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(Senior Consultant)

CARDIO THORACIC SURGERY

Dr. Harilal V. Nambiar,
MS (Gen Sur), MCh (CVTS), FIACS

(Senior Consultant)

Dr. Vineeth Abraham,
MBBS, MS, MCh

(Consultant & Dir, Business dev. & Strategic Planning)

CARDIAC INTENSIVISTS

Dr. Pramod V, MBBS, DA

(Consultant)

FACILITIES & SERVICES

- ❖ Digital flat panel Cath Lab with IVUS
- ❖ 500 slice equivalent multi detector beat Cardiac CT
- ❖ 1.5 TESLA high definition MRI
- ❖ Radionuclide Cardiac Imaging
- ❖ 3D & 4D Echocardiography and Trans-Esophageal Echocardiography (TEE)
- ❖ TMT and 24 hour Holter Monitoring
- ❖ Bypass surgeries (CABG & Redo)
- ❖ Beating Heart Surgery
- ❖ Valve replacement and repair
- ❖ Surgery for complex congenital heart disease including infants
- ❖ Thoracic & Abdominal Aneurysm Surgery and Stent Graft
- ❖ Device closure - VSD, ASD & PDA
- ❖ Elective & primary angioplasty

Name : Mr. BHASKARAN AMBADI

UHID : 0001903108

Age/ Sex : 72Yrs / Male

IP No. : ADM000416144

Admission Date : 15-Jun-2021

Discharge Date : 23-Jun-2021

HEART CENTRE

DISCHARGE SUMMARY

Admitting Consultant : Dr. JAYASREE H. NAMBIAR DCH, DNB (Paed), DNB (Cardio) FIC(AIMS), FICC

Cross Consultation :

Dr. DIPU K.P, GENERAL MEDICINE

Dr. POULOSE CHALLY, UROLOGY

Dr. PRADEEP KUMAR P, MEDICAL GASTROENTEROLOGY

DIAGNOSIS

ISCHEMIC HEART DISEASE - ACS - NSTEMI

CAG (15/06/2021): TWO VESSEL DISEASE

S/P PRIMARY PCI TO LAD WITH DES (15/06/2021)

FAIR LV SYSTOLIC FUNCTION

SYSTEMIC HYPERTENSION

TYPE 2 DIABETES MELLITUS

ENTERIC FEVER

RIGHT EPIDIDYMO ORCHITIS

LEFT EPIDIDYMAL CYST

BILATERAL MILD HYDROCELE

BPH

CLINICAL HISTORY

This 72 year old male a known case of systemic hypertension and type 2

diabetes mellitus was admitted with complaints of chest pain 2 days duration.

Initially he was evaluated in outside hospital. ECG showed features of ischemia

and HS Trop I was elevated and referred here for further management

CLINICAL EXAMINATION

Patient conscious & oriented

PR: 72/min

RR: 20/min

BP: 150/76mm Hg

CVS: S1, S2, normal

RS: Clear, NVBS

P/A: Soft, non tender

CNS: No focal neurological deficits

INVESTIGATIONS

Name	: Mr. BHASKARAN AMBADI	Age/ Sex	: 72Yrs / Male
UHID	: 0001903108	IP No.	: ADM000416144

ECG: Sinus rhythm, T inversion in inferior leads, ST depression in V2 - V6

16/06/2021: **Echo:** CAD, RWMA, concentric LVH, normal LV systolic function, LV diastolic dysfunction, EF: 61%

17/06/2021: **USG Abdomen:** Grade I fatty liver, bilateral mildly raised renal cortical echoes, prostatic megaly

19/06/2021: **USG Right Groin:** No evidence of pseudoaneurysm, subcutaneous edema like thickening seen in the groin, extending to the upper thigh and lower abdominal wall and linear collection of maximum thickness 3.3mm and approximate length of 80mm seen in the subcutaneous plane beneath the puncture site

22/06/2021: **Colour duplex doppler - Scrotum:** Features of suggestive of right epididymo orchitis, left epididymal cyst, bilateral mild hydrocele

