



The Counseling Center staff of professional psychologists, counselors, and disability service providers are available to help you with a variety of concerns and service needs that can improve your academic and personal effectiveness.

COUNSELING SERVICE

Free and confidential services for a variety of issues, including mental health, interpersonal, career, and academic concerns.

SERVICES

- Group counseling
- Brief individual counseling
- Evidence-based workshops
- Same-day urgent visits
- Career assessment and counseling
- Drop-in hours for underrepresented students
- Referral assistance
- Consultation with faculty, staff, and parents
- Campus outreach and prevention initiatives

Please schedule an intake appointment to explore our clinical services.

First Floor, Shoemaker Building (301) 314-7651 | counseling.umd.edu/cs

ACCESSIBILITY & **DISABILITY** SERVICE

Coordinates services to ensure equal access to all UMD programs and activities for individuals with disabilities through individually-tailored reasonable accommodations.

ACCOMMODATIONS

- Sign language interpreters
- Closed captions
- Transcription
- Assistive listening devices
- Alternate format of printed materials
- Extended exam time
- Note taking
- Adaptive/assistive technology
- Lab/library assistance
- Paratransit
- Advocacy

Provides disability education, awareness, and consultation for students, faculty, staff, parents, and visitors.

Ground Floor, Shoemaker Building (301) 314-7682 | counseling.umd.edu/ads

TESTING OFFICE

Provides a full range of testing and assessment services for UMD students and the local community.

SERVICES

- Graduate and professional school admissions testing (ex. TOEFL, MAT, GRE, PRAXIS, LSAT, CLEP)
- Counselor-guided psychological, personal, and career testing
- Proctoring service for UMD students and other test takers throughout metropolitan D.C. region.

Second Floor, Shoemaker Building (301) 314-7688 | counseling.umd.edu/testing

RESEARCH UNIT

Develops, publishes, and presents research in support of the interests of the Counseling Center, Student Affairs, and the larger University community.

Designs and implements the annual UMD New Student Census and Withdrawal Survey.

AREAS OF RESEARCH

- Student Development & Retention
- Diversity, Inclusion, & Action Research
- Clinical Service Delivery
- College Students'
 Basic Needs, Academic
 Success, & Well-being

First Floor, Shoemaker Building (301) 314-7660 | counseling.umd.edu/research

Shoemaker Building | (301) 314-7651 | counseling.umd.edu After-hours counselors are available for crisis situations.







