

Abstract

There is a lot of debate about the health effects of video games.

Background Research:

Playing video games can be beneficial for players in certain ways.

However, there are also risks associated with gaming.

VideoGamesAreGreat

Results

There are both positive and negative impacts associated with video games. It is important to practice moderation and balance.

Conclusion

There are both positive and negative impacts associated with video games.

Future Directions

There is a need for more research into the long-term impacts of video games on health.