Laboratory investigations attached as per annexure

DISCUSSION

This 72 year old diabetic and hypertensive was admitted as IHDACS, NSTEMI. He underwent coronary angiography which revealed two vessel disease following which PCI to LAD with DES was done with good result. He had urinary frequency with retention. USG done showed Prostatic megaly for which urology consultation was done and was advised discharge with foley's catheter in situ and prostatic decongestants. He developed (Rt.) femoral hematoma which was managed conservatively in the ward. His stool & S, following watery diarrhoea showed evidence of enteric fever and sensitive antibiotic and supportive treatment given. Scrotal swelling with pain was noticed and USG revealed (Rt.) epididymo orchitis with (L) epididymal cyst and appropriate antibiotic started with Urology consensus. He is being discharged with stable hemodynamics on the following medicines with advice to keep urinary catheter for 1 week till review.

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ADVICE
Discharge Prescription

Sl.No	Drug Name	Dosage	Frequency / Mode	Route	Duration
1	CLOPILET 75 mg CLOPIDOGREL	1 TAB	Twice Daily - Morning and Night	Oral	7 Day(s)
2	ECOSPRIN 150 mg ASPIRIN	1 TAB	Once Daily - Noon	Oral	7 Day(s)
3	AZTOR 20 mg ATORVASTATIN	1 TAB	Once Daily - Night	Oral	7 Day(s)
4	FLAVEDON -MR 35 mg TRIMETAZIDINE DIHYDROCHLORIDE	1 TAB	Twice Daily - Morning and Night	Oral	7 Day(s)
5	RAPILIF 8 mg SILODOSIN	1 CAP	Once Daily - Night	Oral	7 Day(s)
6	LOSTAT 25 mg LOSARTAN	1 TAB	Once Daily - Morning	Oral	7 Day(s)
7	IVABID 5 mg IVABRADINE	½ TAB	Twice Daily - Morning and Night	Oral	7 Day(s)
8	CHYMORAL FORTE 100000 AU TRYPSIN+CHYMOTRYPSIN	1 TAB	Thrice Daily	Oral	5 Day(s)
9	BECOSULES VIT B COMPLEX + VIT C	1 CAP	Once Daily - Morning	Oral	7 Day(s)
10	HUMAN MIXTARD INJ BIPHASIC ISOPHANE INSULIN	0 IU	As Directed 30 Minutes Before Food 30---0---20 Units S/C	Subcutaneous	7 Day(s)
11	PANTOCID- DSR PANTOPRAZOLE SODIUM+DOMPERIDONE	1 CAP	Once Daily - Morning 30 Minutes Before Food	Oral	7 Day(s)
12	CO-TRIMOXAZOLE DS SULFAMETHOXAZOLE+TRIMETHOPRIM	1 TAB	Twice Daily - Morning and Night	Oral	7 Day(s)
13	ZINCOVIT. MULTIVITAMINS+MINERALS	1 TAB	Once Daily - Morning	Oral	7 Day(s)
14	METROGYL 400 mg METRONIDAZOLE	1 TAB	Thrice Daily	Oral	3 Day(s)
15	RIFAGUT 200 mg RIFAXIMIN	1 TAB	Twice Daily - Morning and Night	Oral	3 Day(s)
16	VIZYLAC LACTIC ACID BACILLUS	1 CAP	Twice Daily - Morning and Night	Oral	5 Day(s)
17	ENUFF 100 mg RACECADOTRIL	2 CAP	Thrice Daily	Oral	5 Day(s)
18	POTKLOR 200 mL POTASSIUM CHLORIDE	10.00 ML	Thrice Daily	Oral	3 Day(s)
19	CANDID 50 g POWDER CLOTRIMAZOLE	0.00	As Directed FOR L/A	Topical	7 Day(s)
20	RASHFREE ZINC OXIDE	0.00	As Directed FOR L/A	Topical	7 Day(s)
21	ELECTROBION SACHET NaCl+KCl+GLUCOSE	1.00	Thrice Daily	Oral	5 Day(s)

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Diet: Low fat & diabetic diet

Follow up: Review after 1 week in Cardiology & Urology OPD with S Na+, S. K+,
FBS and PPBS reports

Check Na+ & K+ after 1 day and inform to Dr. Jayasree

Summary Prepared by: Dr. Elvis

Dr. JAYASREE H. NAMBIAR

Sr. Interventional Cardiologist

In case of Emergency like chest pain, breathlessness, giddiness or any other symptoms please Contact your nearby Doctor or call 0495-2778083/2778084

0495 - 2778083 / 2778084

EMERGENCY : 9747200002

APPOINTMENT : +91 495 2777888

ENQUIRY : +91 495 2723272

HEALTHCARE SERVICES AVAILABLE IN CALICUT CITY - CALL 9947 423423

+91 495 2777777

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INVESTIGATIONS DETAILS:

15-Jun-2021

UREA (SERUM)

Urea (Serum): 32.1,

CREATININE (SERUM)

Creatinine (Serum): 0.9,

POTASSIUM / K+ (SERUM)

Potassium/ K+ (Serum): 4.0,

SODIUM / NA + (SERUM)

Sodium/ Na+ (Serum): 134,

COMPLETE BLOOD COUNT (CBC)

Haemoglobin (EDTA Blood): 15.4, Total RBC Count (EDTA Blood): 5.09, Red Cell Distribution Width/ RDW (EDTA Blood): 13.4, Packed Cell Volume/ PCV (EDTA Blood): 44.1, Mean Corpuscular Volume/ MCV (EDTA Blood): 86.7, Mean Corpuscular Haemoglobin/ MCH (EDTA Blood): 30.2, Mean Corpuscular Haemoglobin Concentration/ MCHC (EDTA Blood): 34.9, Total WBC Count (EDTA Blood): 14.2, Neutrophils: 78.8, Lymphocytes: 13.5, Eosinophils: 0.2, Monocytes: 6.7, Basophils: 0.8, Platelets (EDTA Blood): 185, Mean Platelet Volume/ MPV (EDTA Blood): 8.0, Absolute Neutrophil count: 11.2, Absolute Lymphocyte count: 1.9, Absolute Monocyte count: 1.0,

HIV 1+2 COMBO (CLIA)

HIV 1+2 COMBO (CLIA),SERUM: Non Reactive [0.11], Comments: -,

HCV (CLIA)

HCV (CLIA),SERUM: Non Reactive [0.02], Comments: -,

HBsAg,(CLIA)

HBsAg (CLIA),SERUM: Negative [0.17], Comments: -,

15-Jun-2021

TrueNAT PCR Covid19 Duplex

E GENE: NOT DETECTED, ORF1a GENE: NOT DETECTED, COVID INTERPRETATION: SARS COV-2 NEGATIVE, SRF NUMBER: 696/KZD/2021062075,

16-Jun-2021

LIPID PROFILE (FASTING)

Cholesterol - Total (Serum): 178, Triglycerides (Serum): 79, HDL Cholesterol (Serum): 36, LDL Cholesterol...: 126, VLDL Cholesterol (Serum): 16, Total Cholesterol/HDL Cholesterol Ratio: 4.9,

POTASSIUM / K+ (SERUM)

Potassium/ K+ (Serum): 3.4,

SODIUM / NA + (SERUM)

Sodium/ Na+ (Serum): 136,

HbA1c/ GLYCOSYLATED HAEMOGLOBIN (WHOLE BLOOD)

HbA1c /Glycosylated Haemoglobin (Whole Blood): 7.5,

16-Jun-2021

CREATININE (SERUM)

Creatinine (Serum): 1.0,

17-Jun-2021

POTASSIUM / K+ (SERUM)

Potassium/ K+ (Serum): 3.5,

SODIUM / NA + (SERUM)

Sodium/ Na+ (Serum): 137,

18-Jun-2021

POTASSIUM / K+ (SERUM)

Potassium/ K+ (Serum): 3.5,

SODIUM / NA + (SERUM)

Sodium/ Na+ (Serum): 136,

19-Jun-2021

POTASSIUM / K+ (SERUM)

Potassium/ K+ (Serum): 3.4,

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SODIUM / NA + (SERUM)

Sodium/ Na+ (Serum): 133,

HAEMOGLOBIN (BLOOD)

Haemoglobin (Blood): 13.7,

PACKED CELL VOLUME/ PCV (BLOOD)

