chatbot

June 19, 2024

```
[]: import tensorflow as tf
     from tensorflow.keras.preprocessing.text import Tokenizer
     from tensorflow.keras.preprocessing.sequence import pad_sequences
     from tensorflow.keras.models import Sequential
     from tensorflow.keras.layers import Embedding, LSTM, Dense
     # Load and preprocess data
     text = "Today is a good day. We are in the lab"
     tokenizer = Tokenizer()
     tokenizer.fit_on_texts([text])
     total_words = len(tokenizer.word_index) + 1
     input_sequences = []
     for line in text.split('.'):
         token_list = tokenizer.texts_to_sequences([line])[0]
         for i in range(1, len(token_list)):
             n_gram_sequence = token_list[:i+1]
             input_sequences.append(n_gram_sequence)
     # Pad sequences and create predictors and label
     max_sequence_len = max([len(x) for x in input_sequences])
     input_sequences = pad_sequences(input_sequences, maxlen=max_sequence_len,__
      →padding='pre')
     predictors, label = input_sequences[:,:-1], input_sequences[:,-1]
     label = tf.keras.utils.to_categorical(label, num_classes=total_words)
     # Define the model
     model = Sequential([
         Embedding(total_words, 100, input_length=max_sequence_len-1),
         LSTM(150),
         Dense(total words, activation='softmax')
     1)
     # Compile and train the model
     model.compile(loss='categorical_crossentropy', optimizer='adam', u
      →metrics=['accuracy'])
     model.fit(predictors, label, epochs=100, verbose=1)
```

```
Epoch 1/100
1/1 [============ ] - 3s 3s/step - loss: 2.3964 - accuracy:
0.1250
Epoch 2/100
0.5000
Epoch 3/100
0.5000
Epoch 4/100
0.6250
Epoch 5/100
Epoch 6/100
0.6250
Epoch 7/100
0.6250
Epoch 8/100
Epoch 9/100
0.7500
Epoch 10/100
0.7500
Epoch 11/100
0.7500
Epoch 12/100
0.7500
Epoch 13/100
0.7500
Epoch 14/100
0.7500
Epoch 15/100
0.7500
Epoch 16/100
0.7500
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Epoch 17/100
0.7500
Epoch 18/100
0.7500
Epoch 19/100
0.7500
Epoch 20/100
0.7500
Epoch 21/100
0.7500
Epoch 22/100
0.6250
Epoch 23/100
0.6250
Epoch 24/100
0.5000
Epoch 25/100
0.5000
Epoch 26/100
0.5000
Epoch 27/100
0.5000
Epoch 28/100
0.6250
Epoch 29/100
0.6250
Epoch 30/100
0.6250
Epoch 31/100
0.7500
Epoch 32/100
0.8750
```

```
Epoch 33/100
0.8750
Epoch 34/100
1.0000
Epoch 35/100
1.0000
Epoch 36/100
1/1 [============ ] - Os 17ms/step - loss: 0.9451 - accuracy:
1.0000
Epoch 37/100
1.0000
Epoch 38/100
1.0000
Epoch 39/100
1.0000
Epoch 40/100
Epoch 41/100
1.0000
Epoch 42/100
1.0000
Epoch 43/100
1.0000
Epoch 44/100
1.0000
Epoch 45/100
1.0000
Epoch 46/100
1.0000
Epoch 47/100
1.0000
Epoch 48/100
1.0000
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Epoch 49/100
1.0000
Epoch 50/100
1.0000
Epoch 51/100
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Epoch 52/100
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Epoch 53/100
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Epoch 54/100
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Epoch 56/100
Epoch 57/100
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Epoch 58/100
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Epoch 59/100
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Epoch 60/100
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Epoch 61/100
1.0000
Epoch 62/100
1.0000
Epoch 63/100
1.0000
Epoch 64/100
1.0000
```

