Project Data:

National Ambulatory Medical Care Survey

EPID 722

UNC-Chapel Hill

epid722.web.unc.edu

(Slides adapted from Alan Brookhart.)

Research Question:

What is the effect of initiation of moderate- or high-dose statin therapy versus no statin initiation on 10-year CVD endpoints (i.e., CVD hospitalization or all-cause mortality) among adults aged 35-75 years with no clinical history of CVD?

NAMCS: General description

- National Ambulatory Care Medical Survey
- National Center for Health Statistics (CDC)
- National sample of 20,000 visits/year to office-based physicians
- NHAMCS: emergency/outpatient
- ► 1995 to present

NAMCS: Content

- Data elements
 - Physician and practice characteristics
 - Patient demographics, comorbidities
 - Treatment (medications: Multum Lexicon)
- See patient form (and Data Use Agreement (DUA))
 - Patient form: 2011_NAMCS30.pdf
 - Data use agreement: dua.pdf
 - Additional forms: physician/CHC induction, EMR/workflow)
- http://www.cdc.gov/nchs/ahcd.htm

General description of our data

- ► 2000-2004 NAMCS data
- Data dictionary posted with relevant variables
 - title: 722 Project Data Dictionary_2016.pdf
- STATIN dataset -- select NAMCS population
 - Contains 6,521 observations and 16 variables.
 - Main treatment variable: NEWUSER
 - Outcome: CVD-hospitalization and all-cause mortality

Differences with original NAMCS

- Selected convenient variables
- Calculated/imputed missing variables
- Assumed a simple random sample (removed cluster ID, weights)
- Assumed new prescription = initiation

Obtain SAS data set

- See sas-read-url.sas SAS program on Sakai.
- Reads in data from

https://epid722.web.unc.edu/2016-data/

```
filename dat1 url "http://epid722.web.unc.edu/files/2015/11/namcs-class-2016.csv";
      data WORK.DAT1:
      infile DAT1 delimiter = ',' MISSOVER DSD lrecl=32767 firstobs=2;
      input
                   YEAR
                  patcode
                   AGE.
                  male
                  DIABETES
                  HYPI.TPTD
                   HTN
                   newnsercat
                  newuser
                  white
                  ohese
                  dbp
                   sbp
                   smoke
                  delta
      run:
```

Aside: read data in R

```
Overall
                   6521
n
age (mean (sd))
                  56.73 (14.07)
male (mean (sd)) 0.40 (0.49)
newuser (mean (sd)) 0.10 (0.29)
white (mean (sd)) 0.86 (0.35)
obese (mean (sd)) 0.06 (0.24)
t (mean (sd))
                8.89 (2.50)
delta (%)
                   5109 (78.3)
                    727 (11.1)
                    415 (6.4)
                    270 (4.1)
```

Let's take a look...

| | Variable | Format | Label |
|----|------------|-------------|--------------------------------|
| 1 | AGE | | Patient age, in years |
| 2 | DIABETES | DIABETES. | Current diabetes status |
| 3 | HTN | HTN. | Hypertension status |
| 4 | HYPLIPID | HYPLIPID. | Current hyperlipidemia status |
| 5 | YEAR | | Calendar year |
| 6 | dbp | | Diastolic blood pressure |
| 7 | delta | DELTA. | Outcome status |
| 8 | male | MALE. | Gender |
| 9 | newuser | NEWUSER. | New statin user |
| 10 | newusercat | NEWUSERCAT. | New user, stratifying potency |
| 11 | obese | OBESE. | Obesity status |
| 12 | patcode | | Patient code |
| 13 | sbp | | Systolic blood pressure |
| 14 | smoke | SMOKE. | Current tobacco smoking status |
| 15 | t | | Observed time, in years |
| 16 | white | WHITE. | Race |

Exposure: newuser

| | Variable | Format | Label |
|-----|------------|-------------|--------------------------------|
| 1 | AGE | | Patient age, in years |
| 2 | DIABETES | DIABETES. | Current diabetes status |
| 3 | HTN | HTN. | Hypertension status |
| 4 | HYPLIPID | HYPLIPID. | Current hyperlipidemia status |
| 5 | YEAR | | Calendar year |
| 6 | dbp | | Diastolic blood pressure |
| 7 | delta | DELTA. | Outcome status |
| 8 | male | MALE. | Gender |
| 9 | newuser | NEWUSER. | New statin user |
| 10 | newusercat | NEWUSERCAT. | New user, stratifying potency |
| 11 | obese | OBESE. | Obesity status |
| 12 | patcode | | Patient code |
| 13 | sbp | | Systolic blood pressure |
| 14 | smoke | SMOKE. | Current tobacco smoking status |
| 15 | t | | Observed time, in years |
| _16 | white | WHITE. | Race |

Outcome: delta

| | Variable | Format | Label |
|----|------------|-------------|-------------------------------|
| 4 | HYPLIPID | HYPLIPID. | Current hyperlipidemia status |
| 5 | YEAR | | Calendar year |
| 6 | dbp | | Diastolic blood pressure |
| 7 | delta | DELTA. | Outcome status |
| 8 | male | MALE. | Gender |
| 9 | newuser | NEWUSER. | New statin user |
| 10 | newusercat | NEWUSERCAT. | New user, stratifying potency |

Values for delta:

0 = 'Administratively censored at 10 years'

1 = 'Hospitalization for CVD'

2 = 'All-cause mortality'

3 = 'Loss to follow-up';

Optional Readings

Research Studies using NAMCS

H. Phan, K. Porter, B. Sill, and M. C. Nahata.
"Prescribing Trends for the Outpatient Treatment of Adolescents and Young Adults with Type 2 Diabetes Mellitus". In: *Journal of Managed Care Pharmacy* 18.8 (Oct. 2012), pp. 607–614. DOI: 10.18553/jmcp.2012.18.8.607.

D. H. Solomon, J. Z. Ayanian, E. Yelin,
T. Shaykevich, M. A. Brookhart, and J. N. Katz. "Use of disease-modifying medications for rheumatoid arthritis by race and ethnicity in the National Ambulatory Medical Care Survey". In: Arthritis Care & Research 64.2 (Feb. 2012), pp. 184–189. DOI: 10.1002/acr.20674.