



Pre-OT

www.aota.org
otcas.liasoncas.com



Occupational Therapists (OTs) work in OT offices, hospitals, schools, nursing homes, and other home health services. They help injured, ill, or disabled patients develop, recover, and improve skills needed for daily living and work.

Students can become occupational therapists through **entry-level master's or entry-level doctoral programs**. They can apply after completing the majority of prerequisite courses, taking the Graduate Record Exam (GRE), completing observation hours, and applying for admission through the Occupational Therapy Centralized Application Services (OTCAS).

A bachelor's degree is required before matriculation to an OT program, though a specific undergraduate major is not required.

What do I need to do to apply?

- Complete the prerequisite courses (listed to the right) with a grade of "B-" or better in each course
- Maintain a minimum overall GPA of 3.0
- Take the Graduate Record Exam (GRE)
- Complete Occupational Therapy Observation Hours (usually at least 100, in a variety of settings)

Individual program requirements for OT school will vary. The American Occupational therapy Association has a list of accredited schools as well as more information about the field that can be helpful for students (www.aota.org).

Prerequisite Course	Credits
Anatomy and Physiology (with lab).....	8
Physics (with lab).....	4-8
Statistics.....	3
Human Development.....	3
Sociology.....	3
Psychology.....	3
Abnormal Psychology.....	3
Medical Terminology.....	3
English Composition.....	6

CPR certification is also often required prior to program matriculation.

While these are some common prerequisite courses required for admission to OT programs, admission requirements vary from institution to institution. Students should contact or research programs for most current requirements/prerequisites .