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Epoch 65/100
1/1 [============ ] - Os 19ms/step - loss: 0.0644 - accuracy:
1.0000
Epoch 66/100
1.0000
Epoch 67/100
1.0000
Epoch 68/100
1.0000
Epoch 69/100
1.0000
Epoch 70/100
1.0000
Epoch 71/100
1.0000
Epoch 72/100
Epoch 73/100
1/1 [============ ] - Os 18ms/step - loss: 0.0352 - accuracy:
1.0000
Epoch 74/100
1.0000
Epoch 75/100
1.0000
Epoch 76/100
1.0000
Epoch 77/100
1.0000
Epoch 78/100
1.0000
Epoch 79/100
1.0000
Epoch 80/100
1.0000
```

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Epoch 81/100
1.0000
Epoch 82/100
1.0000
Epoch 83/100
1.0000
Epoch 84/100
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Epoch 85/100
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Epoch 86/100
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Epoch 87/100
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Epoch 88/100
Epoch 89/100
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Epoch 90/100
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Epoch 91/100
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Epoch 92/100
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Epoch 93/100
1.0000
Epoch 94/100
1.0000
Epoch 95/100
1.0000
Epoch 96/100
1.0000
```

```
Epoch 97/100
   1,0000
   Epoch 98/100
   1.0000
   Epoch 99/100
   1.0000
   Epoch 100/100
   1.0000
[]: <keras.src.callbacks.History at 0x79751ff17940>
[]: import numpy as np
   # Text generation
   def generate_text(seed_text, next_words):
      for _ in range(next_words):
         token_list = tokenizer.texts_to_sequences([seed_text])[0]
         token_list = pad_sequences([token_list], maxlen=max_sequence_len-1,_
    →padding='pre')
         predicted = model.predict(token_list, verbose=0)
         predicted_word = tokenizer.index_word[np.argmax(predicted)]
          seed_text += " " + predicted_word
      return seed_text
   print(generate_text("Your seed text", 10))
   Your seed text is is a good day day day lab lab
[]: link_to_dataset = "https://www.kaggle.com/datasets/narendrageek/
    →mental-health-faq-for-chatbot"
   install dependencies
[]: |%pip install -r '/content/requirements.txt'
   ERROR: Could not open requirements file: [Errno 2] No such file or
   directory: '/content/requirements.txt'
[]: import nltk
   nltk.download('punkt')
   nltk.download('averaged_perceptron_tagger')
```

```
[nltk_data] Downloading package punkt to /root/nltk_data...
                   Unzipping tokenizers/punkt.zip.
    [nltk_data]
    [nltk_data] Downloading package averaged_perceptron_tagger to
    [nltk_data]
                     /root/nltk_data...
    [nltk data]
                   Unzipping taggers/averaged_perceptron_tagger.zip.
[]: True
[]: import pandas as pd
     import nltk
     import numpy as np
     import re
     from nltk.stem import wordnet
                                                                       # to performu
      \hookrightarrow lemmitization
     from sklearn.feature_extraction.text import CountVectorizer
                                                                       # to perform bow
     from sklearn.feature extraction.text import TfidfVectorizer
                                                                       # to perform_
      \hookrightarrow tfidf
     from nltk import pos_tag
                                                                       # for parts of
      ⇔speech
     from sklearn.metrics import pairwise_distances
                                                                       # to perfrom_
      ⇔cosine similarity
     from nltk import word_tokenize
                                                                       # to create
      \rightarrow tokens
     from nltk.corpus import stopwords
                                                                       # for stop words
[]: unzip /content/mental-health-faq.zip -d /content/
    Archive: /content/mental-health-faq.zip
      inflating: /content/Mental_Health_FAQ.csv
[]: path = '/content/Mental_Health_FAQ.csv'
[]: df = pd.read_csv(path)
     df.head()
[]:
        Question_ID
                                                               Questions \
     0
            1590140
                            What does it mean to have a mental illness?
     1
            2110618
                                        Who does mental illness affect?
     2
            6361820
                                            What causes mental illness?
     3
            9434130 What are some of the warning signs of mental i...
            7657263
                                Can people with mental illness recover?
                                                    Answers
     O Mental illnesses are health conditions that di...
     1 It is estimated that mental illness affects 1 ...
     2 It is estimated that mental illness affects 1 ...
```

