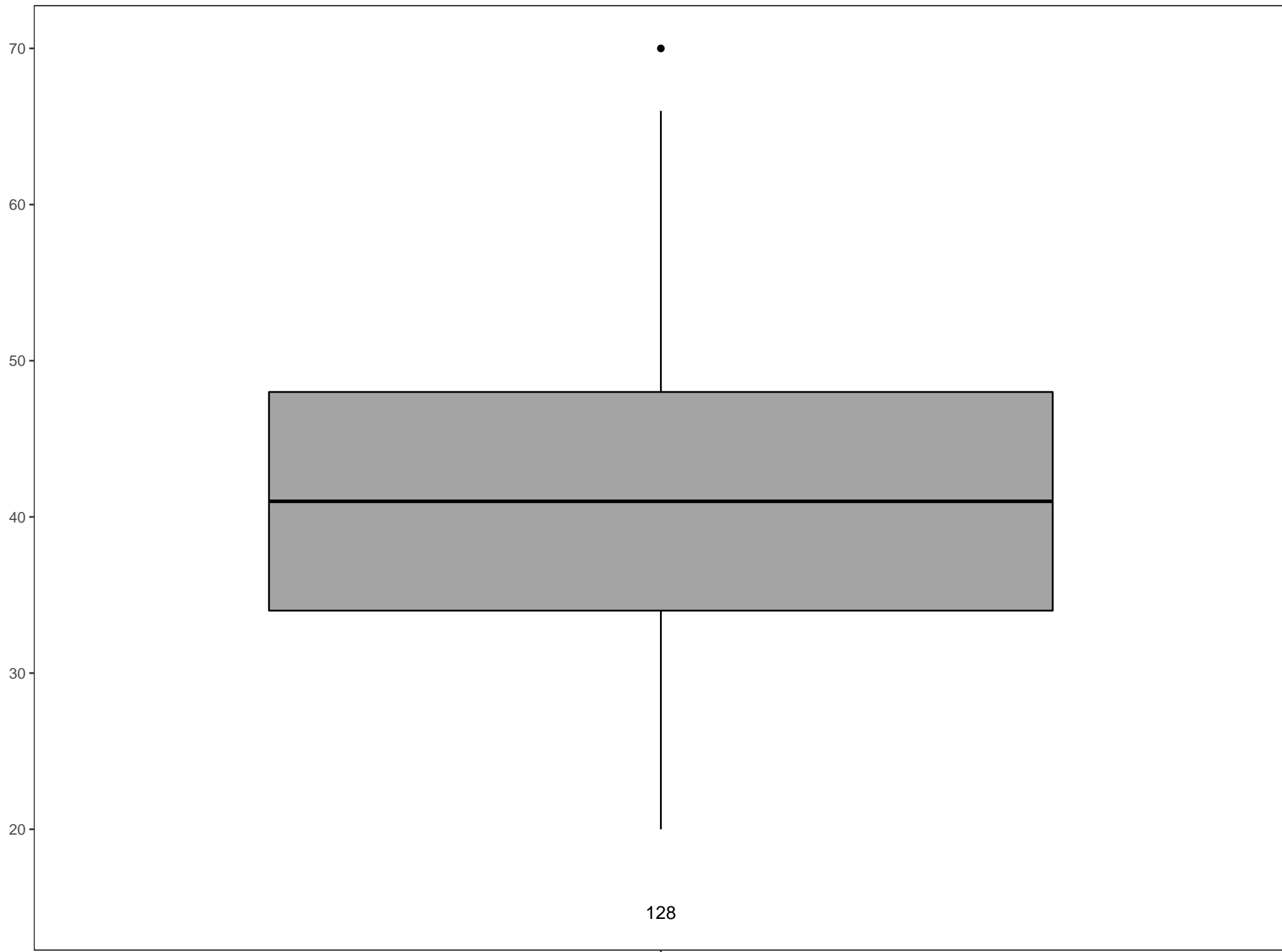
Disruption of different aspects of life on Conference Deadlines



