









Registrations Live Workshop Closed

Cosgynae 2019

First International Interdisciplinary Aesthetic Gynecology Conference



Live Workshop: May 31, 2019 (Friday)

Conference: June 1-2, 2019 (Saturday & Sunday)

Workshop Venue: The Touch Clinic, Mohali

Conference Venue: Hyatt Regency, Chandigarh

ABSTRACT SUBMISSION OPEN

Visit Website: www.cosmeticgynaeindia.com

For the first time International & National Cosmetic Gynecologists, Plastic Surgeons & Dermatologists at one platform to discuss in 2 days of academic feast - latest in women cosmetic health. Wide coverage of topics on laser, labiaplasty, fillers & chemical peels, clitoral surgeries, liposuction, stretch marks, sui lasers and much more.





ORGANIZING CHAIRPERSON

Director The Touch Clinic Vice President Mohogs, IVF, Recurrent Miscarriage & Cosmetic Gynaecologist



RAVUL JINDAL ORGANIZING SECRETARY

Director

Vascular and Endovascular Surgery Fortis Hospital Mohali



ORGANIZING SECRETARY

Consultant Cosmetic Dermatologist



ORGANIZING SECRETARY

Consultant Plastic Surgeon

Credit Points



VASHISHTA PATRON

Consultant Gynecologist Ex HOD PGIMER, CHD



PATRON

Consultant Gynecologist Ex HOD PGIMER, CHD



BHARDWA. **PATRON**

Consultant Gynecologist Civil Surgeon, Mohali



PATRON

Professor - Dept. of Dermatology PGIMER, CHD



PATRON

President Chandigarh Dermatology Society

Joint Organizing Secretaries - Dr. Shashi Joshi, Dr. Sumitu Sahdev, Dr. Ridhi Kalra, Dr. Urvi, Dr. Isha & Ms. Aanchal

cosgynae19@gmail.com

Conference Office:

(f) /cosg.mohali.5

www.cosmeticgynaeindia.com

For further queries please contact:

Ms. Aanchal (M: +91-9888448803) Dr. Sumitu Sahdev (M: +91-9876308811)

Dr. Preeti Jindal (M: +91-9815148444)

The Touch Clinic Unit No A5-A8 Ground Floor Bestech Business Tower, Sector 66, Mohali, Punjab

INTERNATIONAL SPEAKERS







Urogynecologist & Aesthetic Surgeon









NATIONAL SPEAKERS



DR. PREETI JINDAL
MD, DNB, MRCOG, FICOG
IVF & Cosmetic Gynecologist



DR. LAKHBIR DHALIWAL MBBS, DGO, MD EX HOD PGIMER-CHD



DR. RASHMI BAGGA MD, DNB Prof. Obstetrics & Gynecology PGIMER-CHD



DR. RAVUL JINDAL

MS, FRCS, DNB

Dir, Vascular and Endovascular

Surgery Fortis. Mohali



DR. RAMESH K SHARMA MBBS, MS, MCh, DNB Prof and Head Dept of Plastic Surgery PGIMER, Chandigarh



DR. PRABHU MISHRA
PhD
Vice President Indian Stem Cell Study GP



DR. RAGINI AGRAWAL MD
nfertility Specialist & Cosmetic Gynecologis



DR. RAKESH KAIN

MS, MCh

Prof. And HOD AllMS, Rishikesh,
Plastic and Reconstructive Surgeor



DR. G K TRIPATHI

MD

Founder Hon Secretary

Azamgarh Obey Society



DR. SURINDER S MAKKAR

MS, MCh

Consultant Plastic Surgeon



DR. A B PRABHU

MS, MCh

Consultant Plastic Surgeon



DR. VIVEK MALHOTRA

MD

Consultant Cosmetic Dermatologis



DR NARMADA MATANGMBBS DVD
Consultant Dermatologist



DR. A JAYANTHI MALA

MS, MCh

Prof. and HOD Plastic
Surgery, CMC Ludhiana



DR. NITA MISHRAMD
Infertility & Cosmetic Gynecologist



DR. RASHMI SARKAR
MD, MNAMS
Prof. Dermatology, MAMC Delhi



DR. ABHAY KALRA

MS, MCh

Consultant Urologist



DR. AKHILENDRA SINGH
MD
Dermatologist & Hair Transplant Surgeon



DR. NAVNEET MAGON

MD

Gynecologist

INDIA



DR. ARSHDEEP

MD

Dermatologist & Trichologist













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Workshop Venue: The Touch Clinic, Mohali | Conference Venue: Hyatt Regency, Chandigarh