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4 When healing from mental illness, early identi...
[]: from sklearn.model_selection import train_test_split
     X_train, X_test, y_train, y_test = train_test_split(df[['Questions']],__

df[['Answers']], random_state=42)
[]: X_train.shape
[]: (73, 1)
[]: X_test.shape
[]: (25, 1)
[]: nltk.download('wordnet')
     nltk.download('stopwords')
    [nltk_data] Downloading package wordnet to /root/nltk_data...
                  Package wordnet is already up-to-date!
    [nltk_data]
    [nltk_data] Downloading package stopwords to /root/nltk_data...
                  Package stopwords is already up-to-date!
    [nltk_data]
[]: True
[]: s = 'I feel sad a lot. Is that normal?'
[ ]: lemma = wordnet.WordNetLemmatizer()
     lemma.lemmatize("absorbed", pos = 'v')
[]: 'absorb'
[]: pos_tag(nltk.word_tokenize(s), tagset = None)
[ ]: stop = stopwords.words('english')
     stop
[]: def text normalization(text):
         text = str(text).lower()
         spl_char_text = re.sub(r'[^ a-z]','',text)
         tokens = nltk.word_tokenize(spl_char_text)
         lema = wordnet.WordNetLemmatizer()
         tags_list = pos_tag(tokens,tagset=None)
```

3 Symptoms of mental health disorders vary depen...

```
lema_words = []
        for token,pos_token in tags_list:
             if pos_token.startswith('V'):
                                                        # verb
                 pos_val = 'v'
            elif pos_token.startswith('J'):
                                                        # adjective
                pos_val = 'a'
             elif pos_token.startswith('R'):
                                                        # adverb
                pos_val = 'r'
            else:
                pos_val = 'n'
                                                         # noun
            lema_token = lema.lemmatize(token,pos_val)
             if lema_token in stop:
               lema_words.append(lema_token)
                                                        # appending the lemmatized_
      ⇔token into a list
        return " ".join(lema_words)
[]: text_normalization("There is something i want to tell you")
[]: df['lemmatized_text'] = df['Questions'].apply(text_normalization)
[]: df.head()
[]: cv = CountVectorizer()
    X = cv.fit_transform(df['lemmatized_text']).toarray()
[]: features = cv.get_feature_names_out()
    df_bow = pd.DataFrame(X, columns = features)
    df_bow.head()
[]: Question = 'What treatment options are available?'
    Question_lemma = text_normalization(Question)
    Question_bow = cv.transform([Question_lemma]).toarray()
[]: Question_lemma
[]: Question_bow
[]:
[]:
[]: cosine_value = 1- pairwise_distances(df_bow, Question_bow, metric = 'cosine')
     (cosine_value)
```

```
[]: df['similarity_bow'] = cosine_value
[]: df.head()
[]: df.sort_values(by = 'similarity_bow', ascending=False).head() # sorting the_
      ⇒values
[]: df.sort_values(by = 'similarity_bow', ascending=False).tail()
[]: threshold = 0.1 #considering the value of smiliarity to be greater than 0.1
    df[df['similarity_bow'] > threshold]
[]:
[]:
[]: Question1 = 'What treatment options are available'
[]: tfidf = TfidfVectorizer()
    x_tfidf = tfidf.fit_transform(df['lemmatized_text']).toarray()
[]: Question_lemma1 = text_normalization(Question1)
    Question tfidf = tfidf.transform([Question lemma1]).toarray()
[]: Question_lemma1
[]: Question tfidf
[]: df_tfidf = pd.DataFrame(x_tfidf,columns = tfidf.get_feature_names_out())
    df_tfidf.head()
[]: cos = 1-pairwise distances(df_tfidf,Question_tfidf,metric='cosine')
[]: df['similarity_tfidf'] = cos
     →# creating a new column
    df_simi_tfidf = pd.DataFrame(df, columns=['Answers','similarity_tfidf'])
      ↔# taking similarity value of responses for the question we took
    df_simi_tfidf
[]:|df_simi_tfidf.sort_values(by='similarity_tfidf', ascending=False).head(10)
[]: threshold = 0.1
    df simi tfidf[df simi tfidf['similarity tfidf'] > threshold]
[]: df['Answers'].loc[6]
```