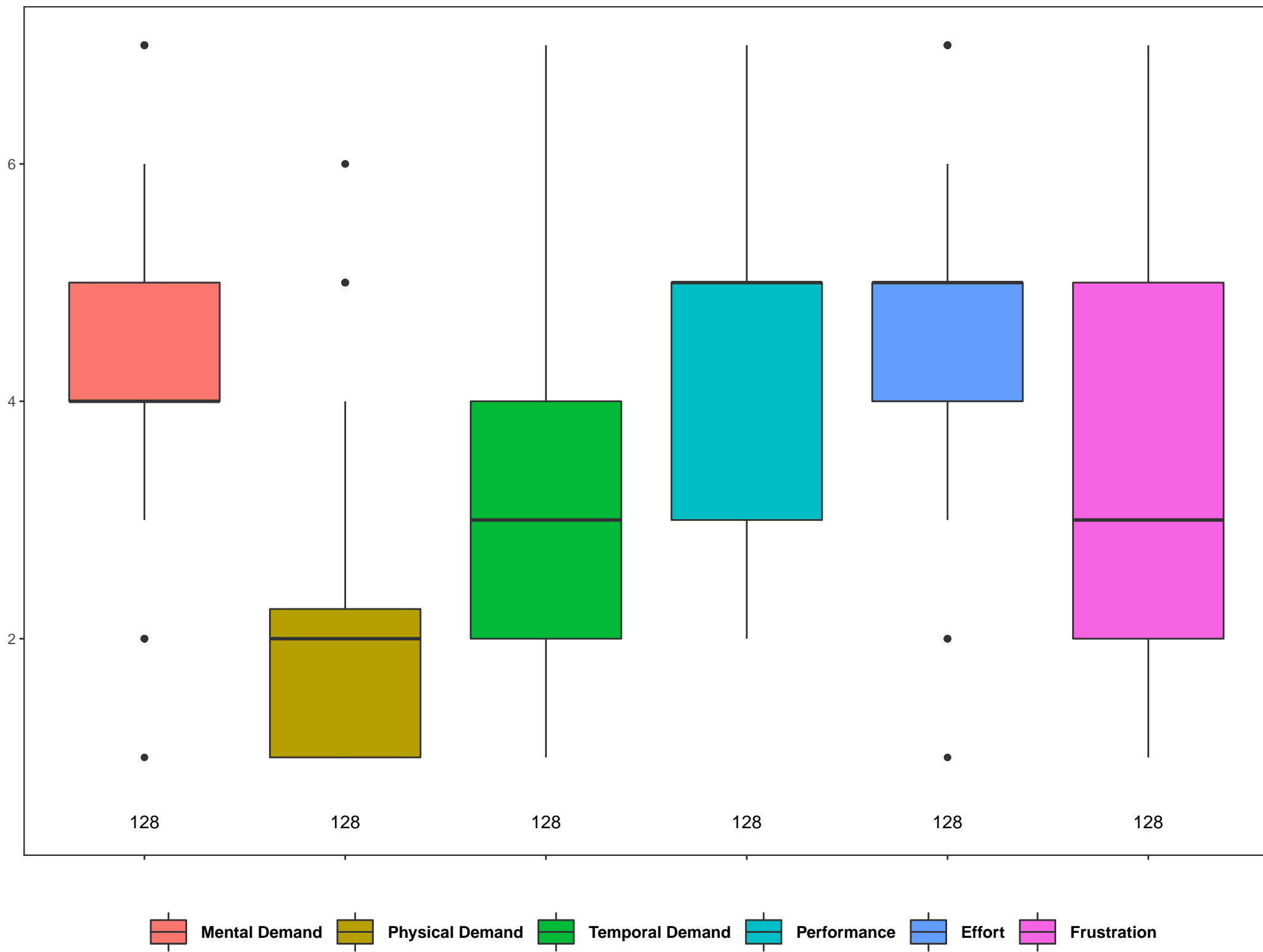
Mean of disruption of different aspects of life on Conference Deadlines



