



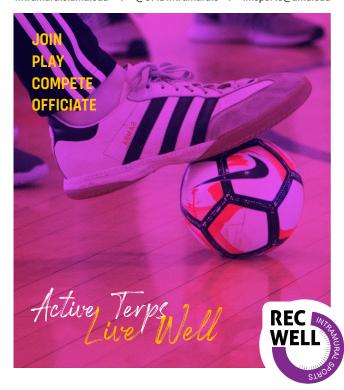






# MOVAGINTRAMURAL SPORTS

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## INTRAMURAL SPORTS

Play in short-term leagues and tournaments, competing against other Maryland students, faculty, and staff. You don't have to be an athlete to play. We offer varying levels of play for all abilities and leagues for men's, women's, coed, and graduate/faculty/staff teams.

#### **SPORT TERPS LIVE WELL!**

- Socialize with friends and make new ones who share a common interest.
- · Relieve stress and have fun while playing sports you love or discovering new passions.
- Be active to boost your mood, get better sleep, strengthen your immune system, and have more energy to do all the things you love to do.
- Learn the value of teamwork. communication, and sportsmanship.

#### **READY TO GET STARTED?**

Register online at intramurals.umd.edu. Be sure to create an account online prior to the registration period. We encourage you to sign up the day registration opens, as leagues tend to fill very quickly.

Don't have a full team? Sign up as a 'free agent,' and our Intramural Sports staff will do their best to match you with other players looking for teammates or teams looking for players.

#### FOR MORE INFORMATION:

imsports@umd.edu





### FALL AND SPRING SPORT OFFERINGS

#### **TEAM SPORTS**

**Baskethall Table Tennis** Soccer **Three Point Contest** 

Vollevball Racquetball Flag Football Wallyball

Futsol

#### **FUN FRIDAYS!**

**Futsol** 

Log Rolling

**Four Square Pickleball** 

Handhall

**Goal Ball** 

Cornhole

Dodgeball Handball

**Goal Ball** 

Spikeball Kan Jam

Inner Tube Water Polo

#### TOURNAMENTS + INDIVIDUAL/DUAL SPORTS

**Bowling Ultimate Frishee** 

Golf

Flag Football

**Soccer Tennis Tennis** FIFA Playstation/Xbox Futsol Lacrosse **Badminton** 

**Sand Volleyball** Madden Playstation/

Xbox **Golf Tournament** 

**Ultimate Frishee** Softball

**Kickball** 

#### **GRADUATE STUDENT SERIES EVENTS**

**Friday Futsal Golf: Short Game Clinic** 

**Pool Volleyball Golf: Long Game Clinic Badminton and** 

Golf: Nine Holes, Dinner, **Pickleball** and Glow Putting

#### **COED HALL LEAGUES**

Sign up a team consisting of members of your Residence Hall floor or building in the "Hall" league and compete against other Residence

Halls for bragging rights.

#### **FUN FRIDAYS**

Grab some friends and come out for some informal Friday afternoon FUN. Play some classic games from childhood, and try a few new ones too! Participants who play in 6 of the 8 events will earn an IM Sports CHAMPION T-Shirt!