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Cosgynae 2019

First International Interdisciplinary Aesthetic Gynecology Conference

Live Workshop: May 31, 2019 (Friday)

Conference: June 1-2, 2019 (Saturday & Sunday)

Workshop Venue: The Touch Clinic, Mohali

Conference Venue: Hyatt Regency, Chandigarh

ABSTRACT SUBMISSION OPEN

Visit Website : www.cosmeticgynaeindia.com

For the first time International & National Cosmetic Gynecologists, Plastic Surgeons & Dermatologists at one platform to discuss in 2 days of academic feast - latest in women cosmetic health. Wide coverage of topics on laser, labiaplasty, fillers & chemical peels, clitoral surgeries, liposuction, stretch marks, sui lasers and much more.

*The City
Beautiful*

**12 PMC &
15 ICG
Credit Points
Granted**



DR. PREETI JINDAL
ORGANIZING CHAIRPERSON

Director The Touch Clinic
Vice President Mohogs,
IVF, Recurrent Miscarriage
& Cosmetic Gynaecologist



DR. RAVUL JINDAL
ORGANIZING SECRETARY

Director
Vascular and Endovascular Surgery
Fortis Hospital Mohali



DR. VIVEK MALHOTRA
ORGANIZING SECRETARY

Consultant Cosmetic Dermatologist



DR. A B PRABHU
ORGANIZING SECRETARY

Consultant Plastic Surgeon



DR. KALA VASHISHTA
PATRON

Consultant Gynecologist
Ex HOD PGIMER, CHD



DR. INDU GUPTA
PATRON

Consultant Gynecologist
Ex HOD PGIMER, CHD



DR. RITA BHARDWAJ
PATRON

Consultant Gynecologist
Civil Surgeon, Mohali



DR. SUNIL DOGRA
PATRON

Professor - Dept. of Dermatology
PGIMER, CHD



DR. ROHIT BANSAL
PATRON

President
Chandigarh Dermatology Society

Joint Organizing Secretaries - Dr. Shashi Joshi, Dr. Sumitu Sahdev, Dr. Ridhi Kalra, Dr. Urvi, Dr. Isha & Ms. Aanchal

✉ cosgynae19@gmail.com | /cosg.mohali.5 | www.cosmeticgynaeindia.com

📍 **Conference Office:**

The Touch Clinic

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Dr. Preeti Jindal (M: +91-9815148444)

INTERNATIONAL SPEAKERS



DR. AYMAN EL ATTAR
MD, ABLS, FAAA
President American Aesthetic Association



DR. JAMILA ATANNAZ
MD, FAAA
Plastic & Aesthetic Surgeon



DR. RONEN GOLD
MD, PhD
Urogynecologist & Aesthetic Surgeon



DR. ERNESTO D CIDRANES
MD, PhD, APMCM, FSNA, FSCTA
Prof. Complutense University Madrid



DR. MAŁGORZATA UCHMAN
MD
Aesthetic Gynecologist



DR. RUPILA BHATIA
MD, D.MAS, F.MAS
Cosmetic Gynecologist



DR. SHASHI JOSHI
MD
Consultant Obs & Gynecology

NATIONAL SPEAKERS



DR. PREETI JINDAL
MD, DNB, MRCOG, FICOG
IVF & Cosmetic Gynecologist



DR. LAKHBIR DHALIWAL
MBBS, DGO, MD
Ex HOD PGIMER-CHD



DR. RASHMI BAGGA
MD, DNB
Prof. Obstetrics & Gynecology
PGIMER-CHD



DR. RAVUL JINDAL
MS, FRCS, DNB
Dir, Vascular and Endovascular
Surgery Fortis, Mohali



DR. RAMESH K SHARMA
MBBS, MS, MCh, DNB
Prof and Head Dept of Plastic Surgery
PGIMER, Chandigarh



DR. PRABHU MISHRA
PhD
Vice President Indian Stem Cell Study GP



DR. RAGINI AGRAWAL
MD
Infertility Specialist & Cosmetic Gynecologist



DR. RAKESH KAIN
MS, MCh
Prof. And HOD AIIMS, Rishikesh,
Plastic and Reconstructive Surgeon



DR. G K TRIPATHI
MD
Founder Hon Secretary
Azamgarh Obgy Society



DR. SURINDER S MAKKAR
MS, MCh
Consultant Plastic Surgeon



DR. A B PRABHU
MS, MCh
Consultant Plastic Surgeon



DR. VIVEK MALHOTRA
MD
Consultant Cosmetic Dermatologist



DR. NARMADA MATANG
MBBS DVD
Consultant Dermatologist



DR. A JAYANTHI MALA
MS, MCh
Prof. and HOD Plastic
Surgery, CMC Ludhiana



DR. NITA MISHRA
MD
Infertility & Cosmetic Gynecologist



DR. RASHMI SARKAR
MD, MNAMS
Prof. Dermatology, MAMC Delhi



DR. ABHAY KALRA
MS, MCh
Consultant Urologist



DR. AKHILENDRA SINGH
MD
Dermatologist & Hair Transplant Surgeon



DR. NAYNEET MAGON
MD
Gynecologist



DR. ARSHDEEP
MD
Dermatologist & Trichologist

First International Interdisciplinary Aesthetic Gynecology Conference

Live Workshop: May 31, 2019 (Friday) | **Scientific Program:** June 1-2, 2019 (Saturday & Sunday)

Workshop Venue: The Touch Clinic, Mohali | **Conference Venue:** Hyatt Regency, Chandigarh

Scientific Program

Date: 1st June, 2019 (Saturday) | **Venue:** Hyatt Regency, Chandigarh

Time		Speaker
08.00 am - 09.00 am	Registration	
Session - 1		
Chairpersons : Dr. Kala Vashishta, Dr. Jamila Atannaz, Dr. Alka Sehgal, Dr. Davinder Parsad		
09.00 am - 09.10 am	Welcome Speech	Dr. Preeti Jindal IVF and Cosmetic Gynecologist, <i>India</i>
09.10 am - 09.30 am	Aesthetic Gynaecology - Journey till now & why now?	Dr. Ronen Gold Urogynaecologist, <i>Israel</i>
09.30 am - 09.50 am	Mechanism of human ageing	Dr. Ayman El Attar President American Aesthetic Association, <i>USA</i>
09.50 am - 10.10 am	Vaginal anatomy and physiology from cosmetic point of view	Dr. Preeti Jindal IVF and Cosmetic Gynecologist, <i>India</i>
10.10 am - 10.30 am	Understanding the Laser basics: Which and Where?	Dr. Vivek Malhotra Cosmetic Dermatologist, <i>India</i>
Session - 2		
Chairpersons : Dr. Indu Gupta, Dr. Mangla Dogra, Dr. Seema Chopra, Dr. Dilpreet Kaur		
10.40 am - 11.00 am	3 D Vulvovaginal Rejuvenation	Dr. Navneet Magon Cosmetic Gynecologist, <i>India</i>
11.00 am - 11.20 am	Laser Vaginal Rejuvenation - How I do it, results and case scenarios	Dr. Ronen Gold Urogynaecologist, <i>Israel</i>
11.20 am - 11.40 am	Pain relief in aesthetic procedures under (Local, Regional & GA)	Dr. Ernesto D Cidrane Prof. Complutense University Madrid, <i>Spain</i>
11.40 am - 12.05pm	Female Sexual Dysfunction	Dr. Rupila Bhatia Cosmetic Gynecologist, <i>UAE</i>
Session - 3		
Chairpersons : Dr. Poonam Gupta, Dr. Rupila Bhatia, Dr. Bharti Goel, Dr. Nupur		
12.10 pm - 12.30 pm	Rising trend of cosmetic gynaecology	Dr. G K Tripathi Founder Azamgarh Obgyn Society, <i>India</i>
12.30 pm - 12.50 pm	Radiofrequency in Stress Urinary Incontinence and vaginal rejuvenation	Dr. Nita Mishra Infertility and Cosmetic Gynaecologist, <i>India</i>
12.50 pm - 01.10 pm	Cosmetic laser in varicose veins	Dr. Ravul Jindal Director Vascular and Endovascular Surgery, <i>India</i>
01.10 pm - 01.30 pm	Vaginal and vulval vestibular rejuvenation with PRP in recurrent itching in women with vaginal dryness	Dr. Malgorzata Uchman Aesthetic Gynecologist, <i>Poland</i>
01.30 pm - 02.00 pm	Inauguration	
02.00 pm - 02.30 pm	Lunch	

