HOMO LUDENS

A STUDY OF THE PLAY-ELEMENT IN CULTURE

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NATURE AND SIGNIFICANCE OF PLAY AS A CULTURAL PHENOMENON

PLAY is older than culture, for culture, however inadequately defined, always presupposes human society, and animals have not waited for man to teach them their playing. We can safely assert, even, that human civilization has added no essential feature to the general idea of play. Animals play just like men. We have only to watch young dogs to see that all the essentials of human play are present in their merry gambols. They invite one another to play by a certain ceremoniousness of attitude and gesture. They keep to the rule that you shall not bite, or not bite hard, your brother's ear. They pretend to get terribly angry. And—what is most important—in all these doings they plainly experience tremendous fun and enjoyment. Such rompings of young dogs are only one of the simpler forms of animal play. There are other, much more highly developed forms: regular contests and beautiful performances before an admiring public.

Here we have at once a very important point: even in its simplest forms on the animal level, play is more than a mere physiological phenomenon or a psychological reflex. It goes beyond the confines of purely physical or purely biological activity. It is a significant function—that is to say, there is some sense to it. In play there is something "at play" which transcends the immediate needs of life and imparts meaning to the action. All play means something. If we call the active principle that makes up the essence of play, "instinct", we explain nothing; if we call it "mind" or "will" we say too much. However we may regard it, the very fact that play has a meaning implies a non-materialistic quality in the nature of the thing itself.

Psychology and physiology deal with the observation, description and explanation of the play of animals, children, and grown-ups. They try to determine the nature and significance of play and to assign it its place in the scheme of life. The high importance of this place and the necessity, or at least the utility,

of play as a function are generally taken for granted and form the starting-point of all such scientific researches. The numerous attempts to define the biological function of play show a striking variation. By some the origin and fundamentals of play have been described as a discharge of superabundant vital energy, by others as the satisfaction of some "imitative instinct", or again as simply a "need" for relaxation. According to one theory play constitutes a training of the young creature for the serious work that life will demand later on. According to another it serves as an exercise in restraint needful to the individual. Some find the principle of play in an innate urge to exercise a certain faculty, or in the desire to dominate or compete. Yet others regard it as an "abreaction"—an outlet for harmful impulses, as the necessary restorer of energy wasted by one-sided activity, as "wish-fulfilment", as a fiction designed to keep up the feeling of personal value, etc. ¹

All these hypotheses have one thing in common: they all start from the assumption that play must serve something which is not play, that it must have some kind of biological purpose. They all enquire into the why and the wherefore of play. The various answers they give tend rather to overlap than to exclude one another. It would be perfectly possible to accept nearly all the explanations without getting into any real confusion of thought and without coming much nearer to a real understanding of the play-concept. They are all only partial solutions of the problem. If any of them were really decisive it ought either to exclude all the others or comprehend them in a higher unity. Most of them only deal incidentally with the question of what play is in itself and what it means for the player. They attack play direct with the quantitative methods of experimental science without first paying attention to its profoundly aesthetic quality. As a rule they leave the primary quality of play as such, virtually untouched. To each and every one of the above "explanations" it might well be objected: "So far so good, but what actually is the fun of playing? Why does the baby crow with pleasure? Why does the gambler lose himself in his passion? Why is a huge crowd roused to frenzy by a football match?" This intensity of, and absorption in, play finds no explanation in biological analysis. Yet in this intensity, this absorption, this power of maddening, lies the very

¹For these theories see H. Zondervan, Het Spel bij Dieren, Kinderen en Volwassen Menschen (Amsterdam, 1928), and F. J. J. Buytendijk, Het Spel van Mensch en Diet als openbaring van levensdriften (Amsterdam, 1932).

essence, the primordial quality of play. Nature, so our reasoning mind tells us, could just as easily have given her children all those useful functions of discharging superabundant energy, of relaxing after exertion, of training for the demands of life, of compensating for unfulfilled longings, etc., in the form of purely mechanical exercises and reactions. But no, she gave us play, with its tension, its mirth, and its fun.

Now this last-named element, the fun of playing, resists all analysis, all logical interpretation. As a concept, it cannot be reduced to any other mental category. No other modern language known to me has the exact equivalent of the English "fun". The Dutch "aardigkeit" perhaps comes nearest to it (derived from "aard" which means the same as "Art" and "Wesen" in German, and thus evidence, perhaps, that the matter cannot be reduced further). We may note in passing that "fun" in its current usage is of rather recent origin. French, oddly enough, has no corresponding term at all; German half makes up for it by "Spass" and "Witz" together. Nevertheless it is precisely this fun-element that characterizes the essence of play. Here we have to do with an absolutely primary category of life, familiar to everybody at a glance right down to the animal level. We may well call play a "totality" in the modern sense of the word, and it is as a totality that we must try to understand and evaluate it.

Since the reality of play extends beyond the sphere of human life it cannot have its foundations in any rational nexus, because this would limit it to mankind. The incidence of play is not associated with any particular stage of civilization or view of the universe. Any thinking person can see at a glance that play is a thing on its own, even if his language possesses no general concept to express it. Play cannot be denied. You can deny, if you like, nearly all abstractions: justice, beauty, truth, goodness, mind, God. You can deny seriousness, but not play.

But in acknowledging play you acknowledge mind, for whatever else play is, it is not matter. Even in the animal world it bursts the bounds of the physically existent. From the point of view of a world wholly determined by the operation of blind forces, play would be altogether superfluous. Play only becomes possible, thinkable and understandable when an influx of mind breaks down the absolute determinism of the cosmos. The very existence of play continually confirms the supra-logical nature of the human

¹Nature, kind, being, essence, etc. Trans.

situation. Animals play, so they must be more than merely mechanical things. We play and know that we play, so we must be more than merely rational beings, for play is irrational.

In tackling the problem of play as a function of culture proper and not as it appears in the life of the animal or the child, we begin where biology and psychology leave off. In culture we find play as a given magnitude existing before culture itself existed, accompanying it and pervading it from the earliest beginnings right up to the phase of civilization we are now living in. We find play present everywhere as a well-defined quality of action which is different from "ordinary" life. We can disregard the question of how far science has succeeded in reducing this quality to quantitative factors. In our opinion it has not. At all events it is precisely this quality, itself so characteristic of the form of life we call "play", which matters. Play as a special form of activity, as a "significant form", as a social function—that is our subject. We shall not look for the natural impulses and habits conditioning play in general, but shall consider play in its manifold concrete forms as itself a social construction. We shall try to take play as the player himself takes it: in its primary significance. If we find that play is based on the manipulation of certain images, on a certain "imagination" of reality (i.e. its conversion into images), then our main concern will be to grasp the value and significance of these images and their "imagination". We shall observe their action in play itself and thus try to understand play as a cultural factor in life.

The great archetypal activities of human society are all permeated with play from the start. Take language, for instance—that first and supreme instrument which man shapes in order to communicate, to teach, to command. Language allows him to distinguish, to establish, to state things; in short, to name them and by naming them to raise them into the domain of the spirit. In the making of speech and language the spirit is continually "sparking" between matter and mind, as it were, playing with this wondrous nominative faculty. Behind every abstract expression there lie the boldest of metaphors, and every metaphor is a play upon words. Thus in giving expression to life man creates a second, poetic world alongside the world of nature.

Or take myth. This, too, is a transformation or an "imagination" of the outer world, only here the process is more elaborate and ornate than is the case with individual words. In myth,

primitive man seeks to account for the world of phenomena by grounding it in the Divine. In all the wild imaginings of mythology a fanciful spirit is playing on the border-line between jest and earnest. Or finally, let us take ritual. Primitive society performs its sacred rites, its sacrifices, consecrations and mysteries, all of which serve to guarantee the well-being of the world, in a spirit of pure play truly understood.

Now in myth and ritual the great instinctive forces of civilized life have their origin: law and order, commerce and profit, craft and art, poetry, wisdom and science. All are rooted in the primaeval soil of play.

