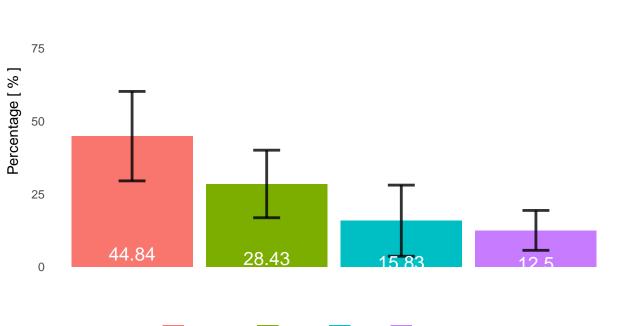
100



Sleep

Diet

Physical activity

Research