

INTER-AGENCY REPRODUCTIVE HEALTH KIT 3

POST RAPE TREATMENT

Use: Management of the immediate consequences of sexual violence.

Instructions: Health personnel should have been trained to:

- conduct pregnancy tests;
- prescribe emergency contraception, if the client chooses to have this;
- prescribe presumptive treatment for STIs and post-exposure prophylaxis (PEP) to prevent HIV infection;
- counsel clients and refer clients to psychosocial and protection services.

Target population: Kit contents are based on the assumptions that around 25% of the population are sexually active women (25% of 10 000 = 2500); 2% of these will be raped (50 women); in addition 10 children will be raped (5 weighing less than 30 kg and 5 weighing 30 kg or more); 50% of clients will need a pregnancy test. PEP must be given within 72 hours of the assault. It is assumed that 30 adults and 8 children (4 weighing 10–19 kg and 4 weighing 20–39 kg) present within that time limit.

Contents

Medicines	
Levonorgestrel, tablet, 1.5 mg, (treatment: single dose)	55 packs
*Azithromycin, capsule, 250 mg	220
*Azithromycin, oral suspension, 200 mg per 5ml, bottle 15ml	5
**Cefixime, tablet, 200 mg	110
**Cefixime (as trihydrate), dry syrup for oral suspension, 100 mg/5 ml, bottle 30ml	10
Tenofovir (TDF) + lamivudine (3TC), tablets 300+300 mg (adults: 1 tab/day for 28 days)	900
Atazanavir (ATV) + ritonavir (r), tablets 300+100 mg (adults: 1 tab/day for 28 days)	900
Zidovudine (AZT) + lamivudine (3TC), tablets 60+30 mg (children: see treatment protocol)	1440
Lopinavir (LPV) + ritonavir (r), tablets 200+50 mg (children: see treatment protocol)	240
Lopinavir (LPV) + ritonavir (r), tablets 100+25 mg (children: see treatment protocol)	180
Medical devices: Renewable	
Pregnancy test, temperature stable	25
Bag (envelope), plastic, for drugs, approximately 10 x 15 cm, pack of 100	1
Treatment guidelines	
<i>Post-Rape Care Checklist for Women & Men, and Children, PATH, 2010</i>	1 English 1 French
<i>Clinical Management of Survivors of Rape: a guide to the development of protocols for use in refugee and internally displaced situations, Revised edition, WHO/UNHCR, 2004</i>	1 English, 1 French
Emergency contraception and post-exposure prophylaxis patient information leaflets, to be adapted locally	2 English, 2 French
Post-exposure prophylaxis treatment protocol	1 English 1 French

*Azithromycin: for patients 45 kg or over, treatment is a single dose of 1 g (4 x 250 mg capsules). For patients less than 45 kg, treatment is 20 mg/kg.

**Cefixime: for patients of 45 kg or over, treatment is a single dose of 400 mg. For patients less than 45 kg, treatment is 8 mg/kg.

Remarks:

- Men may also present after rape and should receive appropriate treatment and referral.
- For tetanus and hepatitis vaccines, refer to the nearest operational health centre.