```
[]:
[]:
[]:
[]:
[]: def chat bow(text): #chatbot based on Baq-Of-Words Model
        lemma = text_normalization(text)
        bow = cv.transform([lemma]).toarray()
         cosine_value = 1- pairwise_distances(df_bow,bow, metric = 'cosine' )
         index_value = cosine_value.argmax()
        return df['Answers'].loc[index_value]
     def chat tfidf(text): #chatbot based on TF-IDF model
        lemma = text normalization(text)
        tf = tfidf.transform([lemma]).toarray()
         cos = 1-pairwise_distances(df_tfidf,tf,metric='cosine')
         index_value = cos.argmax()
        return df['Answers'].loc[index_value]
[]: chat_bow('can you prevent mental health problems')
[]: 'We can all suffer from mental health challenges, but developing our wellbeing,
     resilience, and seeking help early can help prevent challenges becoming
     serious.'
[]: chat_bow('what is mental health')
[]: 'Just as there are different types of medications for physical illness,
     different treatment options are available for individuals with mental illness.
     Treatment works differently for different people. It is important to find what
     works best for you or your child.'
[]: chat_tfidf('how do i see a counsellor')
[]: 'If your beliefs , thoughts , feelings or behaviours have a significant impact
     on your ability to function in what might be considered a normal or ordinary
     way, it would be important to seek help.'
[]: print(chat_tfidf('how to find a support group'))
    Distraction is a very valid tool to help you cope when everything feels
```

overwhelming or when you feel lonely or isolated. If you don't have a lot of energy or focus right now, try low-effort

distractions like watching TV, browsing Youtube, listening to a podcast or audiobook, playing a game on your phone, reading an easy book or magazine, or working on a simple art project.

If you have more energy and focus, give yourself a to-do list every day: you can clean and take care of projects around your home, work on hobbies, connect with family or friends, read a new book and catch up on your favourite TV shows. You can find interesting opportunities to take online courses from universities all over the world through MOOCs and other online learning platforms, you can learn a new language online or through apps, and you can learn new hobbies and activities. As more people have to practice social distancing or self-isolation, people are finding creative ways to bring the world into their homes: you can tour museums and art galleries, Skype with a scientist, watch animals at zoos and nature preserves, and more.

When normal schedules are disrupted, it's easy to fall into unhelpful habits. Look for ways to keep yourself on track with healthier habits. You could set yourself goals every day or turn activities into a fun competition with friends or family-whoever takes the most language classes wins!

Many communities are using social media platforms like Facebook to organize support and help for neighbours. If you are healthy and it's safe to do so, you can sign up to walk dogs, pick up groceries and household supplies, and help others who can't go out at the moment. This can be a great way to make new connections in your area, and helping others is good for your own mental health. Just be sure to follow good hygiene practices and physical distancing-your own health is important.

- []: chat_bow("what should i do if i am worried about a friend?")

 []: 'This may depend on your relationship with them. Gently encouraging someone to
- seek appropriate support would be helpful to start with.'

 []: chat_bow("what are warning signs of depression mental health?")
- []: 'There are many types of mental health professionals. Finding the right one for you may require some research.'
- []: