

## CONSULTANTS

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(Senior Consultant & Chief of  
Medical Services)

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## CARDIO THORACIC SURGERY

**Dr. Harilal V. Nambiar,**  
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(Senior Consultant)

**Dr. Vineeth Abraham,**  
MBBS, MS, MCh

(Consultant & Dir, Business dev.  
& Strategic Planning)

## CARDIAC INTENSIVISTS

**Dr. Pramod V,** MBBS, DA

(Consultant)

## FACILITIES & SERVICES

- ❖ Digital flat panel Cath Lab with IVUS
- ❖ 500 slice equivalent multi detector 64 slice Cardiac CT
- ❖ 1.5 TESLA high definition MRI
- ❖ Radionuclide Cardiac Imaging
- ❖ 3D & 4D Echocardiography and Trans-Esophageal Echocardiography (TEE)
- ❖ TMT and 24 hour Holter Monitoring
- ❖ Bypass surgeries (CABG & Redo)
- ❖ Beating Heart Surgery
- ❖ Valve replacement and repair
- ❖ Surgery for complex congenital heart disease including infantile
- ❖ Thoracic & Abdominal Aneurysm Surgery and Stent Graft
- ❖ Device closure - VSD, ASD & PDA
- ❖ Elective & primary angioplasty

**Name** : Mr. RAJAN K

**UHID** : 0000794482

**Age/ Sex** : 58Yrs / Male

**IP No.** : ADM000425331

**Admission Date** : 16-Aug-2021

**Discharge Date** : 19-Aug-2021

## HEART CENTRE

### DISCHARGE SUMMARY

**Admitting Consultant : Dr. RAJESH MURALIDHARAN MD, DM(Cardio) (Sree Chitra),  
Fellowship in Interventional Cardiology**

### DIAGNOSIS

#### CORONARY ARTERY DISEASE

#### DYSPNOEA ON EXERTION FC II (ANGINA EQUIVALENT)

#### SINGLE VESSEL DISEASE - PCI TO MID RCA WITH 1 DES (16/08/2021)

#### TMT 6.7 METS POSITIVE FOR INDUCIBLE ISCHEMIA (31/07/2021)

#### SINUS RHYTHM

#### GOOD LV SYSTOLIC FUNCTION

#### SYSTEMIC HYPERTENSION

#### TYPE 2 DIABETES MELLITUS

#### COPD

#### OLD CVD

### CLINICAL HISTORY

58 year old male known case of dyspnoea on exertion FC II systemic hypertension

Type 2 DM, old CVD (5 years back), now admitted for elective CAG in view of

positive TMT for inducible ischemia (31/07/2021) and dyspnoea on exertion.

### CLINICAL EXAMINATION

Patient conscious oriented

PR:58/min RR:19/min BP:141/68 mm Hg

CVS: S1, S2, normal

Chest Clear

P/A: Soft, non tender

CNS: No focal neurological deficits

### INVESTIGATIONS

**ECG:** Sinus bradycardia

**ECHO 31.05.2021:** No RWMA, normal LV systolic function, LV diastolic dysfunction

LV EF:70%

Laboratory investigations attached as per annexure

### DISCUSSION

58 year old male known case of dyspnoea on exertion FC II systemic hypertension

Type 2 DM, old CVD, now admitted for elective CAG in view of positive TMT for

inducible ischemia and dyspnoea on exertion. ECG showed sinus bradycardia. He

underwent coronary angiography which revealed Single Vessel Disease PCI to mid

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RCA with 1 DES was done with good result. He was managed with dual antiplatelet therapy, beta blocker, nitrate, CCB, OHA and other supportive measures. At discharge, he is stable.

### PLAN

Optimal medical treatment

### ADVICE

#### Discharge Prescription

<u>Sl.No</u>	<u>Drug Name</u>	<u>Dosage</u>	<u>Frequency / Mode</u>	<u>Route</u>	<u>Duration</u>
1	ECOSPRIN 75 mg ASPIRIN	1 TAB	Once Daily - Noon	Oral	10 Day(s)
2	AXCER 90 mg TICAGRELOR	1 TAB	Twice Daily - Morning and Night	Oral	10 Day(s)
3	ANGISPAN -TR 2.5 mg NITROGLYCERIN	1 CAP	Twice Daily - Morning and Night	Oral	10 Day(s)
4	NEBI-AM AMLODIPINE+NEBIVOLOL	1.00	Once Daily - Morning	Oral	10 Day(s)
5	GEMER 2 mg GLIMEPIRIDE+METFORMIN	1 TAB	Twice Daily - Morning and Night	Oral	10 Day(s)
6	DAPACOSE 10 mg DAPAGLIFLOZIN	1 TAB	Once Daily - Noon	Oral	10 Day(s)
7	TONACT 40 mg ATORVASTATIN	1.00	Once Daily - Night	Oral	10 Day(s)
8	AMLODAC 5 mg AMLODIPINE	1 TAB	Once Daily - Night	Oral	10 Day(s)

**Diet:** As advised

**Follow up:** Review after 10 days / SOS in Cardiology OPD

**Summary Prepared by:** Dr.Gopika

**Dr. RAJESH MURALIDHARAN**

Sr. Consultant Interventional  
Cardiologist

In case of Emergency like chest pain, breathlessness, giddiness or any other symptoms please Contact your nearby Doctor or call 0495-2778083/2778084

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EMERGENCY : 9747200002

APPOINTMENT : +91 495 2777888

ENQUIRY : +91 495 2723272

HOME CARE SERVICES AVAILABLE IN CALICUT CITY - CALL 9947 423423

+91 495 2777777

**Name** : Mr. RAJAN K**Age/ Sex** : 58Yrs / Male**UHID** : 0000794482**IP No.** : ADM000425331**INVESTIGATIONS DETAILS:****16-Aug-2021****CREATININE (SERUM)**

Creatinine (Serum): 1.0,

**18-Aug-2021****CREATININE (SERUM)**

Creatinine (Serum): 0.9,

**18-Aug-2021****HbA1c/ GLYCOSYLATED HAEMOGLOBIN (WHOLE BLOOD)**

HbA1c /Glycosylated Haemoglobin (Whole Blood): 8.1