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Session - 4

Chairpersons : Dr. Ernesto D Cidranes, Dr. P Gupta, Dr. Shalini Gaider, Dr. Suruchi Garg

02.30 pm - 02.50 pm	Co2 Laser- Physics, dynamics & laser Facial Rejuvenation	Dr. A B Prabhu Plastic Surgeon, <i>India</i>
02.50 pm - 03.10 pm	Stretch Marks - A to Z in it	Dr. Jamila Atannaz Plastic and Aesthetic Surgeon, <i>Morocco</i>
03.10 pm - 03.30 pm	G & O shots (video) - how to do it?	Dr. Malgorzata Uchman Aesthetic Gynaecologist, <i>Poland</i>
03.30 pm - 03.50 pm	Stem Cells - Basics, types, how to culture and legal issues in stem cell therapy	Dr. Prabhu Mishra Vice President Indian Stem Cell Study GP, <i>India</i>

Session - 5

Chairpersons : Dr. Ramesh K Sharma, Dr. P S Walia, Dr. Swami Das Mehta, Dr. Mala Bhalla, Dr. Shikha Gupta

04:00 pm - 04:20 pm	Basics of chemical peels: Do's & Dont's	Dr. Rashmi Sarkar Prof. Dermatology, MAMC Delhi, <i>India</i>
04:20 pm - 04:40 pm	Botulinum toxin therapy for vaginismus	Dr. Ayman El Attar President American Aesthetic Association, <i>USA</i>
04:40 pm - 05:00 pm	Single stage Mommy Makeover	Dr. S Makkar Plastic Surgeon, <i>India</i>
05:00 pm - 05:20 pm	Female genital rejuvenation: dermatologist perspective	Dr. Narmada Matang Cosmetic Dermatologist, <i>India</i>
05:20 pm - 05:35 pm	The Breast aesthetic and reconstructive surgery	Dr. Rakesh Kain HOD Plastic Surgery, AIIMS, Rishikesh, <i>India</i>
05:35 pm - 05:45 pm	Medicolegal issues in cosmetic medicine	Dr. B C Gupta Ex Member National Consumer Disputes Redressal Commission, <i>India</i>
05:45 pm - 06:00 pm	Radiofrequency in Vaginal Rejuvenation	Dr. Garima Srivastav Aesthetic Gynaecologist, <i>India</i>

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Date: 2nd June, 2019 (Sunday) | **Venue:** Hyatt Regency, Chandigarh