Scientific Program

Date: 1st June, 2019 (Saturday) | Venue: Hyatt Regency, Chandigarh

Time		Speaker		
08.00 am - 09.00 am	Registration			
	Session - 1			
Chairpersons: Dr. Kala Vashishta, Dr. Jamila Atannaz, Dr. Alka Sehgal, Dr. Davinder Parsad				
09.00 am - 09.10 am	Welcome Speech	Dr. Preeti Jindal		
		IVF and Cosmetic Gynecologist, India		
09:10 am - 09:30 am	Aesthetic Gynaecology - Journey till now & why now?	Dr. Ronen Gold		
		Urogynaecologist, Israel		
09:30 am - 09:50 am	Mechanism of human ageing	Dr. Ayman El Attar		
		President American Aesthetic Association,		
09:50 am - 10:10 am	Vaginal anatomy and physiology from cosmetic point of view	USA Dr. Preeti Jindal		
09.50 aiii - 10.10 aiii	vaginal anatomy and physiology from cosmetic point of view	IVF and Cosmetic Gynecologist, <i>India</i>		
10:10 am - 10:30 am	Understanding the Laser basics: Which and Where?	Dr. Vivek Malhotra		
		Cosmetic Dermatologist, <i>India</i>		
	Session - 2			
Chairp	ersons : Dr. Indu Gupta, Dr. Mangla Dogra, Dr. Seema Ch	opra, Dr. Dilpreet Kaur		
10:40 am - 11:00 am	3 D Vulvovaginal Rejuvenation	Dr. Navneet Magon		
		Cosmetic Gynecologist, India		
11:00 am - 11:20 am	Laser Vaginal Rejuvenation - How I do it, results and case	Dr. Ronen Gold		
	scenarios	Urogynaecologist, Israel		
11:20 am - 11:40 am	Pain relief in aesthetic procedures under (Local, Regional & GA)	Dr. Ernesto D Cidrane		
		Prof. Complutense University Madrid, Spain		
11:40 am - 12:05pm	Female Sexual Dysfunction	Dr. Rupila Bhatia		
11.40 dili 12.03pili	Terriale Sexual Dystatication	Cosmetic Gynecologist, UAE		
Session - 3				
Ch	airpersons : Dr. Poonam Gupta, Dr. Rupila Bhatia, Dr. Bh	arti Goel, Dr. Nupur		
12:10 pm - 12:30 pm	Rising trend of cosmetic gynaecology	Dr. G K Tripathi		
		Founder Azamgarh Obgyn Society, India		
12:30 pm - 12:50 pm	Radiofrequency in Stress Urinary Incontinence and vaginal	Dr. Nita Mishra		
	rejuvenation	Infertility and Cosmetic Gynaecologist,		
40.70		India		
12:50 pm - 01:10 pm	Cosmetic laser in varicose veins	Dr. Ravul Jindal Director Vascular and Endovascular		
		Surgery, <i>India</i>		
01:10 pm - 01:30 pm	Vaginal and vulval vestibular rejuvenation with PRP in recurrent	Dr. Malgorzata Uchman		
	itching in women with vaginal dryness	Aesthetic Gynecologist, Poland		
01:30 pm - 02:00 pm	Inauguration			
02:00 pm - 02:30 pm	Lunch			













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Session - 4					
Chairpersons: Dr. Ernesto D Cidranes, Dr. P Gupta, Dr. Shalini Gainder, Dr. Suruchi Garg					
02.30 pm - 02.50 pm	Co2 Laser- Physics, dynamics & laser Facial Rejuvenation	Dr. A B Prabhu			
		Plastic Surgeon, <i>India</i>			
02.50 pm - 03.10 pm	Stretch Marks - A to Z in it	Dr. Jamila Atannaz			
		Plastic and Aesthetic Surgeon, Morocco			
03.10 pm - 03.30 pm	G & O shots (video) - how to do it?	Dr. Malgorzata Uchman			
		Aesthetic Gynaecologist, <i>Poland</i>			
03.30 pm - 03.50 pm	Stem Cells - Basics, types, how to culture and legal issues in stem	Dr. Prabhu Mishra			
	cell therapy	Vice President Indian Stem Cell Study GP,			
		India			
	Session - 5				
Chairpersons : Dr.	. Ramesh K Sharma, Dr. P S Walia, Dr. Swami Das Mehta	, Dr. Mala Bhalla, Dr. Shikha Gupta			
04:00 pm - 04:20 pm	Basics of chemical peels: Do's & Dont's	Dr. Rashmi Sarkar			
		Prof. Dermatology, MAMC Delhi, <i>India</i>			
04:20 pm - 04:40 pm	Botulinum toxin therapy for vaginismus	Dr. Ayman El Attar			
		President American Aesthetic Association,			
		USA			
04:40 pm - 05:00 pm	Single stage Mommy Makeover	Dr. S Makkar			
		Plastic Surgeon, <i>India</i>			
05:00 pm - 05:20 pm	Female genital rejuvenation: dermatologist perspective	Dr. Narmada Matang			
		Cosmetic Dermatologist, <i>India</i>			
05:20 pm - 05:35 pm	The Breast aesthetic and reconstructive surgery	Dr. Rakesh Kain			
		HOD Plastic Surgery, AIIMS, Rishikesh,			
		India			
05:35 pm - 05:45 pm	Medicolegal issues in cosmetic medicine	Dr. B C Gupta			
		Ex Member National Consumer Disputes			
		Redressal Commission, <i>India</i>			
05:45 pm - 06:00 pm	Radiofrequency in Vaginal Rejuvenation	Dr. Garima Srivastav			
		Aesthetic Gynaecologist, India			