The object of the present essay is to demonstrate that it is more than a rhetorical comparison to view culture sub specie ludi. The thought is not at all new. There was a time when it was generally accepted, though in a limited sense quite different from the one intended here: in the 17th century, the age of world theatre. Drama, in a glittering succession of figures ranging from Shakespeare and Calderon to Racine, then dominated the literature of the West. It was the fashion to liken the world to a stage on which every man plays his part. Does this mean that the play-element in civilization was openly acknowledged? Not at all. On closer examination this fashionable comparison of life to a stage proves to be little more than an echo of the Neo-platonism that was then in vogue, with a markedly moralistic accent. It was a variation on the ancient theme of the vanity of all things. The fact that play and culture are actually interwoven with one another was neither observed nor expressed, whereas for us the whole point is to show that genuine, pure play is one of the main bases of civilisation.

To our way of thinking, play is the direct opposite of seriousness. At first sight this opposition seems as irreducible to other categories as the play-concept itself. Examined more closely, however, the contrast between play and seriousness proves to be neither conclusive nor fixed. We can say: play is non-seriousness. But apart from the fact that this proposition tells us nothing about the positive qualities of play, it is extraordinarily easy to refute. As soon as we proceed from "play is non-seriousness" to "play is not serious", the contrast leaves us in the lurch—for some play can be very serious indeed. Moreover we can immediately name several other fundamental categories that likewise come under the heading "non-seriousness" yet have no correspondence whatever

with "play". Laughter, for instance, is in a sense the opposite of seriousness without being absolutely bound up with play. Children's games, football, and chess are played in profound seriousness; the players have not the slightest inclination to laugh. It is worth noting that the purely physiological act of laughing is exclusive to man, whilst the significant function of play is common to both men and animals. The Aristotelian animal ridens characterizes man as distinct from the animal almost more absolutely than homo sapiens.

What is true of laughter is true also of the comic. The comic comes under the category of non-seriousness and has certain affinities with laughter—it provokes to laughter. But its relation to play is subsidiary. In itself play is not comical either for player or public. The play of young animals or small children may sometimes be ludicrous, but the sight of grown dogs chasing one another hardly moves us to laughter. When we call a farce or a comedy "comic", it is not so much on account of the play-acting as such as on account of the situation or the thoughts expressed. The mimic and laughter-provoking art of the clown is comic as well as ludicrous, but it can scarcely be termed genuine play.

The category of the comic is closely connected with folly in the highest and lowest sense of that word. Play, however, is not foolish. It lies outside the antithesis of wisdom and folly. The later Middle Ages tended to express the two cardinal moods of life—play and seriousness—somewhat imperfectly by opposing folie to sense, until Erasmus in his Laus Stultitiae showed the inadequacy of the contrast.

All the terms in this loosely connected group of ideas—play, laughter, folly, wit, jest, joke, the comic, etc.—share the characteristic which we had to attribute to play, namely, that of resisting any attempt to reduce it to other terms. Their rationale and their mutual relationships must lie in a very deep layer of our mental being.

The more we try to mark off the form we call "play" from other forms apparently related to it, the more the absolute independence of the play-concept stands out. And the segregation of play from the domain of the great categorical antitheses does not stop there. Play lies outside the antithesis of wisdom and folly, and equally outside those of truth and falsehood, good and evil. Although it is a non-material activity it has no moral function. The valuations of vice and virtue do not apply here.

If, therefore, play cannot be directly referred to the categories of truth or goodness, can it be included perhaps in the realm of the Here our judgement wavers. For although the attribute of beauty does not attach to play as such, play nevertheless tends to assume marked elements of beauty. Mirth and grace adhere at the outset to the more primitive forms of play. In play the beauty of the human body in motion reaches its zenith. In its more developed forms it is saturated with rhythm and harmony. the noblest gifts of aesthetic perception known to man. Many and close are the links that connect play with beauty. All the same, we cannot say that beauty is inherent in play as such; so we must leave it at that: play is a function of the living, but is not susceptible of exact definition either logically, biologically, or æsthetically. The play-concept must always remain distinct from all the other forms of thought in which we express the structure of mental and social life. Hence we shall have to confine ourselves to describing the main characteristics of play.