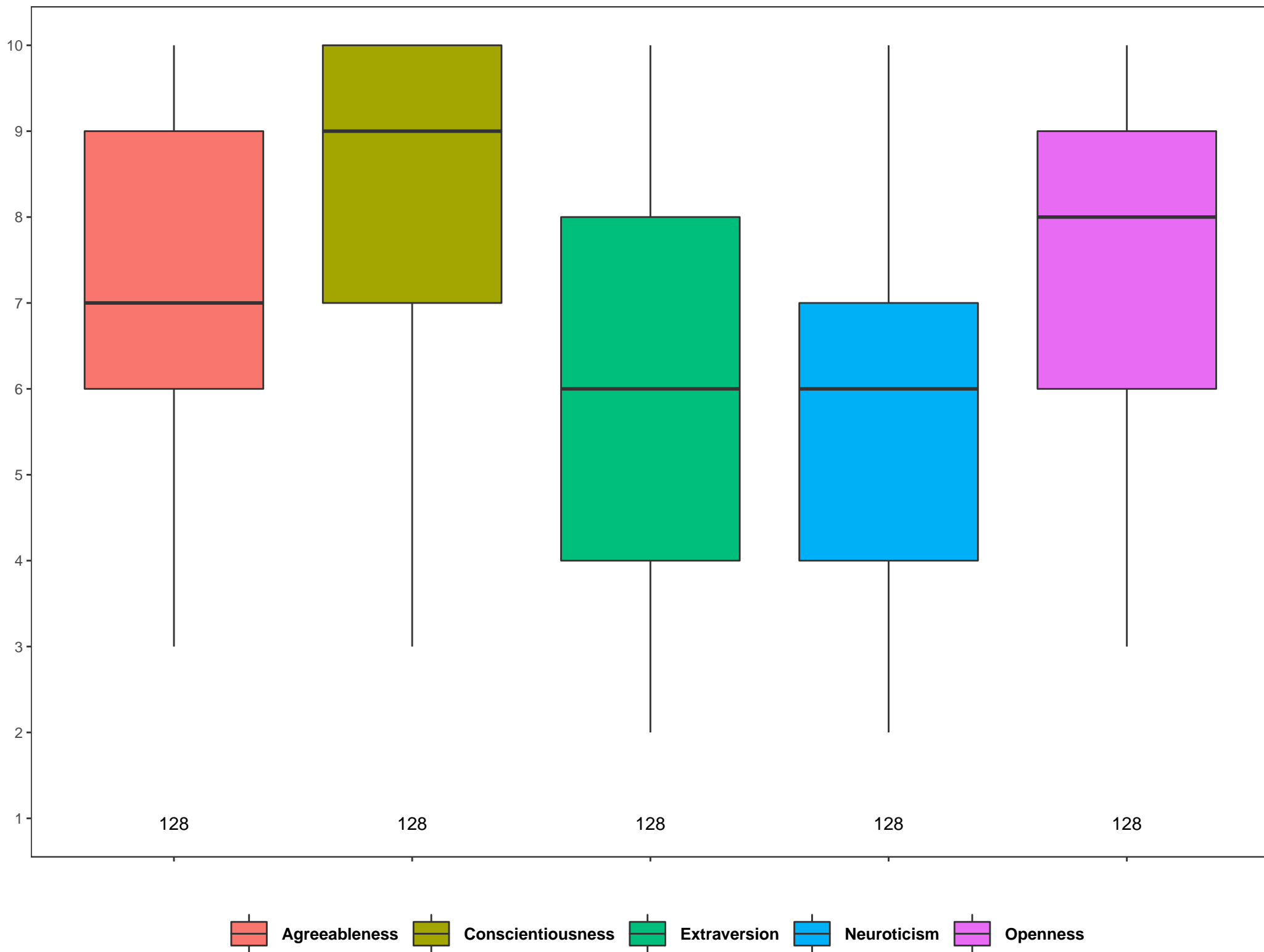
Trait Anxiety



# NASA TLX

