BIGGEST REGRET	SPEAKER'S AGE
I wish I knew when I was younger how wonderful I was.	7
Having not appreciated being young when I was younger.	22
Not following my dreams on earlier life.	36
Not having taking a gap year before going to college.	43
That I didn't do all the things I wanted to do () much earlier.	47
Not taking chances.	52
I wish I have never met that meaning girl.	57
Having had a problem with drugs and alcohol 25 years ago.	63
Being frightened of so many things when I was younger.	65
That I didn't get sober sooner.	75