Dear sss,

- Your favourite food is peaches
- By eating 0.01(kg) everyday for 1 year, you'll have 3.65 emmission.
- which is eqvilant to 14.6 car km.
- which is eqvilant to 39.24731182795699 LED bulb light days.
- which is eqvilant to 19.623655913978496 flight km

Here are some similiar food with lower CO2 emission you may consider.

FoodName	GHG Value	Calories
lemons	0.26	270.0
guavas	0.28	300.0
apples	0.29	590.0

With above food, you can make these delicious dishes:

DishName	DishGroup	CO2 Emission	Image
chicken tenders	main	490.0	
tropical fruit	dissert	380.0	
yogurt with fruit	dissert	306.0	



We need every effort for the earth!