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Date: 2nd June, 2019 (Sunday) | Venue: Hyatt Regency, Chandigarh

Prof. Complutense University Madrid, Spain 09:20 am - 09:40 am Stem cells in vaginal, ovarian and skin rejuvenation Dr. Prabhu Mishra Vice President Indian Stem Cell Study G India 10:00 am - 10:00 am Vaginal reconstruction after radical vulvectomy - journey and advancement Making life normal in Mayer Rokitansky Syndrome individuals Pr. L K Dhaliwal Ex HOD OBG, PGI, CHD, India Dr. Ramesh K Sharma HOD Plastic Surgery, PGI CHD, India Session - 2 Chairpersons: Dr. Rita Bhardwaj, Dr. Vanita Suri, Dr. Sunita Goyal, Dr. H K Cheema, Dr. Vineet Nagpal 10:30 am - 11:00 am The principles, techniques and basic science of sex reassignment surgery HOD Plastic Surgery, AllMS, Rishikesh, India 11:00 am - 11:15 am CO2 laser for VAIN, VIN and CIN Dr. Rashmi Bagga Prof. OBG, PGI, CHD, India 11:15 am - 11:35 am Autologous nano fat grafting in cosmetic gynaecology Dr. Ayman El Attar President American Aesthetic Association USA Dr. Rupila Bhatia Cosmetic Gynecologist, UAE Session - 3 Chairpersons: Dr. Malgorzata Uchman, Dr. L K Dhaliwal, Dr. Manjit Mohi, Dr. Ashima Taneja, Dr. Rama Thaktar 12:00 pm - 12:20 pm Laser for vulval sclerosis and postmenopausal atrophy Laser for vulval sclerosis and postmenopausal atrophy Dr. Ronen Gold Urogynaecologist, Israel Dr. Shashi Joshi Cosmetic Gynecologist, Kuwait	Time		Speaker		
Stem Cell Treatment in female and male genital disorders Dr. Ernesto D Cidrane Prof. Complutense University Madrid, Spain Dr. Prabhu Mishra Vice President Indian Stem Cell Study G India Dr. L K Dhaliwal Ex HOD OBG, PGI, CHD, India Dr. Ramesh K Sharma HOD Plastic Surgery, PGI CHD, India Session - 2 Chairpersons: Dr. Rita Bhardwaj, Dr. Vanita Suri, Dr. Sunita Goyal, Dr. H K Cheema, Dr. Vineet Nagpal 10:30 am - 11:00 am The principles, techniques and basic science of sex reassignment surgery Autologous nano fat grafting in cosmetic gynaecology Dr. Agman El Attar President American Aesthetic Associatio USA Chairpersons: Dr. Malgorzata Uchman, Dr. L K Dhaliwal, Dr. Manjit Mohi, Dr. Ashima Taneja, Dr. Rama Thakt 12:00 pm - 12:20 pm Laser for vulval sclerosis and postmenopausal atrophy Counselling before Gynaecosmotology Dr. Shashi Joshi Cosmetic Gynecologist, <i>Kuwait</i>	Session - 1				
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Urogynaecologist, Israel 12:20 pm - 12:40 pm Counselling before Gynaecosmotology Dr. Shashi Joshi Cosmetic Gynecologist, Kuwait	Chairpersons: Dr. Malgorzata Uchman, Dr. L K Dhaliwal, Dr. Manjit Mohi, Dr. Ashima Taneja, Dr. Rama Thakur				
12:20 pm - 12:40 pm Counselling before Gynaecosmotology Dr. Shashi Joshi Cosmetic Gynecologist, <i>Kuwait</i>	12:00 pm - 12:20 pm	Laser for vulval sclerosis and postmenopausal atrophy	Dr. Ronen Gold		
Cosmetic Gynecologist, <i>Kuwait</i>			Urogynaecologist, Israel		
	12:20 pm - 12:40 pm	Counselling before Gynaecosmotology			
12:40 pm - 01:00 pm PRP in female genital enhancement Dr. Ayman El Attar					
	12:40 pm - 01:00 pm	PRP in female genital enhancement	Dr. Ayman El Attar		
			President American Aesthetic Association,		
USA Provide Atomics (aborate	04.00 04.00	Labianta da harriada (DDD (arreita D			
01:00 pm - 01:20 pm Labiaplasty (chemicals/PRP/surgical) and monsplasty Dr. Jamila Atannaz Plastic and Aesthetic Surgeon, <i>Morocco</i>	01:00 pm - 01:20 pm	Labiapiasty (cnemicals/PKP/surgical) and monsplasty			
	01:20 pm - 02:00 pm	Lunch	riastic and Aesthetic Surgeon, Wordco		













