1. Let $u = -2r + 7r^3$, then $u' = -2 + 21r^2$. Let $v = 10r^3 + 5r$, then $v' = 30r^2 + 5$.

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, then $v' = 30r^2 + 5$.

Product rule:
$$y' = u'v + uv'$$
.

Substitute u, u', v and v' into the product rule:

$$y' = (-2 + 21r^{2}) \times (10r^{3} + 5r) + (-2r + 7r^{3}) \times (30r^{2} + 5)$$
$$= -20r^{3} - 10r + 210r^{5} + 105r^{3} - 60r^{3} - 10r + 210r^{5} + 35r^{3}$$

Hence
$$y' = 420r^5 + 60r^3 - 20r$$
.

2. Let $u = -2h^2 + 2$, then u' = -4h.

Let
$$v = -6 - 10h^3$$
, then $v' = -30h^2$.

Product rule:
$$y' = u'v + uv'$$
.

Substitute u, u', v and v' into the product rule:

$$y' = -4h \times (-6 - 10h^{3}) + (-2h^{2} + 2) \times (-30h^{2})$$
$$= 24h + 40h^{4} + 60h^{4} - 60h^{2}$$

Hence
$$y' = 100h^4 - 60h^2 + 24h$$
.

3. Let $u = -3r^3 - 1$, then $u' = -9r^2$.

Let
$$v = -1 - 4r^3$$
, then $v' = -12r^2$.

Product rule:
$$y' = u'v + uv'$$
.

Substitute u, u', v and v' into the product rule:

$$y' = -9r^{2} \times (-1 - 4r^{3}) + (-3r^{3} - 1) \times (-12r^{2})$$
$$= 9r^{2} + 36r^{5} + 36r^{5} + 12r^{2}$$

Hence
$$y' = 72r^5 + 21r^2$$
.