Time		Speaker
Session - 1		
Chairpersons : Dr. Ayman El Attar, Dr. Rudra, Dr. Rakesh Kain, Dr. Navneet Takkar, Dr. A Jayanthi		
09:00 am - 09:20 am	Stem Cell Treatment in female and male genital disorders	Dr. Ernesto D Cidrane Prof. Complutense University Madrid, Spain
09:20 am - 09:40 am	Stem cells in vaginal, ovarian and skin rejuvenation	Dr. Prabhu Mishra Vice President Indian Stem Cell Study GP, India
09:40 am - 10:00 am	Vaginal reconstruction after radical vulvectomy - journey and advancement	Dr. L K Dhaliwal Ex HOD OBG, PGI, CHD, India
10:00 am - 10:20 am	Making life normal in Mayer Rokitansky Syndrome individuals	Dr. Ramesh K Sharma HOD Plastic Surgery, PGI CHD, India
Session - 2		
Chairpersons : Dr. Rita Bhardwaj, Dr. Vanita Suri, Dr. Sunita Goyal, Dr. H K Cheema, Dr. Vineet Nagpal		
10:30 am - 11:00 am	The principles, techniques and basic science of sex reassignment surgery	Dr. Rakesh Kain HOD Plastic Surgery, AIIMS, Rishikesh, India
11:00 am - 11:15 am	CO2 laser for VAIN, VIN and CIN	Dr. Rashmi Bagga Prof. OBG, PGI, CHD, India
11:15 am - 11:35 am	Autologous nano fat grafting in cosmetic gynaecology	Dr. Ayman El Attar President American Aesthetic Association, USA
11:35 am - 11:50am	Nd Erbium Yag laser in vaginal rejuvenation, warts, melanosis and Stress Urinary Incontinence with prolapse	Dr. Rupila Bhatia Cosmetic Gynecologist, UAE
Session - 3		
Chairpersons : Dr. Malgorzata Uchman, Dr. L K Dhaliwal, Dr. Manjit Mohi, Dr. Ashima Taneja, Dr. Rama Thakur		
12:00 pm - 12:20 pm	Laser for vulval sclerosis and postmenopausal atrophy	Dr. Ronen Gold Urogynaecologist, Israel
12:20 pm - 12:40 pm	Counselling before Gynaecoscotology	Dr. Shashi Joshi Cosmetic Gynecologist, Kuwait
12:40 pm - 01:00 pm	PRP in female genital enhancement	Dr. Ayman El Attar President American Aesthetic Association, USA
01:00 pm - 01:20 pm	Labiaplasty (chemicals/PRP/surgical) and monsoplasty	Dr. Jamila Atannaz Plastic and Aesthetic Surgeon, Morocco
01:20 pm - 02:00 pm	Lunch	

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Session - 4		
Chairpersons : Dr. Ronen Gold, Dr. Gulpreet Bedi, Dr. Bakshi, Dr. Manpreet Sandhu, Dr. Ashima Goel		
02.00 pm - 02.20 pm	Laser in benign skin conditions - melasma, tags, moles, milia	Dr. A B Prabhu Plastic Surgeon, <i>India</i>
02.20 pm - 02.40 pm	Improving your rear - buttock enhancement surgeries	Dr. A Jayanthi HOD Plastic Surgery, CMC, Ludhiana, <i>India</i>
02.40 pm - 03.00 pm	Stress Urinary Incontinence—Evaluation and Varied approaches	Dr. Abhay Kalra Urologist, <i>India</i>
03.00 pm - 03.20 pm	Laser in Stress Urinary Incontinence	Dr. Preeti Jindal IVF and Cosmetic Gynecologist, <i>India</i>
Session - 5		
Chairpersons : Dr. Rohit Bansal, Dr. Rashmi Bagga, Dr. M Sendhil Kumaran, Dr. A B Prabhu		
03:30 pm - 03:50 pm	Hymenoplasty- Simple but essential art	Dr. Ragini Agrawal Infertility and Cosmetic Gynecologist, <i>India</i>
03:50 pm - 04:10 pm	Clitoral hypertrophy treatment in congenital adrenal hyperplasia	Dr. Ramesh K Sharma HOD Plastic Surgery, PGI, CHD, <i>India</i>
04:10 pm - 04:30 pm	Role of hair transplant in female hair loss	Dr. Akhilender Singh Dermatologist and Hair Transplant Surgeon, <i>India</i>
04:30 pm - 04:50 pm	Approach to a female with diffuse hair Loss	Dr. Arshdeep Der matologist & Trichologist, <i>India</i>
Session - 6		
Chairpersons : Dr. Shashi Joshi, Dr. P K Saha, Dr. Mitesh Bedi, Dr. Divya Awasthi		
05:00 pm - 05:20 pm	Vulval varicosities (latest management - laser/embolization) and laser haemorrhoids	Dr. Ravul Jindal Director Vascular and Endovascular Surgery, <i>India</i>
05:20 pm - 05:40 pm	How and where to use hyaluronic acid in plastic gynecology	Dr. Malgorzata Uchman Aesthetic Gynaecologist, <i>Poland</i>
05:40 pm - 06:00 pm	Double Bipolar Radiofrequency in female and male genital disorders. (Erectile Dysfunction, Vaginal Atrophy, Pelvic Pain disorder) and much more....	Dr. Ernesto D Cidrane Prof. Complutense University Madrid, <i>Spain</i>
	Vote of Thanks...	

**Tea and coffee served throughout the conference.*