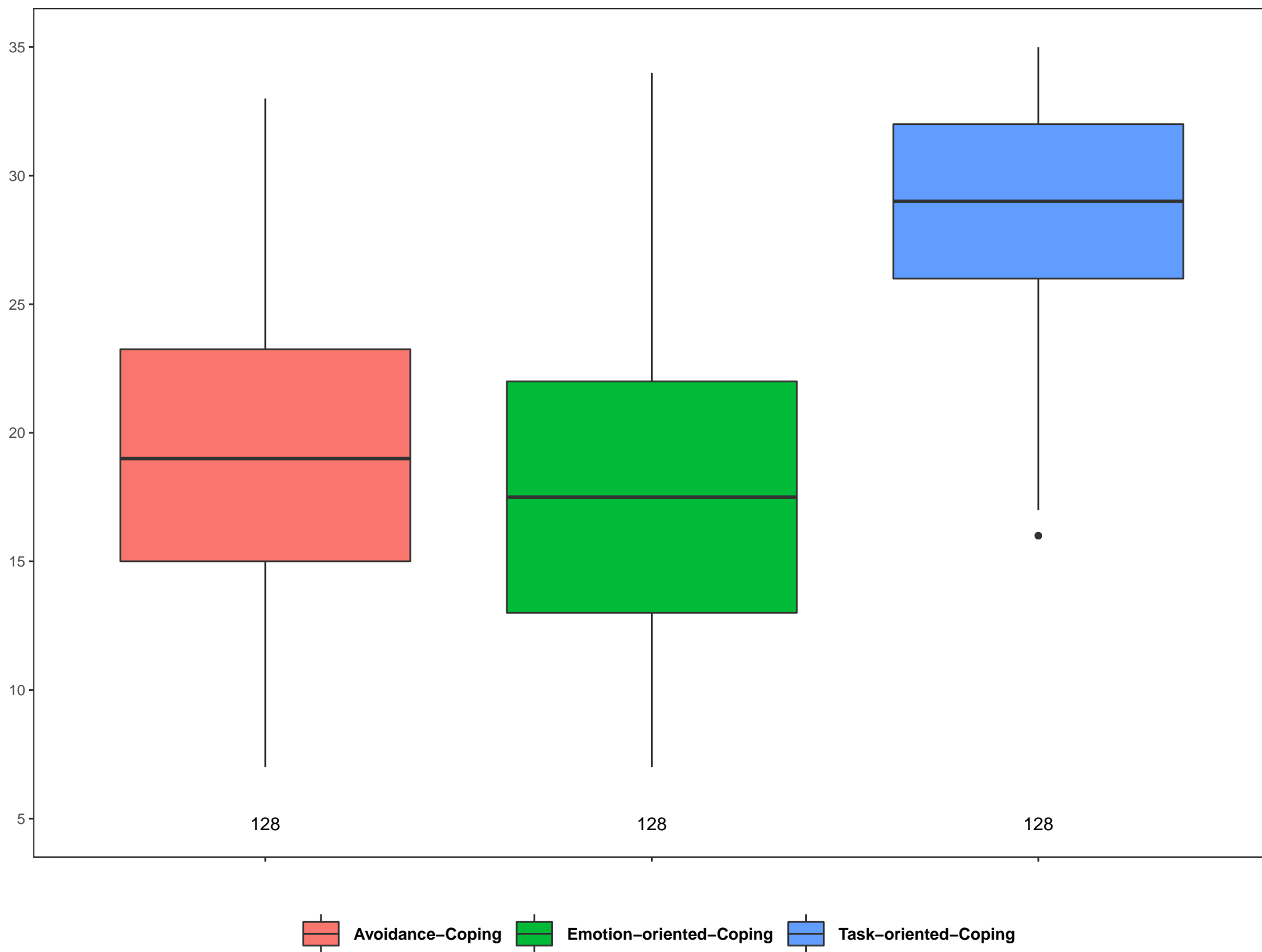


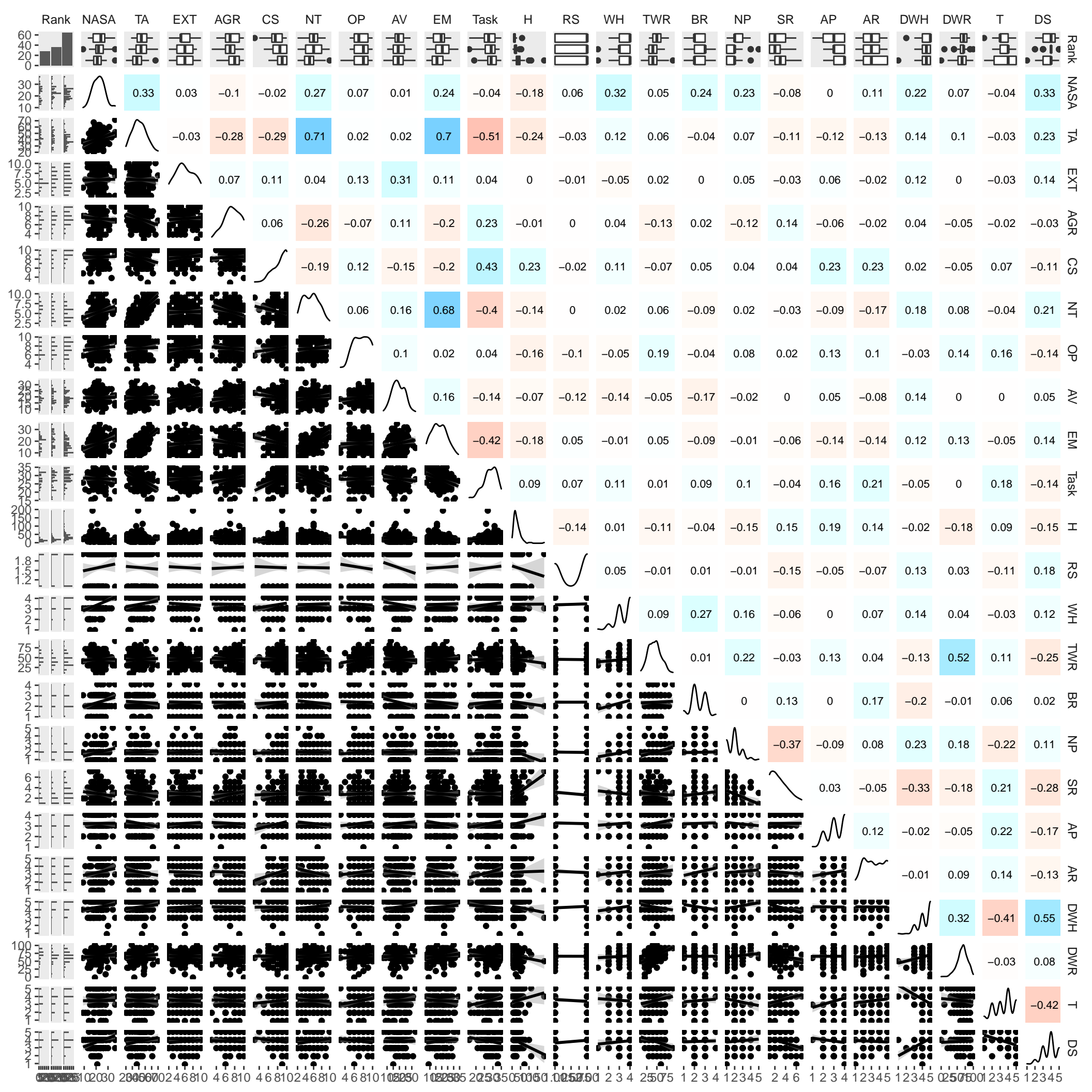
Big Five Inventory





