



GET MOVING WITH REC WELL CLUB SPORTS

clubsports.umd.edu | @ClubSportsUMD | clubsports@umd.edu



RECWELL CLUB SPORTS

Learn a new sport. Improve your skills. Meet new people. Have fun practicing, playing, and competing against other university club teams.
No prior experience necessary.

SPORT TERPS LIVE WELL!

- Be part of an active community and develop new friendships.
- Build regular physical activity into your busy schedule playing a sport you love.
- Be active to boost your mood, manage stress, get better sleep, strengthen your immune system, and have more energy to do all the things you love to do.
- Learn the value of teamwork, leadership, and sportsmanship.

READY TO GET STARTED?

The best way to get involved with a club sport is to reach out to the club directly and learn more about what they do. When you're ready to join a club or for more information about club sports, visit clubsports.umd.edu.



FOR MORE INFORMATION:
clubsports@umd.edu, 301.226.5500

CLUB DIRECTORY

Club Sports	Email
Badminton	info@umdclubbadminton.com
Ballroom	officers@ballroomatmaryland.com
Dance	
Barbell	umdbarbell@gmail.com
Baseball	terpsclubbaseball2013@gmail.com
Basketball, Men	terpsmcb@gmail.com
Basketball, Women	umdwcb@gmail.com
Black Belt	umdbc@gmail.com
Boxing	terpsboxingclub@gmail.com
Brazilian Jiu-Jitsu	umdbjjclub@gmail.com
Climbing	umdclubclimbing@gmail.com
Crew, Men	crew.umd@gmail.com
Crew, Women	umdwomensclubcrew@gmail.com
Cycling	terpscycling@gmail.com
Dodgeball	marylanddodgeball@gmail.com
Equestrian	equiterps@gmail.com
Fencing	officers@umdfencing.com
Field Hockey	umcpfh@gmail.com
Figure Skating	marylandfigureskating@gmail.com
Fishing	terpfishing@gmail.com
Flag Football	marylandclubflag@gmail.com
Golf	marylandclubgolf@gmail.com
Gymnastics	mdclubgymnastics@gmail.com
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