Since our theme is the relation of play to culture we need not enter into all the possible forms of play but can restrict ourselves to its social manifestations. These we might call the higher forms of play. They are generally much easier to describe than the more primitive play of infants and young animals, because they are more distinct and articulate in form and their features more various and conspicuous, whereas in interpreting primitive play we immediately come up against that irreducible quality of pure playfulness which is not, in our opinion, amenable to further analysis. We shall have to speak of contests and races, of performances and exhibitions, of dancing and music, pageants, masquerades and tournaments. Some of the characteristics we shall enumerate are proper to play in general, others to social play in particular.

First and foremost, then, all play is a voluntary activity. Play to order is no longer play: it could at best be but a forcible imitation of it. By this quality of freedom alone, play marks itself off from the course of the natural process. It is something added thereto and spread out over it like a flowering, an ornament, a garment. Obviously, freedom must be understood here in the wider sense that leaves untouched the philosophical problem of determinism. It may be objected that this freedom does not exist for the animal and the child; they *must* play because their instinct drives them to

it and because it serves to develop their bodily faculties and their powers of selection. The term "instinct", however, introduces an unknown quantity, and to presuppose the utility of play from the start is to be guilty of a *petitio principii*. Child and animal play because they enjoy playing, and therein precisely lies their freedom.

Be that as it may, for the adult and responsible human being play is a function which he could equally well leave alone. Play is superfluous. The need for it is only urgent to the extent that the enjoyment of it makes it a need. Play can be deferred or suspended at any time. It is never imposed by physical necessity or moral duty. It is never a task. It is done at leisure, during "free time". Only when play is a recognized cultural function—a rite, a ceremony—is it bound up with notions of obligation and duty.

Here, then, we have the first main characteristic of play: that it is free, is in fact freedom. A second characteristic is closely connected with this, namely, that play is not "ordinary" or "real" life. It is rather a stepping out of "real" life into a temporary sphere of activity with a disposition all of its own. Every child knows perfectly well that he is "only pretending", or that it was "only for fun". How deep-seated this awareness is in the child's soul is strikingly illustrated by the following story, told to me by the father of the boy in question. He found his four-year-old son sitting at the front of a row of chairs, playing "trains". As he hugged him the boy said: "Don't kiss the engine, Daddy, or the carriages won't think it's real". This "only pretending" quality of play betrays a consciousness of the inferiority of play compared with "seriousness", a feeling that seems to be something as primary as play itself. Nevertheless, as we have already pointed out, the consciousness of play being "only a pretend" does not by any means prevent it from proceeding with the utmost seriousness, with an absorption, a devotion that passes into rapture and, temporarily at least, completely abolishes that troublesome "only" feeling. Any game can at any time wholly run away with the players. The contrast between play and seriousness is always fluid. The inferiority of play is continually being offset by the corresponding superiority of its seriousness. Play turns to seriousness and seriousness to play. Play may rise to heights of beauty and sublimity that leave seriousness far beneath. Tricky questions such as these will come up for discussion when we start examining the relationship between play and ritual.

As regards its formal characteristics, all students lay stress on the disinterestedness of play. Not being "ordinary" life it stands outside the immediate satisfaction of wants and appetites, indeed it interrupts the appetitive process. It interpolates itself as a temporary activity satisfying in itself and ending there. Such at least is the way in which play presents itself to us in the first instance: as an intermezzo, an interlude in our daily lives. As a regularly recurring relaxation, however, it becomes the accompaniment, the complement, in fact an integral part of life in general. It adorns life, amplifies it and is to that extent a necessity both for the individual—as a life function—and for society by reason of the meaning it contains, its significance, its expressive value, its spiritual and social associations, in short, as a culture function. The expression of it satisfies all kinds of communal ideals. It thus has its place in a sphere superior to the strictly biological processes of nutrition, reproduction and self-preservation. This assertion is apparently contradicted by the fact that play, or rather sexual display, is predominant in animal life precisely at the mating-season. But would it be too absurd to assign a place outside the purely physiological, to the singing, cooing and strutting of birds just as we do to human play? In all its higher forms the latter at any rate always belongs to the sphere of festival and ritual—the sacred sphere.

Now, does the fact that play is a necessity, that it subserves culture, or indeed that it actually becomes culture, detract from its disinterested character? No, for the purposes it serves are external to immediate material interests or the individual satisfaction of biological needs. As a sacred activity play naturally contributes to the well-being of the group, but in quite another way and by other means than the acquisition of the necessities of life.

