

BEING A PRE-MED/DENT PARENT:

WAYS TO SUPPORT YOUR STUDENT AS THEY WORK TOWARD BECOMING A PROFESSIONAL

Your student is developing skills not only relevant for admission to professional school but for a 45 year career in clinical care.

Prepare For:

Busy Schedules- Students must balance volunteering, research, classes, & clinical experiences

Stress- Health professionals are skilled at managing competing roles and responsibilities. Learning how to balance those busy schedules starts now and takes time

Gap Years- Are common and often necessary to fully explore a well-rounded set of experiences. Though not required, they are often encouraged

Understand:

Testing- MCAT/DAT take about 6 months to study for; differ from SAT in that they will ideally be taken just once; are taken by June of application year

Application- Begins a year and a half before planned matriculation; requires letters of support from mentors and HPAO; utilizes a common application service; is costly

Assist them by:

Encouraging independence- Navigating this process independently is a step toward demonstrating their readiness to care for others

Encouraging advising- tell them to come see us early and often!

For additional information on pre-health students expectations, classes, and more, please visit prehealth.umd.edu or give us a call at 301-405-7805