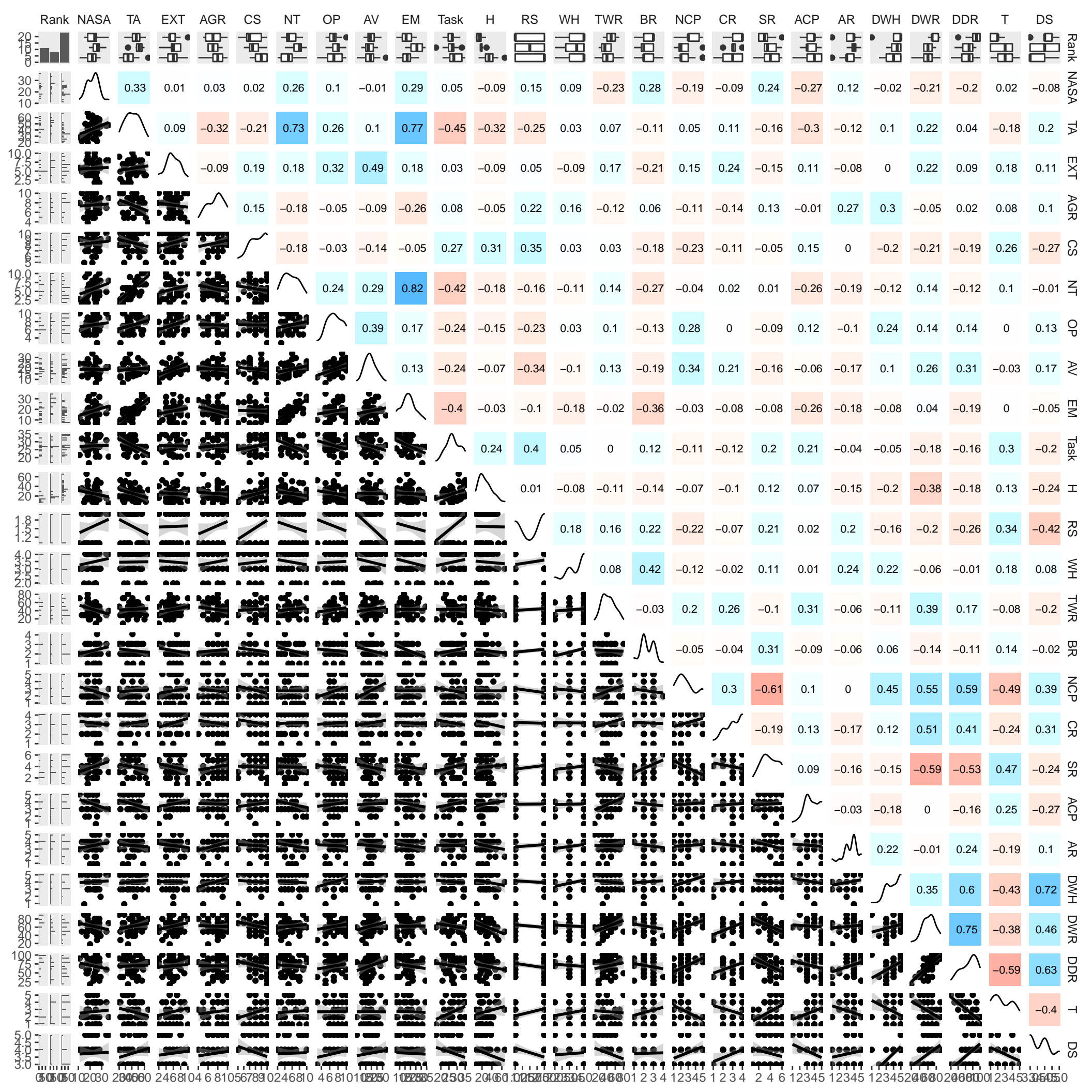
Coping Inventory for Stressful Situations