Play is distinct from "ordinary" life both as to locality and duration. This is the third main characteristic of play: its secludedness, its limitedness. It is "played out" within certain limits of time and place. It contains its own course and meaning.

Play begins, and then at a certain moment it is "over". It plays itself to an end. While it is in progress all is movement, change, alternation, succession, association, separation. But immediately connected with its limitation as to time there is a further curious feature of play: it at once assumes fixed form as a cultural phenomenon. Once played, it endures as a new-found creation of the

mind, a treasure to be retained by the memory. It is transmitted, it becomes tradition. It can be repeated at any time, whether it be "child's play" or a game of chess, or at fixed intervals like a mystery. In this faculty of repetition lies one of the most essential qualities of play. It holds good not only of play as a whole but also of its inner structure. In nearly all the higher forms of play the elements of repetition and alternation (as in the *refrain*), are like the warp and woof of a fabric.

More striking even than the limitation as to time is the limitation as to space. All play moves and has its being within a playground marked off beforehand either materially or ideally, deliberately or as a matter of course. Just as there is no formal difference between play and ritual, so the "consecrated spot" cannot be formally distinguished from the play-ground. The arena, the card-table, the magic circle, the temple, the stage, the screen, the tennis court, the court of justice, etc., are all in form and function play-grounds, i.e. forbidden spots, isolated, hedged round, hallowed, within which special rules obtain. All are temporary worlds within the ordinary world, dedicated to the performance of an act apart.

Inside the play-ground an absolute and peculiar order reigns. Here we come across another, very positive feature of play: it creates order, is order. Into an imperfect world and into the confusion of life it brings a temporary, a limited perfection. Play demands order absolute and supreme. The least deviation from it "spoils the game", robs it of its character and makes it worthless. The profound affinity between play and order is perhaps the reason why play, as we noted in passing, seems to lie to such a large extent in the field of aesthetics. Play has a tendency to be beautiful. It may be that this aesthetic factor is identical with the impulse to create orderly form, which animates play in all its aspects. The words we use to denote the elements of play belong for the most part to aesthetics, terms with which we try to describe the effects of beauty: tension, poise, balance, contrast, variation, solution, resolution, etc. Play casts a spell over us; it is "enchanting", "captivating". It is invested with the noblest qualities we are capable of perceiving in things: rhythm and harmony.

The element of tension in play to which we have just referred plays a particularly important part. Tension means uncertainty, chanciness; a striving to decide the issue and so end it. The player wants something to "go", to "come off"; he wants to "succeed" by his own exertions. Baby reaching for a toy, pussy patting a bobbin, a little girl playing ball—all want to achieve something difficult, to succeed, to end a tension. Play is "tense", as we say. It is this element of tension and solution that governs all solitary games of skill and application such as puzzles, jig-saws, mosaic-making, patience, target-shooting, and the more play bears the character of competition the more fervent it will be. In gambling and athletics it is at its height. Though play as such is outside the range of good and bad, the element of tension imparts to it a certain ethical value in so far as it means a testing of the player's prowess: his courage, tenacity, resources and, last but not least, his spiritual powers—his "fairness"; because, despite his ardent desire to win, he must still stick to the rules of the game.

These rules in their turn are a very important factor in the play-concept. All play has its rules. They determine what "holds" in the temporary world circumscribed by play. The rules of a game are absolutely binding and allow no doubt. Paul Valéry once in passing gave expression to a very cogent thought when he said: "No scepticism is possible where the rules of a game are concerned, for the principle underlying them is an unshakable truth. . . ." Indeed, as soon as the rules are transgressed the whole play-world collapses. The game is over. The umpire's whistle breaks the spell and sets "real" life going again.