Packed Cell Volume/ PCV (Blood): 39.0,

20-Jun-2021

CREATININE (SERUM)

Creatinine (Serum): 1.1,

POTASSIUM / K+ (SERUM)

Potassium/ K+ (Serum): 3.0,

SODIUM / NA + (SERUM)

Sodium/ Na+ (Serum): 133,

COMPLETE BLOOD COUNT (CBC)

Haemoglobin (EDTA Blood): 13.6, Total RBC Count (EDTA Blood): 4.43, Red Cell Distribution Width/ RDW (EDTA Blood): 13.2, Packed Cell Volume/ PCV (EDTA Blood): 37.6, Mean Corpuscular Volume/ MCV (EDTA Blood): 84.9, Mean Corpuscular Haemoglobin/ MCH (EDTA Blood): 30.8, Mean Corpuscular Haemoglobin Concentration/ MCHC (EDTA Blood): 36.3, Total WBC Count (EDTA Blood): 10.2, Neutrophils: 87.9, Lymphocytes: 5.6, Monocytes: 6.3, Basophils: 0.2, Platelets (EDTA Blood): 213, Mean Platelet Volume/ MPV (EDTA Blood): 7.3, Absolute Neutrophil count: 9.0, Absolute Lymphocyte count: 0.6, Absolute Monocyte count: 0.6,

20-Jun-2021

LIVER FUNCTION TESTS (LFT)

Bilirubin - Total (Serum): 1.38, Bilirubin - Direct (Serum): 0.28, SGOT/ AST (Serum): 54, SGPT/ ALT (Serum): 52, Alkaline Phosphatase (Serum): 65, Total Protein (Serum): 5.8, Albumin (Serum): 3.1, Globulin (Serum): 2.7, A/G ratio: 1.1,

20-Jun-2021

SERUM ELECTROLYTES

Sodium/ Na+ (Serum): 131, Potassium/ K+ (Serum): 3.1, Chloride/ CL- (Serum): 99, Bicarbonate/ HCO3- (Serum): 24,

20-Jun-2021

STOOL ROUTINE EXAMINATION

Consistency: Semi formed, Pus Cells: Occasional, R B C: Nil, Ova: Not seen, Cyst: Not seen,

STOOL CULTURE & SENSITIVITY

Culture and Sensitivity: ,

21-Jun-2021

POTASSIUM / K+ (SERUM)

Potassium/ K+ (Serum): 3.0,

SODIUM / NA + (SERUM)

Sodium/ Na+ (Serum): 134,

21-Jun-2021

CREATININE (SERUM)

Creatinine (Serum): 0.94,

COMPLETE BLOOD COUNT (CBC)

Haemoglobin (EDTA Blood): 13.2, Total RBC Count (EDTA Blood): 4.25, Red Cell Distribution Width/ RDW (EDTA Blood): 13.2, Packed Cell Volume/ PCV (EDTA Blood): 36.3, Mean Corpuscular Volume/ MCV (EDTA Blood): 85.3, Mean Corpuscular Haemoglobin/ MCH (EDTA Blood): 31.0, Mean Corpuscular Haemoglobin Concentration/ MCHC (EDTA Blood): 36.3, Total WBC Count (EDTA Blood): 8.7, Neutrophils: 70.0, Lymphocytes: 14.3, Eosinophils: 1.5, Monocytes: 13.8, Basophils: 0.4, Platelets (EDTA Blood): 230, Mean Platelet Volume/ MPV (EDTA Blood): 7.3, Absolute Neutrophil count: 6.1, Absolute Lymphocyte count: 1.2, Absolute Eosinophil Count: 0.1, Absolute Monocyte count: 1.2,

22-Jun-2021

POTASSIUM / K+ (SERUM)

Potassium/ K+ (Serum): 3.1,

SODIUM / NA + (SERUM)

Sodium/ Na+ (Serum): 136,

23-Jun-2021

POTASSIUM / K+ (SERUM)

Name : Mr. BHASKARAN AMBADI**Age/ Sex** : 72Yrs / Male**UHID** : 0001903108**IP No.** : ADM000416144Potassium/ K⁺ (Serum): 2.9