Live Workshop: May 31, 2019 (Friday) | Scientific Program: June 1-2, 2019 (Saturday & Sunday)

Workshop Venue: The Touch Clinic, Mohali | Conference Venue: Hyatt Regency, Chandigarh

Session - 4				
Chairpersons: Dr. Ronen Gold, Dr. Gulpreet Bedi, Dr. Bakshi, Dr. Manpreet Sandhu, Dr. Ashima Goel				
02.00 pm - 02.20 pm	Laser in benign skin conditions - melasma, tags, moles, milia	Dr. A B Prabhu		
		Plastic Surgeon, <i>India</i>		
02.20 pm - 02.40 pm	Improving your rear - buttock enhancement surgeries	Dr. A Jayanthi		
22.42		HOD Plastic Surgery, CMC, Ludhiana, <i>India</i>		
02.40 pm - 03.00 pm	Stress Urinary Incontinence–Evaluation and Varied approaches	Dr. Abhay Kalra		
02 00 000 02 20 000	Lacon in Change Universe Incombination	Urologist, India		
03.00 pm - 03.20 pm	Laser in Stress Urinary Incontinence	Dr. Preeti Jindal IVF and Cosmetic Gynecologist, India		
	Cassian F	TVF and Cosmetic Gynecologist, <i>India</i>		
Session - 5				
	rsons: Dr. Rohit Bansal, Dr. Rashmi Bagga, Dr. M Sendhil	•		
03:30 pm - 03:50 pm	Hymenoplasty- Simple but essential art	Dr. Ragini Agrawal		
		Infertility and Cosmetic Gynecologist,		
00.50		India		
03:50 pm - 04:10 pm	Clitoral hypertrophy treatment in congenital adrenal hyperplasia	Dr. Ramesh K Sharma		
04:10 pm - 04:30 pm	Role of hair transplant in female hair loss	HOD Plastic Surgery, PGI, CHD, <i>India</i> Dr. Akhilender Singh		
04.10 pm - 04.50 pm	Role of Hall transplant in Terriale Hall 1055	Dermatologist and Hair Transplant		
		Surgeon, <i>India</i>		
04:30 pm - 04:50 pm	Approach to a female with diffuse hair Loss	Dr. Arshdeep		
	7,pp. oddir to d remaie with annuse nan 2000	Der matologist & Trichologist, <i>India</i>		
Session - 6				
Cha	airpersons : Dr. Shashi Joshi, Dr. P K Saha, Dr. Mitesh Bed	li. Dr. Divva Awasthi		
05:00 pm - 05:20 pm	Vulval varicosities (latest management - laser/embolization) and	Dr. Ravul Jindal		
осное рин осное рин	laser haemorrhoids	Director Vascular and Endovascular		
		Surgery, <i>India</i>		
05:20 pm - 05:40 pm	How and where to use hyaluronic acid in plastic gynecology	Dr. Malgorzata Uchman		
		Aesthetic Gynaecologist, <i>Poland</i>		
05:40 pm - 06:00 pm	Double Bipolar Radiofrequency in female and male genital	Dr. Ernesto D Cidrane		
	disorders. (Erectile Dysfunction, Vaginal Atrophy, Pelvic Pain	Prof. Complutense University Madrid,		
	disorder) and much more	Spain		
	Vote of Thanks			

^{*}Tea and coffee served throughout the conference.