The player who trespasses against the rules or ignores them is a "spoil-sport". The spoil-sport is not the same as the false player, the cheat; for the latter pretends to be playing the game and, on the face of it, still acknowledges the magic circle. It is curious to note how much more lenient society is to the cheat than to the spoil-sport. This is because the spoil-sport shatters the play-world itself. By withdrawing from the game he reveals the relativity and fragility of the play-world in which he had temporarily shut himself with others. He robs play of its illusion—a pregnant word which means literally "in-play" (from inlusio, illudere or inludere). Therefore he must be cast out, for he threatens the existence of the play-community. The figure of the spoil-sport is most apparent in boys' games. The little community does not enquire whether the spoil-sport is guilty of defection because he dares not enter into the game or because he is not allowed to. Rather, it does not recognize "not being allowed" and calls it "not daring". For it, the problem of obedience and conscience is no more than fear of punishment. The spoil-sport breaks the magic world, therefore

he is a coward and must be ejected. In the world of high seriousness, too, the cheat and the hypocrite have always had an easier time of it than the spoil-sports, here called apostates, heretics, innovators, prophets, conscientious objectors, etc. It sometimes happens, however, that the spoil-sports in their turn make a new community with rules of its own. The outlaw, the revolutionary, the cabbalist or member of a secret society, indeed heretics of all kinds are of a highly associative if not sociable disposition, and a certain element of play is prominent in all their doings.

A play-community generally tends to become permanent even after the game is over. Of course, not every game of marbles or every bridge-party leads to the founding of a club. But the feeling of being "apart together" in an exceptional situation, of sharing something important, of mutually withdrawing from the rest of the world and rejecting the usual norms, retains its magic beyond the duration of the individual game. The club pertains to play as the hat to the head. It would be rash to explain all the associations which the anthropologist calls "phratria"—e.g. clans, brotherhoods, etc.—simply as play-communities; nevertheless it has been shown again and again how difficult it is to draw the line between, on the one hand, permanent social groupings—particularly in archaic cultures with their extremely important, solemn, indeed sacred customs—and the sphere of play on the other.

The exceptional and special position of play is most tellingly illustrated by the fact that it loves to surround itself with an air of secrecy. Even in early childhood the charm of play is enhanced by making a "secret" out of it. This is for us, not for the "others". What the "others" do "outside" is no concern of ours at the moment. Inside the circle of the game the laws and customs of ordinary life no longer count. We are different and do things differently. This temporary abolition of the ordinary world is fully acknowledged in child-life, but it is no less evident in the great ceremonial games of savage societies. During the great feast of initiation when the youths are accepted into the male community, it is not the neophytes only that are exempt from the ordinary laws and regulations: there is a truce to all feuds in the tribe. All retaliatory acts and vendettas are suspended. This temporary suspension of normal social life on account of the sacred playseason has numerous traces in the more advanced civilizations as well. Everything that pertains to saturnalia and carnival customs

belongs to it. Even with us a bygone age of robuster private habits than ours, more marked class-privileges and a more complaisant police recognized the orgies of young men of rank under the name of a "rag". The saturnalian licence of young men still survives, in fact, in the ragging at English universities, which the Oxford English Dictionary defines as "an extensive display of noisy and disorderly conduct carried out in defiance of authority and discipline".

The "differentness" and secrecy of play are most vividly expressed in "dressing up". Here the "extra-ordinary" nature of play reaches perfection. The disguised or masked individual "plays" another part, another being. He is another being. The terrors of childhood, open-hearted gaiety, mystic fantasy and sacred awe are all inextricably entangled in this strange business of masks and disguises.

Summing up the formal characteristics of play we might call it a free activity standing quite consciously outside "ordinary" life as being "not serious", but at the same time absorbing the player intensely and utterly. It is an activity connected with no material interest, and no profit can be gained by it. It proceeds within its own proper boundaries of time and space according to fixed rules and in an orderly manner. It promotes the formation of social groupings which tend to surround themselves with secrecy and to stress their difference from the common world by disguise or other means.

The function of play in the higher forms which concern us here can largely be derived from the two basic aspects under which we meet it: as a contest *for* something or a representation *of* something. These two functions can unite in such a way that the game "represents" a contest, or else becomes a contest for the best representation of something.