The heatmap displays the following correlation values (approximate values from the color scale and significance markers):

	NASA	TA	EXT	AGR	CS	NT	OP	AV	EM	Task	H	RS	WH	TWR	BR	NP	SR	AP	AR	DWH	DWR	T	DS
NASA	1.00	0.85***	0.05	-0.15	-0.25**	-0.35	-0.45	-0.55	-0.65**	-0.75	-0.85*	-0.95	-0.95***	-0.95	-0.85**	-0.75*	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	0.05***
TA		1.00	-0.25**	-0.35**	-0.45***	-0.55	-0.65***	-0.75	-0.85***	-0.95**	-0.85*	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35*
EXT			1.00	-0.35	-0.45	-0.55***	-0.65	-0.75	-0.85	-0.95	-0.85	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
AGR				1.00	-0.45**	-0.55	-0.65	-0.75*	-0.85*	-0.95	-0.85	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
CS					1.00	-0.55*	-0.65	-0.75	-0.85*	-0.95***	-0.85*	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
NT						1.00	-0.65***	-0.75***	-0.85	-0.95	-0.85	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
OP							1.00	-0.75	-0.85	-0.95*	-0.85	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
AV								1.00	-0.85	-0.95	-0.85	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
EM									1.00	-0.95***	-0.85	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
Task										1.00	-0.85	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
H											1.00	-0.75	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
RS												1.00	-0.65	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
WH													1.00	-0.55	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
TWR														1.00	-0.45	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
BR															1.00	-0.35	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
NP																1.00	-0.25	-0.15	-0.05	0.05	0.15	0.25	0.35
SR																	1.00	-0.15	-0.05	0.05	0.15	0.25	0.35
AP																		1.00	-0.05	0.05	0.15	0.25	0.35
AR																			1.00	0.05	0.15	0.25	0.35



Heatmap showing the correlation between NASA and various tasks. The color scale ranges from -1 (red) to 1 (blue). The tasks are listed on the x-axis: TA, EXT, AGR, CS, NT, OP, AV, EM, Task, H, RS, WH, TWR, BR, NCP, CR, SR, ACP, AR, DWH, DWR, DDR, T, DS. The y-axis is labeled NASA. The diagonal elements are all 1.0 (blue). The off-diagonal elements show the correlation between NASA and each task. The tasks are ordered by their correlation with NASA, from highest to lowest.

Task	NASA
TA	0.85
EXT	0.75
AGR	0.70
CS	0.65
NT	0.60
OP	0.55
AV	0.50
EM	0.45
Task	0.40
H	0.35
RS	0.30
WH	0.25
TWR	0.20
BR	0.15
NCP	0.10
CR	0.05
SR	0.00
ACP	-0.05
AR	-0.10
DWH	-0.15
DWR	-0.20
DDR	-0.25
T	-0.30
DS	-0.35

Heatmap showing the correlation between NASA and 20 other tasks. The color scale ranges from -1 (red) to 1 (blue). The diagonal is blue (1). Correlations are mostly weak to moderate, with some significant negative correlations (red) between NASA and tasks like TWR, BR, NCP, SR, ACP, AR, DWH, DWR, DDR, and T.