Representation means display, and this may simply consist in the exhibition of something naturally given, before an audience. The peacock and the turkey merely display their gorgeous plumage to the females, but the essential feature of it lies in the parading of something out of the ordinary and calculated to arouse admiration. If the bird accompanies this exhibition with dance-steps we have a performance, a stepping out of common reality into a higher order. We are ignorant of the bird's sensations while so engaged. We know, however, that in child-life performances of this kind are full of imagination. The child is

making an image of something different, something more beautiful, or more sublime, or more dangerous than what he usually is. One is a Prince, or one is Daddy or a wicked witch or a tiger. The child is quite literally "beside himself" with delight, transported beyond himself to such an extent that he almost believes he actually is such and such a thing, without, however, wholly losing consciousness of "ordinary reality". His representation is not so much a sham-reality as a realization in appearance: "imagination" in the original sense of the word.

Passing now from children's games to the sacred performances in archaic culture we find that there is more of a mental element "at play" in the latter, though it is excessively difficult to define. The sacred performance is more than an actualization in appearance only, a sham reality; it is also more than a symbolical actualization—it is a mystical one. In it, something invisible and inactual takes beautiful, actual, holy form. The participants in the rite are convinced that the action actualizes and effects a definite beatification, brings about an order of things higher than that in which they customarily live. All the same this "actualization by representation" still retains the formal characteristics of play in every respect. It is played or performed within a playground that is literally "staked out", and played moreover as a feast, i.e. in mirth and freedom. A sacred space, a temporarily real world of its own, has been expressly hedged off for it. But with the end of the play its effect is not lost; rather it continues to shed its radiance on the ordinary world outside, a wholesome influence working security, order and prosperity for the whole community until the sacred play-season comes round again.

Examples can be taken from all over the world. According to ancient Chinese lore the purpose of music and the dance is to keep the world in its right course and to force Nature into benevolence towards man. The year's prosperity will depend on the right performance of sacred contests at the seasonal feasts. If these gatherings do not take place the crops will not ripen. ¹

The rite is a dromenon, which means "something acted", an act, action. That which is enacted, or the stuff of the action, is a drama, which again means act, action represented on a stage. Such action may occur as a performance or a contest. The rite, or "ritual act" represents a cosmic happening, an event in the natural

¹M. Granet, Festivals and Songs of Ancient China; Dances and Legends of Ancient China; Chinese Civilization (Routledge).

process. The word "represents", however, does not cover the exact meaning of the act, at least not in its looser, modern connotation; for here "representation" is really identification, the mystic repetition or re-presentation of the event. The rite produces the effect which is then not so much shown figuratively as actually reproduced in the action. The function of the rite, therefore, is far from being merely imitative; it causes the worshippers to participate in the sacred happening itself. As the Greeks would say, "it is methectic rather than mimetic". It is "a helping-out of the action". 2

Anthropology is not primarily interested in how psychology will assess the mental attitude displayed in these phenomena. The psychologist may seek to settle the matter by calling such performances an identification compensatrice, a kind of substitute, "a representative act undertaken in view of the impossibility of staging real, purposive action". Are the performers mocking, or are they mocked? The business of the anthropologist is to understand the significance of these "imaginations" in the mind of the peoples who practise and believe in them.

We touch here on the very core of comparative religion: the nature and essence of ritual and mystery. The whole of the ancient Vedic sacrificial rites rests on the idea that the ceremony be it sacrifice, contest or performance—by representing a certain desired cosmic event, compels the gods to effect that event in reality. We could well say, by "playing" it. Leaving the religious issues aside we shall only concern ourselves here with the playelement in archaic ritual.

Ritual is thus in the main a matter of shows, representations, dramatic performances, imaginative actualizations of a vicarious nature. At the great seasonal festivals the community celebrates the grand happenings in the life of nature by staging sacred performances, which represent the change of seasons, the rising and setting of the constellations, the growth and ripening of crops, birth, life and death in man and beast. As Leo Frobenius puts it, archaic man plays the order of nature as imprinted on his consciousness. 4 In the remote past, so Frobenius thinks, man first

¹Jane Harrison, Themis: A Study of the Social Origins of Greek Religion (Cambridge,

^{1912),} p. 125.

²R. R. Marett, The Threshold of Religion, 1912, p. 48.

³Buytendijk, Het Spel van Mensch en Dier als openbaring van levensdriften (Amsterdam,

^{1932),} pp. 70-71.

*Kulturgeschichte Afrikas, Prolegomena zu einer historischen Gestaltlehre; Schicksalskunde im Sinne des Kulturwerdens (Leipzig, 1932).